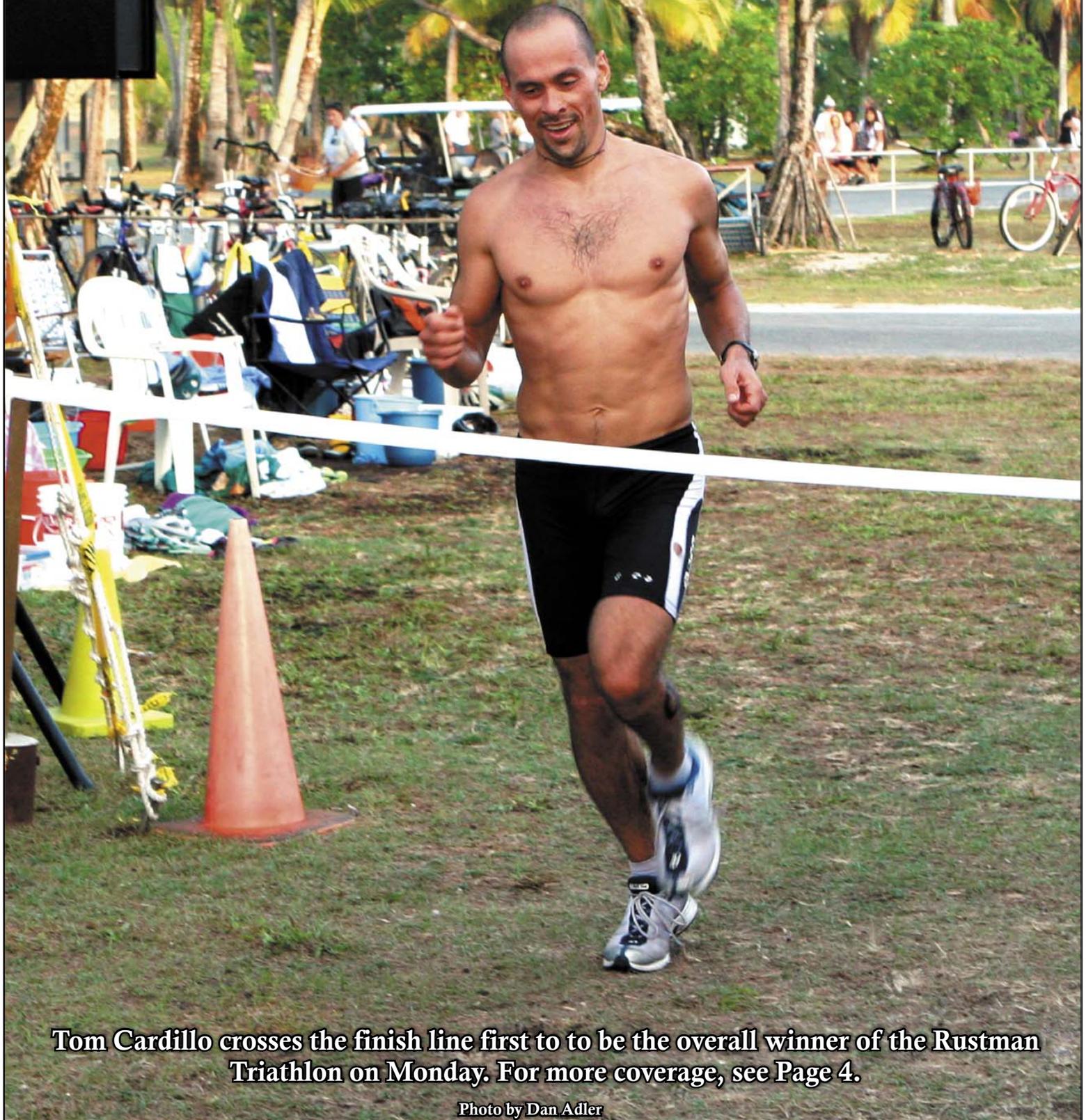


# THE KWAJALEIN HOURGLASS



**Tom Cardillo crosses the finish line first to to be the overall winner of the Rustman Triathlon on Monday. For more coverage, see Page 4.**

Photo by Dan Adler

## LETTERS TO THE EDITOR

# Yokwe Yuk Women's Club delivers \$30,000 in education grants to Ebeye schools Monday

Monday was a great day for the schools on Ebeye. Thanks to your hard work, ladies, we were able to deliver about \$30,000 in checks in educational grants to principals on Ebeye. A grant of \$4,000 might represent a third of a school's annual budget on Ebeye so the funds are very significant and make a huge difference to the schools.

It was such a privilege for the four of us who represented the YYWC in handing out the checks. We were asked

over and over again by the principals to please convey their thanks.

The funds were for everything from a water catchment system so that students don't have to leave campus to get a drink of water to copy machines since the schools could never afford textbooks for all of their students. We gave money for much needed construction of new classrooms at three schools.

Our checks to the rest of the schools

in the Marshalls and Micronesia will go in the mail this week. A special thank you to each one of you who pulls a shift regularly at the Bargain Bazaar or the Mic Shop. You are the ones who made those checks possible. The time that you volunteer is making a difference.

Sincerely,

— Jenny Norwood  
President, Yokwe Yuk Women's Club

# Thanks to all who helped with talent show

As event coordinator for this year's George Seitz Elementary Talent Show, I would like to thank all involved for making the show a huge success.

Thanks to all my committee members and last-minute volunteers including Jane, Stacey, Doug, the other Jane, Diane, Annie, Kori, Molly, Mereille, Christina, Ron, the other Diane, Cheryl and Karen.

Thanks to all the teachers who inspire these kids to perform at their best; Julie, Allison, Tonya, Wendy, Anne, Masina, and Tarah. Thanks to the parents of the kids,

who made sure they rehearsed and came to practice. Kudos to the MC's, David and Jillian and to the music man — Dick Shields. Finally, to the kids themselves, who are brave to stand out there and show their talent. Without you guys, it wouldn't happen. It was very entertaining and it would not have gotten done without everyone doing their part. The people on this island truly amaze me with their ingenuity and giving spirit. Can't wait till next year.

