

THE KWAJALEIN HOURGLASS



Manit Day, a celebration of Marshallese culture, was marked on Kwajalein Monday. For more, see page 6.

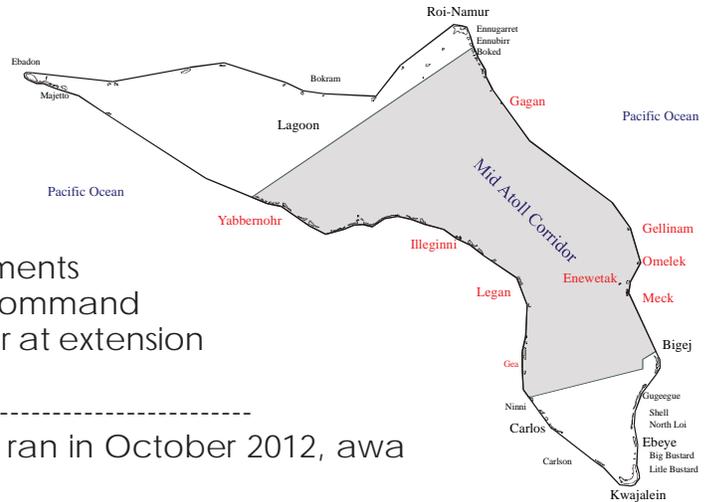
Photo by Catherine Layton

Mission announcement for Kwajalein Atoll

A range operation is scheduled for Oct. 15 and Oct. 19, caution times are 3-7 p.m. on each of these days.

The mid-atoll corridor will be closed and restricted from 4 p.m, Oct. 11 through Oct. 19, mission completion, or until released by command safety office.

Questions regarding the above safety requirements for this mission should be directed to USAKA command safety directorate, Kwajalein range safety officer at extension 54121.



Juon ien kokememel enaj koman ilo 15 im 19 ran in October 2012, awa ko rej kauwotota ej jen 3:00 pm nan 7:00 pm.

Mid Atoll Corridor enaj kilok jen 4:00 pm, 11 ran in October ak ma ien enaj dedelok jerbal in kokememel kein ilo 19 ran in October. Ne elon kajitok jouj im kirtok USAKA Command Safety ilo 54121.

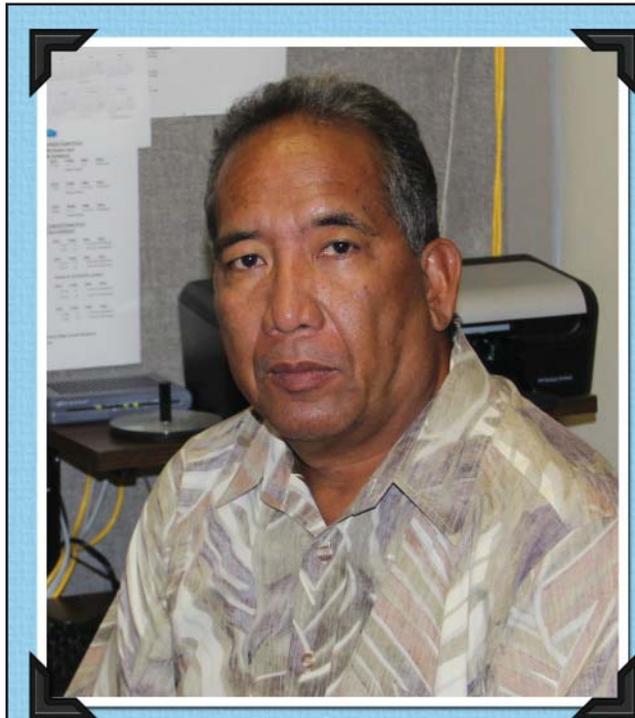


Photo by Chris Delisio

Yokwe!

Lanny L. Kabua and his wife, Angeline, arrived to Kwajalein last week. Kabua assumed his newly assigned role of head of the Republic of the Marshall Islands Liaison Office at Kwajalein. He will serve as the RMI Representative to U.S. Army Kwajalein Atoll. He was previously at the RMI Consulate in Honolulu, Hawaii.

The move wasn't too far a stretch for Kabua. He actually is from Kwajalein Atoll, and his Jowi, or clan, is Dri-Kwajalein. Kabua is looking forward to a better, friendly working relationship between the RMI and the United States.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Govern-

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KRS continues favorable relationship with RMI NTC

By Catherine Layton
Associate editor

Kwajalein Range Services president Cynthia Rivera met recently with Allison Nashion, the newly appointed director of the Republic of the Marshall Islands National Training Council to discuss how the two organizations can do more to provide training opportunities for RMI employees. Harden Lelet, KRS special assistant for RMI affairs and NTC board member, was in attendance as well.

The introductory meeting enabled talks about what the future holds and where the NTC intends on taking the board. "The focus and the objective of the NTC is mainly trying to come up and reshape training opportunities for the RMI workforce. We discussed the KRS Marshallese Training and Employment Program, as well," said Lelet.

The MTEP can work in concert with the NTC to provide opportunities for the current KRS Marshallese workforce. "NTC has RMI government money that goes towards paying for training of RMI citizens. That is a benefit to both the citizens and KRS as well if the workers that are trained are in disciplines where we are seeking qualified candidates," said Rivera. After going through training, they are considered preferred candidates.

