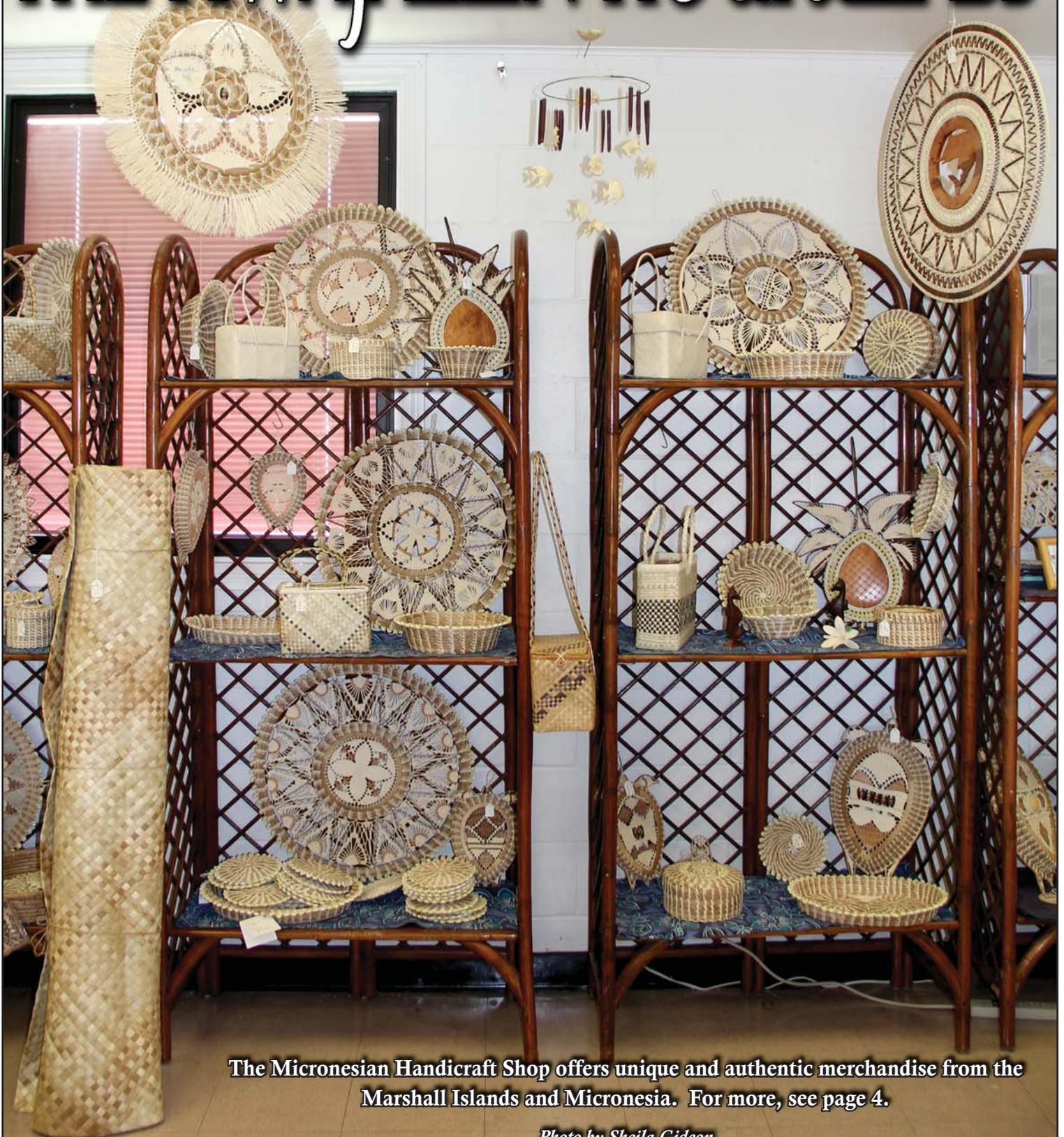


VOLUME 54 NUMBER 41

OCTOBER 12, 2013

THE KWAJALEIN HOURGLASS



The Micronesian Handicraft Shop offers unique and authentic merchandise from the Marshall Islands and Micronesia. For more, see page 4.

