

# THE KWAJALEIN HOURGLASS



**Wounded Warrior Representative Matthew Hess lays a wreath at the bottom of the Operation Flintlock memorial at the Veterans Day ceremony Monday. For more, see page 3.**

*Photo by Sheila Gideon*

# Yokwe!

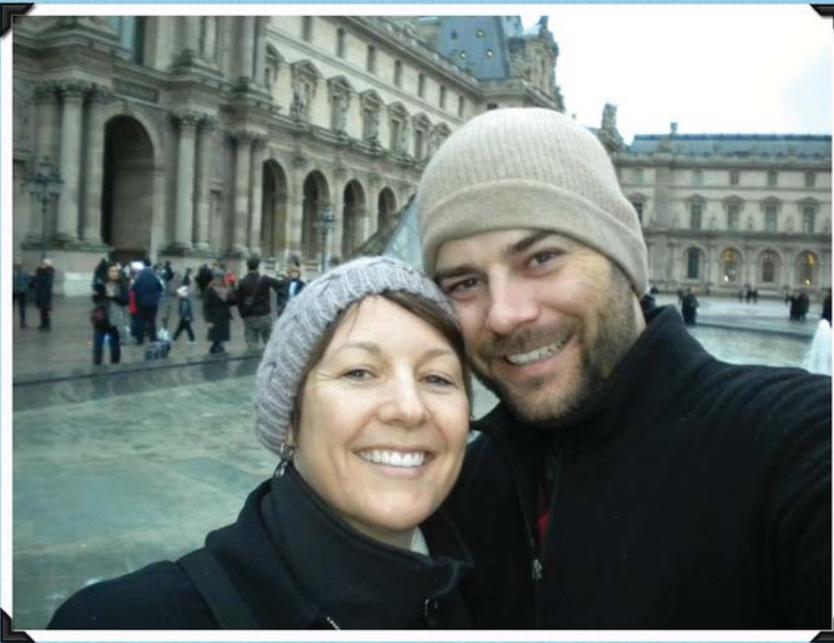


Photo courtesy of Karen Simas

Daniel and Karen Simas recently moved to Kwajalein from Lemoore, Calif. Karen is working as a project environmental lead for ES&H, and Daniel is the electrician at the island's water plant. They heard about Kwajalein while working in Antarctica, where they had been for much of the past nine years. Karen and Daniel are looking forward to practicing their sailing skills and learning to scuba dive during their time on-island. They both see Kwajalein's tropical climate as a pleasant change from what they experienced on the southern tip of the planet.

## MANIT MINUTE

### Tattooing in the Marshall Islands

Prior to the arrival of Christianity to the Marshall Islands, many aspects of Marshallese customs were widely practiced and considered common. This included the practice of tattooing. Both men and women could receive tattoos. Men were often tattooed on their chest, shoulders, back, arms, buttocks and legs. Head and neck tattoos were restricted to those of chiefly ranks. Women were tattooed on the shoulders, arms, hands, chest, back and fingers. The tattoo motifs were mostly rooted in the marine environment.

Kwajalein Hospital is actively working on the process of establishing an active blood source for emergency blood transfusion in the case of massive trauma or casualties. The first step in this process is to create a registry of people who are willing to donate. If you are active duty military or a regular Red Cross blood donor, please stop by the hospital and leave your name and contact information with the lab. Thank you to this awesome community that supports its people and our mission.



## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

Phone: Defense Switching Network 254-2114;  
Local phone: 52114  
Printed circulation: 1,200  
Email: [usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)

Garrison Commander..... Col. Nestor Sadler  
Sergeant Major...Sgt. Maj. Roderick Prioleau  
Public Affairs Officer..... Michael Sakaio  
Managing Editor ..... Sheila Gideon  
Associate Editor ..... Jordan Vinson  
Media Specialist..... Chris Delisio  
Media Services Intern.....Molly Premo

# Veterans honored at flagpole ceremony

*U.S. Ambassador to the RMI, Thomas Armbruster, is guest speaker*

Article and photos by Sheila Gideon  
Managing Editor

Living on an island where a major World War II battle raged often makes days like Monday a more somber, yet sincere occasion. Veterans Day was celebrated at U.S. Army Garrison-Kwajalein Atoll Monday morning at the flagpoles, where members of the community and distinguished guests gathered to pay respect for our country's brave servicemembers, past and present.

Maj. Alonzo Garcia acted as the master of ceremonies. He welcomed Kwajalein's veterans and distinguished guests. Garcia briefly explained the history of how Veterans Day originated. In 1954, Armistice Day was redesignated Veterans Day and now serves to honor all American veterans, living and dead, whether they served during war or peace.

