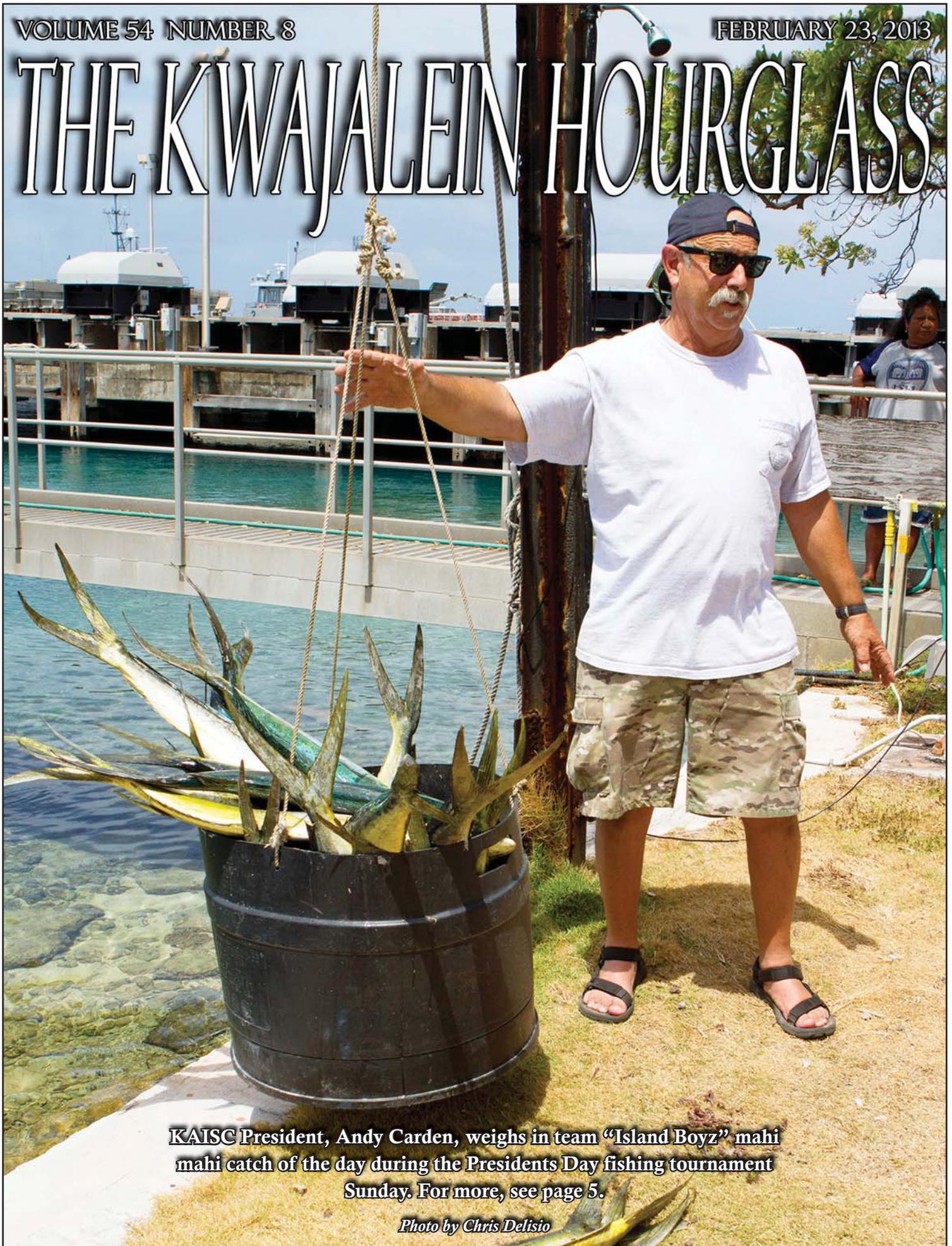


VOLUME 54 NUMBER 8

FEBRUARY 23, 2013

THE KWAJALEIN HOURGLASS



KAISC President, Andy Carden, weighs in team "Island Boyz" mahi mahi catch of the day during the Presidents Day fishing tournament Sunday. For more, see page 5.

Photo by Chris Delisio

Local Kwajalein teen wins race on Ebeye, donates prize money to Ebeye elementary

Hourglass Reports

In addition to celebrating Kwajalein Atoll Memorial Day on Ebeye with a ceremony and parade, a week of games and races were held for the schools. Residents and guests competed in track and field events, volleyball and basketball tournaments. Competitions began the week leading up to Memorial Day and finals were played out on Feb. 11.

