

# THE KWAJALEIN HOURGLASS



**A color guard carries the flags of the Republic of the Marshall Islands, Kwajalein Atoll Local Government and the United States of America as the Kwajalein Junior/Senior High School Band plays marching music during the Kwajalein Atoll Memorial Day ceremony Tuesday on Ebeye.**

**For more, see Page 4.**

Photo by Dan Adler

# Army celebrates African-American History Month

The Department of the Army observes African-American History during the month of February each year. This year's theme for African-American History Month, as developed by the Association for the Study of African-American Life and History, is "The History of Black Economic Empowerment." The theme celebrates the centennial anniversary of the National Urban League and its devotion to the economic betterment to African-Americans.

African-Americans have come up against many barriers since overcoming the oppression of slavery. Black codes that prevented the ownership of land, denial of access of organized labor, and refusal of employment opportunities are many of the fac-

tors that affected the early struggle of African-American to earn a living. In spite of these obstacles, they became landowners, skilled workers, small business owners and professionals across a diversity of disciplines. During the 89 years that Jim Crow laws limited opportunities and imposed de jure racial segregation, African-Americans opened insurance companies, vocational schools, colleges, cosmetic firms, banks, newspapers and hospitals as a means to survive in the "separate but equal" period of US History.

In 1910, a group of dedicated reformers founded the organization known today as the National Urban League. For 100 years, the National Urban League has fought for racial

progress by providing scholarships, job training, support of homeownership and entrepreneurial opportunities in minority communities. Strong and active leadership has guided the National Urban League in their struggle to open the doors of opportunity for future generations of African-Americans through economic development.

USASMDC/ARSTRAT values the contributions made by African-American employees to the support of the Warfighter in the defense of our Nation. Please take any opportunity available to attend activities on your installation and within your community. "SECURE THE HIGH GROUND"

— Kevin T. Campbell  
Lieutenant General, USA

# Limited supply of H1N1 vaccine available

## Hourglass Reports

The hospital has received a limited quantity of H1N1 vaccine that is now available. Vaccination times are: Tuesday, Wednesday, Thursday and Saturday, 1 p.m. to 4 p.m. and Fridays from 9 a.m. to 11 a.m. Vaccines will be sent to Roi-Namur for distribution there through the dispensary. The shelf life of the H1N1 vaccine that Kwajalein Hospital has on hand expires in about 60 days, so it is important that those who want to be vaccinated do so promptly. There is no charge for vac-

nation. All vaccine received is the injectable type. It is safe and effective for all persons four years and older. The vaccine is available for all USAKA/RTS residents and USAKA/RTS work force [including RMI C Badge and domestic workers]. Pregnant women, household contacts of infants younger than six months [including domestics and childcare workers], health care and emergency services personnel, and those aged 25 years or older with underlying conditions that put them at high risk of complications from influenza are especially encouraged to be vaccinated.



## H1N1 flu shots ...Get them now!

**Nurses will have tables set up, 11 a.m.-1 p.m., Feb. 18, 19, 24 and 25, on the AAFES porch.**

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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# LOL cast delights and amuses audiences

Article and photos by Sheila Bigelow  
Associate Editor

A confounding tale filled with laughter, confusion, blackmail and shenanigans, *LOL* was a delightful treat of a stage show, put on by the Kwajalein Theater Production Feb. 6-8 in the high school MP Room.

*LOL* is a slapstick comedy about Dr. Donald Rice and his two associates who are preparing to showcase a demo of their new Financial Predictive Program to wealthy Texas investors. All plans go awry on the day of the demo when Dr. Rice discovers that their program has crashed. In a desperate attempt to postpone the demo and keep the discovery of the disaster at bay, Dr. Rice stirs up all sorts of confusion and mischief to keep the investors and Dean of the University from finding out the program is not working.

Will Timmons played the frazzled Dr. Donald Rice with enthusiasm and spunk. He delivered witty line after witty line flawlessly, his animated facial expressions keeping the audience laughing throughout the play.

Equally as talented was Dr. Donald Rice's associate Wanda, an outspoken, cranky, nicotine and caffeine hungry, and absolutely hilarious side-kick, seamlessly played by Kwajalein High School senior Christine Woodburn. Woodburn was by far one of the top performers of the evening, her dry, sarcastic character amusing the audience along with her 'colorful' attire.

Dr. Donald Rice's other associate, Jack Chisel, was played by Kwajalein High School sophomore Connor Malloy. Apparently, Malloy was encouraged by his friends to audition for the play in an attempt to bring out his 'inner beast' of a voice and personality, and boy did it work. Malloy did an exceptional job as an amateur actor in *LOL*, especially during his steamy lip lock with fellow classmate Shelby Hadley, a junior at Kwajalein High School. Hadley played the part of Jenny Rice, who secretly married Jack Chisel (Malloy) and is now carrying his baby. The couple attempts to confess the news of their secret marriage and love child to Dr. Rice, but as confusion begets the cast, the story is intermingled into the bafflement and their secret stays safe until the very end of the story.