KRS has also utilized the training funding in cooperation with the NTC to send KRS RMI employees to training. KRS will pay for travel expenses and the actual course is paid for by NTC. A recent example was the radar training. "Late last year, we had seven certificates that were awarded at marine services, and they were specifically for marine radar operators and radar observer endorsements," said Michelle Novotny, KRS employee relations manager.

While the NTC wants to provide training to RMI citizens so they have the skills to be employable, KRS is interested in providing training for current employees, and having a qualified candidate pool.

Part of the MTEP includes building a monthly report tracking how many promotions are accomplished on a monthly basis for the RMI workforce. Also tracked is how many positions that were previously off-island contractor positions, how many are being converted and are getting filled with RMI workers. "We have set goals that have been established for each contract year. To date, we have exceeded the goals that are set each year. We want to show that we are softening our footprint on Kwajalein and helping our RMI workforce become more self-sufficient," said Novotny.

"What was accomplished in our last contract year was we promoted 49 RMI workers into positions of greater responsibility. We had a goal of converting two contract positions to qualified RMI workforce, and we actually filled six positions. It is a good success story," said Novotny.

Both the NTC and MTEP want

to increase awareness of the programs as well. "We are seeking input for additional opportunities for training where the need arises," said Rivera.

Outside of the purview of training, KRS has a scholarship program for RMI high school graduates whose parent works for the contractor.

This past June, nine high school graduates from Ebeye schools were awarded scholarships totaling \$6,500 from KRS. One student from Calvary, six from Kwajalein Atoll High School and two from Seventh Day Adventist were recipients. The scholarship amounts ranged from \$500 to \$2,000. The money for the awards comes from the KRS parent companies, Bechtel and Lockheed Martin.

"This is the third year KRS has done this, and we have expanded the amount each year, in order to help more students each year. Our goal is to contribute positively to the community," said Rivera.

Senior management traveled to Ebeye for the presentations, and met with the families and the students. "We brought over refreshments. We all spoke. They were all so grateful," said Lelet.



Photo courtesy of Krystal Peterson

Members of the Kwajalein Range Services senior management team stand with recipients of the 2012 scholarships, presented in a ceremony in June. KRS awarded nine Kwajalein Atoll graduates with scholarships totaling \$6,500.

35th annual Columbus Day Run hosts large turnout, broken records and barbecue

By Bob Scholar
KRC contributor

One hundred and ten or so runners and walkers lined up on Lagoon Road at Namu Weto Youth Center in the pre-dawn darkness on the observed Columbus Day Holiday Tuesday. The field included approximately 40 Atoll visitors, so the course was reviewed in more detail than usual. The start got off a little after 6 a.m. Eighteen participants completed two island perimeters, or 13.04 miles, and the rest did one loop at 6.52 miles, with some changing their minds on the way. All witnessed a beautiful sunrise from the golf course vicinity.

Highlights included local ninth grader Michael Sykes, who was the runaway winner at two loops in 1:41:23, missing that age group record set back in 2000 by just under a minute. Two ladies tied for first at 13.04 miles; training buddies Alex McGlenn and Christie Cardillo in

1:57:29.

A division record was broken by Ray Drefus, who lowered Jack Carey's 2010 Social Security eligible record from 2:28:12 to 2:24:54. SSEs are age 62 and above. For the one-looper, the first place male was Shawn Hebert in 47:35, for the second year in a row. First one-looper for the ladies was Krystal Peterson in 48:46.

Of the speedier performances by a visiting soldier was Jason Albright's 48:06, which took first in the Men's Masters Division for one loop and Michael Schoenbeck's 1:53:16, which was second overall for two loops.

Participants, families and friends gathered at Emon Pavilion at noon after the race, for presentation of certificates and custom T-shirts and also enjoyed a holiday barbecue.

Half a dozen Kwajalein Boy Scouts with their leaders graciously staffed two course-side water stations, handing very cold and appreciated water to the participants.

First place finishers by division

13.04 Miles:

Female Master (40+)	
Kathy Reith	3:37:09
Female Open (20-39)	
Alex McGlenn	1:57:29
Christie Cardillo	1:57:29
Male Master (40+)	
Mike Savage	1:57:17
Male Open (20-39)	
Michael Schoenbeck	1:53:16
Male Teen (13-19)	
Michael Sykes	1:41:23
Social Security Eligible (62+)	
Ray Drefus	2:24:54

6.52 Miles:

Female Master (40+)	
Karen Brady	1:04:40
Female Open (20-39)	
Krystal Peterson	0:48:46
Female Teen (13-19)	
Hannah Delange	1:03:44
Female Youth (1-12)	
Julia Sholar	1:06:05
Male Master (40+)	
Jason Albright	0:48:06
Male Open (20-39)	
Shawn Hebert	0:47:35
Male Teen (13-19)	
Kendall Westhoff	0:51:06
Male Youth (1-12)	
Ben Jahnke	1:08:24



Photos by Richard Sykes

Training buddies Christie Cardillo and Alex McGlenn tied for their division at 1:57:29.



Seventh grader Ben Jahnke took the male youth division with a time of 1:08:24.

