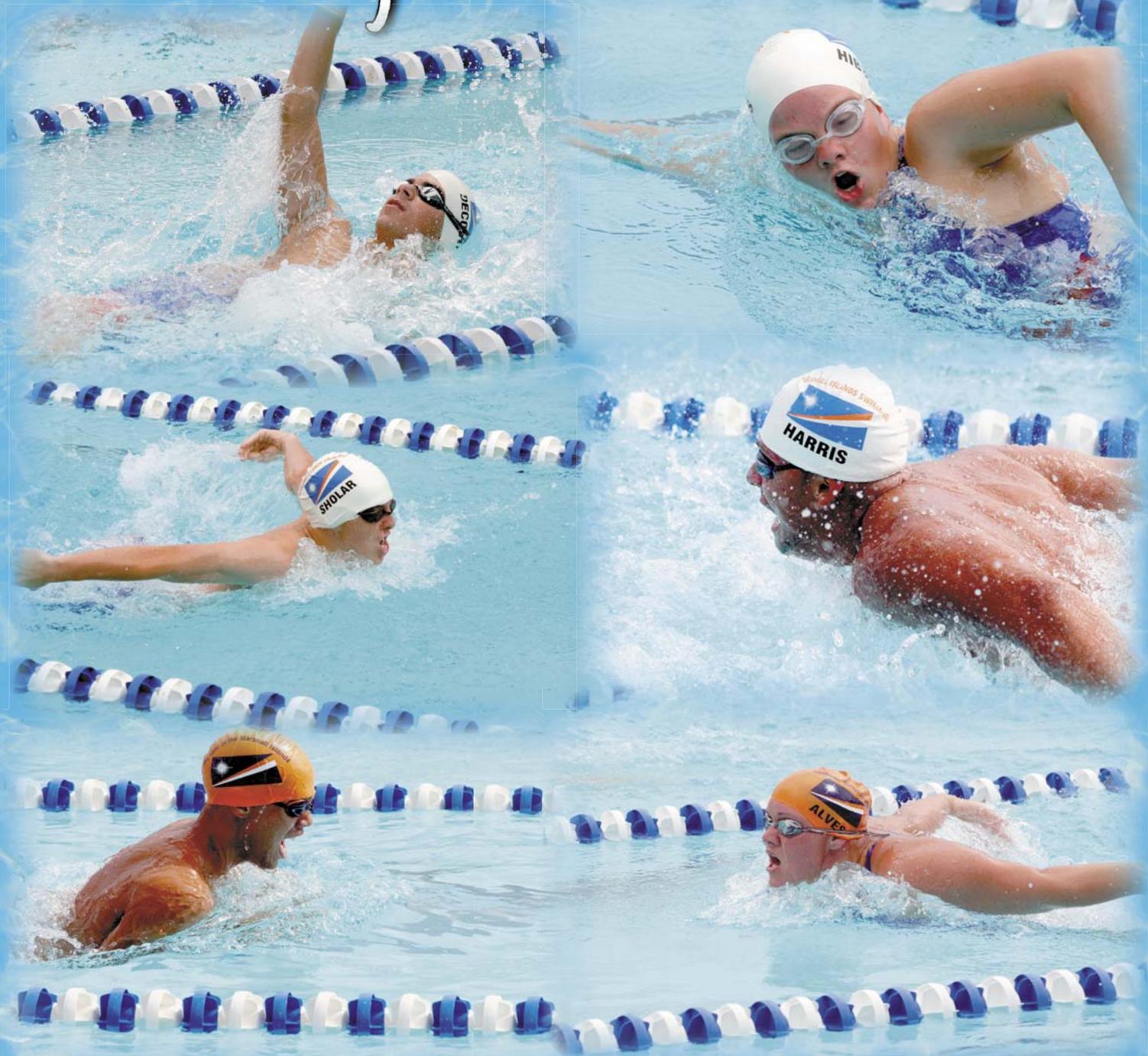


THE KWAJALEIN HOURGLASS



The Marshall Islands Swim Federation competed in the Micronesian Games held in Palau Aug. 1-10. The 13 competing swimmers from the Marshall Islands brought home 30 medals this year. Pictured left to right, top to bottom, are Ryan DeCoster, Jennifer Hibberts, John Sholar, Giordan Harris, Dane Bishop and Julie Alves. For more, see page 4.

Photos courtesy of Jim and Jennifer Cossey

COMMENTARY

I sent my oldest daughter, Kelly, off to college six years ago to get smart. I had no idea what my return would be on this investment. Let me explain.

We came to Kwajalein during her senior year in high school and when she wanted to attend Colorado State we discovered that she just barely qualified for in-state tuition with one caveat – if for any reason she paused her education or even transferred to another Colorado school, she would start paying the exorbitant rate of out-of-state tuition.

So, I made a deal with her. I said, "Kelly, if you remain in school and graduate from CSU, I'll buy you a car." She did, so I did. What kind of car, you ask?

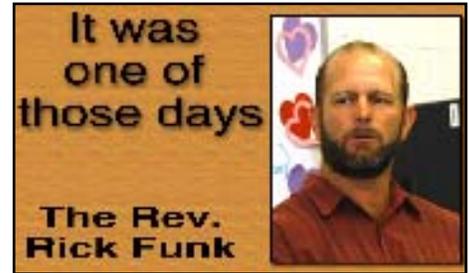
In her senior year of college, she saw the movie, *The Italian Job* in which Charlize Theron whips around LA in a sporty Mini Cooper. That was it. Kelly

had to have one. After graduation she picked up a beautiful blue model with a white racing stripe down the middle from the local BMW dealer.

She even let me drive it once. It was a few days before her wedding and I was allowed to drive it to a detailer so it could be all spiffed up and used for the reception getaway car. Also, I was allowed to pay for the detailing (by the way, I've never had my own car detailed).

And now, the rest of the story. Kathy Ann bought a Honda Fit upon her return to Colorado and she suggested I start thinking about a car. Then, Kelly called and said, "Mom, a Mini Cooper is not a very child friendly car. I want to sell it before I have kids. Maybe Dad would want to buy it."