Tonya Thompson perfectly fit the part of Dr. Terri Rice, the sweet, loving and spirited wife of Dr. Donald Rice. Thompson realistically portrayed the part of the encouraging and supportive wife, as well as a concerned mother. But don't cross her as her husband did or you will get a swift slap to the back of the head. After three months of rehearsals, I wonder how many times Thompson got away with slapping Timmons in the back of his head?

Two of my favorite characters in *LOL* were Tex and Charlene Rider, the Texan investor couple played by Dave Kemper and Sabrina Mumma. Even though Kemper hails from Iowa, he sure did have an amazing Texas drawl to accompany his cowboy boots, cowboy hat and bandana. In the story, Tex eats a bad roast beef sandwich that knocks him unconscious. He spends a good portion of the play 'out cold' and is com-



Charlene Rider (played by Sabrina Mumma), right, flirts with Dr. Donald Rice (played by Will Timmons) in the hilarious play *LOL* on Sunday night.

ically dragged across the stage by Hadley and propped in a chair, disguised with sunglasses.

Mumma took on the part of Tex's vivacious and playful wife with flair. She perfectly portrayed the flirtatious and enticing character. It was obvious that Mumma had some acting experience under her belt. Her come-ons and flirtatious banter with Dr. Rice were both amusing and convincing.

Neil Dye traded in his DJ booth for an apron and roast beef sandwich, portraying Mel, an Australian deli owner, in *LOL*. In the story, Mel accidentally poisons Tex Rider and is forced to take his place and impersonate him to keep Dr. Rice from getting in trouble. If it wasn't hard enough for Dye to perfect his Australian accent, he then was tasked to trade it up for a Texas drawl while he impersonated Rider, which in this story consisted of Dye speaking in an Australian accent and following most phrases with "y'all." It was quite hilarious and brilliantly done.

Dean Burder of Rand University was played by Gary Smith. It was unusual to see the usually sweet-natured Smith portray a demanding and overbearing Dean. But he delivered the part skillfully, easily showing he was one of the veteran actors of the group.

And we can't forget about the nosy janitor Fletch, played by Dan Hopkins. Hopkins camouflaged into the background for most of the story, sweeping and mopping, but was sure to interject his two cents during the story, adding to the commotion and confusion. Hopkins not only jested throughout the story, but also made sure there was not one spot of dirt or dust left on that stage after three performances.

*LOL* was a wonderful weekend diversion. The entire cast and crew should be proud, especially those new to the acting stage. I'm sure those that attended are looking forward to the next production which will hopefully be put on soon.

# Residents of Ebeye celebrate liberation and Memorial Day

Article and photos by Dan Adler  
Media Services Manager

Sixty-six years ago, the battle for Kwajalein between the United States and Japan liberated the Marshallese people and changed their future.

Since then, the residents of Kwajalein Atoll hold a Kwajalein Atoll Memorial Day observance every Feb. 9 to remember those who lost their lives in that battle.

Even though Tuesday was cloudy and rainy, Ebeye residents and school children gathered to observe the day with a parade, songs and speeches.

The Honorable Martha Campbell, U.S. Ambassador to the Republic of the Marshall Islands and members of the U.S. Army Kwajalein Atoll staff, including Lt. Col. John Eggert, acting USAKA commander, Sgt. Maj Patrick Kutac, Senior Enlisted Advisor, Vanessa Peeden, Public Affairs Officer, Mike Sakaio, RMI Relations Specialist, Christi Bowman of the Host Nation office and Maj. Wesley Huff, Provost Marshall, were in attendance. Representing Kwajalein Range Services were Dave Norwood, KRS President and Cynthia Rivera, Deputy Site Manager.

The observance began with a parade from the Ebeye dock to the Community Center. A color guard carried the flags of the Republic of the Marshall Islands, Kwajalein Atoll Local Government and the United States as the Kwajalein Junior/Senior High School played marching music.

After the parade to the Ebeye Community Center, the flags of the United States, the Republic of the Marshall Islands and the Kwajalein Atoll Local Government were raised. The national anthem of the Republic of the Marshall Islands was sung by the Ebeye United Church of Christ Choir and the audience as was the anthem of the Kwajalein Atoll Local Government. The national anthem of the United States was played by the Kwajalein Junior/Senior High School Band.

After the flag raising, the invocation was given by Rev. Lawson Matauto of Ebeye United Church of Christ. Following the invocation, introductions and welcomes were given by Irooj/Senator Christopher Loeak.

Remarks in Marshallese were given by RMI Minister-In-Assistance Ruben Zachhras and Ebeye Mayor Johnny D. Lemari.

Ambassador Campbell spoke to the gathering saying that she was honored to be with them to commemorate the battle of Kwajalein which freed the Marshallese people from the Japanese.