SOCCKER RESULTS

MEN'S LEAGUE

WEDNESDAY, OCT. 3

FC SWOLLEN VS. SPARTANS - 4 - 2

FC Swollen: Chad McGlenn - 4

Spartans: Austin Wiley - 1, Dave Bonham - 1

LOCALS VS. CRUSH - 10 - 1

Locals: Ted Glynn - 3, Curtis Childress - 3,
Tommy Ryon - 2, Luis Loma - 2

Crush: Mike Sakaio - 1

FRIDAY, OCT. 5

SPARTANS VS. LOCALS - 1 - 0

Spartans: Ben Tavutauwale - 1

Locals: No goals

CRUSH VS. FC SWOLLEN - 4 - 3

Crush: Travis Cornett - 3 (hat trick), Josh Horton - 1

FC Swollen: Chad McGlenn - 2, Steve Williams - 1

WOMEN'S/CO-ED LEAGUE

TUESDAY, OCT. 2

SPARTANS I VS. SPARTANS CO-ED - 6 - 3

Spartans I: Annie Hepler - 2, Mary McPhatter - 4

Spartans Co-Ed: Manini Kabua - 1, Auguston Lelet - 1, Elliot Baldy - 1

SPARTANS II VS. KAT - 1 - 1

Spartans II: Leightyn Cossey - 1

KAT: Angela Banducci - 1

THURSDAY, OCT. 4

GO GREEN VS. SPARTANS I - 4 - 3

Go Green: Pam Melinauskas - 2, Melina Lake - 1, Krystal Peterson - 1

Spartans I: Annie Hepler - 3 (Hat Trick)

SPARTANS CO-ED VS. SPARTANS II - 3 - 1

Spartans Co-Ed: DeVante Floor - 3 (Hat Trick)

Spartans II: Leightyn Cossey - 1

TEAM STANDINGS

MEN'S LEAGUE

Spartans: 5-2-1

Crush: 5-3

Locals: 3-5

FC Swollen: 2-5-1

WOMEN'S/CO-ED LEAGUE

Spartans I: 5-1-1

Go Green: 4-1-1

K.A.T.: 2-3-1

Spartans II: 2-3-1

Spartans Co-Ed: 1-6

As of Oct. 5

Sparky and Fire Pup visit Kwaj for Fire Prevention Week



Photos by Catherine Layton and Julie Wathen

Fire Prevention Week 2012

The third annual Fire-Muster Obstacle Course!

Register your team NOW!

Kwajalein: 1-4:30 p.m., Oct. 27
Roi-Namur: 1-4:30 p.m., Nov. 3

Contact Diane Swanby at the Fire Station. 53364

Thumbs Up!



... to Harden Lelet, Karen Brady and all the organizers of the Manit Day festivities at the Cultural Center. It was a pleasure seeing the dances, tasting the foods and attempting weaving.

... to the Boy Scouts for providing water stations during the Columbus Day Run. We were so happy to see you when we needed you!

... to Stacey Kaluhiokalani for organizing a great KST Fundraiser! You did a fabulous job bringing everything together!

... to the furniture warehouse for outstanding customer service. They are always so friendly and accommodating.

... to the Automotive Department, scooter maintenance and vehicle wash guys for prompt, friendly service.

... to Joe Logan, for his honesty and sportsmanship on the soccer field.

Manit Day 2012

Article and photos by Catherine Layton
Associate editor

Though we live in an extraordinary place, many times we tend to overlook opportunities afforded us at our unique locale. Manit Day is a celebration of Marshallese culture, and Kwajalein residents were treated to a fascinating glimpse into our host nation's exceptional traditions Monday.

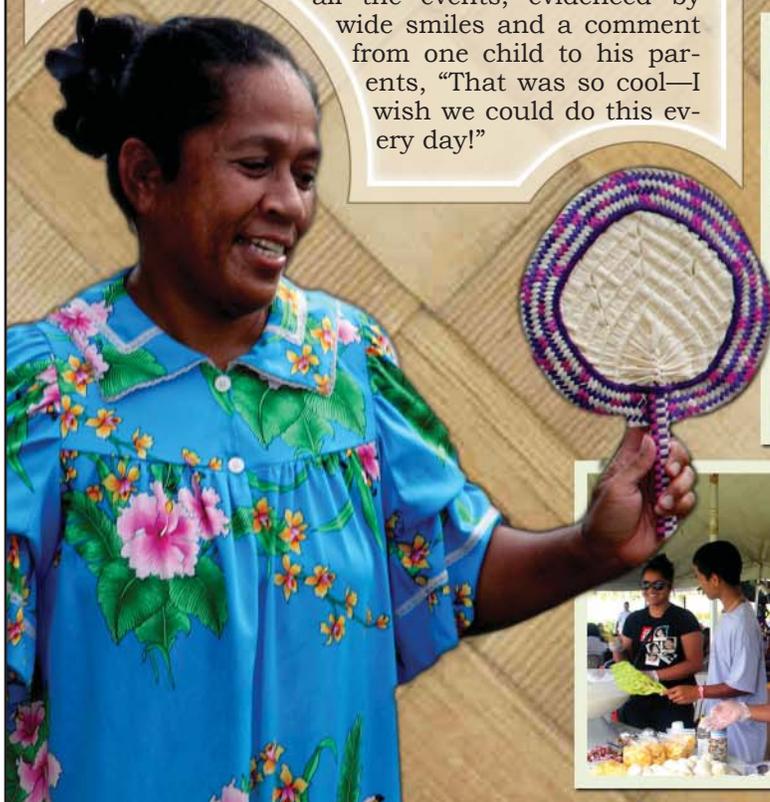
The festivities were guided by Harden Lelet, president of the Marshallese Cultural Center. Maj. Alonzo Garcia, director of Host Nation Activities, and Col. Shannon Boehm, Commander of U.S. Army Kwajalein Atoll, welcomed everyone to the event, and thanked the Marshallese representatives who headed up the cultural demonstrations, prepared and served the foods and to the performers of the songs and dances. Col. Boehm also introduced and welcomed the new Republic of the Marshall Islands liaison to USAKA, Lanny Kabua.