Local Kwajalein teen, Kendall Westhoff, was invited by Namo Weto Youth Center assistant Simon Balos to compete alongside 20 other runners in the 5.1-mile race from Gueegegue to Beach Park on Ebeye. In just 37 minutes and 3 seconds, Westhoff was the first to cross the finish line.

“It was an amazing experience running, competing and winning for a purpose other than myself,” said Westhoff. “I will be donating the prize money to the Queen of Peace Elementary School library.”

Westhoff first heard about this competition from former Kwajalein Jr./Sr. High School student Shawn Brady, who competed and won the race last year.



Photo by Cindy Westhoff

Kwajalein Jr./Sr. High School student, Kendall Westhoff, collects his prize money for winning the 5.1-mile race from Gueegegue to Beach Park on Ebeye Feb. 11.

THANK YOU



To my Kwajalein Family,

Anybody who has ever lived on Kwaj knows what a special place this is. For me, this island will always hold some of my happiest memories along with some of my saddest. My whole life with Steve and our boys was here. I never would have imagined all the things that have happened over the past few months. As hard as this has been, we are getting through each day. I am so thankful to all of you that have helped us. The support for Jon and Alex, the meals, the acts of kindness, the prayers, the way you honored Steve and the help you have given me with handling the details have done so much to help us get through. I don't have the words to express my gratitude, but thank you. Thank you to the USAKA command, KPD, Island Memorial Chapel and the entire community. Please keep us in your prayers as we start the next chapter of life. This community will always be a part of our hearts and our memories.

— Jessika Dunham

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Govern-

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Emergency evacuation exercise scheduled for Thursday, residents need to prepare

Hourglass Reports

A shelter rehearsal is planned for Thursday evening. Information on how to react to a shelter siren warning can be found in your phone book on pages 4-11 through 4-21. If page 4-16 has the "Kwajalein Evacuation Plan 2010" or earlier, you need to print and update your pages which can be found on the KwajWeb home page on the phone book link, section 1.

The major change in the 2012 plan is new housing is no longer considered safe for storm sheltering and residents of new housing should plan on sheltering upstairs at the High School unless they have made prior arrangements to stay with friends who live in a two story concrete house. We ask that only pets in kennels be brought to mass shelter locations and that you make prior arrangements before you bring pets to a friend or neighbor's concrete two-story home. If the neighbor does not want your pets in their home, please either

Siren Warnings

 Pending Disaster Two short blasts repeated five times at 25 second intervals	 Evacuate to Shelters One three minute warble	 All Clear One twenty second blast	 Fire Recall One minute blast	 KPD Recall One ten-second blast - ten-second pause - ten second blast - ten second pause repeated once.
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leave your pets at home or take them to a mass shelter location in a kennel.

This training is for the safety of all residents. Accountability of personnel is important; make sure you fill out and post the Occupant Identification sheet or, on the reverse side, the Occupant Evacuated sheet (you can cut out below). You will display one side in the front window of your residence. If you evacuate your home and go to a mass shelter location you will have to write your name on a roster there. The shelters wardens in the resident shelters are:

- Zone 1 High School Facility 361:

Allan Robinson

- Zone 2 Dental Clinic Facility 357: Hillary Berry
- Zone 3 Warehouse Facility 602: Melvin Moore

If you are incapacitated due to an illness, don't over exert yourself to participate in this exercise. Notify your supervisor if you or your family will be unable to participate and do post an occupant identification page in your window (even if your residence is not a shelter) so that you are accounted for.

Any questions about this exercise can be directed to Maj. Luke Koerschner at 54417.

OCCUPANTS EVACUATED

To: _____

Phone: _____



Photos by Sheila Gideon

Visiting performer Delaney Davis performed a Valentine's Day concert at Emon Beach on Feb. 14. Kwajalein sweethearts packed picnic dinners and got settled in beach chairs and on blankets to enjoy the show. Davis performed original acoustic music and a few cover songs.

Sweet Serenade on the Beach

OCCUPANT IDENTIFICATION

Name:	Name:

Phone: _____

Mahi mahi are the big catch of the day

By Trudy Butler
KAISC

The Presidents Day Fishing Derby was held Sunday at Kwajalein, hosted by the Kwajalein Atoll International Sportfishing Club. Although the derby included an aggregate weight category, the target fish for this derby was mahi mahi. Prize monies for the derby were awarded to the teams that landed the heaviest mahi, second heaviest mahi, most number of mahi caught and total aggregate weight of fish caught (including seven different species of fish).

There were a total of five teams comprised of Kwajalein's finest anglers participating in the derby with \$1,000 awarded in prize monies.