The ambassador pointed out remarks made by President Barack Obama upon his election. Obama had said, "It took a lot of blood, sweat and tears to get to where we are today, but we have just begun. Today we begin in earnest the work of making sure that the world we leave our children is just a little bit better than the one we inhabit today."

Campbell said, "The same could be said here. On this



The Honorable Martha Campbell, U.S. Ambassador to the Republic of the Marshall Islands, addresses the gathering at the Kwajalein Atoll Memorial Day observance held Tuesday on Ebeye.



Remarks are made by Honorable Minister-in-Assistance Ruben Zachhras during the Kwajalein Atoll Memorial Day observance.

day 66 years ago, Marshallese and Americans were taking the first steps to rebuild this atoll, recovering from the battle that had been waged days before, a fierce battle of enormous strategic importance to the war the world was waging. The Marshallese who stood here on this day 66 years ago — imagine how amazed and proud they would be to see the Marshall Islands a united country, providing for its citizens and playing an important role in the Pacific and on the world stage.”

The ambassador referred to the Compact of Free Association calling it, “The physical and legal expression of our friendship benefitting both our nations. It’s a relationship of mutual respect. The United States provides ongoing funding and expertise to help the Marshall Islands grow and prosper. The Army base trains and employs many Marshallese citizens and provides assistance. The Marshall Islands provides land for critical space age testing and monitoring, strategically important for global security.”

Campbell paid tribute to the Marshallese who have joined the U.S. military who are, “working, fighting and sometimes dying alongside their American brothers and sisters in far corners of the world. These joint efforts show once again that the Marshall Islands and the United States share a steadfast belief in democracy, prosperity and peace.”

The ambassador spoke of the many improvements made on Ebeye by the Pacific Partnership and the visit of the *USNS Richard E. Byrd* in 2009. She announced a new program also. “Today I am pleased to announce another program to further our mutual goals. Next month, March 2010, a SWEAT team will come to Ebeye. Now while I’m sure they will sweat while they’re here – for this team, SWEAT stands for Sewage, Water, Energy, Academics and Trash. A team of experts in these specialties will review the utilities and essential services to the people who live here on Ebeye.”

She assured the audience that the RMI has many friends in the U.S. Government who care deeply about



**Honorable Iroj/Senator Christopher Loeak speaks to the audience at the Kwajalein Atoll Memorial Day ceremony.**

the Marshallese and are committed to a prosperous, self-sustaining Marshall Islands.

The ceremony ended with a benediction by Rev. Kaouru Kaiouis of the Assembly of God.