Fredly Mawilong addressed the audience on behalf of Senator Iroj Michael Kabua, and described what Manit Day represents for the Marshallese. Kabua spoke of their historic traditions, and of their ways of honoring their heritage.

To begin the cultural events, Kwajalein students were invited to compete in a Manit Day poem contest. Dory DeBrum and Roanna Zackhras, the two winners, read their poems to the audience. Then the music began, performed by Ebeye's Mon La Mike Band. They accompanied three dance groups, including Kwoj Bok Non Won, from Ebeye, who performed dances with motions emulating weaving, canoeing and food preparation. The Marshallese Women's Jinetiptip Club from Kwajalein was up next and invited some USAKA wives, including Jeri Boehm, Paelasi Sakaio, Angeline Kabua and Christina Garcia to participate. Finally, the RiKatak students from the Kwajalein schools performed their dance, inviting their school teachers and the commander and his wife to learn a couple of the moves as well.

Throughout the event, spectators were shown demonstrations of weaving, coconut husking and fire making. People were introduced to gastronomical delights like coconut rice balls and pandanus

fruits. Everyone seemed to enjoy all the events, evidenced by wide smiles and a comment from one child to his parents, "That was so cool—I wish we could do this every day!"





DISPATCH FROM ROI



Hey, Roi Residents!

The Hourglass would love to hear from you. Send us your stories, poems, photos or ideas for stories you'd like to see in the Hourglass. Send your submissions to:

Hourglass@smdck.smdc.army.mil

Photo by Louis Jezsik

Jezsik



Military Casualties

Warrant Officer Joseph L. Schiro, 27, of Coral Springs, Fla., died Oct. 6 in Chak district, Wardak Province, Afghanistan, of gunshot wounds suffered while on dismounted patrol.

Staff Sgt. Justin C. Marquez, 25, of Aberdeen, N.C., died Oct. 6 in Chak district, Wardak Province, Afghanistan, of gunshot wounds suffered while on dismounted patrol.

Sgt. 1st Class Daniel T. Metcalfe, 29, of Liverpool, N.Y., died Sep. 29, in Sayyid Abad, Afghanistan, of injuries suffered when his unit was attacked with small arms fire. The incident is under investigation. He was assigned to the 2nd Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade Combat Team, Caserma Ederle in Vicenza, Italy.

Sgt. Jeremy F. Hardison, 23, of Maysville, N.C., died Oct. 1 in Khost, Afghanistan, of injuries suffered when an insurgent detonated a suicide vest while they were on dismounted patrol. The soldiers were assigned to the 514th Military Police Company, 60th Troop Com-

mand, Winterville, N.C.

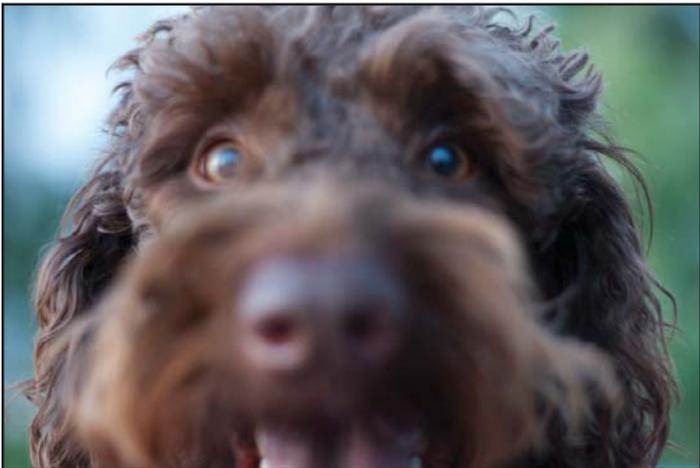
Sgt. Donna R. Johnson, 29, of Raeford, N.C., died Oct. 1 in Khost, Afghanistan, of injuries suffered when an insurgent detonated a suicide vest while they were on dismounted patrol. The soldiers were assigned to the 514th Military Police Company, 60th Troop Command, Winterville, N.C.

Sgt. Thomas J. Butler IV, 25, of Wilmington, N.C., died Oct. 1 in Khost, Afghanistan, of injuries suffered when an insurgent detonated a suicide vest while they were on dismounted patrol. The soldiers were assigned to the 514th Military Police Company, 60th Troop Command, Winterville, N.C.

Sgt. 1st Class Aaron A. Henderson, 33, of Houlton, Maine, died Oct. 2 at Bagram Air Base, Afghanistan, of wounds suffered when insurgents attacked his unit on Sept. 30 with an improvised explosive device in Zombalay Village, Afghanistan. He was assigned to the 2nd Battalion, 5th Special Forces Group (Airborne), Fort Campbell, Ky.