Photo by Sheila Gideon



AFN Kwajalein TV channels 14-35 are back on air and have returned to regular programming. Publication of the TV and Entertainment Guide will resume beginning this week.

MANIT MINUTE

Marshallese women are considered to be the finest weavers in Micronesia. Before they weave, they spend countless hours collecting and preparing local plant fibers. While other plants are used for weaving, the most common plants used are the coconut tree, pandanus tree and the hibiscus tree. These three trees produce the following fibers:

1. **MALWE** - fiber from the great mid rib of the coconut palm frond and used for weaving baskets, fans and ornaments.
2. **KIMEJ** - fiber from the new shoot of the coconut palm and it is the white stitching material used in most handicrafts.
3. **MAAN** - the prepared leaves of the pandanus tree, and it is used in handbags, hats and mats.
4. **JAB** - fiber from the hibiscus tree, and it is used as a color source for decorating mats, hats and baskets.

Columbus Day Hours of Operation

Tuesday, Oct. 15

Emon Beach	11 a.m.-6 p.m.
All other beaches	Buddy system
CRC	Closed
ARC	Open 24 hours
Bowling Center	Closed
Golf Course	Sunrise to sunset
Country Club	Closed
Hobby Shop Kwaj	Noon-5:30 p.m.
Grace Sherwood Library	Closed
Adult pool	Buddy system
Family pool	11 a.m.-6 p.m.
Small Boat Marina	8 a.m.-6:30 p.m.
Roi Marina	8 a.m.-6:30 p.m.
Surfway	2-7 p.m.
Laundry	Closed
Beauty/Barber	Closed
Sunrise Bakery	Check store for hours
Ocean View Club	4:30-11 p.m.
Post Office Kwajalein	Closed Monday Regular Hours Tuesday
Shoppette Roi	Closed
Shoppette Kwajalein	Check store for hours
Pxtra	Check store for hours
Burger King	10 a.m.-4 p.m.
Subway	10 a.m.-4 p.m.
Anthony's Pizza	10 a.m.-4 p.m.
American Eatery	10 a.m.-4 p.m.
Community Bank	Closed
Third Island Store	8 a.m.-noon
Outrigger Snack Bar	Noon-2 p.m. 5:30-9 p.m.
Outrigger Bar	5 p.m.-12:30 a.m.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the

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Towers taken down on Carlos Island

Article and photos by Michael Sakaio
USAKA Public Affairs Officer

Sept. 25 marked the beginning of the end to an era, when the first of four telemetry towers was taken down on Ennylabegan, or Carlos. The state of the art telemetry and instrumentation network towers make up what was once the Ennylabegan Telemetry Site. ETS was built in the late 1960s and early 1970s to provide the capability to collect data for Reagan Test Site customers.

Carlos was chosen due to the need for the telemetry site to be located away from the associated Radio Frequency environment on Kwajalein. The installation of ETS on Carlos with its telemetry receivers, combiners, recorders and computers required an on-site workforce presence. Carlos used to be one of four manned sites classified as “remote” from Kwajalein where U.S. contract personnel lived and worked. Contractors lived in trailers and bachelor quarters. The BQ’s lower floor had a dining facility and gym, and



Left, are the telemetry towers on Carlos Island that were built in the 1960-70s. Above, are the towers after they were torn down this month due to safety concerns.

inter-island transportation to Kwaj was provided regularly.

In the mid 1980s, the BQ and dining facility closed on Carlos and workers were moved to Kwajalein; they then commuted daily to Carlos via boats and UH-1 rotary flights. When telemetry assets were consolidated with the modernization

project in early 2000, ETS was finally closed and with it the radomes and four telemetry towers were no longer needed. Over the following years, the deteriorating towers became a safety concern, and this month, all the towers were removed; the last tower was taken down on Tuesday.

Two Kwajalein High school students given special academic recognition

Article and photo by Sheila Gideon
Managing Editor

Hispanic Heritage Month was extra special this year for two Kwajalein Jr./Sr. High School seniors. Maddy Greene and Shenandoah Wrobel were selected as 2013-14 National Hispanic Recognition Program Scholars.

The two KHS students were chosen from an applicant pool of over 259,000 students who took the PSAT exam in 2012. In order to qualify, students have to be at least one-quarter Hispanic/Latino, achieve a minimum score on their PSAT exam, have a grade point average of 3.5 or above and a recommendation from their school. Greene and Wrobel qualified in all these areas.