Kathy Ann relayed this great deal to me and my first thought was, "Wow,

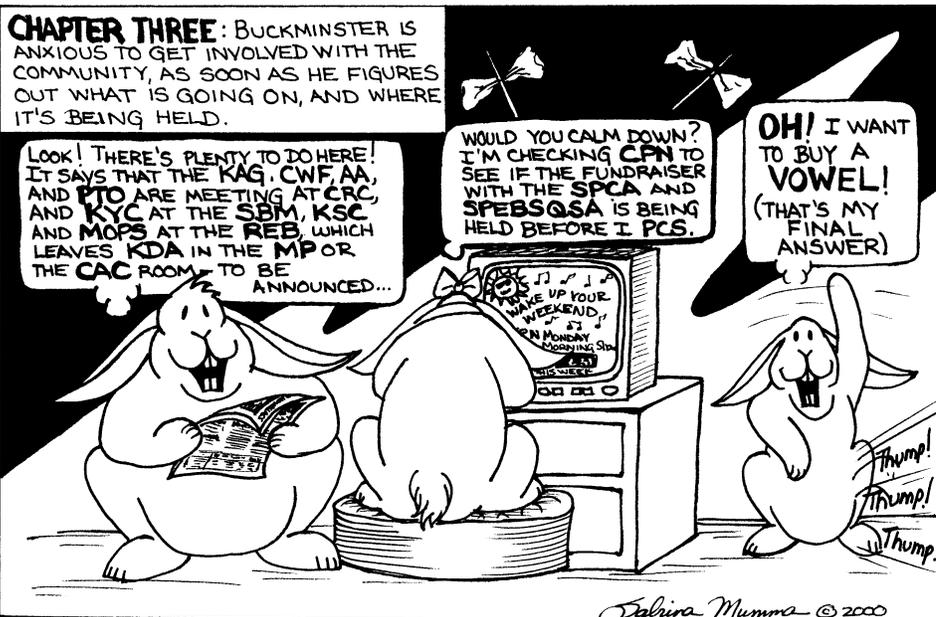


that would be a cool car." My second thought was, "Wait a minute, I already bought that car once! Kelly would get the car AND the money."

Kelly is offering me the privilege of buying the same car twice. I knew that college education would make her very smart. Now, she is the marketing director for a law firm in Denver. I should send them a note of congratulations that they hired one sharp lady. I should also tell them not to buy her a car.

So, my advice to any parents sending kids off to college this summer is this: Caution! Do not make a deal with your child. Part of their education experience is discovering even more clever ways to extract money from you. In terms of an investment, you are better off buying a boat.

Buckminster and Friends by Sabrina Mumma



The deadline to submit a For Sale, Patio Sale, Wanted, Lost, Found or Community Notice is Wednesday at noon to make it into that Saturday's paper. Ads must be 50 words or less. One ad per person is allowed per issue. Ads and announcements will run for two weeks and can be E-mailed to hourglass@smcdk.smdc.army.mil or forms can be picked up in the AFN office in building 805. Any questions, please call 52114.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

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Property staff achievements recognized

By Sheila Bigelow
Managing Editor

We used to get little gold star stickers to recognize our achievements through grade school. Now that we're all grown up, we can do without the stickers but a little recognition every now and then doesn't hurt. Personnel in the Kwajalein Range Services Property department have been busy furthering their education in their field and three individuals have achieved levels of certification in property management.

Reni Langrine has worked in the Property department on Kwajalein for almost nine years. Recently, he has taken the initiative to become a Certified Professional Property Specialist through the National Property Management Association certification program. Langrine is the first known native Marshallese citizen to earn a CPPS designation.

Along with Langrine, Leilani Hubshman has also worked to achieve her CPPS. She and Langrine studied and worked together to prepare for the certification exam and on July 29 they both passed with flying colors, each earning their CPPS designation.

Malcolm Gowans has reached even further, working to become a Certified Professional Property Administrator. This is the second level of the NPMA certification program. In order to reach this designation one must have worked in property for at least three years and have a variety of work experience in at least seven functional areas of property management. Gowans successfully completed the additional testing necessary and satisfied all experience requirements to elevate his certification level to CPPA.

The NPMA certification program is designed to elevate professional standards and enhance individual performance. It has three progressive levels of achievement. Langrine and Hubshman are now certified at the first level of CPPS while Gowans has taken the next step to level two, a CPPA.

Langrine and Hubshman were prompted to take the certification exam by their previous and current Property managers. Langrine says he was also positively influenced by Romeo Alfred who used to work in Human Resources. Langrine and Hubshman studied and trained with various co-workers in order to prepare for the certification exam. Cherie O'Brien, Mission Support Coordinator, was one of the most influential and helpful people that assisted them. Together they would mostly read from the study material and do practice problems to prepare for the exam. They also both took an online



Photo by Sheila Bigelow

Reni Langrine is the first known native Marshallese to earn a Certified Professional Property Specialist designation through the National Property Management Association certification program.

NPMA course to prepare. Studying for the certification took countless hours and dedication over the past six to nine months and will surely pay off once applied to their individual job areas.

With their CPPS certification, Langrine and Hubshman will have a much greater understanding of the regulations, the requirements and industry standards that are driving each of the decision-making processes in their area. Now when they come across alternatives, decisions or applications of property procedures, they will have more knowledge of what the requirements and industry practices are.

The NPMA certification program is recognized as the industry standard for property management professionals who work in government agencies and as contractors, and is therefore promoted and valued by KRS, its parent companies as well as customers.

There is hope that all of the recent certifications will act as inspiration to other project personnel to pursue their own professional certification both in property and other areas.

-
- Has someone in your department
- gone above and beyond or made a n
- achievement worth mentioning? Send
- in their name and information to the
- Hourglass so we may recognize them!
-



Photos by Jim and Jennifer Cossey

The Marshall Islands Swim Federation competes in the 2010 Micronesian Games in Palau Aug. 1-10. The team earned 30 medals in the competition; six gold, 13 silver and 11 bronze.