— Amy LaCost  
PTO volunteer



## THUMBS UP

To the supporters and spectators who came out to cheer on the Rustman participants this past Monday. Your cheers and encouragement throughout the event were much appreciated and really do help to put a little bit of spring back into our weary legs! Thanks also to those who set up extra water stations and sprinklers along the route!

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

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# Biden kicks off wounded warrior ride



Vice President Joe Biden speaks at the opening ceremonies of the Wounded Warrior Soldier Ride on the South Lawn of the White House April 27 as his wife, Dr. Jill Biden, Defense Secretary Robert M. Gates, center, and Secretary of Veterans Affairs Eric K. Shinseki, right, look on.

By Donna Miles  
American Forces Press Service

“Riders ready?” Vice President Joe Biden asked wounded warriors April 27 before sounding the air horn that kicked off the fourth annual “White House to Light House” Wounded Warrior Soldier Ride.

Twenty-eight wounded warriors got a vice presidential sendoff at the White House south lawn today as they launched a three-day bicycle and wheelchair ride to show the world and themselves what they’re still capable of accomplishing.

Joined by his wife, Dr. Jill Biden, along with Defense Secretary Robert M. Gates, Veterans Affairs Secretary



DoD photos by William D. Moss

**Wounded veterans ride past the crowd on their bicycles and hand bikes on the South Lawn of the White House April 27.**

Eric K. Shinseki and National Security Advisor James L. Jones Jr., the vice president told the participants they define what America represents.

“Your losses to most Americans are incomprehensible, but what’s even more, more unfathomable to Americans, is your courage,” he said. “You have no idea, I expect, what an inspiration you are to all Americans.”

Calling the wounded warriors “the heart and the soul and the spine” of the United States, he said they set an example for others to emulate.

“You not only let us know what we should be, you’re showing us that we can be anything we want to be,” Biden said. “And for that, I thank you on behalf of my children and my grandchildren and all Americans.”

Almost 600 active-duty servicemembers, along with the wounded warriors’ families and caregivers, crowded the White House lawn to cheer on the participants as they set out on their ride. They erupted in cheers after the vice president sounded the air horn to kick off the ride, the cyclists whizzed by him, waving as they made a loop around the asphalt trail that rings the south lawn.

“As you circle this lawn and ride out of the White House gate, know that we will be cheering for you every mile of your journey,” Jill Biden told the riders. “Thank you for your service,

your courage and for your sacrifices for our country. Thank you on behalf of a grateful nation.”

After leaving the White House, the riders will make stops at the Pentagon and Arlington National Cemetery, followed by a reception at the U.S. Capitol. Tomorrow, the riders will visit Baltimore’s Inner Harbor and see an Orioles baseball game at Camden Yards. The final day of the ride, they will visit Joint Base Andrews Naval Air Facility Washington in Maryland, then historic downtown Annapolis and the campus of the U.S. Naval Academy.

Chris Roberts, director of the Soldier Ride, said riders get excited about the reception they receive in the nation’s capital and Maryland. “It is also particularly meaningful for them to ride past areas of historical significance to the country while drawing attention to the needs of the greatest patriots of this generation,” he said.

Soldier Ride is a program of the Wounded Warrior Project, which provides key rehabilitation opportunities for wounded warriors and raises public awareness for those who have been severely injured during the current conflicts.

All participants with a disability or missing a limb or limbs are provided the adaptive equipment customized to their individual needs.

# Doing the



**Christina Sylvester crosses the finish line to be the overall winner for the Rustman in the women's division. (Photos by Dan Adler)**

# Rustman



Melissa Peacock starts the bike portion of the race as Josh Griffin, left, and Kevin Coyne wait for their team members to finish the swim during the annual Rustman triathlon held Monday.

## Annual triathlon on Monday draws 43 individual competitors, 16 teams



Julie Alves has a big lead in the swim portion of the Rustman Monday and was first out of the water.

By Bob Sholar  
Kwajalein Running Club President

Kwajalein Running Club's 31st Annual RustMan swim-bike-run triathlon was held Monday. The traditional course with an Emon Beach hub was used: one-kilometer swim, 42-kilometer bike and 10-kilometer run.

There were 43 individual competitors and 16 teams of three (with one being just two members). This was the largest number of solo contestants since the team section was introduced back in 1990.

Col. Frederick S. Clarke sounded the starting horn at the base of Echo

See RUSTMAN, Page 13



Kwajalein School Superintendent Al Robinson, standing, welcomes teachers from Calvary school on Ebeye and Enniburr teachers to George Seitz Elementary School April 24. The teachers spent the day observing classes at the elementary school and the high school.

# Ebeye, Enniburr teachers observe Kwajalein school classes April 24



Kwajalein School Counselor, Masina McCollum, far end of table, and Susannah Jones, English Language Learning Teacher (in white dress at right), discuss the day's itinerary with the teachers.

Article and photos by Dan Adler  
Media Services Manager

Thanks to the joint efforts of Kwajalein school and the Yokwe Yuk Women's Club, teachers from Ebeye schools have been visiting Kwajalein schools about once a month during the school year. While on their visits, they have observed classes taught by Kwajalein teachers and by doing so have gained valuable experience in classroom teaching.

Teachers from Calvary School and Enniburr school, along with the principals, visited George Seitz Elementary and Kwajalein High School on April 24.

Jenny Norwood, President of the Yokwe Yuk Women's Club, had the idea for the visits.

According to Norwood, although the YYWC gives monetary educational grants to Ebeye schools, more was needed.

"When I asked what else we could



Calvary School teachers Obten Jibas, Yolene Jibas and Andy Jaime (at left) observe a Kwajalein High School marine science class taught by science teacher Jeff Griswold (at right) April 24.

help with other than the grants, they all answered, ‘teacher training,’” said Norwood.

She approached Al Robinson, Kwajalein School Superintendent, about the need and asked about a teaching seminar. Robinson said the Ebeye teachers would get much more out of coming to Kwajalein schools to see lesson planning, classroom management, reading, etc. being put together in the classroom.

“Al and I went over to Ebeye this past October and met with the Kwajalein Educators Association,

which is a group made up of all the principals on Ebeye,” Norwood said. “We were warmly received, and they were very enthusiastic about our willingness to help with the teacher training.