Although the NHRP does not provide monetary awards, being named is an important academic achievement to be included on college and scholarship applications.

Greene, who has a GPA of 3.93, said she and her parents had a “heart attack, but in a good way,” when they were notified of her achievement. Since including the honor on her college applications, she has received several acceptance letters that even included an offer to cover all of her tuition, or offered in-state tuition fees.



Senior Maddy Greene is one of two Kwajalein High School students selected as a national Hispanic Recognition Program Scholar.

Mic Shop offers more than just authentic handicrafts from Marshalls, Micronesia

Article and photo by Sheila Gideon
Managing Editor

What started as a small kiosk in the Kwajalein airport years ago has grown into a fully operational not-for-profit business that allocates \$20-40,000 in educational grants dispersed in the Republic of the Marshall Islands and Micronesia each year. The Micronesian Handicraft Shop is one of the two businesses managed by the Yokwe Yuk Women's Club on Kwajalein. They have occupied a new space, next door to the Exchange Mini Mall, for about one year now. They are gearing up for the holidays and the store is fully stocked with authentic merchandise from all over the Marshall Islands and Micronesia.

The Mic Shop doors are kept open through the assistance of volunteers. There are around 25 volunteers who each work 2-3 hours per month at the shop; some choose to put in more time if available. While most of the volunteers are YYWC members, there is one exception: Daniel Barker. Barker is the first and only male volunteer to ever work for the Mic Shop. He is one of the three buyers, and makes purchases from Pohnpei. The other buyers are Nancy Moscone, who buys from the Marshalls, and Joanie Drefus, who buys from Chuuk. The other members of the Advisory Board are Becky Harris, volunteer coordinator; Lauren Traweek, treasurer; and Tina Wiley, secretary.

The shop offers authentic handicrafts from the three areas; each area specializes in a certain type of handicraft. Most of the Mic Shop's business comes from the Marshalls; from there you can expect to find woven baskets, outriggers, sewing baskets, ornaments, mats, jewelry and wuts. Marshallese purses, which can take 50-60 hours on average to make, are also available. From Pohnpei, Barker will order one of the most popular items, which are carved sharks. Be sure to stop by the Mic Shop to check out the extra large, centerpiece shark displayed – it is sure to impress. Remember, all the teeth in the carved sharks are real. Also from Pohnpei, you will find weavings and carvings of other animals such as manta rays and turtles, hanging mobiles, the ever-popular Pohnpei pepper and coconut oil. The coconut oil can be used for cooking and in body lotions; it's about as healthy and natural as you can get. From Chuuk, Drefus orders plenty of their specialty item: carved turtles. You will also find wooden story boards that are often carved on turtles or masks; they tell the tales of Chuuk through pictures. Love sticks are another unique item from Chuuk. Ask a volunteer at the store to tell you the interesting story behind them.

Other products from the Marshalls and Micronesia include shells and publications. The Mic Shop is working with the Unbound Bookmaker Project to offer

children's books written and illustrated by Marshallese students; the books are available in both Marshallese and English. There are postcards galore to choose from as well.

Products are always changing. While there may always be weavings from the Marshalls, and carved turtles from Chuuk, the artists often send more intricate or entirely new products. You can also make a request for products. If in the past you've seen a certain type of basket made with particular shells, the Mic Shop will send the vendors a request for that specific item.

The objective of the Mic Shop is the same as the YYWC: to offer educational grants to students in the RMI and Micronesia. "Every time someone shops here, they're not only getting something for themselves, they're also helping to provide education [assistance]," Moscone said. Last year, the Mic Shop generated \$20,000 in grants, and this year they hope to be able to offer \$30,000.

Besides the grants, the other intention of the Mic Shop is to help keep the handicraft business in the RMI and Micronesia thriving. The business the Mic Shop gives the individual weavers and carvers encourage them to continue their craft and share their talents with the world. The YYWC volunteers are also given the opportunity to build lasting and exclusive relationships with these talented artists. Harris said although they've never met, they have built a friendship over the years through correspondence alone.

