

THE KWAJALEIN HOURGLASS



Darin Stephens and son DJ participate in one of the many fun and challenging games at the Father's Day Cookout and Relay Race on Sunday. For more, see Page 4.

Photo by Hannah Fronzak



COL FREDERICK S. CLARKE

COL JOSEPH N. GAINES

The Commanding General, U.S. Army Space and Missile Defense Command/U.S. Army Forces Strategic Command, invites you to attend the U.S. Army Kwajalein Atoll Change of Command ceremony at 10 a.m., Wednesday, July 7, at which time COL Frederick S. Clarke will relinquish command to COL Joseph N. Gaines. Location is the fixed wing hangar. Dress is duty uniform for military and casual for civilians. Reception follows immediately in the hangar.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

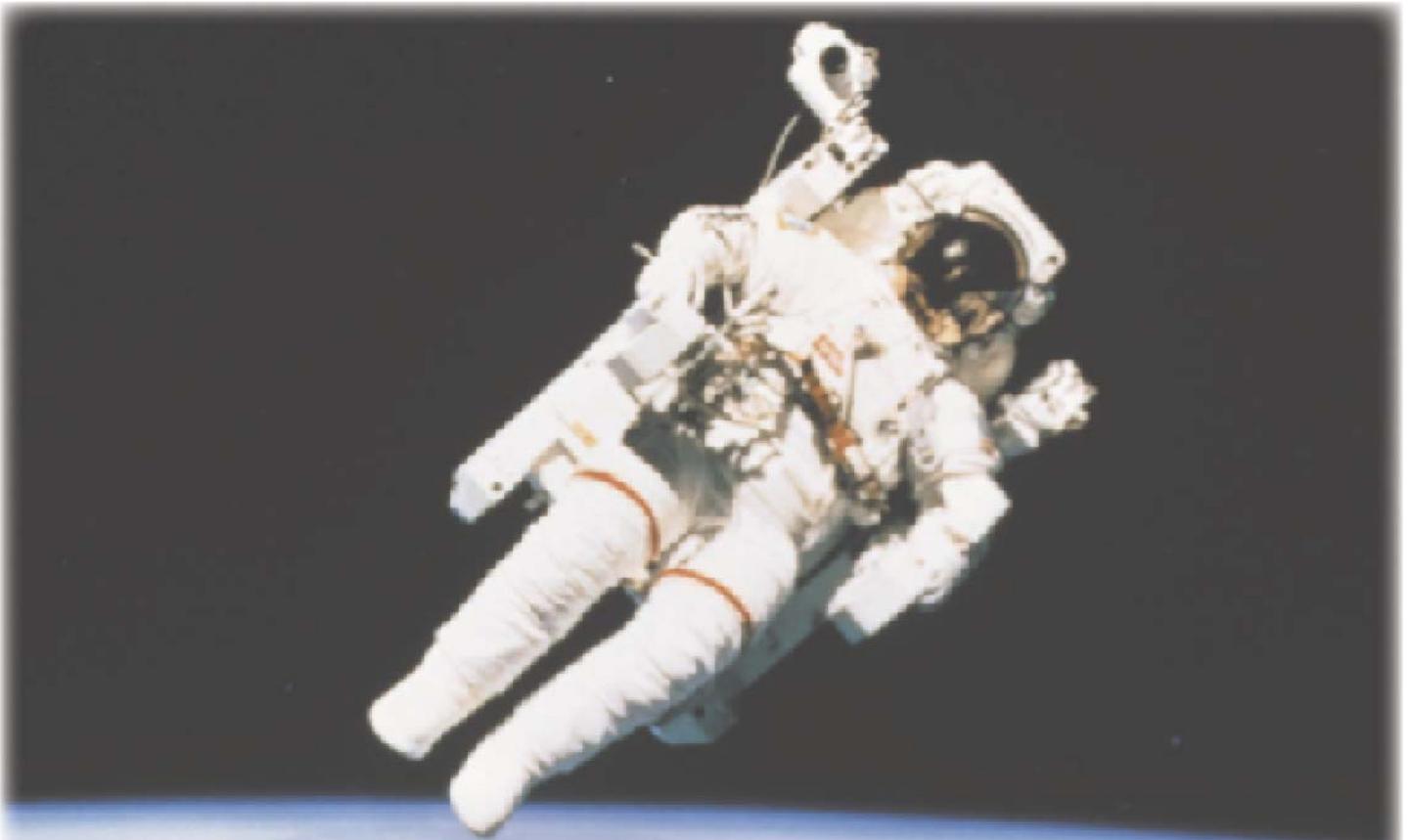
The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAKA. It is published Saturdays in accordance with Army Regulation 360-1 and using a network printer by Kwajalein Range Services editorial staff.