View from Kwaj

We need your submissions! E-mail your photos to hourglass@smdck.smdc.army.mil.



From Leanne Page



From Catherine Layton



From David Awalt



From Catherine Layton



From Cindy Westhoff

HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at www.krsjv.com.

KRS EMPLOYMENT applications are continually accepted for casual positions in the community services departments, medical department and the HR temp pool. Some of the casual positions are recreation aid, medical office, substitute teacher and HR temp pool of office support. Questions, call 54916.

LOST

GERBER MULTI-TOOL in leather pouch. Like losing my best friend! Call 52650 or 52420.

ROOM KEY with yellow plastic tag with number "71" imprinted. E-mail bernie.delgado@f-3com.com.

JOGGING STROLLER, blue and gray, taken from front yard of quarters 467-A. Return or call 52084 with any information.

PATIO SALE

PCS SALE, quarters 442-A, Oct. 21-22, opens at 8 a.m. School supplies, kitchen items, clothing, bookshelves, indoor and outdoor furniture and more. Call 59363 to arrange viewing of large items.

Religious Services

Catholic

5:30 p.m., Saturday, Small Chapel
9:15 a.m., Sunday, Island Memorial Chapel

Protestant

8 a.m., Sunday, Traditional Service
9:15 a.m., Sunday School for all ages
10:45 a.m., Sunday, Contemporary Service
All services at Island Memorial Chapel
Roi-Namur service at 7 p.m., Friday

Latter-day Saints

10 a.m., Sunday, CRC Room 3

Jewish

Second Friday of the month in the REB.
Times will vary.
Contact the chaplain's office at 53505 for more information.

RAIN OR SHINE, Quarters 134-D, Monday, 8-11 a.m. Household/kitchen appliances, women's clothing, plants, inflatable kayak, lots of other miscellaneous items.

FOUND

PAMPERED CHEF covered deviled egg platter, left at the hail and farewell Sept. 29. Call 51982.

SMALL NECKLACE with letter charm in dome housing area. Call to identify/claim 52625.

GIVEAWAY

HP 74 PRINTER CARTRIDGE - extra ink size. Just opened, not used. Will not fit regular HP 74 machines. Call 52504.

WANTED

SONS OF ANARCHY, seasons 3 and 4 to borrow or buy. Call 52084.

ROLLER LUGGAGE BAG in ANY condition. Call 53470.

FOR SALE

47 INCH VIZIO 3D LED TV, 480hz refresh rate, full array LED (not edge lit), internet apps, built in 802.11n Wi-Fi, 10,000,000:1 contrast, Bluetooth remote with qwerty keyboard, 1080P full HD, 5 HDMI, 2 USB, includes 2 pair of active shutter 3D glasses, \$800. Call 52597.

BOOKCASE, \$25; outdoor deck, 8 x 12 foot, \$100; vertical blinds for sliding doors in new housing, excellent condition, \$40; foldable shelving unit, \$25; bathroom cabinet, \$25. Photos available at mini-mall bulletin board. Plants also for sale, 134-D, front or back yard. Call 55987 and leave message.

FISH TANK, 40-55 gallons, acrylic and AeroGarden. Call 59283.

MEN'S HUFFY BIKE, excellent condition \$100. Call 52244.

INFLATABLE BOAT, Apex 11 foot, fiberglass hull with 25 hp Yamaha Enduro two stroke long shaft outboard. Less than 50 hours on motor and purchased new less than a year ago. \$4,400. Contact 55391 or 52789 for details.

PCS SALE, everything must go. Call 54609.

Bissell vacuum, LN, \$140 new, \$50. Call 51675.

PROLINE 23-FOOT POWERBOAT. Why look at the rest, when you can have the best? Priced to sell. Excellent condition, with Suzuki 250 hp 4-stroke, low hours, 15 hp Mercury kicker, aluminum hardtop, aluminum trailer with new wheels, plenty of tools and maintenance materials. Fast, sturdy boat in great shape for diving, fishing, water sports or cruising. \$37,500. Call Dick at home, 51684 or e-mail richard.cheryl.shields@gmail.com.

BURLEY BIKE TRAILER. Covered baby carrier with front jogging wheel and push bar. Good condition, \$75. Call 54216.

PCS SALE, Microwave, \$30; U.S. Robotics USB modem, \$30; Armani Aqua di Gio cologne and aftershave,

unopened, \$45; Tamrac DSLR camera case, small, \$30; Aqua Lung Pro QD BC Men's medium with weights, \$350; Aqua Lung Titan regulator, octopus, Zoop dive computer, analog gauge, compass, \$600; titanium dive knife, \$60; Coleman cooler, 16 quart, with wheels, \$10. Call Jeff at 52222 or 51952.

UNDERWATER CAMERA, Sea & Sea DX-2G, 14.4 megapixel with housing, Sea & Sea YS110-A strobe with arms, focus light, hard pelican case and memory cards. Camera shoots HD video and RAW. \$1250. Call 54212 and leave a message.

PLAYSTATION 3, \$180. Was \$250 new, it's still like new, used rarely as a blue ray player. Owned by an adult. Call 54976.

HALLOWEEN COSTUMES, too many to list. \$10 each. Call 54168.

STAINLESS PROPANE COOKER, new in the box, Bass Pro Shop brand, with 10.5 inch stainless pot. Paid \$70, will take \$60. Call 54168.