Whether you can volunteer at the shop, or simply make a purchase, in the end the ones who benefit are the students in the RMI and Micronesia who receive the educational grants. Hours of operation are posted on the Mic Shop door, and extra hours will be added to accommodate the upcoming holiday season.



Story boards, masks and turtles from Chuuk are just some of the authentic handicrafts offered at the Micronesian Handicraft Shop.

View from Kwaj

We need your submissions to keep this page full! Email to: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



From Courtney Robertson



From Shannon Paulsen



From Julie Savage



From Shannon Paulsen



From Julie Savage



From Shannon Paulsen

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

KAY AND ASSOCIATES Tool and Parts Attendant. Attendant receives, stores, and issues hand tools, machine tools, dies, replacement parts, shop supplies and equipment in an industrial establishment. Duties include scheduled and unscheduled inspections, maintenance and documentation on Aerospace Ground Equipment. This is a part-time position not eligible for relocation or housing. Visit www.kayinc.com to apply.

LOST

ITOUCH, 32 GB, silver, with \$100 bill plastic cover, white, full size headphones, last seen in the SAC room the morning of Sept. 24. If found, drop in the MPS mail P.O. Box 143 anonymously, no questions asked, or call 52642.

CHICAGO BULLS baseball cap, red and black, at CRC on Thursday. Has sentimental value. Call 53244 if found.

FOUND

BELL BIKE multi-tool kit on dirt pathway by church on

Religious Services

Catholic

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel

Roi-Namur service, 7 p.m., Second and Fourth

Friday of each month. Appointments with Fr. Vic

available after dinner.

Protestant

8 a.m., Sunday, Island Memorial Chapel

9:15 a.m., Sunday School

11 a.m., Sunday, Island Memorial Chapel

7 p.m., First and third Friday, Roi Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

Sept. 29. Call 52642.

WANTED

USED PORTABLE cassette player so I can listen to all the cassette audio books in the library. Call Paula at 53470.

FIRST FLOOR BQ or house for visiting parents for some or all of their time here, Nov. 21-Dec. 9. Happy to pet or plant sit, will offer a free sailing trip, cook you dinner and house cleaning if you can help! Call 51054.

HOUSE OR BQ for visiting parents, end of November until Dec. 24. Call Ona at 52276.

CREW TO SAIL onboard the *Mali* for a few hours. Prospective buyers only. Call 52625.

PATIO SALE

MONDAY, 7 a.m.-noon, quarters 488-A. Multi-family sale.

MONDAY, 7 a.m., quarters 442-B. Cleaning out sale.

FOR SALE

UMBRELLA, \$5; collapsible lawn chair, \$7; HP Deskjet 1000 printer, \$20; small TV/DVD combo flatscreen, \$150; new steel toe work boots, size 11, \$40; rod and reel for shore fishing, \$30; new Scentsy air freshener, \$20; entertainment center, \$150; new blanket, \$40. Call Robert at 51752 and leave a message.

KID'S 16-INCH BIKE, Specialized Hotrock, new mag rims, new stainless steel chain, new grips, no rust, excellent shape, good for 3- to 5-year-olds, \$85. Call 53018 and leave a message.

SONY BRAVIA 55-inch LCD TV, like new with remote, \$800 or best offer. Call 52501.

IMAGINARIUM train table with wooden track, two storage drawers, buildings and many trains, good condition, \$125. Visit quarters 492-A or call 52597.

MAINSAIL, good condition, maxi-roach, 42.5-foot luff, 14-foot 2-inch foot, full-battens, loose foot, three reefs, triple-stitched seams, includes all batten hardware and battens, made by Hasse & Co. (Port Townsend Sails), \$1,500; Alpha 3000 autopilot with control unit, fluxgate compass, remote unit; two linear drive units and all documentation including wiring diagrams, control unit and remote unit not functioning when removed from boat, so autopilot being sold for parts only with no guarantee, \$500. Call Dale or Paula at 53470.

VERY NICE PLANTS, quarters 436-B, in the back yard.

SCUBAPRO WETSUIT, black, new, sleek and warm, men's size XXXL, retails for \$225, asking \$100; women's white Adidas soccer cleats, never worn, size 10, \$30. Call Jamye at 52485.