CMR #701 P.O. Box 23, APO AP 96555
 Phone: Defense Switching Network 254-3539;
 Local phone: 53539 Printed circulation:1,200

E-mail: hourglass@smdck.smdc.army.mil

Commanding Officer.....COL Frederick Clarke
Acting Public Affairs OfficerMike Sakaio
Managing Editor.....Sheila Bigelow
Associate Editor.....Hannah Fronzak
Media Specialist.....Coleen Engvall
Media Specialist.....Kaitlynn Phillips



ASMDA offers Space Camp scholarships

By Amy Lacost
Contributor

Three Elementary students have won scholarships to Space Camp in Huntsville, Ala. They will be attending camp July 4-9. The winners are sixth grader Dayna Hepler, fifth grader Colleen Furgeson, and fourth grader Avonlea Westhoff. The scholarship program is run through Air, Space and Missile Defense Association. Space camp is held at the U.S. Space and Rocket Center. Space camp is the world's premiere youth science program where children embark on an adventure of a lifetime. Campers see hundreds of authentic space artifacts, including the mighty Saturn V, the charred Apollo 16 command module, a genuine moon rock and the nose cone from the first Space Shuttle flight.

The scholarship covers tuition, registration fee, space camp flight suit, clothing package, spending cash and transportation costs to and from camp.

When asked about her upcoming trip, Westhoff replied, "I am really excited to go to space camp! I can't wait to learn more about space from the experts! I've never experienced weightlessness before...the Space Shot Simulator will be cool!"

Hepler is also excited, "to live at camp and try real 'space food' just like the astronauts eat in space. I'm excited to meet so many other kids from all over the United States."

Furgeson says, "I'm so excited and looking forward to U.S. Space and Rocket Center! I can't wait to learn more about space and science. The best part of this trip

is, I can't believe that I actually get to see and talk with astronauts and think like an astronaut."

In order to be eligible to apply for space camp the student must write an essay between 200-600 words in length about a topic of the scholarship committee's choosing and the student must have an interest in science and space. The student's grades are also taken into account. The application, hand written essay and report card are then sent to a panel of judges who read and pick the winning essays.



Above are space camp scholarship winners Dayna Hepler, Colleen Furgeson and Avonlea Westhoff.



Family Relay competitors laugh at they endeavor to carry a ball to the finish line with their partner without using their hands.

Families compete in many challenges at Father's Day Cookout and Relay



Victor Burnley seems to defy gravity in his attempt to limbo at last Sunday's Family Relay.

Article and photos by Hannah Fronzak
Associate Editor

Nothing brings fathers closer to their children than good food and games, right? At least, that's the attitude of Community Activities on Kwajalein. They proved this attitude to be correct Sunday at the Father's Day Cookout and Family Relay.

The event opened at 12:30 p.m. with a barbeque on the pavilion at Emon beach. Families poured in to get corn on the cob, rice, cotton candy, and the ever-popular barbequed meat.

After everyone had eaten their fill, families drifted over to the field next to the Youth Center, where the second part of the extravaganza began, the Family Relay.

The relay consisted of a wide variety of competitions chosen to entertain both the adults and their children. In the first race, all the participants – after practicing for a few minutes – lined up, clutching tees with golf balls balanced precariously on top on them. Children under the age of five had to race only a short distance and back with their ball, but anyone over the age of five had to make it to a far-off point and back in order to complete the race.

After that came a limbo competition that had the kids laughing and parents groaning as they tested the limits of their flexibility by ducking under a limbo stick that became shorter and shorter. But the hilarity didn't stop there. Next came the peanut race, where competitors raced to the far line and back



Nakai Chavana practices balancing a peanut on his nose for one of the races at the Family Relay.



Parents and children pass water balloons to each other during the Family Relay.

while balancing an unshelled peanut between their lips and nose. The next few events were water-themed to help the participants cool down. The whole group played “hot potato” by passing water balloons around a circle. The person holding a balloon when the music stopped or who accidentally caused a balloon to pop was automatically out.

After this, children partnered up with a parent for the water balloon toss, where contestants took a step back each time they successfully completed a toss; both of them were out if they dropped the balloon or otherwise broke it.