Hands over hearts, or standing at salute, the audience listened to the national anthems of the Republic of the Marshall Islands and the Unit-



**U.S. Ambassador to the RMI, Thomas Armbruster, reminds attendees of the Veterans Day ceremony at USAG-KA to thank a veteran, American and Marshallese, for their selfless service to our nation.**

ed States played by the Kwajalein Jr./Sr. High School band, under the direction of Kyle Miller.

The Invocation was read aloud by Protestant Chaplain Kevin Wilson. "In this service, help us to properly

honor those to whom honor is due," he said. "Let us be reminded that we live in the land of the free because of the brave."

USAG-KA Commander, Col. Nestor Sadler, addressed the audience. "What a beautiful day on such an honored and sacred occasion," he said. He recognized distinguished guests, Gold Star family members and the attending veterans and servicemembers. He then introduced the guest speaker for the ceremony, U.S. Ambassador to the RMI, Thomas Armbruster. "[He is] a man who understands selfless service to our great nation," Sadler commented. Armbruster has served for 25 years as a career diplomat in various assignments.

Armbruster thanked Sadler and the USAG-KA command for their hospitality and leadership. "This is a very moving, important occasion," he began. "In honoring the veterans, we first pay tribute to the following: we remember the five Medal of Honor recipients of the Kwajalein, Roi-Namur and Enewetak battles; we remember Marshall Islands hero, Sgt. Solomon T. Sam, of the 84th Engineer Battalion, who died in Iraq, and in whose honor, that



**Members of Kwajalein Boy Scout Troop 314 bring forward the wreaths for the traditional laying of the wreaths ceremony for Veterans Day Monday.**

**See VETERANS, page 8**



## First-ever Roi-Namur Veterans Day Rib Festival raises cash for vets

Article and photos by Jordan Vinson  
Associate Editor

Roi-Namur's first-ever Rib Festival brought Roi and Kwaj residents together Sunday to celebrate Veterans Day in style. Part-barbecued rib cook-off and part-homebrew craft beer competition, the event drew more than 100 festival goers to the Roi Outrigger to munch on more than a half-dozen barbecued rib recipes, sip on 17 different local craft brews and donate more than \$1,200 toward the Wounded Warrior Project and the Paralyzed Veterans of America support group.

"We decided that because it was Veterans Day weekend, we'd raise some money for those two organizations," said Laura Pasquarella-Swain, the Community Services manager on Roi who organized the event.

One of seven entrants in the rib cook-off, she was joined by Bob Barker, Tommy Drabek, Shelley Easter, Mike Ellison, Rene Prenoveau and Neil Schwanitz.



Tommy Drabek, Bob Barker and Neil Schwanitz serve up ribs to festival goers.

"Everybody's ribs are all very good, and they all taste different," Pasquarella-Swain said. "There are no two that taste the same."

The different approaches the competitors took to prepare their ribs, not to mention the varying complexities of their recipes, helped ensure each dish had its own unique taste. Drabek, for instance, used the combination of a crock pot and charcoal grill for his "Tommy's 2.0 Rubbed Ribs," along with "a combination of 40 different recipes"—some from his home town in Humboldt County, Calif.

Easter, on the other hand, took a less conventional route.

"It's amazing what you can do with a convection microwave oven," she said. "I put a little rub on it the night before, and I made my sauce in a little electric skillet. I just put the sauce on to burn it on over the charcoals."

While everyone knew the Rib and Brew Fest's purpose was to support a good cause and have fun doing so, some entrants did hope to score first place marks for their recipes.

"A little spicy, a little heat and a little sweet," Pasquarella-Swain said, gesturing to the warm racks of ribs lying on the foldout table in front of her. Waiting for the judges of the rib cook-off to finish taste testing the event's entries, she said it was the smoked cherry wood and "secret" barbecue sauce she incorporated in her recipe that would give her the gold. "I'm very confident," she said.

But in the end it was grilling guru Barker and his "Bahbalicious Rubbed Ribs" recipe that wowed cook-off judges Spencer Moorman, Joe Coleman, Greg Alexander, Eric Mog and Jim Bell, earning Barker first place at the rib cook-off.

"It's all just about having a good time," Barker said, explaining that it was all the cookouts he had done with this buddies at the fire station that helped him perfect his rib recipe.



Rib cook-off judge Greg Alexander examines another rib's quality.



Festival goers make tie-dye T-shirts during the Rib Festival.



# KWAJALEIN ARES CORNER

## Do you know what's on your hands?

By Lynx McClellan, RN  
Kwajalein Hospital

Many people in warm climates carry Group A Streptococcus (Strep A) around on their hands and in their noses and mouths.

This bacterium is commonly associated with wound infections and sore throats. Strep A sometimes causes very serious illnesses such as necrotizing fasciitis (flesh-eating bacteria) and toxic shock syndrome. While people with a weakened immune system from illness, diabetes, chicken pox or steroid use are at high risk for Strep A infection, this bacteria can also affect healthy people with no risk factors.