RMI Swim Team brings home 30 medals from Micronesian Games

By Sheila Bigelow
Managing Editor

As if competing in the World Championships in Rome, Italy last year wasn't impressive enough, the Marshall Islands Swim Federation just returned home with incredibly impressive results from their competition in the Micronesian Games held in Palau Aug. 1-10. The team collectively won 30 medals; six gold, 13 silver and 11 bronze.

The Micronesian Games were hosted by Palau this year, bringing athletes, coaches, families and friends from nine Pacific island nations together for 10 days of thrilling sports competitions and camaraderie. The MISF was not the only team from the Republic of the Marshall Islands to compete in the games. RMI national teams also competed in Athletics, Basketball, Micro All Around, Softball, Tennis, Volleyball, Weightlifting and Wrestling. RMI teams stayed true to the objectives of the Micro Games by cheering at other sports they were not competing in, showing support for their fellow athletes. The MISF supported the RMI Track and

Field and Volleyball teams in their off-time.

While the other sporting events in the Micro Games were exciting and fun to watch, what the MISF team was really hyped about was their chance to compete in over 30 swimming events. After island-hopping from Kwajalein to Palau, the swimmers were ready to get their feet wet. The athletes began practicing at 8:30 a.m. the morning after arriving. They had only that morning to get themselves adjusted to swimming in Palau's longer pool and in the fresh water. Preliminary races were held in the morning where swimmers needed to qualify for the final races held that afternoon and evening. The MISF not only swam in every preliminary race, they qualified for every single final race, sometimes with more than one swimmer. No other country competing was able to accomplish this, not even the host nation.

The MISF men started out day one of the competition fiercely. Jake Villarreal brought home the first medal for the RMI in the men's 100 meter Backstroke, taking bronze. After that, the medals just came flooding in. Dane Bishop snagged the next medal in the men's 200 meter Breaststroke, winning the bronze. Then, the



Annie Hepler congratulates fellow teammate Leightyn Cossey after one of their relay wins at the Micronesian Games in Palau held Aug. 1-10.

men really impressed when their relay team won silver in the 200 meter Medley Relay; that is not an easy feat. The women were not too far behind the men. The first day of competition was not only impressive because the MISF was able to rack up one gold, five silver and three bronze medals, but because of the courage and gumption of one of their younger team members. When CC Brady won RMI's first gold medal in the women's 200 meter Breaststroke, Palau was embarrassed to realize they did not have the RMI national anthem to play at the medal ceremony. Although shy, Hagar Kabua, with support from Lora Kendrick, stepped up to sing the RMI national anthem a cappella. As put by MISF coach Glenn Hibberts, "There wasn't a dry eye in the whole venue. It was so touching. It was pretty magical." I'm sure that was easily the most memorable moment for most of the team.

The second day of competition was equally as impressive. CC Brady blew away her competition in the women's 50 meter Breaststroke, winning her second gold and beating out her runner-up by over 2.5 seconds. Her speedy time also landed her a Micronesian Games record. Later that day, Annie Hepler took silver and Julie Alves took bronze, barely missing gold taken by a Palau swimmer. Another near miss by the women was in the 50 meter Backstroke where Jennifer Hibberts missed bronze by only .08 seconds.

On the last day of swimming competition the men racked up five medals. By the end of the competition, Villarreal earned 10 medals; that's one-third of the total medals taken home by MISF. Not far behind was Bishop with six medals and between the Brady kids, CC and Shawn, they earned 13 medals. Ryan DeCoster missed out on a medal in the men's 1500 meter



MISF teammates share some laughs at the Micronesian Games in Palau. Left to right, Jake Villarreal is 'R', Dane Bishop is 'M' and John Sholar is 'I'.



Angela Kendrick, right, and Annie Hepler, left, compete fiercely in the women's 50 meter Butterfly race. Hepler went on to win the gold medal in this event and Kendrick just missed the bronze medal.

Freestyle but had an impressive time around the 20 minute mark. The women showed off their skills again on day three, CC Brady scoring another gold medal in the women's 100 meter Breaststroke. But it was 14-year-old Annie Hepler who wowed the crowd on day three. Competing against swimmers who were three to five years older than her, Helper took the gold in the women's 50 meter Freestyle and in the 50 meter Butterfly, the latter being "one of the most awesome races you could ever see," according to coach Hibberts. MISF had three swimmers qualify for the final in the women's 50 meter Butterfly, but only two swimmers from

See SWIM TEAM, Page 8



LTC John Eggert, Roselyn Tartios, Ranny Ranis, Ramen Anej, Dr. Aaron Fleet and Dr. Timothy Hall celebrate the completion of another successful MIT Training Program.

RMI citizens graduate from MIT program

Article and photos by Hannah Fronzak
Associate Editor

Since the whole enterprise first kicked off in 2008, the MIT training program has literally had a perfect record in terms of producing capable, computer-savvy trainees.

The program was created with the intent of taking two RMI citizens

per year and putting them through a rigorous 10-week IT training course that enables participants to expand their horizons and boost their chances of getting an IT-related job in the future. It is much like a summer internship, except that instead of fetching coffee and doing menial tasks, the participants of this program are thrust directly into the learning process. For 10 weeks, 2010 participants Roselyn Tartios

and Ramen Anej had more technical information to learn and practice than a majority of people ever encounter in their lifetime.

In the words of Dr. Aaron Fleet, "This program utilizes USAKA, TDY, MIT and KRS resources to provide mentoring, equipment and space for RMI citizens to pursue an education in IT with the intention of subsequently finding employment in the IT field for RMI."