One of the funnier races involved partners carrying a

See FATHER’S DAY, Page 6



John Theologidy passes the “hot potato” balloon to his young daughter at the Father’s Day relay Sunday.



Luc Burnley laughs as his father drops the “hot potato” water balloon during one of the competitions at the Family Relay last weekend.



Jeff Beavers and daughter Lydia have a perfect system down for this part of last Sunday’s Family Relay.

ball between them – without using their hands. People tried many different tactics to complete this challenge, from walking side by side to holding their child in the air with the ball squashed between them.

To conclude the relay, Kim Yarnes gave out miniature trophies to each child as prizes. A few children also received other prizes as a reward for winning the most challenges. And each participant

walked away with something else as well; a series of funny, embarrassing or intense memories which will serve as ammo for both reminiscing and ceaseless teasing for years to come.



John Breen enjoys a tasty lunch with his two sons on Father's Day.



Jennifer Yezeck gets a young volunteer to help clean up the cones used at the Family Relay.



Left, Luc Burnley passes the "hot potato" balloon to his father, and right, John Theologydy helps his young daughter down the slide at the Family Relay Sunday afternoon.



Grace Sherwood Library kicks off 2010 summer reading program

Article and photos by Hannah Fronzak
Associate Editor

It's common knowledge that reading builds vocabulary, is a teaching tool and can help you de-stress. But those things really aren't much incentive for young children to read. As said by the immortal Cyndi Lauper song, "Girls [and boys] just wanna have fu-un." Kwajalein's Grace Sherwood Library took that into account when planning their annual summer reading program, sponsored with funds donated by the Spring Break Music Fest.

"Our goal is to get kids to develop good reading habits and to make reading fun," explained Community Activities Manager Kim Yarnes.

In the past, themes for the program have been a treasure island, where the kids' reward for reading was to move closer to the treasure, and an aquarium, where kids were rewarded with pieces of coral and little fish for their own aquarium. This year a racecar theme entitled "Rev up to Start Reading" was chosen.

Around 40 excited children showed up on June 16, the

program's opening day. The librarians efficiently signed them up, let them each pick a neon-colored bag of their choice, and sent them off to the start line of the racetrack to hang up their personalized racecar. For each 200 pages or six books read, the kids get a prize and can move their car a few inches down the racetrack.

After kids placed their cars, they had the opportunity to get temporary tattoos and were sent to the children's section of the library, where Johnny Hadley read them a book from the library's brand-new "Hank the Cowdog" series, written by John R. Erickson.

The summer reading program is still open for children to sign up, and all ages are welcome. Come to the library during open hours to join in the race for the finish line.



Johnny Hadley reads a book from the library's recent acquisition; the "Hank the Cowdog" series.



Kim Yarnes helps one of 40 participants to sign up for the 2010 summer reading program.



Participants hang their racecars at the start line for this year's racing-themed summer reading program.

Nineteen servicemembers die in the War on Terror

Spc. Christian M. Adams, 26, of Sierra Vista, Ariz., died June 11 in Kandahar, Afghanistan, of wounds sustained from a non-combat related incident. He was assigned to the 20th Engineer Battalion, 36th Engineer Brigade, Fort Hood, Texas.

SGT Mario Rodriguez, 24, of Smithville, Texas, died June 11 in Powrak, Afghanistan, of wounds sustained when insurgents attacked his unit using small arms and rocket-propelled grenade fires. He was assigned to the 264th Clearance Company, 27th Engineer Battalion (Combat) (Airborne), 20th Engineer Brigade, Fort Bragg, N.C.

Spc. Brian M. Anderson, 24, of Harrisonburg, Va., died June 12 in Za Khel, Afghanistan, of wounds sustained when insurgents attacked his vehicle using an improvised explosive device. He was assigned to the 1st Battalion, 87th Infantry Regiment, 1st Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

Spc. Christopher W. Opat, 29, of Spencer, Iowa, died June 15 in Baquah, Iraq of injuries sustained from a non-combat related incident. He was assigned to the 1st Squadron, 14th Cavalry Regiment, 3rd Stryker Brigade Combat Team, 2nd Infantry Division, Joint Base Lewis-McChord, Wash.