CATALINA 34 SAILBOAT, 1988 model hull #540, in

good shape, well appointed with lots of gear, fun, fast, comfortable, excellent for lagoon and beyond, \$25,000. Call Ed at 52459 evenings or leave message.

PIANO, \$200; piano desk, \$150; beautiful green couch set, \$500; rear surround sound speakers, \$100 per pair; new children's golf set, \$100; weedeater, \$15; fleur de lis brass curtain rods, \$20 each, valances \$10 each. Call 51829.

JVC 32-INCH TV with built-in DVD and two HDMI ports; microwave; VTech cordless phone; new men's size 11 rollerblades. Call Brent at 51794.

DIVE GEAR (B.C., size small, large dive bag), barely used and in great condition, \$200. Call 51597.

PIRATE BOOTS, real black leather, thigh-high/fold over, low heel, unisex sizing women's 9 or men's 8, hardly worn and in excellent condition, \$25. Call 51597.

COMMUNITY NOTICES

FLU VACCINES are now available at the hospital on Tuesday, Wednesday, Thursday and Saturday afternoons from 1:30-4 p.m. No appointment necessary.

SMALL BOAT MARINA new operating hours: Friday, 1:15-6:30 p.m.; Saturday, Sunday, Monday and holidays, 8 a.m.-6:30 p.m.

CATHOLIC MASS SCHEDULE effective through Oct. 26 during Fr. Langan's holiday: Fr. Tet from Ebeye will celebrate Mass at 5:30 p.m. on Saturdays; Communion Service at 9:15 a.m. on Sundays.

GET IN THE HALLOWEEN spirit by celebrating "Day of the Dead," a Mexican holiday with all the trimmings — coffins, skulls, flowers, drink specials and more! 8 p.m., tonight, at the Ocean View Club. Questions? Call Community Activities at 53331.

SMALL BOAT MARINA Columbus Day hours are: Saturday, 1:15-6:30 p.m.; Sunday, Monday, Tuesday, 8 a.m.-6:30 p.m. Reservations recommended!

KWAJALEIN RUNNING CLUB'S 36th annual Columbus Day Runabout is at 6 a.m., Tuesday. Registration forms with course maps are available at the mini-mall bulletin board, or at quarters 473-A on Palm Road. Pre-registration by today is required. Call Bob and Jane at 51815, or stop by quarters 473-A with questions.

VETERINARY SERVICES will be closed until Tuesday. Call the hospital at 52223 or 52224 for any animal-related emergencies.

STAINED GLASS WORKSHOP for experienced glassers is 5-7:30 p.m., Wednesday, at the Art Annex. All tools will be provided by the Kwajalein Art Guild. Questions? Call Jayne at 54643.

KWAJALEIN SCHOOL Advisory Council public meeting is scheduled for 7 p.m., Wednesday, in the Elementary School Coconut Room. The public is invited to attend.

Captain Louis S. Zamperini Dining Facility

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 19
Carved Round of Beef	Basil Lime Chicken	Grilled Pork Chops	Teriyaki Short Ribs	Meatloaf	Herb Chicken Breast	Grilled Ham and Swiss
Eggs Benedict	Quiche	Chicken Divan	Sweet and Sour Chicken	Pizza	Fish du Jour	Pot Roast
Potato Romanoff	Beef Pot Pie	Baked Beans	Fried Rice	Mashed Potatoes	Brown Rice Pilaf	Chicken Chopsuey

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 19
Maple Pork Loin	Kwaj Fried Chicken	Thai Chicken Stir-fry	Grilled London Broil	Oven Fried Chicken	Pancake Supper	Beef Stew
Szechuan Chicken	Beef Stir-fry	Garlic Mashed Potatoes	Pasta Alfredo	Baked Spaghetti	Pork Adobo	Chicken Fajita Wraps
Couscous	Macaroni and Cheese	Peas and Carrots	Baked Potatoes	Vegetarian Stir-fry	Chicken Nuggets	Black Beans

THE UNIVERSITY OF MARYLAND University College announces 2013 Fall 2 Session registration is now open! Registration ends Wednesday. Session dates are Oct. 21-Dec 15. Schedules can be viewed by visiting the website <http://www.asia.umuc.edu/> Need help? Email the Asia office at de-asia@umuc.edu or call or visit the Kwajalein office at 52800, Coral BQ, Room 1.