Applicants to the program must

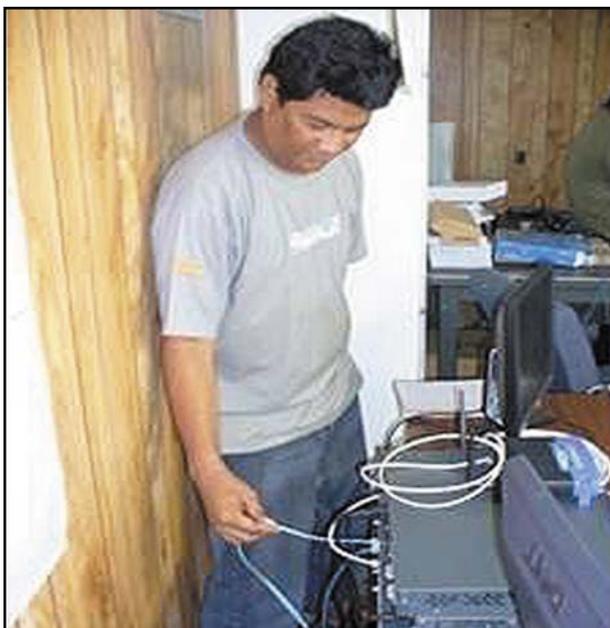


photo courtesy Aaron Fleet

Ramen Anej is hard at work during the 10 week long MIT training program.



photo courtesy Aaron Fleet

MIT program participant Roselyn Tartios works to enter data into the network.

be RMI citizens who have either graduated or are currently enrolled in college. Their English skills must be good and a strong interest in computer networking is also preferred.

Anej, one of this year's interns, is a native of Ebeye and graduated from the College of the Marshall Islands this past spring with a degree in Accounting. Tartios, of Majuro, will graduate from CMI in the spring of 2011 with a degree in Liberal Arts.

During the ceremony, Anej and Tartios gave presentations explaining the pair's accomplishments during the past 10 weeks. The two of them not only created a Local Area Network that they connected to the Internet, but also split the LAN into Virtual LANs to separate administrative traffic on the network from user activity. This provides a more robust and secure network. They also worked with workstation assembly and troubleshooting, along with numerous other tasks.

After the program's completion,

Tartios explained that she was "always hoping for a program like this" and is excited to learn even more now that she is done.

"I wish we could do it again," Anej confessed. "I wasn't expecting to take training like this but now I'm glad that I did." Anej also praised this year's teacher, Ranny Ranis, saying that Ranis was the "perfect man for the job."

"We can expect good things of this year's applicants," Fleet said.

In the past, this program has churned out four other interns who have gone on to be computer technicians on Ebeye and network technicians for the RMI government. Now we welcome two more to their ranks. Only time will tell where their new knowledge and experience takes them.



Roselyn Tartios explains some of the pair's accomplishments during the training program.



Dr. Timothy Hall, left, congratulates Ramen Anej, one of this year's MIT program participants.



LTC Eggert shakes hands with Ranny Ranis, the main teacher of the MIT training program, while his students look on proudly.



To submit a letter to the editor: Keep letters to less than 300 words, and keep comments to the issues. No personal attacks will be printed. Letters must be signed. However, names will be withheld if requested. We will edit for Associated Press style, grammar and punctuation and if you exceed the word limit, it will be edited for space. Limit one letter every 30 days. Send your letter to: *The Hourglass*, P.O. Box 23, APO AP 96555; or hourglass@smdck.smdc.army.mil.

each country are allowed to swim in each event. So unfortunately, Alves, who had qualified, had to settle for cheering on her team members. Hepler ended up winning the race and teammate Angela Kendrick finished fourth, barely missing the bronze.

The last event held was a 5K open water swim at the Palau Pacific Resort. It was a mixed men's and women's race and three MISF members participated. Alves claimed the silver medal with a time of one hour, 26 minutes and zero seconds. CC Brady finished in 1:32:10 and Giordan Harris in 1:36:59.

Coach Hibberts remembers the Micro Games as very enjoyable, but very challenging because there were MISF swimmers competing in every event and every final. Even though they didn't medal in every event, they were well represented and he is very proud of them. The team has been practicing three hours a day, five days a week since Spring Break. Hibberts urged his team to give it their all and that there is no sense in saving your energy; "leave it in the pool." At the Micro Games, the team did just that. "They deserve every single medal they got," Hibberts beamed. And "leave it in the pool" became their team cheer.

The team was welcomed home at the Kwajalein airport by proud parents, family and friends Aug. 6. With the end of the summer drawing to a close and the next school year slowly creeping closer, some team members immediately left for vacation or in the case of CC Brady and DeCoster, left for college. While the team rests and enjoy what is left of the summer, MISF swimmers Harris and Kabua continued on to represent the RMI in the Singapore Youth Olympic Games where they will be competing in the 50 meter Freestyle. MISF board member Pat Duffy accompanied them.

Coach Hibberts wants to thank his fellow coaches Amy LaCost and Sarah Stepchew. He also would like



Left to right, Shawn Brady, Giordan Harris, Jake Villarreal and Dane Bishop can't help but smile after they earn their second silver medal for their relay swim at the 2010 Micronesian Games held in Palau Aug. 1-10.

to thank Mandie Morris and the Community Services crew for allowing the team to practice in the Adult Pool. Finally, he would like to thank the Kwajalein community for all of their continued support and encouragement.

In the meantime, Hibberts said the team will be getting ready for their next challenge and in four years, they'll be back at the Micro Games. "Watch out," he taunted, "we set the bar high."

Medal Count - 2010 Micronesian Games

GOLD

- Women 200m Breaststroke
- Women 400m Free Relay
- Women 50m Breaststroke
- Women 100m Breaststroke
- Women 50m Butterfly
- Women 50m Free

BRONZE

- Women 200m Breaststroke
- Women 100m Free
- Women 100m Breaststroke
- Women 800m Free
- Men 100m Backstroke
- Men 200m Breaststroke
- Men 400m Free
- Men 50m Backstroke
- Men 50m Free
- Men 100m Breaststroke
- Men 50m Butterfly

- CC Brady
- Julie Alves, CC Brady, Leightyn Cossey, Annie Hepler
- CC Brady (*Micro Games record*)
- CC Brady
- Annie Hepler
- Annie Hepler

- Leightyn Cossey
- Julie Alves
- Leightyn Cossey
- Julie Alves
- Jake Villarreal
- Dane Bishop
- Shawn Brady
- Jake Villarreal
- Jake Villarreal
- Dane Bishop
- Jake Villarreal