SGT Joshua A. Lukeala, 23, of Yigo, Guam; **Spc. Matthew R. Catlett**, 23, of Houston, Texas; **Spc. Charles S. Jirtle**, 29, of Lawton, Okla.; and **Spc. Blaine E. Redding**, 22, of Plattsmouth, Neb. died of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device June 7 in Konar, Afghanistan. They were assigned to the 2nd Battalion, 327th Infantry Regiment, 1st Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Cpl. Jeffrey R. Standfest, 23, of St. Clair, Mich., died June 16 while supporting combat operations in Helmand province, Afghanistan. He was assigned to 3rd Combat Engineer Battalion, 3rd Marine Division, IIMarine Expeditionary Force, based at Marine Corps

Air Ground Combat Center Twentynine Palms, Calif.

Lance Cpl. Michael C. Bailey, 29, of Park Hills, Mo., died June 16 while supporting

combat operations in Helmand province, Afghanistan. He was assigned to 3rd Battalion, 7th Marine Regiment, 1st Marine Division, IIMarine Expeditionary Force, based at Marine Corps Air Ground Combat Center Twentynine Palms, Calif.

Spc. Benjamin D. Osborn, 27, of Queensbury, N.Y., died June 15 in Shigalwashheltan district, Konar, Afghanistan, of wounds sustained when insurgents attacked his unit using small arms and rocket-propelled grenade fires. He was assigned to the 2nd Battalion, 327th Infantry Regiment, 1st Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Seaman William Ortega, 23, of Miami, Fla., died June 18 in Helmand Province, Afghanistan, of wounds sustained from an improvised explosive device blast while conducting combat operations against enemy forces. Ortega was assigned as a hospital corpsman to Third Battalion, First Marine Regiment, First Marine Division, I Marine Expeditionary Force.

Capt. Michael P. Cassidy, 41, of Simpsonville, S.C., died June 17 in Mosul, Iraq, of injuries sustained from a non-combat related incident. He was assigned to the 1st Battalion, 9th Field Artillery, 2nd Heavy Brigade Combat Team, 3rd Infantry Division, Fort Stewart, Ga.

Spc. Joseph D. Johnson, 24, of Flint, Mich., and **Pfc. Gunnar R. Hotchkin**, 31, of Naperville, Ill. both died June 16 at North Kunduz, Afghanistan, of wounds suffered when insurgents attacked their unit with an improvised explosive device. They were assigned to the 161st Engineer Support



"It is foolish and wrong to mourn the men who died. Rather, we should thank God that such men lived."

— Gen George S. Patton

Company, 27th Engineer Battalion (Combat) (Airborne), 20th Engineer Brigade, 18th Airborne Corps, Fort Bragg, N.C.

Spc. Nathan W. Cox, 27, of Fremont, Calif., died June 16 at Landstuhl Regional Medical Center, Landstuhl, Germany, of injuries sustained June 14 when insurgents attacked his unit with small arms fire at Near Forward Operating Base, Khogyani, Afghanistan. He was assigned to Headquarters and Headquarters Company, 1st Special Troops Battalion, 1st Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Pfc. Benjamin J. Park, 25, of Fairfax Station, Va., died June 18 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device. He was assigned to Company B, 1st Battalion, 502nd Infantry Regiment, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Spc. Scott A. Andrews, 21, of Fall River, Mass., died June 21 at Forward Operating Base Lagman, Zabul province, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device. He was assigned to the 618th Engineer Support Company, 27th Engineer Battalion, 20th Engineers Brigade, Fort Bragg, N.C.

Lance Cpl. Timothy G. Serwinowski, 21, of North Tonawanda, N.Y., died June 21 while supporting combat operations in Helmand province, Afghanistan. He was assigned to 3rd Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

LOST

CAMP MOR MAC SPORTS blue folding beach chair taken from Emon Beach opposite the A-Frame in the past two weeks. Please return, no questions asked.

FOUND

GLASSES, black frame, call 53539 to claim.

WANTED

FUTON OR LOVESEAT and a deck in good condition. Call Jen at 51584.

Religious Services

Catholic

9:15 a.m., Sunday, in Island Memorial Chapel.

Protestant

8 and 10:45 a.m., Sunday, on Kwaj.
Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in CRC, Room 3.

Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.

LADIES ONE-SPEED bike in good condition and beach chair(s). Call evenings 55509, daytime 53417.

DIGITAL CAMERA, waterproof, for snorkeling. At least five to seven megapixels. Call Amy, 51416 or 52301.

GIVEAWAYS

FREE FLAT ROCKS on the back side of quarters 121-D. Help yourself. Questions call David at 51564.