BINGO IS THURSDAY at the Vet's Hall. Packet price is \$20. Card sales begin at 5:30 p.m.; Bingo begins at 6:30 p.m. Blackout completion at 55 numbers, \$1,500 payout; Windfall completion at 28 numbers, \$1,800 payout. Shuttle transportation available from the Ocean View Club and tennis courts. No outside alcoholic beverages permitted. Must be 21 to enter and play, bring your ID.

SHAVING CREAM SOCIAL IS Oct. 19 at the Richardson Ravine. 4:30-4:40 p.m.: pre-school (must be accompanied by an adult in the "pit" area); 4:40-5 p.m.: K-2nd grade; 5:10-5:30 p.m.: 3rd-6th grade; 5:40-6 p.m.: Jr. and Sr. High.

KWAJALEIN SPORTS ASSOCIATION'S free kick-off event will start at 7 p.m., Oct. 19, starting in front of the Bowling Alley. Come participate in a Zombie Obstacle Course! Be a runner or a zombie. Food and adult- and family-friendly beverages available for purchase. Call Danielle at 50704 for more information.

OCEAN VIEW CLUB Birthday Bash presents *Radar Love*, 8 p.m., Oct. 19. Bring your K-badge and present it to the bartender. Must be 21 years old! Complimentary drinks and cake for registered October birthdays. Call Barbara Hutchins at 58228.

BIBLE TALKS WILL BE AT 5:30 p.m., Oct. 20, in the REB, and 6:30 p.m., Oct. 23, in the REB. Hear about Jesus and the wonderful things He lived and taught. Meet people who live what they believe, and worship as the New Testament church did. See a ministry still following the example of Jesus and the apostles. In these quiet, one-hour meetings no collections are ever taken. Everyone is welcome. Call Corle' May and Marilyn Denio at 51446 with questions.

KWAJALEIN YACHT CLUB'S Swashbuckler's Ball is at 6:30 p.m., Oct. 20, at the Yacht Club. Food, fun, music and dancing. Pirate costume contest awards. Tickets are \$25 for members, \$35 for non-members. Contact KYC officers to purchase tickets.

THE OPTOMETRIST, Dr. Chris Yamamoto, will see patients on island Oct. 20-31. Call the hospital for an eye exam appointment at 52223 or 52224 or ES&H at 58855 for prescription safety glasses.

BARIATRIC SURGERY Support Group will meet from 4:45-5:30 p.m., Oct. 22, in the hospital conference room. Topic will be "For Better or For Worse."

ANNUAL FALL ART SHOW will be held the evening of Oct. 25. If you are interested in displaying art, stop by the Hobby Shop to sign up. This will be an exhibition only and all ages are welcome!

INDOOR VOLLEYBALL season registration is Oct. 16-25. Season play is Nov. 6 through Dec. 20. Cost is \$100 per team. There is a mandatory manager's meeting at 5 p.m., Oct. 25. Questions, call Kaylee at 51275.

CYSS YOUTH SPORTS Start Smart Golf season is Nov. 6-Dec. 11. Cost is \$20. Open to all CYSS children 4-7 years of age. Register at Central Registration, Building 358 or 52158, through Oct. 26. Questions? Call Michelle Huwe at 53796.

CYSS YOUTH SPORTS golf season is Nov. 7-Dec. 12. Cost is \$30. Open to all CYSS children in Kindergarten-Grade 6. Register at Central Registration, Building 358 or 52158, through Oct. 26. Questions? Call Michelle Huwe at 53796.

CYSS YOUTH SPORTS flag football season is Nov. 5-Dec. 12. Cost is \$25. Open to all CYSS children in Kindergarten-Grade 6. Register at Central Registration, Building 358 or 52158, through Oct. 26. Questions? Call Michelle Huwe at 53796.

INDOOR VOLLEYBALL Learn to Play will be from 5-6 p.m., Oct. 30, at the CRC gym. Come out and learn basic skills and the rules of the game. This is a great opportunity for new players to find a team to play on! Questions, call Kaylee or Mandie at 51275.

OPEN REC: Halloween Dress Up Party is from 6-8 p.m., Oct. 30, in the SAC Classroom. Register at 52158.