Robinson said, “They really needed professional development and the chance to see other school teachers in action. Jenny and I sat down and we talked through a program of picking an Ebeye school and organizing it so the teachers could come over and spend the day just shadowing our people. When the kids go off to

recess or off to special activities, the teachers can ask questions and talk to our teachers about teaching techniques. We’ve had Third Island teachers here as well as Seventh Day Adventist and the GEM Christian School from Ebeye. We’re having Calvary School and Enniburr School here today.”

According to Norwood, YYWC makes contact with a school on Ebeye to extend the invitation. Then the club works with Host Nations to get the teachers cleared through dock security. A group from the YYWC is at the dock to greet the teachers and take them to the Kwajalein schools.

Robinson emphasized, “This all happens because Jenny Norwood and the YYWC make it happen. I basically just provide a place for them to be.”

Masina McCollum, George Seitz counselor, coordinates all the schedules for each teacher.

Observing Kwajalein teachers in a classroom environment is extremely important to the Ebeye and Third Island teachers. Some of them may have completed high school, but few have had the opportunity to go on to college or receive specialized teacher education.

As the teachers arrived at George Seitz Elementary on the morning



Calvary School teachers Mylani Elanzo, far left, and Enniburr teacher Tenita deBrum visit Jennifer Cossey’s (center) kindergarten class at George Seitz Elementary April 24.

**See TEACHERS, Page 12**



George Seitz Elementary School sixth grade students perform to Michael Jackson's *Thriller* at the PTO Talent Show April 24 in the multi-purpose room.

## *Kwaj Kids have talent*

# George Seitz students entertain with night of singing, dancing

Article and photos by Dan Adler  
Media Services Manger

While I was on my way to cover the ninth annual George Seitz Elementary PTO talent show April 24 in the multi-purpose room, I thought it was going to be like a night of listening to those very bad *American Idol* auditions, only worse.

But the young students did

themselves proud in the 23 acts they performed during the evening. I actually found it entertaining and enjoyable.

Making a show successful requires a lot of planning and work. According to Amy LaCost, PTO member, a committee was formed in February and started the planning process. Children would try out for the show by performing their acts for the committee.

After the acts were chosen, a script for the show was written and then rehearsals began.

"The teachers were phenomenal because we had the second grade, the fifth grade and the sixth grade performing," said LaCost. "They were instrumental in getting the children to practice and they helped them perfect their routines. The children work really hard."

The show opened with the fifth



Danielle Rivera



The K-Crew



Addison Cossey



Rachel Washburn



Aspen Nelson



Abigail Bishop

grade using sign language for the national anthem of the Republic of the Marshall Islands.

They were followed by Allison Hibberts, Claire Grant and Danielle Rivera playing *March* by Ludwig von Beethoven.

Nikky Ansley rocked the house with her version of Miley Cyrus' *Don't Walk Away*. Her classmates cheered and clapped to the music.

Ella Wiley and Graeson Cossey danced to *Axel F* from *Beverly Hills Cop*.

They were followed by Rachel Washburn singing Kelly Clarkson's *Break Away*.

The second grade put on a high-energy act which included tumbling called *Recess*.

Katie O'Rourke then played *Little Lost Kitty* on piano.

She was followed by Abigail Bishop doing a high-stepping dance to *Tik Tok*.

The Cobra-Style Dance Troupe, ages 11-13, then took the stage for some dancing choreographed by Julie Wathen. The troupe includes Kelly Burnham, Addison Cossey, Lizzie Doerries, Colleen Furgeson, Claire Grant, Allison Hibberts and Ciara Swanby.

One of the highlights of the eve-

ning was the sixth grade's *Michael Jackson Remix*. The students put on a great show as they danced to *Beat It* and *Thriller*. Amazingly, the dances were choreographed by class members.

*Three Dancing Divas*, Nikky Ansley, Abigail Bishop and Allison Homouth, wowed the audience with their dance to *Disturbia*.

Dayna Hepler and Adam Tiffany took the stage and danced to the song *Axel F*.

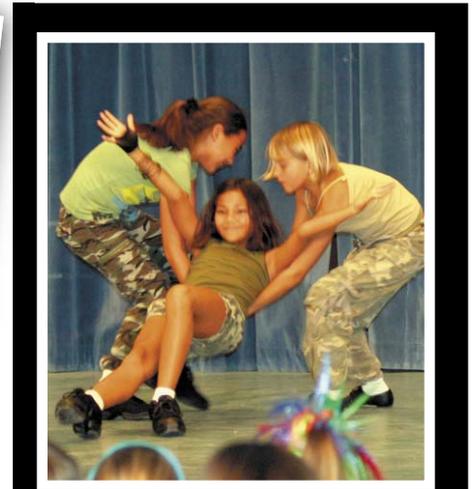
Then baseball ruled as *League 9-12* danced to *Take Me Out To the Ball Game* choreographed by Wathen. The group included Nikky Ansley, Abigail Bishop, Graeson Cossey, Jillian DeCoster, Allison Homouth, Iley Kickhofel, Ruthie Long, Claire Stepchew, Colette Walker, Rachel Washburn, Avonlea Westhoff and Dawson Wiley.

Next, Addison Cossey sang *The Way I Love You*.

The evening turned classical when Danielle Rivera played *Sonata #1* by Mozart on piano.

Colorful costumes and lots of energy filled the stage as Dance Troupe 7-9 performed to *A-B-C* by *The Jackson Five*. This group was

See TALENT, Page 10



Dancing Divas



Kelly Burnham and Jillian DeCoster



Ella Wiley and Graeson Cossey



Cobra-Style Dance Group



League 9-12

## TALENT from Page 9

also choreographed by Wathen. The dancers were Heather Ansley, Savannah Burnham, Cassandra Daily, Emma Elkin, Hannah Finley, Mackenzie Gowans, Kayla Hepler, Christina Jones, Jenna Lundberg, Aliya Nelson, Katie O'Rourke, Roslyn Stephens, Kaya Sylvester, Stephanie Washburn and Ella Wiley.

Next, Aspen Nelson enthralled the audience with her beautiful acappella singing of *Castle*.

Kelly Burnham and Jillian DeCoster followed with a lighthearted dance to *Barbie Girl*.