The most common sites for Strep A to live and grow are in the tonsil area of the throat, an open wound from a cut or scrape, or in a closed wound such as a bruise. Common signs of a possible Strep A infection include: fever; a wound that is painful, swollen or red and not healing; a rash over your body and dizziness.

If you have a sore throat and a fever, you can easily be tested for a Strep infection with a simple throat

swab test. You can come in to the Kwajalein Hospital anytime for a nurse visit to have this test completed. If you have a wound that is not healing and a fever, you may need to have the wound cultured for Strep A – make an appointment with a medical doctor.

Strep A infections are often easily treated with antibiotics, rest and drinking plenty of fluids. If you are prescribed antibiotics, be sure to stay home, stay away from others, and rest – no work or school – for at least the first 24 hours after the initial dose of antibiotics. This will help prevent the spread of Strep A and will increase the ability of your body to heal. It is also important to complete all of your antibiotics as ordered, even if you are feeling better.

The most important way to prevent yourself from having a Strep A infection is to clean your hands before you prepare or eat every meal. Also, be sure to clean your hands after you sneeze or cough.

Strep A: Kill it by cleaning your hands and covering your sneezes and coughs.

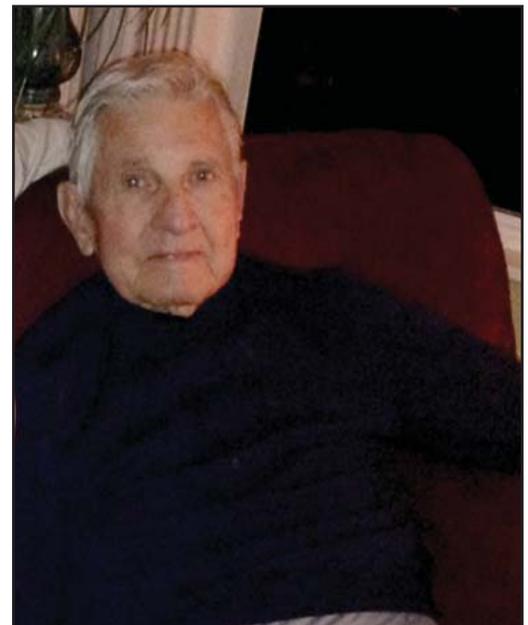
*Information for this article was obtained from [www.cdc.gov](http://www.cdc.gov) and [www.niaid.nih.gov](http://www.niaid.nih.gov).*

### *In Memoriam*

Longtime former Kwajalein resident Ray Wolff died peacefully in his home in Portland, Ore., Oct. 21, surrounded by friends and family. Wolff first arrived on Kwajalein in 1960 and worked as both a surgical and central supply technician until his retirement in 2008.

The hospital staff will remember him scolding new employees if the surgical linen was not folded a certain way or supplies not kept tidy; however, his standards were high and he was well respected. Who can forget counting and inventorying instruments weekly! He could be intimidating at times, but never asked more from others than he was willing to give of himself.

Wolff did more than work at the hospital – he was well known by several generations of children for his “girlfriend” the skeleton, and the pickled stone fish and sea snake which he kept in his office. Mothers would roll their eyes when he asked their kids waiting in the hospital lobby if their parents were going to take them to the snack bar for an ice cream or make gecko soup for dinner. We remember him riding his rusty bike to the mess hall, picking up treasures at the Dempsey Dumpster and his unique and charming personality. Rest in peace, Ray.



*Photo courtesy of Bess Buchanan*

# Weekend play, weekday special games keep golfers busy at annual Kwaj Open Tourney

Article and photos by Sheila Gideon  
Managing Editor

More than 50 golfers participated in the 2013 Kwajalein Open Golf Tournament held at Holmberg Fairways Nov. 3 and Sunday. After months of little to no wind, gusts finally appeared in the days prior to the first weekend of play. This provided much needed relief from the Kwaj heat, but it also forced players and golf course staff to undertake a massive effort to clear the course of fallen coconuts and palm fronds. It also didn't make playing on the back-to-back par 5 holes going into the wind any easier. The second weekend of play was clear and hot.

Overall low gross (lowest score without handicap) and low net (lowest score with handicap) were claimed by some expected winners, but also by some new faces. Akiyo and Mark Kaneko both went home with a koa bowl for scoring low net for the women and low gross for the men, respectively. Jamie Stevenson was awarded low gross for the women while Doug Peters snagged low net for the men, along with the Sam Garland award, which will place his



Jim Hall, left, watches while Jonny Jennop chips on hole 5 during the Kwaj Open tournament.

name on a plaque mounted in the country club for scoring overall low net at the tournament.