PATIO SALES

MONDAY, 8 a.m., quarters 106-A. PCS sale, household items, bikes, shed, plants, trailer.

FOR SALE

KAYAK; beginner surf board and Sun bike with burley, excellent condition. Call Beth or Kevin 51132.

DVD MOVIES and music CDs, \$3 each; six foot long wood storage unit, \$40 and assorted rope lights, \$20 each. Call evenings, 51564.

BLINDS FOR 400-series housing: five wood blinds, 38 3/4" wide; two wood blinds, 38" wide, \$25 each; three white mini-blinds, 38 3/4" wide, \$30 for all; dishwasher, \$100; three Kwaj-condition beige carpets, 12x15, \$25 each and IKEA locker, white, perfect for kid's toys, \$20. Call 51584.

AIR-CONDITIONED boathouse with nice view of lagoon on lot 70, \$1,000; BQ size refrigerator, \$50; 15X17 one-inch shaft size prop, \$200; Bruce anchor, 33 lb, \$50; Lewmar CQR anchor, 25 lb., \$200; dinghy, fiberglass over wood, 7.5 feet, \$300; 8HP Evinrude motor, \$300 and Japanese glass fishing floats, 13 inch diameter, \$50. Call Dennis at work 55185 or home 54489.

MEN'S LARGE complete dive set, \$500 and women's medium complete dive set, \$300. Call 59539 or 59444.

SCUBA BC'S, new, men's large with alternate air source, \$350 and women's small with alternate air source, \$360. Call 50894.

PLANTS, ALL SIZES and varieties. Call 53336 between 5-8 p.m.

LOT 44, with large deck, air conditioning and many extras, for best offer; complete dive set, men's large, \$500; medium women's complete dive set, \$300 and a hot tub. Call 59539 or 59444 for details.

PHILLIPS DVD PLAYER, 1080p Upconversion HDMI/DIVX, \$50 and MP3 Player Sansa Clip, 2GB, \$30. Call 50937 during the day and 50165

in the evenings.

MAYTAG DISHWASHER with counter top, \$125; girls' dressing table, \$30; Boat house/storage building with small deck, great condition, \$650; computer desk with glass top, shelves, \$30; deck with Gazebo and swing, \$225; wet bar/counter with sink and cabinets, \$30; bathroom sink vanity, \$25; two TV table/trays, \$10 each; two lounge chairs, \$5 each and a carpet and pad, beige berber. Come see at quarters 206-B. Call 51444.

SCUBA FINS, Mares Avanti Superchannel, like new, half price, \$50 and a Surround Sound System, JVC audio/video control receiver, five speakers plus subwoofer, \$90. Call Bob 52204.

LAY-Z-BOY, \$200 or best offer; Sony Triniton 27 inch TV, \$250; kitchen island, \$30; rice cooker, \$10 and a crock pot, \$10. Call 58669.

CRIB AND CHANGING TABLE, matching, white, no mattress for crib, \$100 for both and aluminum and glass top patio table with six aluminum chairs, less than one year old, great condition, \$300. Call 54676 after 5 p.m.

KENMORE ULTRA WASH dishwasher with a cutting board top, \$200; Wii and Wii Fit, with the console, the wii fit board, wii-mote and Wii Fit game, \$225 for everything; RCA DVD and home theater system, new, \$100 and a Little Green Carpet Shampooer, \$50. Call 53119.

REEL, Shimano 80 two speed, no pole, asking \$500 or best offer. Call 59081 or 59335.

HOME THEATER RECEIVER, 07 model Onkyo TX-SR575 7.1 channel, with two HDMI in and one HDMI out, version 1.3 pass through, Dolby and DTS decoders and XM/Sirius satellite radio ready. Cost \$500 new, selling for \$200. Call 52525 and leave a message.

COMMUNITY NOTICES

COME ONE, COME ALL, Karaoke night at the Veteran's Hall. Sing, dance, drink and play. Party hard till the break of day. Starts at 10 p.m., tonight, at the Vet's Hall. Dan Hopkins hosting, 52349.

MANDATORY ISLAND Orientation begins at 12:45 p.m. on June 30 in CAC Room 6, building 365. It is required for all new island arrivals. Bring your employee or clock number with you. The Island Orientation is not recommended for dependent children under the age 10. Questions? Call KRS ES&H at 51134.

KWAJ WORLD CUP 2010: Sign up your country for Summer Fun Indoor Soccer Tournament. Register June 30-July 7 in Community Activities, building 805. Cost is \$20 per team. Play is July 13-17. Questions, call 53331.