Even a little microphone problem didn't dampen the enthusiasm from the audience as Addison Cossey, Colleen Furgeson and Caliegh Yurovchak rocked the house with Miley Cyrus' *Party in the USA*.

The *K-Crew* was next up with a dance performance to *Boom Boom POW* choreographed by Alison Kickhofel.

Then, the big 'kids,' aka George Seitz teachers, showed they have talent too as they did an amusing dance routine to close the show.

As I said before, the students can really be proud of their performanc-



Allison Hibbers, Claire Grant and Danielle Rivera.



Colleen Furgeson, Addison Cossey and Caliegh Yurovchak sing *Party in the USA*

es. As LaCost noted, "It's great their classmates and the audience were very respectful and supportive. It takes a lot of guts to get up there in front of somebody and sing and dance."

David Sholar and Jillian DeCoster served as Masters of Ceremonies introducing acts, making announcements and telling bad jokes (move over Karla Long).

Other helping hands for the show were Karen Brady, Kori Dowell, Annie Hepler, Doug Hepler, Diane Peters, Jane Premo, Dick Shields, Cheryl Shields and Diane Swanby.

According to LaCost, proceeds from the show go to the general PTO fund.

"Every fall, the PTO votes on how to use the funds for the year such as giving money to the George Seitz library and supporting teachers with an 'Artist in Residence' program or special supplies that aren't in the school's budget," she said. "We also bought some small Razor scooters for the Rikatak students to use during school if they have to go on a field trip or other places around town because many of them don't have bikes on island. We get many requests during the year for help."

LaCost encourages parents of children in George Seitz Elementary School to join the PTO. "Any parent is eligible," she said.



George Seitz teachers show that big 'kids' have talent too at the PTO talent show April 24 in the multi-purpose room.

# Seven servicemembers die in Iraq, Afghanistan

**Sgt. Michael K. Ingram Jr.**, 23, of Monroe, Mich., died April 17 in Kandahar, Afghanistan of wounds suffered when an improvised explosive device detonated near his dismounted patrol. He was assigned to 1st Battalion, 12th Infantry Regiment, 4th Brigade Combat Team, 4th Infantry Division, Fort Carson, Colo.

**Pfc. Charlie C. Antonio**, 28, of Kahului, Hawaii, died April 18 in Annassar, Iraq, of injuries suffered in a non-combat related incident. He was assigned to the 1st Battalion, 8th Infantry Regiment, 3rd Brigade Combat Team, 4th Infantry Division, Fort Carson, Colo.

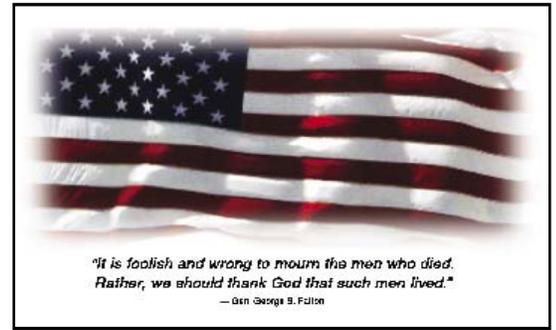
**Sgt. Robert J. Barrett**, 20, of Fall River, Mass., died April 19 in Kabul, Afghanistan, of injuries sustained when a suicide bomber attacked

his unit. He was assigned to the 1st Battalion, 101st Field Artillery Regiment, Fall River, Mass.

**Command Sgt. Maj. John K. Laborde**, 53, of Waterloo, Iowa, died April 22 at Kandahar Air Field, Afghanistan, of injuries sustained from a non-combat related incident. He was assigned to the 649th Regional Support Group, Cedar Rapids, Iowa.

**Staff Sgt. Christopher D. Worrell**, 35, of Virginia Beach, Va., died April 22 in Baghdad, Iraq, of injuries sustained during a non-combat related incident. He was assigned to the 702nd Combat Support Battalion, 4th Stryker Combat Team, 2nd Infantry Division, Joint Base Lewis-McChord, Wash

two Soldiers who were support-



ing died April 23 in Logar province, Afghanistan, of wounds sustained while conducting combat operations. Both Soldiers were assigned to the 3rd Battalion, 75th Ranger Regiment, Fort Benning, Ga.

Killed were: **Sgt. Ronald A. Kubik**, 21, of Brielle, N.J., and **Sgt. Jason A. Santora**, 25, of Farmingville,

## Due to water line break, residents advised to run potable water for several minutes before using

### Hourglass Reports

The public water supply serving Kwajalein was shut down islandwide 5:30-6:45 a.m., April 9. There was a major break in an eight-inch diameter cast iron potable water main located between Heliotrope and Poinsettia directly behind Quarters 447. The leak caused an island-wide outage due to pressure loss and the subsequent draining of the potable water tower faster than the pumps could refill the tower. The area where the break occurred was immediately isolated and the potable water pressure island wide was restored at approximately 6:45 a.m. Approximately 17 quarters were without water until 4:45 p.m. while a five-foot section of main pipe was replaced. The lines were disinfected and seven locations in the potable water distribution system and the fire hydrant closest to the break were sampled for bacteriological contamination. All samples were negative for bacteriological contamination.

When a potable water line is exposed to the atmosphere, there is a potential for the water lines to be cross contaminated with bacteria, sediments, or other environmental contaminants. All necessary precautions were taken to prevent cross contamination such as immediately isolating the water lines where the break occurred, disinfecting the water lines, and testing the water distribution system for bacteriological contamination.

Whenever potable water is restored after an outage where pressure is lost from the system, it is highly recommended to run the water through the service lines for one to three minutes or until the water runs clear

to remove any air bubbles and ensure fresh water is flowing from the main water lines rather than stagnant water left in the service lines.

If you have any further questions, please contact 51134.