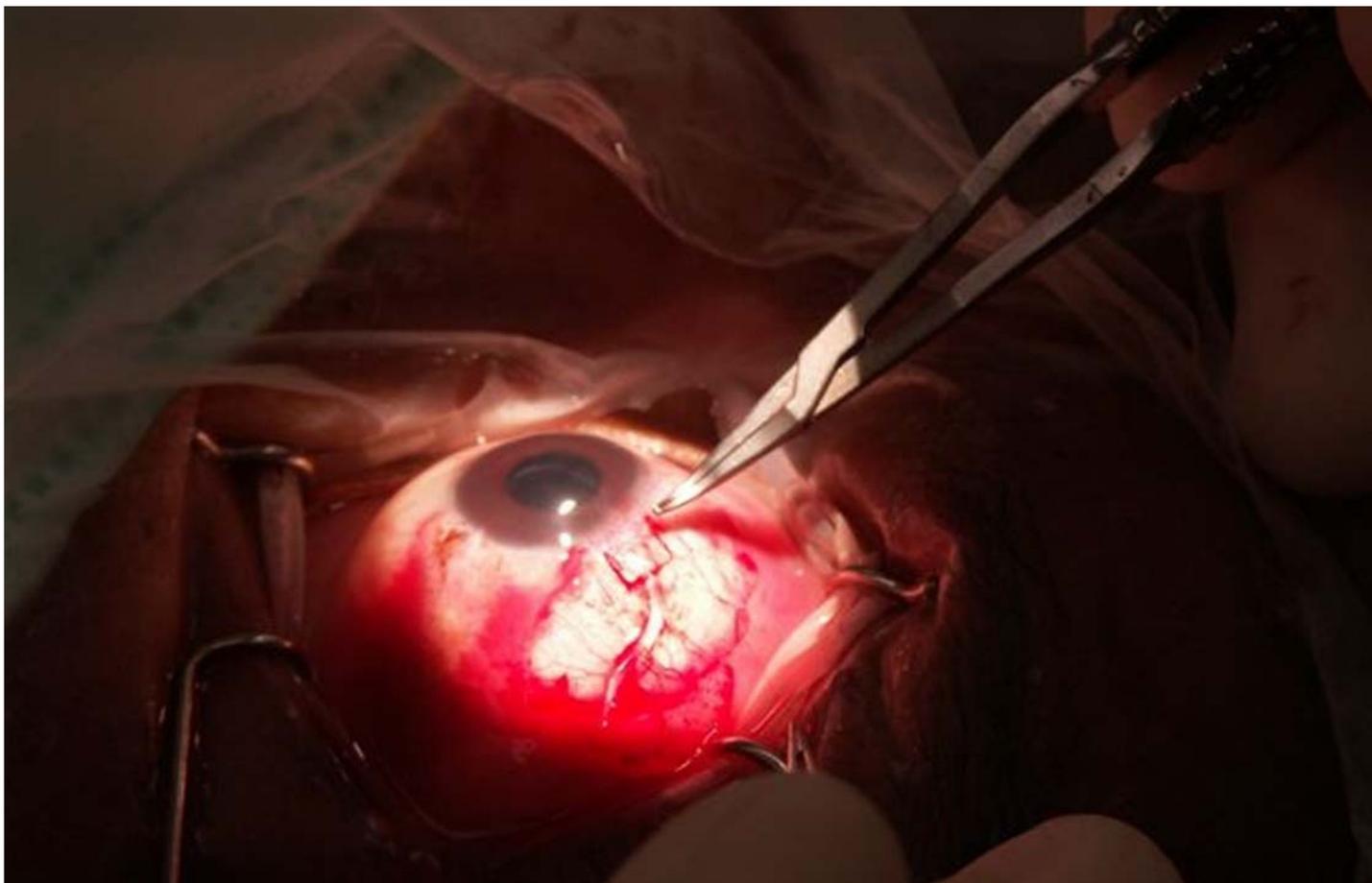


**Guests and dignitaries listen to speeches at the Kwajalein Atoll Memorial Day ceremony Tuesday.**

# *Mercies & Miracles*



Canvasback surgeon Dr. Steve Peterson, left, and Dr. Richard Trinidad of Ebeye Hospital work on a child's fractured arm.



*Photos courtesy of Canvasback Missions and Dr. Paul Chung*

An emergency glaucoma tube shunt for neovascular glaucoma is performed on an Ebeye patient by Dr. Paul Chung and Dr. Charles Ahn during Canvasback Missions' visit to Ebeye.

# Canvasback medical teams mend bones, eyes and spirits on Ebeye

By Dan Adler  
Media Services Manager

Canvasback Mission doctors give the incredible gift of sight by removing cataracts. They give the aged and injured the gift of being able to walk with new knee replacements. They give people, young and old, who have suffered terrible pain, sometimes for years, the gift of being pain-free.

For their efforts, they get a halting "Thank You" from someone who doesn't speak English. Maybe they see tears of joy from the eyes of those who can once again see the faces of their loved ones. Or perhaps they get wide grins from children whose fractured arms and legs they have repaired. Maybe they see the faces of children turn from grimaces of pain to wide

smiles of happiness.

If you ask the doctors and nurses who give those gifts, they will tell you that the smiles and the tears and the simple "Thank You's" are more than enough payment.

This year, a team of eye surgeons, orthopedic surgeons, a dentist, a cardiologist and a physical therapist along with nurses and an anesthesiologist joined Canvasback Mission Director Jacque Spence on another mission of mercy to Ebeye. The teams arrived on Jan. 16 and will depart on Feb. 15.

The trip was at the request of Irene Pa, the Assistant Secretary of Health for the Republic of the Marshall Islands. The RMI Ministry of Health provides airfare, meals and lodging for the Canvasback medical teams.

According to Spence, the ophthal-

mology team broke a record by completing 192 cataract surgery cases in just nine days at Ebeye's Lerioj Kitland Memorial Hospital. The ophthalmology volunteers included Dr. Paul Chung, Dr. Iris Chung, Shawn Apperson, RN, Chris Whaley, CRNA, and Alex Archibald, OD from Chesham, Wash. and Charles Ahn, from Chicago, Ill.

"Patients lined the halls at the clinic seeking care," said Spence. "Many of the patients were blind in both eyes and had white cataracts that were as hard as rocks, which made the surgeries challenging. A good percentage of the patients showed damage to their eyesight due to diabetes. Diabetes doesn't cause cataracts, but it wrecks eyesight. Some people here can't see

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the coconuts on a tree.”

Spence said that while the eye surgeries were primarily for cataracts, “There was one man who had glaucoma [pressure in the eye from a buildup of fluid] and they put a shunt in it to help drain the pressure. He was in a great deal of pain from it and we were able to relieve that.”

The dentist and hygienist, Dr. Ric Hufnagel from Cloverdale, Calif. and Kathy Garvin from Port Townsend, Wash. helped the Dental Clinic assess how to address the overwhelming dental problems. Ebeye Hospital Dental Chief, Hermes Takito, referred some of his hardest cases to Hufnagel.

Garvin said, “We did complete dentistry on our patients. One patient required ten restorations as well as three root canals. One little boy came in with an abscessed tooth that had infected the bone, saliva glands and lymph nodes. The side of his face looked like a huge tumor and the floor of his mouth was swollen and covered his lower teeth — he was chewing on tissue on the floor of his mouth. We extracted the tooth and put him on antibiotics. The next day, he was a happy little boy.”