SILVER

- Women 100m Fly
- Women 200m Medley Relay
- Women 800m Free Relay
- Women 100m Free
- Women 400m Medley Relay
- Women 5K Open Water
- Men 100m Free
- Men 400m Free
- Men 50m Breaststroke
- Men 200m Medley Relay
- Men 800m Free Relay
- Men 200m Backstroke
- Men 400m Medley Relay

- Annie Hepler
- Julie Alves, CC Brady, Annie Hepler, Angela Kendrick
- Julie Alves, CC Brady, Leightyn Cossey, Jennifer Hibberts
- Annie Hepler
- Julie Alves, CC Brady, Annie Hepler, Jennifer Hibberts
- Julie Alves
- Jake Villarreal
- Dane Bishop, Shawn Brady, Giordan Harris, Jake Villarreal
- Dane Bishop
- Dane Bishop, Shawn Brady, Ryan DeCoster, Jake Villarreal
- Dane Bishop, Shawn Brady, John Sholar, Jake Villarreal
- Jake Villarreal
- Dane Bishop, Shawn Brady, Giordan Harris, Jake Villarreal

New CYSS fees structure starts Oct. 1 in accordance with new DoD policy

Hourglass Reports

On Oct. 1 the Army will launch the new Fee Policy for School Year 2010-2011 as required by the recently released Department of Defense Child Care Fee Policy. This policy covers care in Child Development Centers and School Age Services Programs.

Three new Total Family Income Categories were added, raising the income cap from \$70,001 to \$125,001 and the accompanying fee ranges were adjusted upward. This change reflects salary growth during the past five years and the increased cost to provide care. By law child care fees are based on TFI, not rank or civilian status. As a result, some Families may see an increase in their fees, some will have no change and a few others may see a small decrease. Although the Army subsidizes every patron regardless of rank or income, Congress's intent is that Families pay a

share of the cost of care.

Many installations are currently charging rates significantly below the new DoD Fee Ranges. Rather than raising fees abruptly, the Army was granted a DoD waiver to phase in the new fees where needed over the next three years. Each installation will have an implementation plan unique to their current fee status.

Fee adjustments will also be made for Youth Sports, Family Child Care, Hourly care and Preschool.

You will receive our new fees schedule in the next *Hourglass*. It's important you are aware of the policy changes. There is a web site www.myarmyonesource.com/cyssfees with the latest fee information and where you can post questions.

Despite the fee increase, Army Child and Youth Programs will continue to be a great value for you, your children and the community. Child Care and Youth Programs

reduce the conflict between your parental responsibilities and the mission, and set the stage for your child's future academic success. Our child care programs promote early learning, are nationally accredited, and more importantly, families can concentrate on their mission, knowing their children are safe and well cared for in a fully-accredited child care system. The National Association of Child Care Resource and Referral Agencies, the country's leading voice for child care, issues report on the quality of DoD child care. This 2007 study found that the DoD child care system "stands alone as a model for states." In that report, military child care ranked first among the 50 states and the District of Columbia, and was the only entity to score in the top ten for both standards and oversight criteria.

We appreciate your patronage and the sacrifices that you make as a Family in defense of our Nation!

Six servicemembers die in Global War on Terror

Pfc. John E. Andrade, 19, of San Antonio, Texas, died Aug. 7 at DE Khak Chupan Turah, Kandahar, Afghanistan, of wounds sustained when insurgents attacked his unit using an improvised explosive device. He was assigned to the 3rd Squadron, 2nd Stryker Cavalry Regiment, Vilseck, Germany.

Sgt. Jose L. Saenz III, 30, of Pleasanton, Texas, died Aug. 9 while supporting combat operations in Helmand province, Afghanistan. He was assigned to 1st Battalion, 11th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

Sgt. Christopher N. Karch, 23, of Indianapolis, Ind., died Aug. 11 in Arghandab Valley, Afghanistan, of wounds suffered when insurgents attacked his unit with small arms fire. He was assigned to the 2nd Battalion, 508th Parachute Infantry Regiment, 4th Brigade Combat Team, 82nd Airborne Division, Fort Bragg, N.C.

Cpl. Kristopher D. Greer, 25, of Ashland City, Tenn., died Aug. 8 of wounds received Aug. 6 while supporting combat operations in Helmand province, Afghanistan. He was assigned to 4th Combat Engineering Battalion, 4th Marine Division, Marine Forces Reserve, based out of Knoxville, Tenn.



"It is foolish and wrong to mourn the men who died. Rather, we should thank God that such men lived."

— Gen George S. Patton

Staff Sgt. Michael A. Bock, 26, of Leesburg, Fla., died Aug. 13 while supporting combat operations in Helmand province, Afghanistan. He was assigned to the 3rd Combat Engineer Battalion, 1st Marine Division, I Marine Expeditionary Force, based at Marine Corps Air Ground Combat Center Twentynine Palms, Calif.

Spc. Jamal M. Rhett, 24, of Palmyra, N.J., died Aug. 15 in Ba Qubah, Iraq, of wounds suffered when insurgents attacked his vehicle with grenades. He was assigned to the 1st Battalion, 21st Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, Schofield Barracks, Hawaii.

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

WANTED

LARGE REFRIGERATOR for purchase. Please call Chris and Nancy at 53764.

THE BARGAIN BAZAAR needs your donations! Please call Barbara at 52262.

MEDIUM SIZED glass Japanese float with netting. Call David at 51564 or 55599.

Religious Services

Catholic

5:30 p.m., Saturday, in Island Memorial Chapel
9:15 a.m., Sunday, in Island Memorial Chapel.

Protestant

8 and 11 a.m., Sunday, on Kwaj.
Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in CRC, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

LOST

BLACK FIN with initials "NB" lost on Lagoon Road near Sixth Street. Call 52395.

CLEAR YELLOW dry bag lost at the Small Boat Marina. Call 52692.

PATIO SALE

MONDAY, 9 a.m.-noon, quarters 487-D. Girls clothes, shoes, school supplies and toys.

SATURDAY, Aug. 28, 7 a.m., quarters 135-B in back yard.