Kun Dren Eo Ilo April 9, 2010

Ilo jibbononin April 9, 2010 ekar kun dren ilo aolepen Kwajalein jen 0530 non 0645. Juon 8-inch pipe ar rub iumin Quarter 447 ilo kotan Heliotrope im Poinsettia. Rub in ekar koman an kun dren aolepen Kwajalein kin jonan aer eo ar jako im an mokaj an toor lak potable water tower eo jen an jermal pump ko non kanne lak. Rar kunne dren eo ijin pipe in ar rub ie wot im maron bar kajo dren eo ilo 0645. Ekar wor 17 quarters im ar jab toor dren ie mae 1645 kin aer kar jeniji 5 ne in main pipe eo. Rar karreok pipe ko im ebok sample ilo 7 ian jikin ko ilo potable water distribution system eo im fire hydrant eo turin ijo ar rub pipe in im etali elonke kij. Result in sample ko rar negative, melelein ejelok kij.

Ne ej rub pipe in dren, emaron drelon kij, ettoon, im ko jet iloan. Aolep jermal in kakkol rej aikuj koman non bobrae an drelon kij enwot kunne ijo pipe in ar rub ie, karreok iloan pipe ko, im teej e dren eo im lal ke kij.

Jabdrewot ien ebar jo dren elkin an kar kun, emon ne kwoj kajo dren eo im kotlak bwe en jo lak in 1-3 minutes ak mae ien erre bwe en jako murmur ak dren eo im ar bed wot iloan pipe ko.

Ne elon kajitok kir obje eo an ES&H ilo 5 1134.

## PROM, from Page 7

of April 24, they were enthusiastic and looking forward to the day's activities.

The teachers visiting were Luisa Tekita, Tenita deBrum, Mylani Elanzo, Torwa Kajimwe, Arji Mark, Janis Kajimwe, Andy Jaime, Ob-tan Jibas, Yolene Jibas and Polly Tekita. The two principals are Raymond deBrum, Third Island School and Tekiau Tekita, Calvary School.

deDrum, who became principal of Third Island School three months ago and his wife, Tenita, a teacher at the school said, "We are excited and grateful for the opportunity to come here today and see how these schools teach."

Upon their arrival, the teachers gathered in the Coconut Room for a welcome and orientation by Robinson.

"I can't say how much we appreciate you coming to what we hope will be a day of real benefit to you," Robinson said. "Today is about you and an opportunity for you to see what we do at Kwajalein schools. We're very proud of our schools and we're proud of our students and the work that they do and we like to share that. We don't have money to share for the most part and we don't have resources to share be-

cause our budget is very tight this year, but we have expertise. We have really good teachers who have gone to college to be teachers and they're very good at what they do and they are more than happy to share with you today."

He continued, "I know you're going to see things today that you don't have access to. You're going to see resources and technology that you don't have. But this is my thirtieth year in education and I've been in very, very poor schools and I've been in rich schools. When it's all said and done, what makes the difference in student learning is not the technology and it's not the resources. What makes the difference in education is you. It's you teachers who make the difference every day in kids' lives."

After Robinson's remarks, the teachers dispersed to different classrooms to watch the Kwajalein teachers.

At lunchtime, the Ebeye teachers and some Kwajalein teachers headed to the commander's house.

"When V Clarke heard about our plans, she immediately offered to open her home as the location for the lunches served to the teachers," said Norwood. "Different members from the YYWC prepare the meals that are served, and the teachers from Ebeye sit down at the long

table in the dining room together with some of the Kwajalein teachers and have lunch together. V's hospitality has definitely helped us with our goal of making our guests feel special. The YYWC also presented each of our Ebeye guests with a small gift bag of teacher supplies at lunch."

She added, "The visits end with a debrief where Al and Masina seek to draw out of the Ebeye teachers the main things they hope to take away from their day and to tie together the lessons learned. There is usually a real buzz of excitement in the room as the teachers talk about what they have observed throughout the day."

Norwood said that, "One of the teachers later commented that he felt that he learned more in that one single day than he had any day of his life. He said that he and his principal went back to Ebeye and that very evening sat down together and spent a long time making lists of the various things they had learned that day."

She continued, "There are six private schools on Ebeye in addition to the public elementary school, middle school, and the Kwajalein Atoll High School on Gugegue. We did not get to all the schools this year, but hope to continue the program next year and to schedule return visits."



Calvary School teacher Janis Kajimwe and Enniburr teacher Tenita deBrum sit in on a home economics class with teacher Annelise Peterson at Kwajalein High school April 24.

## RUSTMAN, from page 5

Pier a little after 4 p.m., sending 60 swimmers on their way.

This year's race was characterized by several incredible personal bests and also a number of remarkable first time participations.

Some highlights were:

- Peter Schulz lowered his own men's seniors category (age 50 and over) record from 2:30:15 all the way down to 2:21:43. A whopping 8½-minute reduction — and at age 56. Schulz was only three minutes behind the overall winner.

- Tom Cardillo, having just returned from a two-week open ocean trip aboard the USAKA Vessel *Worthy* at 9 a.m. on race day, managed to hold on and chase down Jon Jahnke during the run to win his fourth overall title in 2:18:40, just 30 seconds ahead of second place Jahnke. This gives Tom the most individual titles for the men (two women have won more).

- The women's winner was Christina Sylvester, who trained diligently and dropped way down from her 2009 time of 3:02:51 to win in 2:37:47.

- Alan Calvert's 2:33:26 included the fastest ever bike segment for a solo competitor at 1:07:18, eclipsing Brain Brewster's 1:07:27 in 2003. This was despite having mechanical problems with his bike seat for most of the race. He might have been



**Dane Bishop crosses the finish line for the high school boys team which won in the team competition.**



**Swimmer Crispis Carino, right, tags up with biker Blair Bennet during the annual Rustman triathlon Monday.**

even faster.

- Mike Savage was the first solo finisher using a 'Kwaj' one-speed bike, lowering his personal best by over four minutes to 2:52:33. For the women, Allison Villarreal used a one-speed and finished in 3:12:25.

- Husband and wife, Jeffrey and Paula Fluhrer, after some hard training, chopped several minutes off their 2009 times in 2:26:43 and 2:50:30 respectively. There were six separate husband and wife couples who did the Rustman solo. The Fluhrers, Kevin and Kathy Skinner, Jen Yezek and Michael Polzer, Ben Bartyzel and Linn Ezell, Mike Savage and Julie Wathen and Tom and Christi Cardillo.