Café Pacific

Sunday London broil Salmon croquettes Pork pimento Grill: Brunch station open	Monday Broiled hamburger steak Sweet and sour pork Noodles romanoff Grill: Brunch station open	Tuesday Spaghetti Whole wheat pasta Chicken/broccoli stir-fry Grill: Italian burger	Wednesday Roast turkey Pork pimento Vegetarian pasta Grill: N/A	Thursday Mambo pork roast Jerk chicken wings Sesame tofu Grill: Ham stackers	Friday Corned beef & cabbage Chicken dumplings Tuna casserole Grill: Grilled cheese	July 3 Meatloaf Chicken/peapod stir-fry Oriental vegetables Grill: Mushroom burger
Tonight Fried chicken Short rib stew Marinated mahi	Sunday Sliced roast beef Chicken divan Vegetarian tofu	Monday BYO tostadas Beef pot pie Vegetable stir-fry	Tuesday Braised swiss steak Chicken and dumplings Vegetarian lentils	Wednesday Top sirloin Chicken casablanca Baked potatoes	Thursday Herb chicken Beef stew Vegetable quesadilla	Friday BYO pizza Spaghetti Italian mix grill

EFFECTIVE JULY 1, KRS Security will process all service requests for locksmith services. If you require Lockshop support, please call KRS Security at 55137. Fax completed work request, KRS Form 1242-A, to 51409 or e-mail kristi.harri ngton@smdck.smdc.army.mil. Be advised this is for Lockshop services only. Please continue to call Public Works Service Desk at 53550 for all other support.

KWAJALEIN AMATEUR Radio Club will be hosting an exam session for the FCC Amateur Radio License at 7 p.m., July 1, in building 557, the 'ham shack' just south of the Adult Pool. Cost is \$15. Bring photo ID and a #2 pencil. Calculators are allowed. Any questions, please contact Chuck Conway at 51481 or 52819, or via e-mail at charle s.corway.ctr@smdck.smdc.army.mil.

LAUNDRY RETAIL Customer Service hours will change beginning July 1. The new hours will be 7-9 a.m., 3-5 p.m., Tuesday-Saturday. One day service is available. Questions, contact Kijenni Lokboj 53462.

BINGO NIGHT at the Pacific Club is July 1. Card sales begin at 5:30 p.m., Bingo play begins at 6: 30 p.m. Blackout completion 53 numbers \$1,300 payout; Windfall completion at 30 numbers \$2,000 payout. Must be 21 to enter and play, bring your ID. Questions, contact Erik Wills at 53338.

COMMUNITY BANK will be closed July 3 in observation of the Independence Holiday. It will re-open on July 6.

FOURTH of JULY volunteers needed. Volunteer an hour of your time for the banana boat ride, at carnival games, doing the scavenger hunt or bouncing on the inflatables. Call Community Activities at 53331 to sign up.

EMON BEACH WATER areas will close at 7: 45 p.m. on July 4 due to safety, set-up, and launching of fireworks. Please plan accordingly and be respectful of area closures and patrols.

COME CELEBRATE Fourth of July Picnic Brunch at Café Pacific. Our chefs will be preparing an array of home-cooked entrees including herb seasoned charcoal broiled chicken, BBQ pulled pork sandwiches, country ham and cheddar quiche, homestyle baked beans, corn on the cob, sour cream and chive potatoes, biscuits and honey, watermelon patch, creamy coleslaw, Mom's potato salad and Grandma's apple pie. Egg, omelet and pancake station open. All island residents welcome.

PCS PARTY FOR Mike and Michele Beynon will be at 6:30 p.m., July 5, at Emon Beach Pavilion 1. Please bring a dish to share and BYOD. Dessert

For members who are enrolled in the AGB Aetna HealthFund (HRA) plan, all covered family members should have received their medical ID card and a separate dental PPO ID Card. A single employee would have received one ID card for medical and one for dental.



Those enrolled in the Aetna PPO medical plan should have received one ID card per person that includes coverage for both medical and dental. A single employee would receive one ID card.

ABG members can also print a temporary ID card by going to www.aetnaglobalbenefits.com through Aetna Navigator. Your existing member ID card is 100% valid for coverage even though the mailing address shown on the back of the ID card is the old Tampa, Florida address; this card will be valid until the end of 2010. The new card will show the El Paso, Texas address.