Team "Three Fishermen and a Girl," comprised of captain Keith Church, and crew members Josh Mann, Bill Jones and Jeff Nustad, captured the first place mahi with a 19-pounder, winning \$250.

Team "My Wife is Too Scared to Fish," comprised of captain Chris Maurer and crew member Jessie Pattison, took second place with a 16-pound mahi mahi, winning \$250.

Team "Island Boyz," comprised of captain Dalbert Delacruz and crew members Tony Maika, Robert Herring and David Shimaoka took two categories: most mahi caught with 27, and total aggregate weight with 316 pounds of fish, winning \$500.

Thanks to all Kwajalein anglers that participated in the derby and until next time, "Fish On!"



Photo by Chris Delisio

Ross Hamamoto weighs in his mahi mahi catch during the Presidents Day fishing tournament Sunday.



Photo by Chris Delisio

Jeff Nustad of team "Three Fishermen and a Girl," cleans his catch at the Small Boat Marina after the fishing tournament Sunday.



Photo by Trudy Butler

Team "Island Boyz" won the most number of mahi caught and the total aggregate weight categories of the fishing tournament Sunday. From left, Robert Herring, Dalbert Delacruz, David Shimaoka and Tony Maika.



Kwajalein golfer Pat Dowell takes a victory sip out of the Atoll Cup after the Kwajalein team defeated Roi in the tournament Sunday.

Kwajalein takes the lead in Atoll Cup wins

Golf tournament marks Kwaj team's 8th win over Roi team

Article and photos by Sheila Gideon
Managing Editor

The 15th year of the Atoll Cup golf tournament not only served as an opportunity for Kwajalein and Roi golfers to get together for a friendly golf competition; it more importantly served as the record breaker for an even 7-7 wins for both teams during Atoll Cup tournaments throughout the years. The Kwajalein and Roi teams take turns hosting the tournament. Last year, the tournament was held on Roi-Namur where the Kwajalein team reclaimed the trophy and brought the overall score to a tie. This year, the Kwajalein team hosted and after an afternoon of tough competition, they got to keep the trophy and bragging rights for the next year.

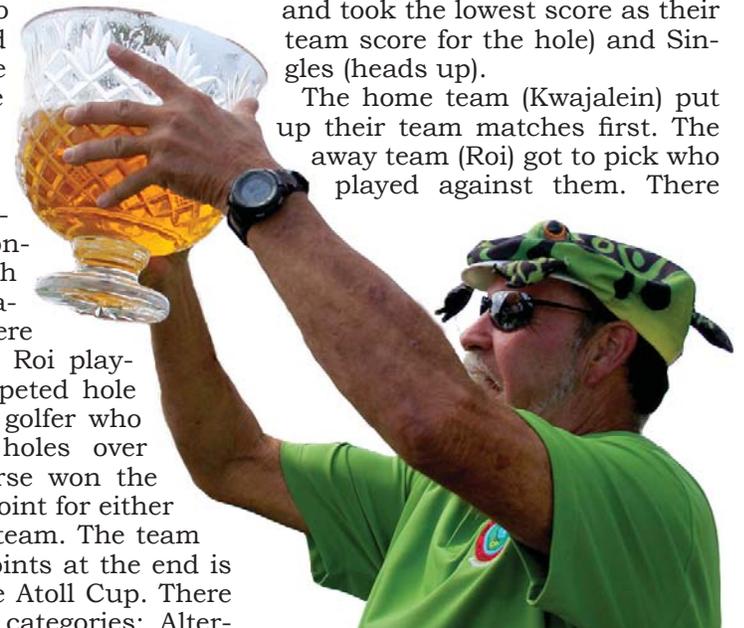
The tournament weekend began with a social at the Vet's Hall on Feb. 16. The Kwaj team prepared

the food while the Roi team put money on the bar, hoping to entice the Kwaj team to stay out late and be tired for the tournament the following day.

The Atoll Cup commenced on Sunday. The tournament was conducted in a match play format. Kwajalein players were matched against Roi players. Golfers competed hole by hole and the golfer who won the most holes over the 18-hole course won the match and one point for either the Kwaj or Roi team. The team with the most points at the end is the winner of the Atoll Cup. There were three play categories: Alternate Shot (teammates took turns hitting the ball), Two-Person Best

Ball (players played their own ball through the hole, compared scores and took the lowest score as their team score for the hole) and Singles (heads up).

The home team (Kwajalein) put up their team matches first. The away team (Roi) got to pick who played against them. There



Kwajalein golfer Vernon Adcock raises the Atoll Cup in victory.