Spence said that during the PA-

COM Pacific Partnership mission last year, the medical teams that worked on Ebeye identified residents who needed cataract treatment and passed that information on to Canvasback.

“That helped us get the patients in,” she said. “That’s always been a concern of mine that the patients don’t come in timely fashion for us to do the work. So we had a list from the Navy and the [Ebeye] hospital. That was very key. We arrived on a Saturday, unpacked on a Sunday and got the operating rooms ready and by Monday we were doing surgeries.”

Spence estimated that nearly \$1 million in eye surgery and orthopedic supplies were used during their visit.

In addition she said, “The eye surgeons said they charge \$3,000 for a cataract surgery in the states, so if we did nearly 200 that’s close to \$600,000 in value. We don’t know how much labor value we’ll do in the orthopedics until we finish up.”

There were a total of 14 people on the orthopedic team including two surgeons, a physical therapist, nurses and a physician’s assistant. A cardiologist, Alan Jacobson, helped train the Ebeye Hospital internist on doing proper evaluations

of cardiac patients so they can get referral off island if they need to.

Dr. Steve Peterson is a private practice orthopedic surgeon from Sonora, Calif. This was his first trip with Canvasback.

“I’m really excited to be here,” he said. “The first few days I operated on things I haven’t seen in years. Medically it’s challenging, but it’s very rewarding.”

He said some of the conditions he saw are related to diabetes, but a lot of them are related to not having access to care. “We’ll see things that are old like fractures or broken bones people got when they were children. Some of them have angled elbows that go in the wrong direction. We’ve operated on the nerve conditions associated with angled elbows and we can help to a certain amount. You can’t repair it completely but you can make it much better.”

There are sometimes truly heart wrenching situations the doctors ran across.

“There’s a little boy we operated on the second day we were here that dislocated his hip,” Peterson said. “He was riding on a bicycle and fell off in a way that he dislocated his right hip and he had been like that for around two months.”

Spence said, “This poor little boy had to wait for the Canvasback team because Ebeye Hospital didn’t have a pediatric anesthesiologist. A doctor told me that if that had happened in the United States, they would have cleared the whole surgery schedule and taken him in right away because it’s that serious.”

Peterson agreed, “We would cancel all of our office patients and work on him immediately or if we were in the operating room already, he would be the next case. Fortunately, we were able to put his hip back in place and Gary [Deacon], our physical therapist, made a special brace for him. He has to stay in the brace until it heals so it won’t re-dislocate.”

Peterson came to be on the team and made the trip because, “Gary and I work together and I heard about it [Canvasback] from him. He told me he was coming out here last year and I asked him if he needed another orthopedic surgeon and



**Five-year-old Royldon Joseph dislocated his hip in a biking accident and had received no medical treatment until the Canvasback doctors arrived on this trip and performed surgery to put his hip back in place. A custom-made special brace will keep his hip in place until it heals.**

it worked out that I came on this trip.”

Peterson had to close his practice temporarily to come here. “But you look at life in the bigger picture and it’s things like this that I’ll remember forever, not missing two weeks of work. It’s a bigger reward than any monetary reward.”

He added, “Working with the people here is amazing. They’re so stoic and uncomplaining. I know what people would be like in the states and how much pain medication they would want. When we first talked to patients in the clinic, they always said, ‘Thank you for coming to help us.’”

This is therapist Deacon’s second trip to Ebeye. “I get many things out of coming here,” he said. “Just working together with a team like this, giving of our time and our abilities to come out and help people, it’s really rewarding. I enjoy it a lot. And the people we help are so appreciative for what we do for them. It gives satisfaction and a good feeling that you’re doing something to make a difference.”

While there are the heart wrenching situations, there are the heart warming ones as well.

“Donna Caldwell, our recovery room nurse, was saying that the first total knee replacement patient’s husband was in the corner crying when they took her into the ward,” said Spence. “So Donna went up to him and told him it was alright, that his wife would be fine. He looked up at her and said he was crying out of joy because, ‘You have come to help her.’”

Spence spoke about another patient. “Three years ago we replaced one knee. Last year, he had an appliance in the other knee that was very old and had to come out. The guys on Kwaj helped us put together some instrumentation to take it out. This year, we replaced that knee and also did cataract surgeries in both eyes. He had a big smile on his face afterwards. He’s completely rebuilt.”

Spence credits Dr. Robert Wells with starting the orthopedic program for Canvasback.

His first trip with Canvasback was in 1988. He has been a doctor since 1962 and a surgeon since 1967. He has come on trips every two or three years since then. Wells said he got involved when he heard that some



**Dr. Steve Peterson uses a device called C-ARM that Canvasback donated to Ebeye Hospital. The C-ARM is a moving picture X-ray being used to view a patient’s elbow that was fractured during the man’s childhood to see what surgery is necessary.**

people were in the process of building a boat a little ways from Portland, about an hour and a half drive to the west right off the coast.