SATURDAY, Aug. 28, 7 a.m., and Sunday, Aug. 29, 8:30 a.m., quarters 416-A. PCS sale, furniture, baby items, clothing, patio table and chairs, outdoor storage unit, electronics, portable dishwasher, dive gear and bikes.

FOR SALE

LEATHER LAY-Z-BOY recliner, brown, \$150; wooden computer desk, \$50; hide-a-bed sofa, brown, \$150; 24'x12' patio cover, ok shape, \$50; heavy duty wooden picnic table, seats 12, \$100; adult bikes, \$25; Conga Drum set, \$100; upright piano, \$150; TV's, VCR's, Disc players, pots, pans, plants, cheap. Call 54239 or come by 479-B. Rosekey and Gregg Grundon.

TAP DANCING shoes, new, size 8M, \$25; soccer cleats, two pairs, excellent condition, size 5 and 5.5, \$10 each; Nike soccer cleats, size 5, \$15; children's clothes, various; backpacks for school; several men's Hawaiian shirts, large, like new, \$5 each; gas grill, with gas tank, \$30; carpet, 5x7, \$15; upright electric floor fan, like new, \$20. Call 52544 or 50798.

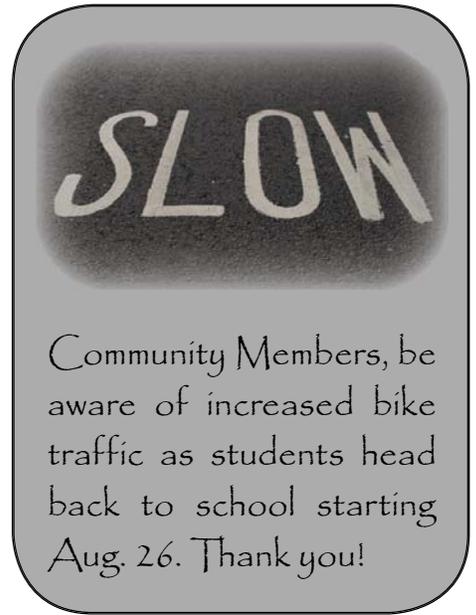
LOFT BED, well-built and in excellent condition. Amazing bedroom space saver. \$600 or best offer. Call 52280.

CLASSIC WINNIE the Pooh lamp, bumper, diaper bag. Kitchen jars with sunflower pattern with wall border. Call 52692.

MICROWAVE, \$50; bedding set for double bed, \$40; toaster oven, \$10; ladies clothing and houseware items. Please call 54498 and leave a message; I will call you back.

VITO ALTO saxophone with case and accessories, \$400. Call 52525.

26' COLUMBIA MARK II sailboat on one-year mooring, dinghy and 5HP motor, boat shack 34-A, trailer, five excellent condition sails, CD/radio/I-pod stereo, 10HP Honda kicker, toilet, sink with filter to 10 gallon water tank, VHF radio, life sling,



all lines replaced in last six months, sleeps four, \$12,000. Call Ryan Vahle 52222 or 52590.

HUGE SECTIONAL couch, green with full size hide-a-bed and two built-in recliners, \$800 cash; CPU desk with hutch, \$40; two sets, medium and extra large, used men's SCUBA gear with BCD, regulator, fins, bag, \$450 each. Call John at 53290.

2007 HOBIE GETAWAY Catamaran, fast and comfortable and in excellent condition. Includes: Sails, Tiger Trax wheels, sail trailer and teal Sunbrella material for boat cover, \$5000. Call 53003 or 50619 for more information

KITE BOARDING complete package, Four-line Naish 13.5-meter flat area, AR5 kite that holds air in all bladders and flies great, package includes kite, bar, lines, new harness with spreader bar, new board with bindings and travel bag. Call 52525 and make an offer.

MENS UPLAND bike, lots of new parts and new frame, \$150. Call Amy at 52301.

2002 SEADOO, red, needs new engine, and boat shack, lot 30, Ryan Wagner's old shack, \$2,000; Lamborghini female bike, \$50; waterproof housing for iPod Nano, second generation, \$20 and camping utensils set, new, \$20. Email briann e.l.mcdonald@gmail.com or call 54488.

GLASS-PRO BOAT, 23 feet, lot four, twin

Café Pacific

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|--|---|---|--|--|---|--|
| Sunday Carved smoked ham Crab benedict Meat/cheese pizza Grill: Brunch station open | Monday Beef tips in burgundy Whole roast chicken Ham marco polo Grill: Brunch station open | Tuesday Chicken/mushroom Broccoli rice casserole Beef/peapod stir-fry Grill: Sloppy joes | Wednesday Stuffed cabbage Chicken pot pie Pasta ala pesto Grill: Chuckwagon sand. | Thursday Swiss steak jardiniere Braised turkey drumette Corn bread Grill: N/A | Friday Vegetarian lasagna Meat lasagna Beef/broccoli stir-fry Grill: N/A | Aug. 28 Roasted Iowa chop Cornbread stuffing Ginger tofu/veggies Grill: N/A |
| Tonight Chicken fried chicken Parker ranch stew Vegetarian beans | Sunday Spaghetti/whole wheat Marinara/meat sauce Veal alfredo | Monday Sweet and sour pork Chicken hekka Korean beef steak | Tuesday Meatball stroganoff BBQ chicken Spicy tofu/veggies | Wednesday Carved top round beef Coconut chicken Baked potatoes | Thursday Roast pork Beef fajitas Chicken enchiladas | Friday Pancake supper Beef brisket Vegetarian pasta |



THE 2010-2011 school year for grades 1-12 will begin Aug. 26.

Questions? Call the Jr/Sr High School at 52011 or the Elementary School at 53601.

Yamaha 50, average three gallon total fuel per hour, 48 gallon fuel tank, Icom VHF radio, fish box, deep freeze 130 reel with pole and lots of lures, \$40,000 or best offer. Call work 59081 or home 59335.

UNDERWATER CAMERA, Canon 30D dSLR in Ikelite housing with 17-85mm lens and lens port, good camera for those looking to go beyond point and shoot, \$2,000. Call Lisa at 52243.