- Capt. Tom Pearse-Drance of the visiting vessel *Pathfinder* did his second solo RustMan in 3:17:17 on a mountain bike. Pearse-Drance has never been a Kwajalein resident, but did the RustMan in 2002 when captain of the vessel *Invincible*.

- Team section winners were high school boys Sean Brady, Graham Kirchner and Dane Bishop finishing in 2:09:59.

- Adding novelty to the field, was our own Capt. Keith Brown of the Marine Department, biking on a foldable bicycle with little 21-inch wheels.

- A visually proud Johnny Hadley did his first ever RustMan in 4:05:17. Hadley lost 60 lbs. during prepa-



**John Sholar rides in to tag up with Tyler DeCoster.**

ratory training over the last year.

The total support staff for the race included 50 volunteers. The weather was good, but on the warm side.

There was one brief race night hospitalization this year to receive IV fluids.

Congratulations to all the competitors and see you next year.

**KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at [www.krsjv.com](http://www.krsjv.com).**

**NEED EXTRA MONEY?** KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

**COMMUNITY BANK teller wanted, part-time, 30 hours per week.**

**VACANCY ANNOUNCEMENT #SCBK10221572D.** Position: RMI Liaison Spc, GS-0301-09/Target 11. Opens April 28 and closes May 12. Duties: Serves in advanced trainee level performing developmental duties progressively leading to more complex full performance assignments to include: Assists in developing, monitoring, analyzing information assuring matters affecting the social and cultural welfare of the inhabitants of the Kwajalein Atoll (USAKA) are fully considered. Works with the RMI and US agencies to assure compliance with federal regs, laws, and agreements, under the compact of Free Association.

## Religious Services

### Catholic

9:15 a.m., Sunday, in Island Memorial Chapel.

### Protestant

Sunday

8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

### Baptist

9:40 a.m., Sunday, in elementary school music room.

### Latter-day Saints

10 a.m., Sunday, in

Corlett Recreation Center, Room 3.

### Jewish services

Last Friday of the month in the Religious Education Building. Times will vary. Contact the Chaplain's office, 53505, for more information.



## Bike-A-Thon caution

Residents are advised to use caution near the airfield beginning at 6 a.m., May 3. A 100-mile bike-a-thon will be in progress throughout the day. Bikers will start and finish at the Marshallese Cultural Center. They will ride 25 laps around the airfield. The bike-a-thon is for a worthy cause. Anyone wishing more information or to participate should contact Jon Jahnke, 52011, work, or at home, 54309.

### WANTED

10-POUND hand weights. Call 58871 or 59444.

TRIKE, to buy or lease June-August. Call Brian Bussey, 51081, home, or 51433, work.

### LOST

LARGE AMOUNT of cash money on April 22 early in the morning. Call Erik Wills at 54322, home, or 53338, work.

### FOUND

MR. PAR-TAY'S iPod. Call 54203 or 51700.

DIVE FLASHLIGHT in 40 feet of water off west reef at Carlson. Call 52204.

### PATIO SALE

SATURDAY, May 8, multiple-family PCS sale, 1-5 p.m., quarters 206-A.

### FOR SALE

LIVING ROOM SET: sleeper sofa, two reclining chairs, rocker recliner, coffee table and lamp. Please call 55176.

FULL SIZE deep pocket mattress cover; full size deep pocket 1200 thread count sheet set, dark green; full size four-inch thick memory foam mattress topper; full size comforter, light green; full size down comforter, white and extra bed pillows, different sizes. Call 52525 and leave a message.

UKELELE, fluke with travel case, excellent sound, \$125; Netgear 56 kbps Remote Access Modem Router, model RM356, \$75 and complete windsurfing rig, carbon mast, newer chinook aluminum boom, 5.5 Naish sail, harness lines, waist harness, 101 liter JP-Australia board, 2009 model, \$950 for everything. Call 59585.

MASK, SNORKEL, FINS, BC, regulator with compass, octopus, dive computer, a dive bag to carry it all, only

17 dives with the stuff and less than a year old, great condition \$750. Call Troy at 54417.

TWO MATCHING wicker love seats, \$300; guitars, synthesizers, instruments and recording gear, will sell for half cost of new. Call 55509 evenings.

TWO 14-FOOT KAYAKS, \$200 each; sit down wave rider, \$100; kayak cart, never used, \$100; kayak bike trailer, \$150 and kayak accessories. Call John at 51596 after 4:30 p.m.

HANDHELD BLENDER, \$5; Box of 100 tea-lite candles, \$10; computer desk, \$50; blue ceramic dish/glass set, \$10; entertainment center, \$50; ceramic oil burner and oils, \$10; metal kitchen/pantry organizer, \$10; two metal shelf units, \$20; step aerobics stools, \$10 and water filter, \$20. Call Susannah at 58688.

2007 HOBIE GETAWAY CATAMARAN, fast and comfortable, excellent condition, includes sails, tiger trax wheels, sail trailer and teal Sunbrella material for boat cover, \$5000 or best offer. Call 53003 or 50619.

MICROWAVE, 1000-watt, great condition, fits BQ shelf, \$70.00; complete comforter set and matching sheets, double, palm motif in green, ecru, taupe and brown, nice compliment to issues furniture, \$45 and sheet set for double bed, Ecru, \$15. Please call 54498 and leave a message. If a rabbit answers, hang up.

SCUBAPRO KNIGHTHAWK, XL BC, brand new, only used for a couple dives, includes Air 2 plus hose, \$375 and Land Rollers, brand new, men's 6.5, women's 8.5, \$50. Call 51719 or 53721.

ENGLANDER mattress, king-size, medium firm, two months old, perfect condition, purchase price \$1,400, will sell for \$900. Call 54784.

PCS SALE: bedroom suite, queen-size bed with dresser and night stand, sectional couch, lawn mower, patio furniture, dishes, BBQ grill, computer desk, desktop computer, dining room table with six chairs and buffet. Call 51035.