“I found it a very fascinating concept and one of my associates, who is a general practitioner, went out on the first trip to the Marshall Islands,” Wells said. “He contacted me afterwards and told me I ought to consider it. He thought I would find it interesting and challenging. So I did and we went to Ebon and spent a lot of time in Micronesia, particularly Chuuk on several visits. While it was considered risky to do knee replacements in third world coun-

tries, I was able to get the implants and these people did beautifully.”

He added, “Now that Ebeye has a new hospital and a clean working environment, plus the logistical advantage of Kwajalein, it’s an ideal place to work.”

Wells continued, “I enjoy working with these people. They’re lovely people. They’re very grateful people. They really appreciate what you do and if we weren’t here, they wouldn’t have access to these types of services. I enjoy spending time with them, particularly as I get into

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# AFRICAN-AMERICAN HISTORY MONTH

The *Hourglass* highlights African-American History milestones

JANUARY 20, 2009

## Barack Obama becomes 44th U.S. president



Barack Obama was inaugurated as the 44th president of the United States; he is the first African American to hold that office. The product of an interracial marriage—his father grew up in a small village in Kenya, his mother in Kansas—Obama grew up in Hawaii but discovered his civic calling in Chicago, where he worked for several years as a community organizer on the city's largely black South Side. In February 2007, just months after he became only the third African American elected to the U.S. Senate since Reconstruction, Obama announced his candidacy for the 2008 Democratic presidential nomination. After withstanding a tight Democratic primary battle with Hillary Clinton, the New York senator and former first lady, Obama defeated Senator John McCain of Arizona in the general election that November. Obama's appearances in both the primaries and the general election drew impressive crowds, and his message of hope and change, embodied by the slogan "Yes We Can" inspired thousands of new voters, many young and black, to cast their vote for the first time in the historic election.

2001

## Colin Powell becomes Secretary of State



In 2001, President George W. Bush appointed Powell as secretary of state, making him the first African American to serve as America's top diplomat. He resigned after Bush's reelection in 2004. In still another history-making appointment, Condoleezza Rice, Bush's longtime foreign policy adviser and the former head of the National Security Council, succeeded Powell, becoming the first African-American woman to serve as secretary of state. Though he continued to brush off any speculation of a possible future presidential run, Powell made headlines during the 2008 presidential campaign when he broke from the Republican party to endorse Barack Obama, the eventual winner and the first African American to be elected president of the United States.

2002

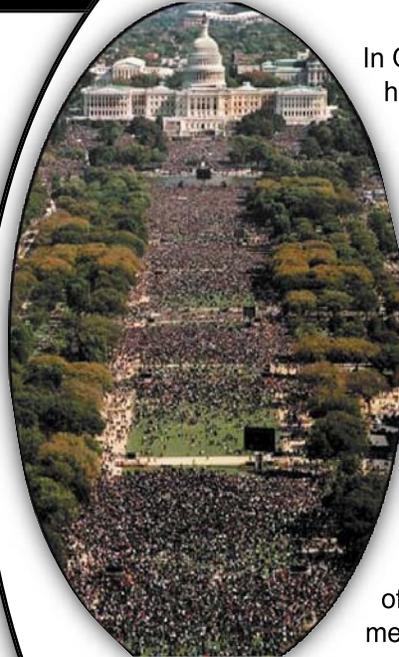
## Triumph in Hollywood

In 1940, Hattie McDaniel became the first African-American performer to win an Academy Award for her portrayal of a loyal slave governess in *Gone With the Wind*. After World War II, more talented black performers built careers that spanned music, stage and screen, including Ossie Davis and Ruby Dee, Dorothy Dandridge, Sammy Davis Jr. and Harry Belafonte. The most celebrated of these was Sidney Poitier, who became the first black Best Actor winner for 1964's *Lilies of the Field*. The 74th annual Academy Awards marked the greatest Oscar triumph in history for African-American performers. Halle Berry, star of *Monster's Ball*, was the first black actress to take home the statuette in the Best Actress category, while Denzel Washington became the first black actor since Poitier to win an Oscar for Best Actor, for *Training Day*. In her emotional acceptance speech, Berry called the moment "so much bigger than me. This moment is for every nameless faceless woman of color that now has a chance because this door tonight has been opened."



1995

### Million Man March



In October 1995, hundreds of thousands of black men gathered in Washington, D.C. for the Million Man March, one of the largest demonstrations of its kind in the capital's history. Its organizer, Minister Louis Farrakhan, had called for "a million sober, disciplined, committed, dedicated, inspired black men to meet in Washington on a day of atonement." The march was intended to bring about a kind of spiritual renewal among black men, and to instill them with a sense of solidarity and of personal responsibility to improve their own condition. It would also, organizers believed, disprove some of the stereotypical negative images of black men that existed in American society. Estimates of the number of participants in the Million Man March ranged from 400,000 to more than 1 million, and its success spurred the organization of a Million Woman March, which took place in 1997 in Philadelphia.