If you have any claims or correspondence in your possession you may mail them to **Aetna Global Benefits, P.O. Box 981543, El Paso, TX, 79998-1543, USA**. The AGB Claims fax number and e-mail for electronic claims submittal is unchanged. If you have any questions regarding your claims, please call Aetna Global Benefits at (800) 231-7729 or the Benefits Office at (805) 355-0939.

will be provided. Questions, call Penny at 53808.

ROI NAMUR Annual Coconut Cup Race is July 5 at the Surf Shack. There is a \$20 entry fee for all coconuts. All proceeds go to the Ennubirr Children's Christmas Fund. For rules and regulations contact Laura Pasquarella-Swain at 56638 or Joe Coleman at 55130.

KWAJALEIN SCUBA CLUB meeting, 7 p.m., July 14, in CRC Room 1. This is a Dues and Constitution Meeting. Read the proposed constitution posted on the Kwajalein Scuba Club website under the Forms tab and be prepared to vote on the changes. "Why We Need Nitrox" presentation by Lisa Shier. Bring your Dive Computer to the meeting for an extra point.

THE OPTOMETRIST, Dr. Yamamoto, will be on island and will see patients July 18-29. Call the Hospital at 52223 or 52224 to schedule an appointment.

KPD WILL CONDUCT a public auction at 2 p.m., July 19, at the Kwajalein Police Department. More detailed information regarding the items for auction or the auction process is available by contacting the Property Custodian, Officer Joe Lagman, between 6 a.m. and 4:30 p.m. at 54445.

VOLUNTEERS WANTED for the Annual Roi-Namur ECCF Chili Cook Off on Sept. 6 at Emon beach. Adults and youth groups are welcome. We will need food handlers, t-shirt booth and game booth volunteers. Please contact Laura Pasquarella-Swain if you are interested at 56048 or 56638, or e-mail freeatlast39@hotmail.com.

INFORMATION SERVICES Training offers adult software classes free of charge. The summer schedule is now available. For more information contact it.training@smdck.smdc.army.mil, voice 50787 or visit our website at <http://sharepoint.smdck.smdc.army.mil/sites/doim/training>.

MEDICAL RECORDS copies for PCS require two weeks notice and will be processed according to PCS date. Urgent requests will be processed accordingly. There is an additional fee for mailing records and advance payment is required. Questions or concerns, call Leonisa at 52223.

ATTENTION HOBBY Shop and Woodshop patrons, if you have wood in the woodshop, please come in and make sure your name is on it and it is stored properly. All pottery and ceramics must be picked up or stored with name and date in proper areas. If left for 60 days without approval, it will become hobby shop property. Thank you. Questions, call Denise at 51700.

Café Roi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	July 3
Stuffed pork loin	Patty melt with onions	Memphis rubbed ribs	BBQ beef sandwich	Cuban sandwiches	Bacon cheeseburgers	BYO meatball subs
Chicken in sour cream	Smoky mountain chicken	Beer battered cod	Turkey and dumplings	Ropa vejia beef	Baked chicken	Penne pasta
"Breakfast Jack" sandwiches	Ham and cheese quiche	BBQ baked beans	Mashed potatoes	Black beans	Home fries	Eggplant sticks

Tonight	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
BBQ pork ribs	Oven roasted chicken	Pork cutlets with gravy	Teriyaki chicken	Roast beef	Roi fried chicken	Chicken marsala
Panko fish fillets	Beef tips in burgundy	Salmon with lemon	Sesame seared mahi	Grilled chicken	Short ribs	Roi beef stew
Potato wedges	Mashed potatoes	Mashed potatoes	Fried rice	Corn on the cob	Mashed potatoes	Sweet potatoes

To My Kwaj Family,

Eight months ago I was diagnosed with breast cancer and have since undergone multiple surgeries and chemotherapy. Finding out I had cancer and the long journey that lay ahead was the hardest thing I hope I will ever have to face. It's hard to hear that you will be taken away from your life as you know it and thrown into an emotional and physical roller coaster...not to mention a Wyoming winter. I honestly didn't know how I was going to make it through...but every day I got unbelievable

support from the truly amazing people here on Kwaj! Every day I was gone I would receive something from Kwaj, whether it be a letter, an e-mail, a phone call, a care package, or word of fundraisers on my behalf...it was so inspirational! It seemed like whenever I was getting discouraged I would get something from Kwaj reminding me what I was fighting for and to stay positive.

All the love and prayers and positive thoughts coming from Kwaj made such a huge difference in my healing and getting back to the island and the people I love.