A highlight of this year's tournament was that this was the first time in several years there were enough women players to have their own flight. For some women, this was their first participation in a major tournament on Kwajalein.

The week in between tournament play was filled with nightly special games that golfers could choose to participate in to earn prizes. Games included a putting, chipping and long drive competition; match play

putting; and men's and mixed horse races, where teams of two competed in an elimination-style mini tournament. This year's men's horse race came down to a three-way tie which led to a chip-off on hole 9, where Roi golfer Hesbon Jokas and teammate Ron Boerger took the win. The Jim Oakley competition was another special game where golfers chose a teammate and combined net scores from the first weekend of tournament play; the lowest scores earned a prize. Golfers could pair up with as many players as they wanted to increase their chances of winning. That was exactly what Flynn Gideon did; he earned first and third place with teammates Tony Savage and Glenn Hibberts, respectively. Vernon Adcock and Doug Peters took second place.

During tournament play, certain holes were host to special games as well. Hole 6 was Target Golf, where golfers could earn a prize by driving onto the green; they tripled their prize if they landed in the circle painted around the pin. Golfers also competed for closest to the pin, longest drive and straightest drive each weekend.

The tournament was kicked off this year with a social at the Vet's Hall where golfers signed up for special games and bought drinks for other golfers in their flight to perhaps affect their play the following morning. The tournament ended with a banquet at the Vet's Hall Monday night where winners were recognized and prizes awarded.



Jeff Wase hopes to drive onto the green of hole 6 which is also tournament special game Target Golf.



New golfer Peggy Bassett putts on hole 5 while Carmel Shearer looks on.



Deb Crawford aims for the green on hole 6 during the first round of the Kwaj Open tournament.



Andy Estacion tees off on hole 6 during the Kwaj Open tournament.



Tony Savage, who took first place in Flight A, tees off on hole 10 during the first weekend of play.

## Kwajalein Open 2013 Results

<b>Flight A</b>	1st: Tony Savage – 133	<b>Special Games Winners</b>	<b>Men's Horse Race</b>	1st: Hesbon Jokas, Ron Boerger
	2nd: Preston Page – 135			2nd: John Brown, Doug Peters
	3rd: Jeff Wase – 137			3rd: Vernon Adcock, Lenny Fugatt
	4th: Paul Allas – 137		<b>Mixed Horse Race</b>	1st: Selentina Beniamina, Malcolm Gowans
<b>Flight B</b>	1st: Milton Barnett – 138			2nd: Jamie Stevenson, Danny Bittner
	2nd: Jim Friedenstab – 138			3rd: Peggy Bassett, Jon Jahnke
	3rd: Flynn Gideon – 139		<b>Jim Oakley</b>	1st: Flynn Gideon, Tony Savage
	4th: Glenn Hibberts – 140			2nd: Vernon Adcock, Doug Peters
<b>Flight C</b>	1st: Doug Peters – 130			3rd: Flynn Gideon, Glenn Hibberts
	2nd: Vernon Adcock – 132		<b>Match Play Putting</b>	1st: Tony Savage
	3rd: Jim Hall – 136			2nd: Jon Jahnke
	4th: Malcolm Gowans – 136			3rd: Andy Estacion
<b>Women</b>	1st: Jamie Stevenson – 136	<b>Longest Drive Round 1</b>	Women: Jamie Stevenson	
	2nd: Akiyo Kaneko – 144		Men: Glenn Hibberts	
	3rd: Carmel Shearer – 146	<b>Straightest Drive Round 2</b>	Women: Gloria Cassiday	
<b>Women Low Gross: Jamie Stevenson</b>	Men: Geary Shotts			
	<b>Closest to the Pin</b>	Women Round 1: Carmel Shearer		
		Men Round 1: Mike Lundberg		
	<b>Putting</b>	Men Round 2: Ralph Gary		
		Danny Bittner		
<b>Chipping</b>	Selentina Beniamina			
<b>Longest Drive</b>	Women: Selentina Beniamina			
	Men: John Finley			
Men Low Gross: Mark Kaneko				
Men Low Net: Doug Peters				

## VETERANS, from page 3

same Battalion built a basketball facility in Majuro; and we remember our own friends and family who served and are no longer with us.” He stressed the importance of saying, “Thank you,” to veterans on this day, both American and Marshallese.

Members of Kwajalein Boy Scout Troop 314 came forward to hand off the wreaths for the traditional laying of the wreaths ceremony. The ceremony honors fallen comrades – those who answered their nation’s call and literally gave all. Sadler and Armbruster were joined by Pamela and Matthew Hess, who represented all servicemembers who have served in harm’s way.