HANDLINER 22 FOOT BAYLINER trophy with new fuel efficient twin 90 HP Evinrude Etec with only 40 hours, new steering/electrical, package deal includes all fishing, diving/snorkel gear, camping gear, chest freezer, small refrigerator, tools, fiberglass materials, \$35,000. Contact Gary or Cheryl at 51314.

COMMUNITY NOTICES

CYSS COOKING NIGHT, October open recreation event. 5:45-7:45 p.m., tonight at the CDC kitchen. Cajun shrimp and rice are to be prepared. Free to all CYSS registered Kindergarten through 6 graders. Contact June at 52158 for more information.

FAMILY PUTT PUTT DAY AT HOLMBERG FAIRWAYS 1 - 4 p.m., Monday. Enjoy a day of special miniature golf that is sure to both challenge and delight. New putting challenges available. Admission is FREE! Bounce castle from 1-3 p.m. Hot dogs, water and sodas available for sale inside the Country Club. All ages welcome! Questions, contact Tony Savage at 53768.

THE OCTOBER Kwajalein School Advisory Council public meeting is scheduled for Wednesday at 7 p.m., in the Elementary Coconut room. The public is invited to attend.

A HAUNTED HOUSE COSTUME PARTY hosted by the CYSS High School Keystone Club Oct. 21 at the Namo Weto Youth Center. Pre-K - second grade, 2-3 p.m.; Hay rides from 3-4 p.m.; third - sixth grade, 4-5 p.m. All children must be accompanied by an adult. Activities to include games, crafts and pumpkin giveaways. Contact Jared Barrick at 53796 for more information.

KWAJALEIN YACHT CLUB invites you to a world where no soul escapes...Davy Jones' locker! The 2012 Swash-bucklers' Ball will be 6:30 p.m., Oct. 21, at the KYC clubhouse. Tickets are on sale now, \$25 for members, \$35 for non-members. See Mike Nast, Stan Edwards, William Smith, Jenny Schwartz or Ed Zehr for tickets.

CUB SCOUT REGISTRATION is underway for first through fifth grade. When you sign your son up for Cub Scouting, you're signing him up for much more than an after-school activity. Whether it's camping for the first time or catching his first fish, your son will take part in

Café Pacific

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 20
Carved Hickory Ham	Herb Grilled Chicken	Sloppy Joes	Veal Cordon Bleu	Barbecue Beef	Teriyaki Chicken	Smoked Turkey
Sweet and Sour Chicken	Quiche Florentine	Pork Loin	Herb Wild Rice	Pepperoni/Cheese Pizza	Breaded Mahi Mahi	Reuben
Crab Benedict	Oven Roast Potatoes	O'Brien Potato	Beef Broccoli Stir-Fry	Scalloped Potatoes	Chinese Sesame Noodles	Spaghetti

Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 20
Pot Roast	Turkey Ala King	Salisbury Steak	Grilled Rib Eye Steak	Roast Pork Loin	Beef Stroganoff	Herb Roast Chicken
Boiled Potatoes	Macaroni and Cheese	Chicken Broccoli Stir-Fry	Huli Huli Chicken	Thai Fried Rice	Tuna Melt Sandwich	Chili Mac
White Rice	White Rice	Garlic Mashed Potatoes	Baked Potato	Pea pods/Carrots	Egg Noodles	Au Gratin Potatoes

activities that are fun, but also build character and start him on a path to success. While there are lots of cool badges to earn, the experiences had along the way are the true rewards. Contact Jon Mitchell at 52084 or e-mail jon.d.mitchell@att.net for more information.

SWIM AND COACH'S CLINICS hosted by Marshall Islands Swim Federation and Kwajalein Swim Team from Oct. 16-26. Rick Powers will lead the clinics. He will also be holding swim clinics for adults at the adult pool at the following times: Oct. 18, 6-7 p.m.; Oct. 21, 9-11 a.m.; Oct. 23, 6-7 a.m.; Oct. 25, 4:30-6:30 p.m.; Oct. 26, 6-7 a.m. In addition, there will be opportunities to listen to Rick discuss coaching techniques in a class room setting on Oct. 21 from 2-5 p.m. and on Oct. 22 from 1-3 p.m. Call Amy at 52681 with questions for any additional times and locations.

OCEAN VIEW CLUB BIRTHDAY BASH Oct. 27, 8 p.m. Sign up at the KRS Retail Sales office by Oct. 26. Must be 21 years old. Complimentary drinks and cake for registered October birthdays. Contact Barbara Hutchins at 58228 or Ted Glynn at 53338.

HALLOWEEN PARTY, Oct. 28, come out and celebrate. Show off your best costume! Enjoy music, drink specials and our costume contest! Questions, contact Mike Woundy or Stephanie Finley.

PTO MOTHER-SON OPERATION LASER TAG EVENT! All K - sixth grade boys and their moms Oct. 29 from 4:30-7:30 p.m. at the MP room, food, fun and laser tag games provided, wear tennis shoes and shirts with sleeves.

CYSS START SMART GOLF LEAGUE, registration dates are now through Oct. 27. Season runs from Nov. 7 through Dec. 12. Cost is \$20 per individual. Registration is open to all CYSS registered youth ages 4-7 years. For questions, contact Coach Katie at 53796.