CAL 20 SAILBOAT, good condition, includes extra parts, safety gear, storage shed with tools, and 4 HP outboard kicker motor, new mooring lines and bottom recently cleaned, \$5,000. Call 51357 or 50617 for more information.

ADULT 26 INCH TRIKE, bought by TDY on May 22, available Aug. 23 to pick up, have receipt and bicycle registration from KPD, \$300. Call 58118 and leave a message.

FUSION MACGREGOR Sailing Catamaran, 36 feet, ready to sail, new bottom paint and mooring, 9.9 HP Yamaha Kicker, two VHF radios, GPS, 12-foot Dinghy with 4HP four-stroke Yamaha motor, boat house on the lagoon with tools and many extras, \$9,500. Call 53519 or 50611.

FREE four-door locking file cabinet and manual push power lawn mower. Call David at 51564 or 55599.

COMMUNITY NOTICES

START SMART Basketball program teaches children ages 3-5 the basic motor skills to play basketball, working one-on-one with their parents. Registration open Aug. 10-Sept. 4. Program dates are Sept. 15-Oct. 20. Contact 52158 for registration information. Central

registration hours are 8:30 a.m.-12:30 p.m. and 2:30-5:30 p.m., building 358. Call Jason at 53796 for program information.

R.D.S. KARAOKE hits the Vet's hall tonight. The noise commences at 8 p.m. Come one, come all and get your head-bangin, mike-hoggen, center-stage fix while the getting's good. The River Dog will be off island the month of September. Questions, call Dan Hopkins at 52349.

KWAJALEIN RUNNING Club Fun Run will be at 5:30 p.m., Aug. 23. Meet outside the Kwajalein Library. Distance options are 1/2 mile, 2 miles and 4 miles. Season schedules will be available at the Fun Run, and drinks. Walkers, three-year-olds and septuagenarians are all welcome. We're pleased to see visitors and new residents. Questions, call Bob, 51815, or Stephanie, 51829.

KWAJALEIN GOLF Association presents "Backwards Fun Golf Tournament", 9 a.m., Aug. 23. This is a nine-hole scramble, four person teams, with the course being played in "reverse". Cost is \$25 for KGA members, \$35 for non-KGA members. Beverages and lunch are included in the cost. Cash prizes will also be awarded. To sign up, contact Larry Cavender at 52406.

CYSS SCHOOL AGE Services Before and After school program is currently registering participants. This year's SAS before and after school program begins on Aug. 24. The program offers care to children in grades K-6th from 7-8:20 a.m. and 3:30-5:30 p.m. Full day programs are offered on out of school days. Please register with the CYSS Central Registration office and submit payment by Aug. 21. Call Micah at 52158 with questions.

MANDATORY ISLAND Orientation begins at 12:

THUMBS DOWN

To the persons who caught and killed two baby sharks, then left the remains laying out at the dumpster to stink and draw flies. Your total disregard for animal life and your human neighbors is abhorrent.

30 p.m., Aug. 25, in CAC room six, building 365. It is required for all new island arrivals. Please bring your employee or clock number with you. The Island Orientation is not recommended for dependent children under the age 10. Questions, please call KRS ES&H at 51134.

LADIES, NEW to the island? Want to know where sea glass beach is? Join us on Aug. 26. Kids are welcome. Call Margaret Pinnix at 54578.

BINGO NIGHT at the Pacific Club is Aug. 26. Card sales begin at 5:30 p.m. Bingo play begins at 6:30 p.m. Blackout completion 57 numbers \$1,700 payout; Windfall completion at 34 numbers \$2,000 payout. Must be 21 to enter and play, bring your ID. Come out and have some fun with us. Questions? Contact Erik Wills at 53338.

THERE WILL BE an orientation for grade 7 students and their parents at 7 p.m., Aug. 25 in the High School MP room. Call 52011 with questions.

CYSS YOUTH basketball league. Registration opens Aug. 3-28. Season is Sept. 9-Oct. 30. Open to Kindergarten through grade six boys and girls. Volunteer coaching opportunities available. Call 52158 for registration information, building 358. Contact Jason at 53796 for Sports Program information.

'KARAOKE NIGHT Fridays' Ocean View 8 p.m. Come join us for drinks, singing and pupus. Questions? Contact Erik Wills at 53338.

BOUNCE AROUND BLOCK Party will be

Café Roi

| | | | | | | |
|--|---|--|---|---|--|---|
| Sunday Braised BBQ brisket Fried pork chops Blackeyed peas/ham hocks | Monday Citrus coriander salmon Chicken marsala Crab cake benedict | Tuesday Chicken caesar wrap Chicken fried steak Onion rings | Wednesday Ruben sandwich Crispy garlic chicken Cajun rice | Thursday Hot dog bar Chicken fricassee Whole wheat penne | Friday Beef/chicken tacos Beef tamales Refried beans | Aug. 28 Philly cheesesteak Pulled BBQ pork Mac and cheese |
| Tonight Fish and chips Bangers and mash Steak and ale pie | Sunday Beef ragu with pasta Chicken/mushrooms Creamy polenta | Monday Thai beef/veggies Chicken in peanut sauce Fried noodles | Tuesday Roast chicken Whole short ribs Grilled veggies | Wednesday Grilled top sirloin Ginger mahi mahi Baked potatoes | Thursday Roi fried chicken Grilled pork cutlet Mashed potatoes | Friday Champagne chicken Blackened cod Roasted red potatoes |

Aug. 29 at 5 p.m. on Brandon Field. Enjoy a community BBQ, the bounce castle, obstacle course, jousting and a variety of fun activities. Also look for blacklight bowling from 4-7 p.m. and a late night movie at the Rich starting 8:30 p.m.

YOU'RE INVITED! Fearon's PCS Party Aug. 29 at 6 p.m., Emon Beach Pavilion. Live local music by Eddie Enos. Please bring your own drinks and a dish to share. Questions? Contact David Fearon 51564.

CYSS SPORTS is seeking volunteers to coach a 2010 Youth Basketball team for the upcoming season. Divisions range from K-6 grade. Experience is recommended but not required for working with children. Contact Central Registration at 52158 or 53796 for more information.