Sadler placed a wreath in front of the U.S. national colors to honor fellow countrymen and women who have given their lives in its defense. Armbruster placed a wreath in front of the colors of the RMI in remembrance of those who have fallen in defense of our nation and their heroic devotion to the defense of freedom. Matthew placed a wreath at the base of the Operation Flintlock memorial in order to remind us all that veterans serve worldwide and



The Kwajalein Jr./Sr. High School band, under the direction of Kyle Miller, far right, plays at the 2013 Veterans Day ceremony at the flagpoles on Kwajalein.

too often, fall far from family and friends. Pamela placed a wreath in front of the 2nd Raider Battalion memorial, for symbolic remembrance of life everlasting, and to immortalize the brave deeds of our Soldiers, our Sailors, our Air-

men, our Marines and our Coast Guardsmen.

The ceremony ended with a three-volley salute by the American Legion Post 44 Rifle Squad, and the playing of “Taps” by KHS sophomore Wyatt Jones.



All USAG-KA active duty servicemembers are honored at the Veterans Day ceremony on Kwajalein.

# View from Kwaj

We need your submissions to keep this page full! Email to: [usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)



From Sarah Stepchew



From Sarah Stepchew



From Tim Grey



From Sheila Gideon



From Tim Grey



From Tim Grey

**HELP WANTED**

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at [www.krsjv.com](http://www.krsjv.com).

**LOST**

SILVER NECKLACE with star-shaped pendant, sentimental value. Call 51875 if found.

IPHONE in blue speaker case at the Kwaj golf course on Monday afternoon. Call 52084 with any information.

BLUE IPOD SHUFFLE with headphones attached, between Ivey Gym and MDA dome homes. Call 54397.

**WANTED**

QUEEN-SIZE BED. Call 51915.

ADULT MANDOLIN lessons on Roi. Call Dale at 56828 if able to teach.

LOOKING FOR A HOME OR BQ quarters for visiting parents, Dec. 3-10. They will be happy to care for pets or plants. Your place may end

up cleaner than when you left; father loves to fix things. Neither smoke or drink. Contact Sam at 51824 or 551511.

**PATIO SALE**

MONDAY, 7:30 a.m.-noon, quarters 135-C. Electronics, scuba gear, kitchen items, storage sheds, ladies clothes, men's shorts and tropical shirts. Early birds welcome, but be patient.

**FOR SALE**

SHERWOOD DIVE GEAR, two sets, only used a few times, one large and one medium Avid BC, Brut regulator, Insight dive computer, Dual Octo and holder, \$850 each set, or best offer. Call evenings, 51915, or days, 54421.

ALL ITEMS AVAILABLE ON ROI: set of curlers, \$10; king-size comforter, two small pillows, \$35; cross stitching lap table, needles and cloth, \$5; men's snorkeling set, size large, \$20; small box of kitchen items, \$10; towels, \$10; like-new box of DVDs, \$20; duvet cover, \$10; Zumba DVD set with weights, \$20; large Skull Crusher headphones, \$10; small and medium women's clothing, \$10; Sony CD and iPod speaker, remote, \$25; women's Nike Shox, \$30; size 9 and 9.5 water shoes, \$5; HTC cellphone, \$25; Sony camera, memory card, \$50; curtains, curtain rod, \$10. Call 56410 and leave a message.

7'0" CHANNEL ISLANDS surfboard, Rob Machado MSF single fin, in great shape, \$500. Call 59283.

**COMMUNITY NOTICES**

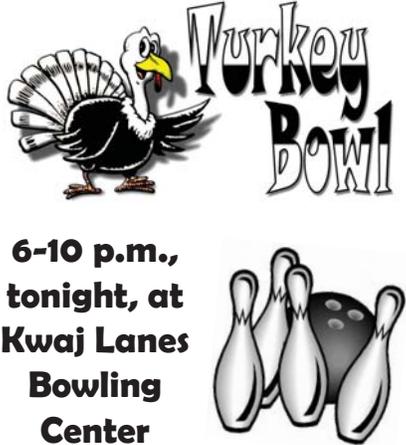
INTERESTED IN A new start? Talk with Pastor Kevin if you are interested in being baptized or having your child baptized. A baptism service will be held at 6 p.m., Monday, at Emon Beach. All are invited. Call the chapel at 53505 with questions.

BEGINNING TUESDAY, the Family Pool will close for construction on the concrete, pipes and decking. Pool closure will be for an extended period of time. Reopening is slated for mid-January, but will be dependent upon construction processes. For questions, contact 51275.

BARIATRIC SURGERY SUPPORT Group will meet from 4:45-5:30 p.m., Tuesday, in the hospital conference room. The topic is "Handling Rude Comments." Questions, call EAP at 55362.

THE HOBBY SHOP will offer an adult ornament painting class at 6 p.m., Tuesday. The cost is \$10. Come by the Hobby Shop to register and pay. Class size is limited.