1984

### The Rise of Jesse Jackson



As a young man, Jesse Jackson joined Martin Luther King Jr. in his crusade for black civil rights in the South; when King was assassinated in Memphis in April 1968, Jackson was at his side. In 1971, Jackson founded PUSH, or People United to Save Humanity, an organization that advocated self-reliance for African Americans and sought to establish racial parity in the business and financial community. He was a leading voice for blacks in America during the early 1980s, urging them to be more politically active and heading up a voter registration drive that led to the election of Harold Washington as the first black mayor of Chicago in 1983. Throughout his long career, Jackson has inspired both admiration and criticism for his tireless efforts on behalf of the black community. His son, Jesse L. Jackson Jr., won election to the U.S. House of Representatives from Illinois in 1995.

1986

### Oprah Winfrey launches syndicated talk show

Born in rural Mississippi to a poor unwed teenage mother, Winfrey got her start in television news before taking over a morning talk show in Chicago in 1984. Two years later, she launched her own nationally syndicated talk show, *The Oprah Winfrey Show*, which would go on to become the highest-rated in TV history. Celebrated for her ability to talk candidly about a wide range of issues, Winfrey spun her talk-show success into a one-woman empire, including acting, film and television production and publishing. She notably promoted the work of black female writers, forming a film company to produce movies based on novels like *The Color Purple*, by Alice Walker, and *Beloved*, by Nobel Prize winner Toni Morrison (she starred in both). One of the most influential individuals in entertainment and the first black female billionaire, Winfrey is also an active philanthropist, giving generously to black South Africans and to the historically black Morehouse College, among other causes.



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**APRIL, 1967**

**Loving v. Virginia: Interracial marriage**



Soon after getting married in the District of Columbia in 1958, high-school sweethearts Mildred and Richard Loving returned to their hometown in Virginia, unaware that the state was one of 16 in the U.S. at the time with laws prohibiting interracial marriage. Mildred, a half-black, half-Native American woman, and Richard, a white man, were charged with unlawful cohabitation. The Lovings pleaded guilty to violating Virginia's Racial Integrity Act; a one-year prison sentence was suspended when they agreed to leave the state for 25 years. Back in D.C., a frustrated Mildred Loving wrote to the American Civil Liberties Union (ACLU) for help. "We know we can't live [in Virginia], but we would like to go back once and awhile to visit our families and friends." In 1964, the Lovings' case went all the way to the U.S. Supreme Court. In April 1967, the Court ruled unanimously that long-standing state laws against miscegenation were in violation of the Constitution. Chief Justice Earl Warren delivered the majority opinion, affirming that "We have consistently denied the constitutionality of measures which restrict the rights of citizens on account of race."

**1972**

**Shirley Chisholm runs for president**



By the early 1970s, the advances of the civil rights movement had combined with the rise of the feminist movement to create an African-American women's movement. Representative Shirley Chisholm of New York became a national symbol of both movements as the first major party African-American candidate and the first female candidate for president of the United States. A former educational consultant and a founder of the National Women's Caucus, Chisholm became the first black woman in Congress in 1968, when she was elected to the House from her Brooklyn district. Though she failed to win a primary, Chisholm received more than 150 votes at the Democratic National Convention. She claimed she never expected to win the nomination.

**1963**

**"I Have a Dream"**

On August 28, 1963, some 250,000 people, both black and white, participated in the March on Washington for Jobs and Freedom, the largest demonstration in the history of the nation's capital and the most significant display of the civil rights movement's growing strength. After marching from the Washington Monument, the demonstrators gathered near the Lincoln Memorial, where a number of civil rights leaders addressed the crowd, calling for voting rights, equal employment opportunities for blacks and an end to racial segregation. The last leader to appear was the Baptist preacher Martin Luther King, Jr. who spoke eloquently of the struggle facing black Americans and the need for continued action and nonviolent resistance. "I have a dream," King intoned, expressing his faith that one day whites and blacks would stand together as equals, and there would be harmony between the races. "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character." His stirring words would be remembered as undoubtedly one of the greatest speeches in history.



retirement. I also have the ability to acquire resources that they wouldn't have access to otherwise. I've been very fortunate and this is payback."

As with all of the Canvasback trips, it requires a lot of planning and the unselfish efforts of a lot of people. It takes about a year to put a mission together coordinating the doctors and nurses who want to come and gathering donated supplies. "We get done with one and we start working on the next one," said Spence.

She particularly appreciates the efforts of Jimmy Matsunaga, Kwajalein Range Services Shipping and Receiving Manager.

Spence said, "Jimmy arranged with Mike Garvin of Matson Lines for a 20-foot container and it was packed with the supplies that we needed both for eye surgery and orthopedic."