Atoll Cup Results

KGA Wins RNCC Wins

1996	1998
1997	1999
2000	2001
2004	2002
2005	2003
2006	2007
2012	2008
2013	

*Note: The Atoll Cup was not played in 2009, 2010, 2011

is a strategy to how you match up players. This year, Roi decided to try to get into the heads of low handicap players like Mark Kaneko (4 handicap) and Tracy Hampson (9 handicap) by pairing them with Roi players Jerry Wilken (36 handicap) and Jeff Fluhrer (33 handicap). Over 18 holes, Kaneko had to give Wilken 32 strokes. It made for a tough game and the Roi strategy paid off; both Wilken and Fluhrer won their singles matches.

Roi's pairing in the Alternate Shot category was not as successful. The Kwajalein teams swept the entire category, winning all five matches. Kwaj teammates Rhina Hampson and Kim Parker came back from a three-hole deficit and had to win on hole 18 to gain a Kwaj point, which they did.

The Better Ball category was split. Each team won two of their matches.

It came down to the Singles matches to determine who won the cup. Kwajalein gained their ninth and final point needed to win with a chip-in birdie by Paul Allas on hole 15, taking the match from Kenny Leines. Jon Jahnke went on to beat Mark Long, giving Kwaj 10 points to Roi's 7. The Kwajalein team waited on hole 18 for the last team to finish and celebrated their win together.

As is tradition, they filled the Atoll Cup with a victory beverage and passed it around to Kwajalein teammates to take a sip. The tournament ended with lunch cooked by the Kwaj team and a lot of smack talk about this year's tournament and of course, next year's, where the Roi team hopes to exact their revenge on home turf.



Both the Kwajalein and Roi teams celebrate a successful and fun golf tournament held Sunday at Holmberg Fairways on Kwajalein.



Roi Rats Invade Kwajalein

Top left, Robin Badayos. Right, Deb Crawford. Bottom left, Sung Whitehead.

DISPATCH FROM ROI



Roi residents enjoy food and music at sold out Valentine dinner

Article and photos by **Laura Pasquarella-Swain**
Roi Community Activities Manager

Café Roi and Community Activities sponsored a fabulous dinner together at the Roi-Namur Scuba Shack on the evening of Feb. 16. With a sold out venue and Delaney Davis playing her acoustic guitar, this dinner was a true romantic Valentine dinner. The atmosphere was set with decorations done by the Café Roi women and Community Activities.

The dinner menu was wonderfully done by Café Roi Manager Jim Bell, Café Roi Supervisor Carol Rivard and their entire staff. Talk about a group of pros! The dinner started out with homemade crab stuffed ravioli made in heart shapes by Bell, then followed with a tomato and onion salad, steak and shrimp and a medley of roasted vegetables. Dessert was a trio of homemade delectable delights. What a treat for everyone who purchased tickets to this wonderful meal.

A few eagle rays and a turtle decided to join us at cocktail hour. Guests were delighted to see the rays playing about in the water.

Delaney Davis played her beautiful music during the cocktail hour and again after dinner was served. Everyone thoroughly enjoyed the dinner and the entertainment. It was a great start to a long weekend.



Joe Coleman, Shelley Easter, Stacy Helt and Mary Stone enjoy cocktails before dinner.



Café Roi crewmembers, from left, Tony Rubon, Ronita Erakdrik, Lynn Kobeny and Rosemary Lobak.



Even the tables were beautiful at dinner.



Café Roi's crew prepares a trio of homemade desserts for diners to sample after dinner.



Delaney Davis entertains guests during the cocktail hour and again after dinner service.

View from Kwaj

We need your submissions to keep this page full! Email to: usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil



From Clara Winkler



From Mary Long



From Sheila Gideon



From Sheila Gideon



From Chris Delisio



From Sheila Gideon

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

KRS EMPLOYMENT applications are continually accepted for casual positions in the community services departments, medical department and the HR temp pool. Some of the casual positions are recreation aid, medical office, substitute teacher and HR temp pool office support. Questions, call 54916.

WANTED

FOLD-IT BRAND TRAILER, used or with broken hitch. Call 52525.

FOUND

EARRING, in front of the High School on Feb. 11. Call 52371 to identify.

PATIO SALE

TODAY, noon to 4 p.m., and March 2, 7 a.m.-noon, quarters 455-B, at rear of unit. PCS sale, various household, kitchen and bath goods, under-counter fridge, microwave, omni-directional TV antenna with coax, bed-

ding accessories (duvet cover and feather-bed), outdoor area rug, large potted ficus tree, clothing, bicycle parts, miscellaneous boating gear and repair parts, hand and power tools, art supplies.