KWAJALEIN ART GUILD meeting is at 5:30 p.m., Tuesday, in the Art Annex next to the Hobby Shop. Community is welcome! KAG would like



**6-10 p.m., tonight, at Kwaj Lanes Bowling Center**

**Bowl a Turkey (three strikes in a row) for a chance to win a turkey prize! Games and shoes cost \$2 each. Adults only.**

to implement your comments, suggestions and ideas. Contact Terry at 51725 with questions.

KWAJALEIN SCHOOL Advisory Council meeting is at 7 p.m., Wednesday, in the Elementary School Coconut Room. The public is invited to attend.

KWAJALEIN ATOLL INTERNATIONAL Sport-fishing Club meeting will be held Wednesday at the Pacific Club. Food and beverages will be served at 6:30 p.m., meeting will start at 7 p.m. All anglers welcome to attend! Questions? Contact Andy at 52878.

KRS WORKERS COMPENSATION office will be closed from Thursday to Nov. 23. Questions or concerns can be emailed to Janet McPhatter at [janet.a.mcphatter.ctr@mail.mil](mailto:janet.a.mcphatter.ctr@mail.mil) or you can leave a voice message at 53304. Urgent matters may be directed to Christine DeJongh at 52219 or Lucy Gallagher at 703-429-6306.

MUSTACHE BASH will be at 7 p.m., Nov. 23, at the Country Club. "Grow your mo" for Mustache Mover! "Shave" the date and join us for 'stache festivities including best mustache(s) contest, win a free shave, fun photobooth and general mustache awesomeness! Must be 21 years or older. Call Community Activities at 53331 for more information.

ATTENTION LADIES! Sad you can't grow a 'stache for Mustache Mover? Not to worry.

**Religious Services**

Catholic

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel

Roi-Namur service, 7 p.m., Second and Fourth

Friday of each month. Appointments with Fr. Vic available after dinner.

Protestant

8 a.m., Sunday, Island Memorial Chapel

9:15 a.m., Sunday School

11 a.m., Sunday, Island Memorial Chapel

7 p.m., First and third Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

*Captain Louis S. Zamperini Dining Facility*

**Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Nov. 23
Kwaj Fried Chicken	Garlic Roast Beef	Meat Lasagna	Meatball Stroganoff	Pork Spareribs	Pot Roast	Spaghetti
Crab Benedict	Pasta Alfredo	Vegetable Lasagna	Oriental Pork Stir-fry	Coca-Cola Chicken	Glazed Salmon	Alfredo/Marinara Sauce
BBQ Beef Sandwich	Quiche	Chicken/Broccoli Stir-fry	Mashed Potatoes	Baked Beans	Vegetarian Pasta	Italian Sausage

**Dinner**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Nov. 23
Herb Roast Porkloin	Beef Curry	Oven Fried Chicken	Carved Steamship	Teriyaki Beef	Hamburger Bonanza	Salisbury Steak
Oriental Chicken Stir-fry	Buffalo Drumettes	Hawaiian Chopped Steak	Grilled Chicken	Pork Egg Foo Yung	Sauteed Chicken Breast	General Tso's Chicken
Mixed Vegetables	Green Beans	Potatoes O'Brien	Noodles Romanoff	Sesame Noodles	Vegetarian Stir-fry	Thyme Roast Potatoes



## Warrior Time

**7 p.m., Monday, at the Vet's Hall**

**This is the first time in recent history of our nation that we have been at war for over 12 years. Because of this, we have a tremendous amount of men and women trying to deal with the weight of what was asked of them.**

**If you are ready, The American Legion will host a round table discussion for combat veterans from all wars, including their spouses. Come and talk with your brothers and sisters in a safe, non-judgmental environment. Coffee and snacks will be served.**

**Some Gave All...All Gave Some. Questions? Contact Mike Woundy.**

Join the 'stache festivities by "coaching" a 2-3 man team. Make sure they're growing their mustaches, conditioning and strengthening them for the contest at Mustache Bash! Prizes awarded! No pre-registration required. Questions? Call Community Activities at 53331.

KWAJALEIN SCUBA CLUB is hosting the Underwater Turkey Hunt on Nov. 25. Grab a tank and come down to Emon Beach to hunt down a turkey, ham or other great prizes. All participants will receive a Turkey Hunt T-shirt. Sign in at 10 a.m., mandatory safety briefing at 10:30 a.m. Questions, call Doug Hepler at 52681.

THE CHRISTIAN WOMEN'S Fellowship is hosting a Thanksgiving dinner at 1 p.m., Nov. 29, in the Religious Education Building, for members of the community. Thanksgiving is a time to be with family and friends; don't eat alone! Come and share fellowship with us. Turkey, gravy, drinks and desserts provided. If possible, bring a side dish to share, but don't worry if you can't. RSVP with Amy at 52681 so she knows how many turkeys to cook.