LADIES NEWCOMER COFFEE. Ladies new to Kwaj, please join us for a get-to-know-you coffee from 9:30-11:30 a.m., Sept. 2 at quarters 487-D. Drop by and share a cup of coffee or tea with new friends. Call Mercedes at 52692 or Margaret as 54578.

KWAJALEIN CUB SCOUTS Pack 135 registration for the 2010-2011 scouting year will be held from 10-11 a.m., Sept. 6 at Emon Beach.

REGISTER NOW for Lifeguard class. Session dates are Sept. 11–Oct. 3, Saturdays, Sundays and Mondays. Cost is \$75, due after the first class, and includes book, pocket mask and certification fees. Register at Community Activities. Participants must be 15 years old. Registration deadline is Sept. 7. Questions, call Mandie at 53331.

THE GREAT KWAJ Swap Meet is from 8-11 a.m., Sept. 13, at Emon Beach. One complimentary table per household, one additional table is \$10. Pick-up service provided, no oversized items please. Call the Community Activities office to reserve your table, space is limited.

QUIT SMOKING Classes will begin Sept. 14 at 5 p.m. and end on Oct. 26. Classes are held in the Hospital Conference Room. Call the hospital and request your free physical before first class date. All quit smoking aids (medication, patches or gum) are free with program attendance. Call 55362 with questions.

THE 40TH KWAJALEIN Open will be Oct. 8-18. Entry fee will be determined at a later date. All payments must be received five days prior to tournament start date. Mail payment to: KGA, PO BOX 116. Contact Dick Basset at 52295 or rbasset@yahoo.com or Jim Bishop at 53784 to

sign up for tee times.

ELECTRICITY IS generated from both renewable and non-renewable sources, but most energy in the U.S. comes from burning non-renewable fossil fuels. Every unit (kilowatt) of electricity conserved reduces the environmental impact of energy use. If we conserve our current supply, more will be available for future generations.

WORKPLACE distractions and interruptions are common. Speak up about repeated and/or unsafe distractions and think and take responsibility for not interrupting or distracting others. Ewor ablonlon ko kajojo ilo jikin jermal rej walok. Kenono kaki men ko ekke aer walok aolep ien im elap abnono kaki im karon ro jet bwe ren bok bunten ko nan bojak im jab bar kommani.

FOR EVERYTHING you need to know about Intramurals and Programs, pick up an Adult Athletics Brochure. Available outside the Library and Post Office, and inside the Ivey Gym and ARC.

SURFWAY CUSTOMERS we value your feedback! Please assist us by completing our new on-line Customer Satisfaction Survey at <http://www.surveymonkey.com/s/Surfway2010> Questions? Contact Robb Griffith at 53607.

Safely Speaking: Fire Extinguishers



Do you know the A, B, C's of fire extinguishers?

A - is for ordinary combustibles

B - is for liquid fuels

C - is for electrical

Always use the right extinguisher for the job!

Kojela ke kon kain kein ikkun kijeek kwoj aikuj kejerbale non kuni kijeek type A, B im C?

A- Ej jermal non kuni kijeek ko rej walok jen alal, pepa im motan nuknuk

B- Ej jermal non kuni kijeek ko rej walok jen kiaj ak kaan wa

C- Ej jermal non kuni kijeek ko rej walok jen jarom

Kejermal kein ikkun kijeek eo ekkar non jermal eo!

Weather courtesy of RTS Weather

Sunday: Partly sunny, 10 percent showers. Winds: ENE-ESE at 9-14 knots.

Monday: Partly sunny, 30 percent showers. Winds: ENE-E at 12-17 knots.

Tuesday: Mostly cloudy, 20 percent showers. Winds: ENE at 10-15 knots.

Wednesday: Mostly sunny, 10 percent showers. Winds: ENE at 10-15 knots.

Thursday: Mostly sunny, 10 percent showers. Winds: ENE-E at 10-15 knots.

Friday: Mostly sunny, <10 percent showers. Winds: ENE-E at 8-13 knots.

Annual total: 36.58 inches

Annual deviation: -17.49 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

Sunrise/set Moonrise/set High Tide Low Tide

| | Sunrise/set | Moonrise/set | High Tide | Low Tide |
|-----------|---------------------|---------------------|------------------------------------|--|
| Sunday | 6:41 a.m./7:03 p.m. | 5:14 p.m./4:25 a.m. | 3:06 a.m., 3.8' 3:32 p.m., 3.1' | 9:34 a.m., 0.0' 9:21 p.m., 0.1' |
| Monday | 6:41 a.m./7:02 p.m. | 5:55 p.m./5:13 a.m. | 3:37 a.m., 4.1' 3:58 p.m., 3.5' | 9:58 a.m., -0.3' 9:50 p.m., -0.2' |
| Tuesday | 6:41 a.m./7:02 p.m. | 6:34 p.m./5:59 a.m. | 4:04 a.m., 4.3' 4:22 p.m., 3.8' | 10:22 a.m., -0.5' 10:18 p.m., -0.4' |
| Wednesday | 6:41 a.m./7:01 p.m. | 7:12 p.m./6:44 a.m. | 4:30 a.m., 4.5' 4:47 p.m., 4.0' | 10:45 a.m., -0.6' 10:45 p.m., -0.5' |
| Thursday | 6:41 a.m./7:01 p.m. | 7:49 p.m./7:27 a.m. | 4:55 a.m., 4.5' 5:11 p.m., 4.2' | 11:08 a.m., -0.6' 11:12 p.m., -0.5' |
| Friday | 6:41 a.m./7:00 p.m. | 8:26 p.m./8:11 a.m. | 5:20 a.m., 4.4' 5:36 p.m., 4.2' | 11:30 p.m., -0.6' 11:39 p.m., -0.4' |
| Aug. 28 | 6:41 a.m./7:00 p.m. | 9:05 p.m./8:55 a.m. | 5:44 a.m., 4.2' 6:01 p.m., 4.1' | 11:52 a.m., -0.5' |