FOR SALE

SCUBAPRO EVERFLEX 3/2 WETSUIT, 191-194 cm long, good if you're over six feet tall, never used, still has tags on it from the dive shop, retails for \$230, will sell for \$100 or best offer. Call Jake at 52335.

INTOVA 14MP DIGITAL CAMERA and 180-foot waterproof housing, compact torch flashlight, 16 GB ultra high-speed memory card, neoprene case, handstrap, floating camera strap, cleaning kit and more, \$300; bike basket, large rear twin, \$40. Call 51655.

LOVE SEAT, wine-colored, with fold out single bed and matching ottoman that opens into big storage, \$200; five shelves, black, stacked, tiered, rolls, \$25; black metal patio table with mesh top and two matching chairs, new, \$85; guitar with soft case and stand, \$50; silver metal and wooden adjustable IKEA shelves and hanger rods, \$75; blue and white striped comforter, \$20; upright vacuum, \$50; 3-cup rice cooker, \$5; two sets of snorkels and fins, \$20 each; two bedside lights, new with replacement bulbs, \$20; deep freeze, \$130; microwave, \$25; spring-loaded corner shower shelf, \$5; storage dishes, \$2-\$4; 3-speed bike, black, big basket in front and saddle bags on back, cup holder attached, very good condition, \$250; rebuilt bike trailer, needs hitch, \$20. Call Lavinda at work at 52650 or home at 52420.

IPOD TOUCH, fifth generation, pink, 64 GB, 4-inch retina display, 5MP camera, includes Apple earpods, one month old, perfect condition, prefilled or reset to factory settings, \$300. Call James at 53143.

REBUILT SUN BIKE, very little rust, new chain, saddle baskets, new tires and tune-up, \$175; 32-inch Sceptre HD flatscreen TV, \$200; snorkel gear, \$20; kitchen appliances. Call 52729, 5:15-9 p.m., Tuesday-Saturday, or anytime Sunday or Monday, or email akjdubay@yahoo.com.

PIRATE PARTY GOODS, inflatable, birthday banner, photo banner, candles, treasure chests, plates and lots of favors. Call 55176.

RECLINER, \$25, queen mattress and box springs, \$100. Call 53119.

TWO REFRIGERATORS, 2 cubic feet, \$40

each; recliner, \$25; piano, \$400; hot tub, \$2,000; 7.5-foot Christmas tree, \$50; ice cream freezer, \$20; small desk, \$10; tempered glass table top, 44x79-inch, free; 25-inch stool, \$10; yogurt maker, \$20; waffle maker/sandwich grill, \$10; indoor ceiling fan with light, \$25; clamshell fountain, \$25; plants including orchids, desert rose, fan leaf palm, giant bird of paradise. Call 51684.

MEN'S LARGE BCD, Sherwood Avid with Atomic SS1 Safe Second, \$270. Call 53018 and leave a message.

EPIPHONE G-400 SG GUITAR, tobacco burst, \$200; Fender Mustang III 1x12 modeling amp, \$200; Line 6 Spyder III 1x10 amp, \$100. Call Jeff at 52741.

TOASTER OVEN, Black and Decker, nice, \$50; Nitrox scuba tank, large, \$300 or best offer; 18-speed Specialized 700-cm bike with tools, \$300. Call Sam at 51731.

PROLINE 23-FOOT POWERBOAT, excellent condition, with Suzuki 250 HP 4-stroke, low hours, 15 HP Mercury kicker, aluminum hardtop, aluminum trailer with new wheels, plenty of tools and maintenance materials, fast, sturdy, in great shape for diving, fishing, water sports or cruising, \$35,000 or best offer. Call Dick at 51684 or email richard.cheryl.shields@gmail.com.

CHEOY LEE SAILBOAT, 26 feet, in the water and ready to sail, 12HP inboard diesel, Lavac marine head, Lewmar self-tailing winches, mooring inside harbor, \$8,500. Email bridget.helm@outlook.com.

COMMUNITY NOTICES

SOLO GUITARIST DELANEY DAVIS will perform at 8 p.m., Sunday, at the Vet's Hall. Come enjoy live music compliments of the Quality of Life Fund.

THE KWAJALEIN YACHT CLUB will hold its monthly meeting tonight. Happy hour is at 5:30 p.m., meeting is at 6:30 p.m. Pulled pork dinner will be at 7 p.m., bring a side dish to share. Membership drive is underway, new members are welcome. Questions contact Ed at commadore@kwajyachtclub.com.