### COMMUNITY NOTICES

## Café Pacific

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 8
Char siu roast duck	Pork cutlet	Porcupine meatballs	BYO vegetarian taco salad	Mousaka	Pork chops	Kwaj fried chicken
Cajun crab cakes	Marco polo	Apple glazed chicken	Seafood quesadillas	Bombay chicken	Breaded catfish	Beef tips in burgundy
Eggs Benedict	Wheat pasta with herbs	Ratatouille casserole	Pork carnitas	Vegetable ragu	Veggie baked penne	Buttered egg noodles
Grill: Brunch station open	Grill: Brunch station open	Grill: Sloppy Joe's	Chicken mole	Grill: N/A	Grill: N/A	Grill: Grilled cheese
Tonight	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Breaded pork chops	Roast pork butt	Teriyaki beef steak	Herb baked chicken	Carved flank steak	Salisbury steak	Stir-fry to order
Spicy chicken curry	Spicy buffalo wings	Sweet & sour chicken	Beef curry	Pasta ala pesto	Chicken stew	Pork roast
Red beans in broth	Vegetable casserole	Spicy stir-fry veggies	Tofu/pineapple stir-fry	BBQ chicken	Macaroni & cheese	Huli Huli chicken

YEARBOOKS SALES are here! Pre-sale yearbooks are \$40 and have already begun. You may purchase until May 8. All purchases will be made at the High School office only. A limited number of yearbooks will be available for purchase on yearbook signing day for \$45. Checks should be made out to "KHS".

CYSS OPEN RECREATION EVENT "Make Mother's Day Gifts" will be from 5-7:30 p.m. on May 7. Register at CYSS Central Registration Office between April 27-May 1. Space is limited. For more information call 52158.

2010-2011 KINDERGARTEN Registration. If your child turns five by Sept. ,1 they are eligible to register for Kindergarten for the 2010-2011 school year. Registration will be held at George Seitz Elementary School from May 1 through June 12 and August 3-7. Office hours are 7:30 a.m. to 11:30 a.m. and 12:30 p.m. to 4:30 p.m. Visit the elementary school office to register your child and pick up a registration packet that contains information on required immunizations, physicals, school supplies, and a school calendar for next year. Please contact the office at 53601 if you have further questions.

MARSHALL ISLANDS SWIM Federation, Oceania Development Officer, Don Blew will be visiting Kwajalein to conduct an officiating clinic May 1-5. He will be going over the technical side of officiating and the duties, requirements of running a swim meet. This is open to all Marshall Islands residents. If you are interested or have any questions please send an e-mail to Pam Duffy [duffy\\_p@hotmail.com](mailto:duffy_p@hotmail.com), Ebeye phone, 329-3983, or Glenn Hibberts at [Hibberts2@hotmail.com](mailto:Hibberts2@hotmail.com), Kwajalein home phone 54310.

Hang Time! Unaccompanied, join the Hang Time crew at our monthly BBQ 6-8 p.m., May 2, at Emon Beach. The main BBQ course will be provided. Contact Gary or Cherylte at 51314 for more info.

LEARN TO SNORKEL. Register at Community Activities. Class is at 1 p.m., May 3, at the adult pool. Class is free but space is limited. Participants must bring their own mask, snorkel and fins. Call 53331.

QUIT SMOKING CLINIC will be held on May 4, 11, 18, 25 at 4:30 p.m. and May 28 at 5:30 p.m. Clinic will be held in the hospital conference room. Register at 55362.

JOIN US AT Café Pacific on May 5th in celebration of Cinco De Mayo. You'll enjoy tantalizing entrees such as Build Your Own Vegetarian Taco Salads, Seafood Quesadillas, Chilli Con Queso & Nacho Chips, Chicken Mole, Pork Carnitas, Baja Rice, Fiesta Refried Beans, Mexican Corn Casserole and Cinnamon Tortillas. Ole!

CINCO DE MAYO at Ocean View May 5. Relax with a Frozen Margarita and enjoy a Bucket of Coronas; Taco Bar available after 7 p.m. Questions, contact Erik Wills at 53338.

BINGO NIGHT at the Pacific Club is May 6. Card sales begin at 5:30 p.m., Bingo play begins at 6:30 p.m. Blackout completion 56 numbers \$1,700 payout; Windfall completion at 25 numbers \$1,600 payout,

# Spring Fling Dinner

*Saturday, May 15*

**The Menu**

- London Broil
- Grilled Mahi Mahi
- Rice Pilaf
- Veggie Stir-fry
- Salad
- Fruit Trays
- Chef's Choice dessert

Enjoy the  
musical  
stylings of  
'Rag Tag'

6:30 p.m. Cocktails

7 p.m. Dinner

At the Country Club, bus service provided

\$32 per person

Tickets for sale at Retail Services, building 805 by the bowling center

Must be 21 to enter and play, bring your ID. Come out and have some fun with us. Questions, contact Erik Wills at 53338.

JOIN CAFÉ PACIFIC for Mother's Day Brunch May 9. Some of the many items our chefs will be preparing include: carving station with slow-roasted top sirloin of beef and Virginia smoked ham, Rosemary roast Cornish game hens, scallops Alfredo with linguini, spinach artichoke dip crostini, cashew-encrusted mahi mahi, orange sesame chicken, Parmesan roast potatoes and garden fresh vegetables. Also being offered is a chilled seafood bar which will include jumbo peel-and-eat shrimp, mussels on the half shell, smoked salmon and Cajun crawfish. An international cheese bar, assorted salads, fresh fruits, and a variety of delicious desserts also await. Our grill will be open as well for cooked to order eggs, omelettes and pancakes. Meal card holders are welcome from 11 a.m. to 2:30 p.m. All other residents from noon to 2:30 p.m. Adults-\$24.95. Children under 12, \$11.95.

KWAJ RUNNING CLUB is holding its annual Rusty Family Mini Triathlon at 4:30 p.m. on May 10. Entry forms are due by May 6 and are available from the mini-mall bulletin board or from quarters 123-C. Contact Bob at 51815 for additional information.

BARIATRIC SURGERY Support Group will meet at 7 p.m., May 11, in the Hospital Conference Room. Questions, call 55362.

KWAJALEIN SCUBA CLUB Meeting is at 7 p.m., May 12, in High School Multi-purpose room. IMPORTANT: Voting for Executive Council seats and the constitutional changes will be completed at this meeting. Membership enrollments will also continue

so please bring a copy of your most recent certification card and check/cash for your renewal. The first make-up session of the required annual safety meeting will take place at the end of the meeting if you missed last month. The new tank house combination to be provided only to current members. Please contact John Pennington or JB Scott with any questions.