CYSS YOUTH GOLF LEAGUE, registration dates are now through Oct. 27. Season runs from Nov. 8 through Dec. 13. Cost is \$40 per individual. Registration is open to all CYSS registered youth ages 8 through grade 6. For questions, contact Coach Katie at 53796.

CYSS YOUTH FLAG FOOTBALL LEAGUE, registration dates are now through Oct. 27. Season runs from Nov. 7 through Dec. 14. Cost is \$25 per individual. Registration is open to all CYSS registered youth Kindergarten through grade 6. For questions contact Coach Katie at 53796.

THE UNIVERSITY OF MARYLAND College announces Fall session 2 registration. Registration dates are now through Oct. 22. Session dates run from Oct. 22 through Dec. 17. Schedules can be viewed by visiting the website at <http://de.asia.umuc.edu>. Textbooks can be ordered online via UMUC Asia's webText ordering system at <http://webtext.asia.umuc.edu>. Questions, call 52800.

OCTOBER LEARN TO SWIM session dates are now through Oct. 26 on Wednesdays and Fridays at the family pool. Levels 3-5 are from 3:45-4:15 p.m. Levels 1-2 are from 4:30-5 p.m. Cost is \$50. Participants must be at least 4 years old. Register now through Sept. 29 at the Family Pool. Questions? Contact Mark at 52848.

KRS RETAIL SERVICES CATERING is now taking reservations for holiday parties. Reserve now, as dates are limited. You can find a copy of the catering menu on the USAKA Website portal. Contact or Darren Moore



Shaving Cream Social

Oct. 20
Richardson Theater ravine

Times are
4:30-4:40 p.m. for preschoolers
(All who must be accompanied by an adult)
4:40-5 p.m. for kindergarten - second grade
5:10-5:30 p.m. third - sixth grade
5:40-6 p.m. Jr./Sr. high school students

Everyone will receive one free can of shaving cream

Participants are encouraged to wear goggles.
No gel, menthol or mint creams are allowed.
Call 53331 for more information.

at 53445 Ted Glynn at 53338 or Barbara Hutchins at 58228.

POWER OF ATTORNEY AVAILABILITY: Due to reduced personnel during November, if you anticipate needing notary service or a Power of Attorney, call to make an appointment before Oct. 27. Otherwise, services of this type will be limited. November appointments should be made in advance with the USAKA Command Counsel. Call Nelda Reynolds for more information at 53417.

THE OPTOMETRIST, Dr. Chris Yamamoto, will be on Kwajalein to see patients from Oct. 28 - Nov. 8. Call the hospital for an appointment at 52223 or 52224 for eye exams or ES&H at 58855 for prescription safety glasses.

MANDATORY ISLAND ORIENTATION Next Session is Oct 31, from 12:30-4:30 p.m. Arrive 10 minutes early to sign in and be seated by 12:30 p.m. at CAC room 6. It is required for all new island arrivals. The island orientation is not recommended for dependent children under the age of 10. Questions, call the meeting facilitators at KRS Environmental, Safety & Health at 51134.

2013 OPEN ENROLLMENT: KRS/CMS/BAI Health and Welfare Benefits. The open enrollment period for 2013 is scheduled for early November. This is your once-a-year opportunity to make changes for your 2013 benefit elections. You can choose to change your medical or dental plan; enroll eligible family members in your health plan, add, drop or change the level of your life insurance or accidental death and dismemberment coverage. You will also have the opportunity to enroll in a new voluntary benefit to be announced. Watch for more information in the following weeks regarding open enrollment.

ATTENTION RESIDENTS: do not transfer government furniture from your quarters to another quarters. The Furniture Warehouse will be happy to assist you with any furniture that needs to be relocated. Call Furniture Warehouse at 53434 to schedule a time or with questions.

BUILDINGS AND GROUNDS is happy to provide resi-

dents with lawn mowers, weed trimmers and extension cords, however, if they are not all returned promptly, then the service to our customers is affected. Residents are reminded they are responsible for issued items whether or not they use a yard man. Call 54989 if you have something that needs to be picked up and we'll be glad to stop by.

AUTOMOTIVE GAS STATION hours of operation effective Oct. 22 will be Tuesday through Saturday 7-11:30 a.m. and 3-4:30 p.m.; Sunday, closed; Monday, 8-10 a.m.; holiday, 9-10 a.m. Monday and holiday for customers with electronic fuel key only. Questions, call Connie at 53341.

FURNITURE WAREHOUSE will only be picking up and delivering furniture in the morning from 8 - 11 a.m., Tuesday through Saturday. Call Furniture Warehouse at 53434 to schedule a time for pick up or delivery.

WANT TO KNOW what movies are showing on Kwajalein and Roi Namur? Call the Movie Hotline at 52700. Weekend and ARC movie listings are updated weekly with titles, ratings and show times.

UNITED FLIGHTS may be affected due to upcoming mission activities: flight number 154, Majuro to Kwajalein, on Oct. 16, 23, 27 and 30. Flight number 172, Kwajalein to Majuro, on Oct. 19 and 22.

SEE AND BE SEEN! Use your bike lights at night.

ENVIRONMENTAL PUBLIC AWARENESS ANNOUNCEMENT: Workers and residents on Kwajalein, Roi-Namur and Meck are advised whenever possible to avoid prolonged presence in the areas downwind of temporary generators when the generators are in-use to support FTI-01 Operations. Questions, call the KRS ES&H Department at 51134.