SUNDAY NIGHT STEAK DINNER, 6:30-9:30 p.m., Sunday, at the Vet's Hall. Tickets are \$35 and are available at the Vet's Hall or from American Legion Post #44 members. Dinner includes a generously sized ribeye steak, baked potato, vegetable and soda or water. Questions? Contact Mike Woundy.

Religious Services

Catholic

5:30 p.m., Saturday, Small Chapel

9:15 a.m., Sunday, Island Memorial Chapel

Roi-Namur service, 7 p.m., Second and Fourth

Friday of each month. Appointments with Fr. Vic

available after dinner

Protestant

8 a.m., Sunday, Traditional Service

9:15 a.m., Sunday, Spiritual Gifts Class

10:45 a.m., Sunday, Contemporary Service

All services at Island Memorial Chapel

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Contact the chaplain's office at 53505 for more information.

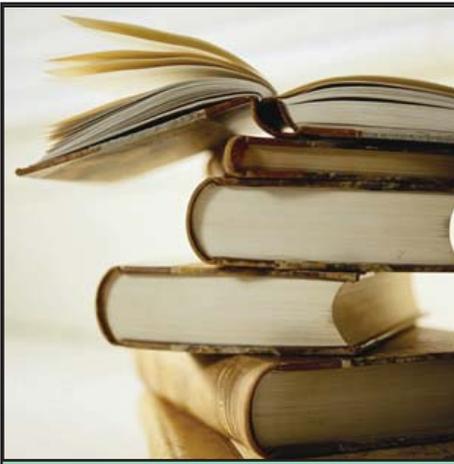
Captain Louis S. Zamperini Dining Facility

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 2
Carved London Broil	Herb Chicken Breast	Breaded Pork Chop	Grilled Cheese	Sliced Roast Beef	Mini Taco Bar	Meat Lasagna
Crab Benedict	Quiche Lorraine	Onion Gravy	Beef Stew	Buffalo Wings	Beef Tips Burgundy	Vegetable Lasagna
Ham Marco Polo	White Rice	Macaroni and Cheese	Chicken Strips	Mashed Potatoes	Brown Sugar Salmon	Garlic Toast

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 2
Huli Huli Chicken	Swedish Meatballs	Roast Turkey	Roast Top Sirloin	Stir-fry to Order	Chicken Stew	Hamburger Steak
Fried Rice	Chicken Stir-fry	Gravy and Stuffing	Roast Chicken	Italian Baked Chicken	Grilled Pork Chop	Tuna Casserole
Vegetarian Pasta	Savory Island Rice	Mashed Potatoes	Onion Rings	White Rice	Lyonnais Potatoes	Jalapeño Poppers



George Seitz Elementary PTO Book Fair

Friday, Elementary Coconut Room

Come shop for adult and children's books, travel books and games. Enjoy treats and beverages while you shop!

Donations of gently used books (children and adult) and games are still being accepted and can be dropped off at the elementary school office.

THE PINEWOOD DERBY, presented by Cub Scout Pack 135, will be 1-4 p.m., Monday, at the MP Room.

FAIRY TALE DAY will be at 10 a.m., Wednesday, at Grace Sherwood Library. Wear your best princess dress! Call CA at 53331 with any questions.

MANDATORY ISLAND ORIENTATION is 12:30-4:30 p.m., Wednesday, at CAC Room 6. Arrive 10 minutes early to sign in and be seated by 12:30 p.m. It is required for all new island arrivals, but is not recommended for dependent children under the age of 10. Questions, call the meeting facilitators at KRS Environmental, Safety and Health at 51134.

KWAJALEIN ATOLL International Sportfishing Club meeting will be held Wednesday, at the Pacific Club. Food and beverages will be served at 6:30 p.m., meeting will start at 7 p.m. All anglers welcome to attend.

UNITED ALERT: City Ticket Office Ticketing Service Fee—Effective Thursday, the ticketing service fee will change to \$25 per ticket. This applies to tickets purchased at the Kwa-

jalein City Ticket Offices.

THE BARBER/BEAUTY STYLIST will be on Roi on the following dates: March 12 and 26.

STARTING FRIDAY, Small Boat Marina summer hours are 1:30-6:30 p.m. on Saturdays, and 8 a.m.-6:30 p.m. on weekends.

STATIONS OF THE CROSS at 6 p.m., Friday evenings throughout March, at Blessed Sacrament Small Chapel. Simple supper of soup and bread served afterward. Questions? Contact Fr. Vic at 53505.