THE KWAJALEIN SCIENCE FAIR will take place in the MP room on Feb. 26. If your child is interested in entering the fair, more information and an application are available in the high school or elementary office. Applications for the fair are due by Oct. 31. Cash prizes will be given to top science projects in the categories of research, problem-solving/engineer, and informative projects. Entrants are by age, with K-5, 6-8 and 9-12 grade students competing against each other.

ARTISTS & VENDORS: applications for tables for the Holiday Arts & Crafts Fair on Nov. 4 are available on the Mini-mall porch and at the Bali Store.

KRS/CMSI/BAI health and welfare benefits 2014 open enrollment is scheduled to begin Nov. 5 and close on Nov. 16. Open enrollment documents and instructions will be available for you to access on the KRS HR SharePoint Intranet and/or the FCE Benefits website in November. Enrollments will continue to be processed online via www.fcebenefits.com. Changes made during open enrollment will be effective Jan. 1. Continue to watch for more information regarding online instructions, meeting dates and times.

WEIGHT MANAGEMENT group will meet from 4:45-5:30 p.m., Nov. 7, in the hospital conference room. Call Marion at 55362. Join the group and lose a few pounds before Thanksgiving. Average Thanksgiving dinner calorie count is over 6,000.

CONTESTANTS NEEDED for the Roi-Namur Rib and

Military Casualties

Lance Cpl. Jeremiah M. Colins, Jr., 19, of Milwaukee, Wis., died Oct. 5 while supporting combat operations in Helmand province, Afghanistan. He was assigned to Combat Logistics Regiment 2, 2nd Marine Logistics Group, II Marine Expeditionary Force, Camp Lejeune, N.C.

Four Soldiers died Oct. 6, in Zhari District, Afghanistan, of injuries sustained when enemy forces attacked their unit with an improvised explosive device. Killed were **1st Lt. Jennifer M. Moreno**, 25, of San Diego, Calif., assigned to Madigan Army Medical Center, Joint Base Lewis-McChord, Wash.; **Sgt. Patrick C. Hawkins**, 25, of Carlisle, Pa., assigned to the 3rd Battalion, 75th Ranger Regiment, Fort Benning, Ga.; **Sgt. Joseph M. Peters**, 24, of Springfield, Mo., assigned to the 5th Military Police Battalion, Vicenza, Italy; **Pfc. Cody J. Paterson**, 24, of Philomath, Ore., assigned to the 3rd Battalion, 75th Ranger Regiment, at Fort Benning, Ga.

Brew Festival, Veteran's Day Weekend, Nov. 10. We are looking for rib cooks and homebrewers to join in on the fun. Prizes will be awarded for the best tasting ribs and people's choice brew. Games, tie dye and music will be provided throughout the afternoon and evening. Local band, *Smells Like Fish*, will perform. Register with Laura Pasquarella-Swain at Laura.a.pasquarella-swain.ctr@mail.mil.

E-TALK: The sting of some "jellies" can be deadly. Others are harmless to humans. A jellyfish fires its poison whenever its tentacles brush against an object. In humans, the poison usually causes a sharp, burning sensation that may last from minutes to hours. If stung, wash the wound with vinegar. Don't rinse with fresh water; that could release more poison.

SAFELY SPEAKING: Take steps to ensure good house-keeping in your workplace and home. Take into account the layout of your area. Consider all materials to be stored. Designate safe and adequate storage areas.

<i>Café Roi</i>						
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 19
Pasta Primavera	Roast Chicken	Chicken Sandwich	Roast Beef Sandwich	Barbecue Chicken	Italian Sausage Hoagies	Chicken Quesadillas
Cheesy Grilled Chicken	Sage Stuffing	Roast Beef	Beef Stroganoff	Stir-fry Vegetables	Chicken Cacciatore	Beef Tacos
Breakfast Prittata	Southern Benedict	Corn on the Cob	Tater Tots	Roasted Potatoes	Polenta	Pinto Beans
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 19
Barbecue Ribs	Chicken Pasta Olivetti	Hamburgers	Grilled Steak	Roi Fried Chicken	Mongolian Grill Night	Tuscan Roast Turkey
Fried Fish	Pasta	Chili	Huli Huli Chicken	London Broil	Noodles	Beef Stew
Dirty Rice	Fresh Bread	French Fries	Baked Potatoes	Cornbread	Egg Rolls	Ratatouille