E-TALK: Prepare your shop for the November Environmental Audit by cleaning-up chemical storage areas, ensuring drums are labeled, employees are trained, and spill supplies are adequate. Questions, call KRS Environmental at 51134.

<i>Café Roi</i>						
Lunch						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 20
Barbecue Chicken	Roast Beef	Fish and Chips	Grilled Cheese	Sloppy Joes	Calzones	Turkey Wrap
Pork Loin	Chicken with Bacon and Mushrooms	Grilled Chicken Thighs	Baked Ham	Roast Pork	Spaghetti	Beef Cabbage Rolls
Ham/Cheddar Quiche		Black-Eyed Peas	Steamed Yams	Mac and Cheese	Cheesy Garlic Bread	Rice Pilaf
Dinner						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Oct. 20
Turkey Breast	Sweet/Sour Pork	Roast Chicken	Top Sirloin	Fried Chicken	Chicken Chimi	Chicken and Mushrooms
Stuffing	Shouy Ginger Fish	Beef Bourguignon	Chicken Cordon Bleu	Meatloaf	Beef Fajitas	Pork Loin
Beef Stew	Chicken Fried Rice	Egg Noodles	Baked Potatoes	Collards	Frijoles	Cheesy Potatoes

Local author publishes books with sons as illustrators

Article and photo by Catherine Layton
Associate editor

Families all have memorable stories, sometimes funny, occasionally sweet and usually novel. Susannah Prenoveau blended her writing talents with her children's creative imagination at home to create stories for the pre-school set.

Prenoveau wanted to get her stories published, and she wanted to include her sons in the process. She asked the boys which stories they would like to see in print, and then enlisted them to illustrate their chosen books.

Zach, now 10, chose the story "Alligators Coming." The story was inspired by a game Zach played often, pretending animals would circle his bed.

Nathan, 8, chose his favorite story, "Gotta See Nathan!," which was inspired by his brother's excitement about when Nathan was a newborn.

The books were written by Prenoveau using her maiden name of Susannah Gray. Prenoveau is a training specialist for Child, Youth and School Services on Kwajalein, and is passionate about writing books. "We want to publish some more, and we are working on another one now called "Swim Soup," that will be illustrated by Nathan."

Both boys enjoy seeing the published books, commenting, "I thought it was cool," said Zach,



Zach, left, and Nathan, Jones look over their published books with mom and author Susannah Prenoveau.

although both boys think they can draw better now. They were around five or six years old when they made the illustrations, but mom was quick to point out the drawings are perfect for preschoolers. When asked about their favorite part of the books, Nathan was eager to show his favorite page and noted, "I like Zach's drawing in "Alligators Coming" where it says, 'Oops, I tooted!'"

Safely Speaking

Back Injury Prevention:

To lift and carry safely, use your legs, not your back. Use mechanical or team lift for large or heavy objects. High risk lifts are at ground level and overhead.

COMMANDER'S HOTLINE

Want the Commander to hear your concerns?

**The Commander's Hotline
phone number is 51098.
All calls are anonymous.**

Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Partly Sunny	10%	ENE-E at 9-15 knots
Monday	Partly Sunny	20%	ENE-E at 9-15 knots
Tuesday	Mostly Cloudy	30%	ENE-ESE at 7-12 knots
Wednesday	Partly Sunny	20%	ENE-ESE at 5-11 knots
Thursday	Partly Sunny	20%	ENE-ESE at 6-12 knots
Friday	Partly Sunny	20%	ENE-ESE at 7-12 knots

Yearly total: 60.92 inches
Yearly deviation: -5.59 inches

Call 54700 for updates forecasts or visit www.rts-wx.com.

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:37 a.m. 6:33 p.m.	5:00 a.m. 5:20 p.m.	3:03 a.m. 4.3' 3:25 p.m. 4.6'	9:12 a.m. -0.7' 9:34 p.m. -0.7'
Monday	6:37 a.m. 6:33 p.m.	5:56 a.m. 6:10 p.m.	3:39 a.m. 4.5' 3:59 p.m. 5.0'	9:46 a.m. -0.9' 10:13 p.m. -1.0'
Tuesday	6:37 a.m. 6:32 p.m.	6:54 a.m. 7:04 p.m.	4:16 a.m. 4.6' 4:35 p.m. 5.2'	10:20 a.m. -1.0' 10:52 p.m. -1.1'
Wednesday	6:37 a.m. 6:32 p.m.	7:55 a.m. 8:01 p.m.	4:54 a.m. 4.4' 5:12 p.m. 5.2'	10:54 a.m. -1.0' 11:32 p.m. -1.0'
Thursday	6:37 a.m. 6:32 p.m.	8:58 a.m. 9:00 p.m.	5:32 a.m. 4.1' 5:50 p.m. 4.9'	11:30 a.m. -0.7' -----
Friday	6:37 a.m. 6:31 p.m.	10:00 a.m. 10:01 p.m.	6:13 a.m. 3.7' 6:32 p.m. 4.6'	12:14 a.m. -0.7' 12:07 p.m. -0.4'
Oct. 20	6:37 a.m. 6:31 p.m.	11:01 a.m. 11:02 p.m.	6:57 a.m. 3.7' 7:19 p.m. 4.0'	1:01 a.m. -0.2' 12:48 p.m. 0.1'