DURING THE LENTEN SEASON, the Zamperini Dining Facility will be offering deliciously prepared fish and vegetarian dishes during the lunch meal service every Friday. Also available will be deli tuna wraps.

REGISTER NOW for March Learn To Swim. Session dates are March 6-29, at the Family Pool. Class times are Wednesdays and Fridays, Levels 3, 4, 5 at 3:45-4:15 p.m.; Levels 1, 2 at 4:30-5 p.m. Cost is \$50. Register at the Family Pool. Participants must be at least 4 years old. Registration deadline is March 2. Questions? Call Mark at 52848.

KWAJALEIN RUNNING CLUB'S 33rd Annual 'Downwind Dash' 1-mile run will start at 5 p.m., March 4, near the golf clubhouse. Arrive by 4:45 p.m. to sign in. No pre-registration required. Non-members are very welcome to join. The course is a 1-mile, straight line towards the Shark Pit, 100 percent wind aided. Questions? Call Bob and Jane at 51815, or Ben and Linn at 51990.

LADIES GOLF CLINIC, Thursday nights at 5 p.m., starting March 7. Registration is \$40 for four weeks. Contact Tony Savage for details at 53768 or email Anthony.a.savage7.ctr@mail.mil.

THE KWAJALEIN SCIENCE FAIR will be taking place in the MP Room on May 8. If your child is interested in entering the fair, more information and an application are available in the high school or elementary office. Applications for the fair are due by March 9. Cash prizes will be given to top science projects in the categories of Research, Problem-Solving/Engineer and Informative projects. Entrants are by age, with K-5, 6-8 and 9-12 grade students competing against each other.

CYSS YOUTH SOCCER IS open to boys and girls grades K-6. Registration ends March 9. Program dates are March 26 to May 23. Cost is \$40. Stop by CYSS Central Registration Office, Building 358 to register. Call Coach Katie

at 53796 for information.

START SMART SOCCER 2013. The Start Smart program teaches children ages 3-5 the basic motor skills to play soccer, working one-on-one with their parents. Registration ends March 9. Program dates are April 10 to May 15. Contact Coach Katie at 53796 for information.

WOODSHOP SAFETY ORIENTATION class will be held 6-8 p.m., March 12, at the Hobby Shop. The cost is \$10 per person. Closed toed shoes are required. Call 51700 to register.

THE UNIVERSITY OF MARYLAND University College announces 2013 Spring 2 Session registration is now open. Registration ends March 13. Session dates: March 18 to May 12. Schedules can be viewed by visiting the website <http://www.asia.umuc.edu/>. Need help? Email the Asia office at de-asia@umuc.edu or call or visit the Kwajalein office at 52800, Coral BQ, Room 1.

CYSS YOUTH BOWLING LEAGUE is open to boys and girls age 7 through grade 6. Space is limited. Registration ends March 26. Program dates are April 12 to May 24. Stop by CYSS Central Registration Office, Building 358 to register. Call Coach Katie at 53796 for information.

IF YOU ARE 13 or will be in the next six months, and you would like to be added to the CYSS Babysitter List, call Susannah at 53610 or email susannah.e.prenoveau.ctr@mail.mil to sign up for the 4-H Babysitter Training Class. The training will take place April 5-6 from 9-11 a.m. and 12:30-3:30 p.m.

BOX TOPS FOR EDUCATION are still being collected! Clip box tops from participating food items and send them to school with your children or drop them off at Surfway's bulletin board. The Box Tops will help support the Ri'katak student lunch program.

ENERGY CONSERVATION: Use lights only when you need them. Turn lights off in unoccupied areas, including patio lights when you go to bed. Use energy-saving compact fluorescent lights – they last much longer and you won't have to change them as often, and they are free at Self Help.

E-TALK: The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources. Visitors are not allowed without consent from USAKA.

SAFELY SPEAKING: Safe Lifting: The best methods of lifting is by using a mechanical device that is load rated for your task.

<i>Café Roi</i>						
<i>Lunch</i>	Monday	Tuesday	Wednesday	Thursday	Friday	March 2
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 2
Peking Pork Chop	Pepper Steak	Baked Penne	Hamburger Steak	Szechwan Pork	Cajun Fish Wrap	Beef Tacos
Coconut Basil Chicken	Pesto Glazed Ono	Spinach & Feta Pie	Macaroni and Cheese	Huli Huli Chicken	Grilled Pork Chops	Chicken Enchilada
Eggs Benedict	Quiche Florentine	Rosemary Potatoes	Mashed Potatoes	Vegetable Stir-fry	Mashed Potatoes	Pinto Beans
<i>Dinner</i>	Monday	Tuesday	Wednesday	Thursday	Friday	March 2
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	March 2
Shoyu Chicken	Chicken and Dumplings	Pork with BBQ Sauce	Roast Steamship	Roi Fried Chicken	Eggs to Order	Roast Tri-tip
Kahlua Pork	French Braised Beef	Cornmeal Catfish	Herb Chicken	Parker Ranch Stew	Pancakes	Herb Baked Fish
Spicy Asian Noodles	Au Gratin Potatoes	Red Beans and Rice	Baked Potatoes	Mashed Potatoes	Bacon and Sausage	Mushroom Rice Pilaf