VICTIMS WANTED: 10-15 healthy adults to participate in a mass casualty exercise May 13. Participants must be able to wear makeup, get dirty and be carried by litter. Call Janet Golly at 53566.

ISLAND WIDE INVITATION. Come celebrate the promotion of Maj. Steven Ansley to Lieutenant Colonel at 6 p.m., May 9, at the Vets' Hall. The *Insane Gecko Posse* will provide music and there will be food. Desserts and pupus will be appreciated. Drinks and merriment for all.

CYSS OPEN RECREATION EVENT "Hobby Shop" will be from 6-7:30 p.m. on May 18. Register at CYSS Central Registration Office between May 11-May 15. Space is limited. For more information call 52158.

IS TRAINING offers adult computer software classes. A CAC is not required for most of the classes. For a schedule and current information, please contact IS Training at 50787 or e-mail [it.training@smdck.smdc.army.mil](mailto:it.training@smdck.smdc.army.mil).

CELEBRATE EARTH DAY and Adopt an area! Help keep Kwajalein and Roi-Namur beautiful and litter free. We have areas that need to be adopted. If you are interested, please contact Callie at 53331 at KRS Community Activities or e-mail to [callie.chavana@smdck.smdc.army.mil](mailto:callie.chavana@smdck.smdc.army.mil). Limited places available!

## Café Roi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	May 8
Roast pork	Dijon roast beef	Missile burger	Teriyaki chicken	Peanut butter/banana sandwich	BBQ spare ribs	Beef pasticcio
Roast salmon	Almond chicken	Chicken sandwich bar	Coca-Cola ham	Broiled brisket	Tempura	Spinach & feta pie
Eggs Florentine	Eggs benedict	Marinated grilled mushrooms	Steamed yams	Chickpea stew	Mahi mahi	Eggplant zucchini
<b>Tonight</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Beef shoulder	Corned beef & cabbage	Pork chops	Island style shoyu chicken	Grilled steak	Roi fried chicken	Spaghetti
Pasta salsicca	Bangers & mash	Hot cinnamon apples	Pork adobo	Roasted chicken	Seared pork	Meat or tomato sauce
Eggplant parmesan	Potato & cabbage colcannon	Crispy cornmeal catfish	Spicy Asian noodle sautee	Sweet potato	Baked cheese grits	Caper sauce

# Mother's Day at Café Roi

3-6 p.m., May 10

Featuring seafood-stuffed atichokes, chilled shrimp cocktail, assorted smoked salmon appetizers, carved roast beef, roast turkey and mussels Rockefeller.

There will also be an all-chocolate dessert buffet.

Café Roi will serve breakfast 7-11 p.m. and will be closed for lunch



**JOIN CAFÉ PACIFIC for Mother's Day Brunch May 9.** Some of the many items our chefs will be preparing include: carving station with slow-roasted top sirloin of beef and Virginia smoked ham, Rosemary roast Cornish game hens, scallops Alfredo with linguini, spinach artichoke dip crostini, cashew-encrusted mahi mahi, orange sesame chicken, Parmesan roast potatoes and garden fresh vegetables. Also being offered is a chilled seafood bar which will include jumbo peel-and-eat shrimp, mussels on the half shell, smoked salmon and Cajun crawfish. An international cheese bar, assorted salads, fresh fruits, and a variety of delicious desserts also await.. Our grill will be open as well for cooked to order eggs, omelettes and pancakes. Meal card holders are welcome from 11 a.m. to 2:30 p.m. All other residents from noon to 2:30 p.m. Adults-\$24.95. Children under 12, \$11.95.

## Bicycle Safety - Inspections

Due to weathering and corrosion, please be sure to check your bicycle for:

- Tires — inflation and tread
- Chain — condition, tension, and lubrication



### Weather courtesy of RTS Weather

Sunday: Partly sunny, 10 percent showers. Winds: ENE-E at 16-21 knots.  
 Monday: Partly sunny, 10 percent showers. Winds: ENE-E at 16-21 knots.  
 Tuesday: Mostly sunny, 10 percent showers. Winds: ENE at 16-21 knots.  
 Wednesday: Mostly sunny, 10 percent showers. Winds: ENE at 13-18 knots.  
 Thursday: Partly sunny, 10 percent showers. Winds: ENE at 13-18 knots.  
 Friday: Partly sunny, 20 percent showers. Winds: ENE-E at 15-20 knots.

Annual total: 11.85 inches  
 Annual deviation: -7.94 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

### Sunrise/set Moonrise/set High Tide Low Tide

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	6:33 a.m./7:00 p.m.	10:26 p.m./9:24 a.m.	6:07 a.m., 4.3' 6:27 p.m., 3.0'	12:34 a.m., -0.3'
Monday	6:33 a.m./7:00 p.m.	9:16 p.m./10:18 a.m.	6:41 a.m., 3.9' 7:03 p.m., 2.7'	12:14 a.m., 0.2' 1:12 p.m., 0.5'
Tuesday	6:32 a.m./7:00 p.m.	11:10 a.m.	7:18 a.m., 3.5' 7:46 a.m., 3.4'	12:47 a.m., 0.3' 1:56 p.m., 0.5'
Wednesday	6:32 a.m./7:00 p.m.	12:03 a.m./12:00 p.m.	8:04 a.m., 3.1' 8:52 p.m., 2.2'	1:26 a.m., 0.7' 2:55 a.m., 0.6'
Thursday	6:32 a.m./7:00 p.m.	12:46 a.m./12:47 p.m.	9:14 a.m., 2.8' 10:47 a.m., 2.1'	2:26 a.m., 1.3' 4:26 p.m., 1.1'
Friday	6:32 a.m./7:00 p.m.	1:26 a.m./1:32 p.m.	10:59 a.m., 2.7'	4:21 p.m., 1.5' 5:59 p.m., 1.0'
May 8	6:31 a.m./7:00 p.m.	2:04 a.m./2:16 p.m.	12:27 a.m., 2.4' 12:28 a.m., 2.8'	6:17 p.m., 1.3' 6:58 p.m., 0.8'