SOCCKER RESULTS

MEN'S LEAGUE

WEDNESDAY, OCT. 2

LOCALS VS. SPARTANS — 3 - 1

Locals: Todd Outlaw - 1, Steve Alvarado - 1, Rich Erekson - 1
 Spartans: Austin Wiley - 1

FRIDAY, OCT. 4

FC SWOLLEN VS. LOCALS — 5 - 0

FC Swollen: Kenny Leines - 1, Rob Ewbank - 1, John McClellan - 1,
 Alex Coleman - 1, Jason Huwe - 1

JUICE VS. SPARTANS — 2 - 0

Juice: Matt Sova - 1, Josh Cole - 1

WOMEN'S/COED LEAGUE

THURSDAY, OCT. 3

SPARTANS COED I VS. SPARTANS COED II — 6 - 2

Spartans Coed I: Jordan Hadley - 1, Dash Alfred - 3, Eli Baldy - 1,
 Augustan Lelet - 1
 Spartans Coed II: Kaikane Busquets-1, Abigail Bishop-1

GO GREEN VS. SPARTANS I — 0 - 0

TUESDAY, OCT. 8

GO GREEN VS. SPARTANS COED I — 4 - 2

Go Green: Christina Sylvester - 2, Melu Bolkeim - 1, Kaylee West - 1
 Spartans Coed I: Dash Alfred - 2

SPARTANS I VS. K.A.T. — 3 - 0

Spartans I: Annie Hepler - 1, Daisy Rang - 2

TEAM STANDINGS (WIN-LOSS-TIE)

MEN'S LEAGUE

Locals	4-2-2
FC Swollen	4-2-1
Juice	2-2-3
Spartans	2-6

WOMEN'S/COED LEAGUE

Spartans I	4-0-2
Go Green	3-1-3
Spartans Coed I	3-4
K.A.T.	2-2-2
Spartans Coed II	0-5-1

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Cloudy	30%	E-SE at 4-9 knots
Monday	Mostly Cloudy	50%	SE-S at 4-9 knots
Tuesday	Partly Sunny	20%	Light and variable
Wednesday	Mostly Sunny	10%	ENE-ESE at 4-9 knots
Thursday	Partly Sunny	20%	NE-E at 8-13 knots
Friday	Mostly Cloudy	40%	ENE-ESE at 4-9 knots

Yearly total: 43.94 inches
 Yearly deviation: -22.18 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:37 a.m. 6:34 p.m.	1:54 p.m. 1:06 a.m.	11:52 a.m. 2.4' -----	5:28 a.m. 0.8' 5:36 p.m. 1.2'
Monday	6:37 a.m. 6:33 p.m.	2:45 p.m. 2:03 a.m.	12:09 a.m. 3.2' 1:16 p.m. 2.9'	6:57 a.m. 0.5' 7:09 p.m. 0.8'
Tuesday	6:37 a.m. 6:33 p.m.	3:34 p.m. 2:58 a.m.	1:23 a.m. 3.5' 2:05 p.m. 3.5'	7:51 a.m. 0.1' 8:05 p.m. 0.3'
Wednesday	6:37 a.m. 6:33 p.m.	4:21 p.m. 3:52 a.m.	2:14 a.m. 3.9' 2:44 p.m. 4.0'	8:31 a.m. -0.2' 8:49 p.m. -0.1'
Thursday	6:37 a.m. 6:32 p.m.	5:07 p.m. 4:44 a.m.	2:54 a.m. 4.1 3:18 p.m. 4.4'	9:05 a.m. -0.5' 9:26 p.m. -0.5'
Friday	6:37 a.m. 6:32 p.m.	5:53 p.m. 5:36 a.m.	3:30 a.m. 4.2' 3:49 p.m. 4.6'	9:36 a.m. -0.7' 10:01 p.m. -0.7'
Oct. 19	6:37 a.m. 6:31 p.m.	6:39 p.m. 6:28 a.m.	4:03 a.m. 4.2' 4:19 p.m. 4.8'	10:05 a.m. -0.7' 10:33 p.m. -0.7'