BOWLING

Tuesday, Feb. 12

South of Sanity def. 3 Men & a Lady	5-2
Crabaholics def. Sliders	7-0
We Fly Pumpkins def. Just Like That	5-2

TOP BOWLERS - MEN
Steve Simpson: 237

Tyrone Moxie: 232

Tony Savage: 220

TOP BOWLERS - WOMEN
Patrice Kramer: 187

Hillary Berry: 134

Jamie Stevenson: 129

STANDINGS	Just Like That	16-5
	We Fly Pumpkins	16-5
	Crabaholics	13-8
	South of Sanity	10-11
	3 Men & a Lady	5-16
	Sliders	3-18

BASKETBALL

Friday, Feb. 15

Icey Hot def. hOOPS!	70-55
Yokwe def. SJC	56-16
K-Town def. Ol' Boozers	32-30



STANDINGS

<u>School League</u>	
Bako	2-1
SPIW	2-1
D-Up!	2-1
Jawks	0-3
<u>Adult League</u>	
Icey Hot	3-0
hOOPS!	2-1
Ball Trackers	2-1
Yokwe	2-1
K-Town	2-1
Ol' Boozers	0-3
SJC	0-4

WATER POLO

Saturday, Feb. 16

Turbo Turtles def. Ebeye Swim Team	39-28
Chargogg def. Zissou	38-10
Lacedaemonians def. USAKA Splash	45-14

STANDINGS

Chargogg	4-0
Zissou	2-2
Turbo Turtles	2-0-1
Lacedaemonians	2-1
USAKA Splash	1-2
Toy Boat Toy Boat	0-2-1
Ebeye Swim Team	0-4

Season high scorers

Adam Vail, 41 goals
Stan Jazwinski, 23 goals
Tommy Ryon, 22 goals

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	<10%	ENE-E at 16-19 knots
Monday	Mostly Sunny	<10%	ENE-E at 13-17 knots
Tuesday	Mostly Cloudy	10%	ENE-E at 15-18 knots
Wednesday	Mostly Cloudy	10%	NE-ENE at 17-20 knots
Thursday	Mostly Sunny	<10%	NE-ENE at 18-22 knots
Friday	Mostly Sunny	<10%	NE-ENE at 18-22 knots

Yearly total: 1.67 inches
Yearly deviation: -4.70 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	7:05 a.m. 7:00 p.m.	5:35 p.m. 5:26 a.m.	3:43 a.m. 3.5' 3:52 p.m. 4.4'	9:38 a.m. -0.2' 10:10 p.m. -0.5'
Monday	7:04 a.m. 7:00 p.m.	6:25 p.m. 6:10 a.m.	4:11 a.m. 3.9' 4:21 p.m. 4.7'	10:08 a.m. -0.5' 10:36 p.m. -0.8'
Tuesday	7:04 a.m. 7:00 p.m.	7:15 p.m. 6:54 a.m.	4:39 a.m. 4.2' 4:50 p.m. 4.8'	10:39 a.m. -0.7' 11:04 p.m. -0.9'
Wednesday	7:04 a.m. 7:00 p.m.	8:05 p.m. 7:39 a.m.	5:08 a.m. 4.4' 5:20 p.m. 4.8'	11:10 a.m. -0.8 11:32 p.m. -0.9'
Thursday	7:03 a.m. 7:00 p.m.	8:57 p.m. 8:24 a.m.	5:38 a.m. 4.5' 5:50 p.m. 4.6'	11:43 a.m. -0.8' -----
Friday	7:03 a.m. 7:00 p.m.	9:51 p.m. 9:11 a.m.	6:10 a.m. 4.5' 6:22 p.m. 4.3'	12:01 a.m. -0.8' 12:17 p.m. -0.6'
March 2	7:02 a.m. 7:00 p.m.	10:47 p.m. 10:00 a.m.	6:44 a.m. 4.4' 6:57 p.m. 3.9'	12:31 a.m. -0.6' 12:54 p.m. -0.3'