I am at a loss for words to explain my gratitude to the whole community for being so wonderful to me...I honestly couldn't have done it without you all! So thank you! Thank you everyone for everything you have done for me in the past eight months...thank you for constantly reminding me how lucky I am to be surrounded by so many kind, generous, loving, wonderful people every day. I am so honored and blessed to be a part of this wonderful community!

All my love,
Amber Monroe-Martin

GRAND OPENING USAKA/RTS LAUNDRY!

Beginning on July 2 the long awaited opening day of the new USAKA laundry facility finally arrives. The facility will provide a brand new, spacious facility conveniently located directly adjacent to the Dock Security Checkpoint. The Laundromat location and design will relieve the need for the laborious task of hauling laundry bags all around USAKA as was previously necessary.

The construction of the new laundry facility is due to certain force protection/security concerns noted during past security inspections. The practice of admitting hundreds of large parcels (laundry bags) daily into a secure military facility was deemed a serious security risk. Instead of eliminating the laundry facility, funding was provided to allow USAKA to build a more secure facility which will allow the work force and authorized commuters to continue the practice of washing laundry at USAKA. Once the new facility is opened, laundry bags will no longer be authorized to come onto USAKA. However, for convenience, sufficient storage spaces will be provided to allow for workers to store their laundry bags while they are at their places of work.

The current laundry facility will be moved in phases beginning Thursday, June 24 and will close on June 30. Please plan accordingly for limited laundry capacity during time.

THANK YOU!

KRS would like to thank everyone who voluntarily contributed to the Ri'katak Lunch Program for the 2009-2010 school year. Your generous contributions have provided lunch every day to our Ri'katak students. Voluntary contributions are accepted year round and can be made in any amount, including a full year's worth of lunches (the total cost per student for the entire academic year is \$542). Anyone wishing to support this worthwhile cause may send a donation to Janette Bishop in building 702. Checks should be made out to KRS and annotated in the remarks section to indicate "Ri'katak Lunch Program."

Weather courtesy of RTS Weather

Sunday: Partly sunny, 10 percent showers. Winds: NE-E at 11-16 knots.
Monday: Mostly cloudy, 40 percent showers. Winds: ENE-E at 9-14 knots.
Tuesday: Partly sunny, 10 percent showers. Winds: ENE-ESE at 10-15 knots.
Wednesday: Mostly cloudy, 40 percent showers. Winds: E-ESE at 10-15 knots.
Thursday: Partly sunny, 10 percent showers. Winds: ENE-E at 9-14 knots.
Friday: Partly sunny, 20 percent showers. Winds: ENE-E at 10-15 knots.

Annual total: 25.29 inches
Annual deviation: -10.42 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

Sunrise/set Moonrise/set High Tide Low Tide

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	6:32 a.m./7:09 p.m.	01:31 p.m./12:56 a.m.	04:35 a.m., 4.4' 05:00 p.m., 3.3'	11:04 a.m., -.04' 10:47 p.m., -.01'
Monday	6:32 a.m./7:10 p.m.	02:24 p.m./01:42 a.m.	05:09 a.m., 4.4' 05:32 p.m., 3.3'	11:36 a.m., -.04' 11:20 p.m., -.01'
Tuesday	6:32 a.m./7:10 p.m.	03:19 p.m./02:29 a.m.	05:41 a.m., 4.4' 06:04 p.m. 3.3'	12:07 p.m., -.03' 11:53 p.m., 0.0'
Wednesday	6:32 a.m./7:10 p.m.	04:14 p.m./03:18 a.m.	06:12 a.m., 4.2' 06:36 p.m., 3.3'	12:37 p.m., -.02' 01:07 p.m., 0.0'
Thursday	6:32 a.m./7:10 p.m.	05:10 p.m./04:10 a.m.	06:43 a.m., 4.0' 07:09 p.m., 3.2'	12:26 a.m., 0.1' 01:07 p.m., 0.0'
Friday	6:33 a.m./7:11 p.m.	06:06 p.m./05:03 a.m.	07:14 a.m., 3.8' 07:44 p.m., 3.1'	12:59 a.m., 0.4' 01:39 p.m., 0.2'
July 3	6:33 a.m./7:11 p.m.	06:59 p.m./05:58 a.m.	07:47 a.m., 3.5' 08:25 p.m., 3.0'	01:36 a.m., 0.6' 02:12 p.m., 0.4'