JOIN US FOR OUR Thanksgiving Buffet at the Zamperini Dining Facility on Nov. 29. Meal card holders are welcome from 11 a.m.-3 p.m.; all other residents welcome from 12:30-3 p.m. Cost for adults is \$24.95 and children under 12 is \$11.95. Menu will include a carving station with slow roasted prime ribs of beef and Virginia hickory smoked ham, scallops alfredo served over linguini, roast turkey, sage stuffing, potatoes, yams, gravy, green bean casserole, vegetables, salad, fruit and dessert. There will be a chilled seafood bar with peel-and-eat shrimp, mussels on the half shell and smoked salmon. Menu subject to change due to availability. Why cook when you can come and enjoy without the cleanup?

BLESSED SACRAMENT Thanksgiving Mass will be at 9 a.m., Nov. 29. Questions? Contact Fr. Vic at 53505.

TIE-DYE FUNDRAISER for Operation: Science Stuff, a project created to purchase science equipment for the high school on Guegeegue, will be from 3-5 p.m., Dec. 1, at Emon Beach. Bring shirts, socks, etc., to tie-dye for \$5 per item. Contact Amber Bates for questions.

EAP-SPONSORED SMOKING cessation classes begin in December for Kwajalein and Roi residents. Schedule your free physical at the Kwajalein Hospital or Roi Dispensary prior to the first class. Call EAP at 55362 for registration.

ISLAND MUSICIANS: The YYWC will present Kaleidoscope of Music Jan. 26. This is an island event where the proceeds are contributed to the YYWC scholarship fund. Here's your chance to perform for an appreciative audience and support a great cause. Contact Jane Premo at [jane@premo.org](mailto:jane@premo.org) or 52379, or Sarah Stepchew at [Stepchew2@hotmail.com](mailto:Stepchew2@hotmail.com) or 53500 by Dec. 15 to be included in this wonderful night.

LIVE PINE CHRISTMAS WREATHS still available for purchase from Cub Scouts Pack 135. Delivered to your door in early December. Call Angela at 52084 or email [angelamitchells1p@att.net](mailto:angelamitchells1p@att.net) to reserve one now.

E-TALK: Kwajalein has two types of water. Potable is drinking water and is marked with a yellow sign. Do not drink non-potable water; it is marked by a red sign.

SAFELY SPEAKING: Stop work authority can be invoked by any employee. If you feel your work or the work of others is unsafe, say something and stop work until the situation has been analyzed.

## THANK YOU

Thank you to everyone who helped make the 2013 outdoor soccer season a huge success. It really took a lot of effort by so many different people and everyone involved did an excellent job. Thank you to Kenny Leines, Rob Ewbank, James Young and Nate Jones who volunteered to lead the Learn-to-Play. Your knowledge, expertise, willingness to educate and volunteer is greatly appreciated. I want to thank Labtak Langrus and Linber Anej for helping to oversee league play as night supervisors. Thanks to the Kwajalein Sports Association for providing the league with officials. They did a great job helping maintain the integrity of the league and making play safe and fun for everyone. A special thanks goes to the Hobby Shop employees, for their support of coconut trophies for league winners. Finally, soccer wouldn't have been complete without the assistance of all of our coaches and managers. Your interest, efforts and support was greatly appreciated. The success of this year's season was all due to the efforts of everyone involved. Thank you so much! We could not have done it without you.

Congratulations to FC Swollen and Spartans I Women, who were this year's champions.

— Kaylee West  
Recreation Coordinator

		<i>Café Roi</i>					
<b>Lunch</b>		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Nov. 23</b>
<b>Sunday</b>		Hamburger Steak	Roast Beef Sandwich	Beef Stew	Char Siu Pork	Tuna Casserole	Meat Lasagna
London Broil		Chicken Supreme	Grilled Chicken Breast	Chicken Strips	Beef Stir-fry	Yankee Pot Roast	Vegetable Lasagna
Smoky Mountain Chicken		Breakfast Burritos	Fried Zucchini	Hot Spiced Apples	Veggie Fried Rice	Vegetable Medley	Spaghetti Marinara
Veggie Frittata							
<b>Dinner</b>		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Nov. 23</b>
<b>Sunday</b>		Spaghetti Marinara	Chicken Curry	Carved Steamship	Boneless Fried Chicken	Assorted Pizzas	Philly Cheesesteak
Chicken/Sausage		Chicken Cacciatore	Parsley Potatoes	Pesto Chicken	Baked Fish	Baked Ziti	Chicken Nuggets
Jambalaya		Toasted Polenta	Vegetables	Baked Potatoes	Mashed Potatoes	Cheesy Garlic Bread	Potato Wedges
Roast Beef							



# VOLLEYBALL RESULTS

## A LEAGUE

### WEDNESDAY, NOV. 6

Spartans I def. Some Spike It Hot: 25-16, 25-10  
Older Than School def. We Can Dig It: 26-24, 25-22

## B LEAGUE

### THURSDAY, NOV. 7

Sets On The Beach def. The Outsiders: 25-20, 25-20  
Jokers def. Island Warrior: 25-22, 25-17, 15-7

## SCHOOL LEAGUE

### WEDNESDAY, NOV. 6

Grade 12 def. Grade 11: 25-16, 25-16  
Grade 9 def. Grade 10: 25-13, 25-17

### THURSDAY, NOV. 7

Jr. High 1 def. Jr. High 3: 25-11, 23-25, 15-6  
Grade 9 def. Jr. High 2: 25-9, 25-7

## TEAM STANDINGS (WIN-LOSS)

### A LEAGUE

Spartans I	1-0
Older Than School	1-0
Some Spike It Hot	0-1
We Can Dig It	0-1

### B LEAGUE

Sets On The Beach	1-0
Jokers	1-0
The Outsiders	0-1
Island Warrior	0-1

### SCHOOL LEAGUE

Grade 9	2-0	Grade 10	0-1
Grade 12	1-0	Jr. High 2	0-1
Jr. High 1	1-0	Jr. High 3	0-1
Grade 11	0-1		

## NEXT WEEK'S SCHEDULE: COME CHEER ON YOUR TEAM!

### Tuesday

4:30 p.m.: Grade 9 vs. Jr. High 1  
5:30 p.m.: Grade 11 vs. Jr. High 2  
6:30 p.m.: Sets On The Beach vs. Jokers  
7:30 p.m.: The Outsiders vs. Island Warrior

### Wednesday Con't

5:30 p.m.: Grade 11 vs. Jr. High 3  
6:30 p.m.: We Can Dig It vs. Some Spike It Hot  
7:30 p.m.: Older Than School vs. Spartans I

### Friday

4:30 p.m.: Grade 10 vs. Jr. High 3  
5:30 p.m.: Grade 11 vs. Grade 9  
6:30 p.m.: Spartans I vs. Some Spike It Hot  
7:30 p.m.: We Can Dig It vs. Older Than School

### Wednesday

4:30 p.m.: Grade 12 vs. Jr. High 1

### Thursday

6:30 p.m.: Jokers vs. Island Warrior  
7:30 p.m.: The Outsiders vs. Sets On The Beach

## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	20%	ESE-ENE at 8-13 knots
Monday	Mostly Sunny	10%	ENE-E at 9-15 knots
Tuesday	Partly Sunny	20%	ENE at 10-15 knots
Wednesday	Partly Sunny	10%	ENE at 10-15 knots
Thursday	Mostly Sunny	10%	ENE-E at 12-17 knots
Friday	Partly Sunny	20%	ENE-ESE at 9-14 knots

Yearly total: 51.90 inches  
Yearly deviation: -27.42 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:42 a.m. 6:25 p.m.	6:07 p.m. 6:03 a.m.	3:44 a.m. 3.7' 3:59 p.m. 4.6'	9:41 a.m. 0.4' 10:20 p.m. 0.5'
Monday	6:43 a.m. 6:26 p.m.	6:55 p.m. 6:54 a.m.	4:16 a.m. 3.7' 4:29 p.m. 4.7'	10:10 a.m. 0.4' 10:51 p.m. 0.5'
Tuesday	6:43 a.m. 6:26 p.m.	7:44 p.m. 7:44 a.m.	4:47 a.m. 3.6' 4:59 p.m., 4.6'	10:39 a.m. 0.4' 11:21 p.m. 0.5'
Wednesday	6:44 a.m. 6:26 p.m.	8:33 p.m. 8:34 a.m.	5:17 a.m. 3.5' 5:28 p.m. 4.4'	11:08 a.m. 0.3' 11:52 p.m. 0.3'
Thursday	6:44 a.m. 6:26 p.m.	9:22 p.m. 9:22 a.m.	5:48 a.m. 3.3' 5:58 p.m. 4.2'	11:37 a.m. 0.1' -----
Friday	6:44 a.m. 6:26 p.m.	10:09 p.m. 10:08 a.m.	6:19 a.m. 3.1' 6:30 p.m. 3.9'	12:24 a.m. 0.1' 12:07 p.m. 0.2'
Nov. 23	6:45 a.m. 6:26 p.m.	10:56 p.m. 10:52 a.m.	6:54 a.m. 2.9' 7:04 p.m. 3.6'	12:58 a.m. 0.2' 12:40 p.m. 0.5'