According to Spence, two keys to the success of this year's trip were a donated Alcon Laureate Phaco machine and a loaned Sovereign Phaco machine that enabled the team to run two operating rooms. In addition, Spence said that SEE International donated double the amount of the supplies that they usually allocate for a mission. Pacific Medical donated orthopedic bracing and shoulder arthroscopy equipment. Sonora Regional Medical Center in California donated the C-ARM.

She is very appreciative of the USAKA Host Nation office. "Host Nation allows us to stay here [on Kwajalein] and that's a huge bonus. I just don't think we could do everything we do unless we could stay here. They gave us a golf cart to get the teams back and forth to the dock. They allow us to eat at Café Pacific. And the people on Kwajalein have been so nice and helpful to us. They make it a lot easier."

Spence added, "Jack at the machine shop can make anything. There have been times when our equipment has broken down and Jack comes through and makes us up something. He's just really special."

The Canvasback Missions work couldn't be done without the generosity and donations that people and companies give.

"The biggest donations come from the pharmaceutical companies and hospitals," Spence said. "A lot of the doctors will contact their suppliers and ask for donations. Dr. Wells has gotten one of the major manufacturers of implants, Smith and Nephew, to donate. Not only did they donate the implants, they donated the instrumentation and all the accessories. That's where some of the major donations come from. A lot of our volunteers play a major part in getting the supplies. The doctors know what they need to have."

It truly takes generosity on the part of a supplier to donate such expensive items.

"For a total knee replacement, there are four components and suppliers will charge hospitals in the states \$35,000 for a set," said Peterson.

Spence said that before trips are made, nurses and



**Dr. Steve Peterson removes a man's damaged index finger from his hand.**

other support staff are recruited by the doctors because they want to work with the professionals they are used to working with on a daily basis. If the doctors can't get those people, Canvasback will pull from its own sources of volunteers.

Getting volunteers is not as hard as one might think. "The week before I came on this trip, I had 40 nurses come up to me and say they wanted to go next year," said Peterson. "They gave me their numbers and said to call them so they could go on the next trip."

Spence and her husband, Jamie, created Canvasback Missions after becoming Christians during sailing trips in the Pacific.

"We would see the island people who had far less than we did and yet were willing to give the shirts off their back if someone needed it," said Spence.

In 1981 they returned to the United States from a sailing trip and founded Canvasback Missions. More than 200 volunteers built a 71-foot long aluminum medical ship to be used. "My husband felt that Canvasback was a good name because the ship was a sailing vessel and we migrated like canvasback ducks," Spence said.

They started their mission in the Marshalls because, "The coral atolls were well-suited to a boat ministry and we loved the people."

Canvasback has also helped the RMI tackle the immense problem of diabetes in the country by opening the Diabetes Wellness Center on Majuro in 2005. Spence feels that if diabetes in the RMI could be brought under control it would solve many of the health problems the country faces.

Donations are always needed and anyone wishing to donate money to Canvasback can contact Jacques at [jacquespence@canvasback.org](mailto:jacquespence@canvasback.org). Doctors and nurses who would like to volunteer for missions can find applications at [www.canvasback.org](http://www.canvasback.org).



Photo by Jim Stepchew

The GBR-P team took time from their busy FTG-06 Mission Support schedule to participate in a Community Service Project at the Kwajalein Garden. Pictured above are the participants, left to right, Arthur Ottman, Alex Chu, Eleanor Talich, Jim Talich, Joanna Enzmann, Kevin Hartnett, John Lantagne, Sarah Stepchew, Claire Stepchew, John Corrado and Bill Wilson.

# GBR-P team uses down time to help clean up Kwajalein's Public Garden

By Bill Wilson  
Contributor

The Ground-Based Radar Proto Type team took time from their busy FTG-06 Mission Support schedule to participate in a Community Service Project at the Kwajalein Public Garden Jan. 24.

The team included island residents John Corrado, Sarah and Claire Stepchew, Arthur Ottman, Raytheon TDY personnel Bill Wilson, Kevin Hartnett, Joanna Enzmann, Jim and Eleanor Talich, John Lantagne and Dr. Alex Chu. of the Missile Defense Agency.

They conducted various landscaping tasks consisting of grass cutting, tree and plant pruning, trash removal, weeding and gen-

eral cleaning.

The temporary duty team members have established strong personal ties with Kwajalein over the years having been past residents themselves and still maintain close relationships with the community. The clean-up project provided a team building opportunity for the TDY employees and the on-island GBR-P support personnel prior to the FTG-06 Mission, helping to create bonds between team members who supported the mission at the GBR-P Radar Site, and contributing to the larger Kwajalein community something that would add value to their day-to-day life.

Enzmann, who is TDY to support the GBR-P Software, made her first trip to Kwajalein in 1962 and also

had her third child that same year said, "I am very pleased at the difference a few hours work made in the appearance of the garden. I hope more people will come down and walk through this garden and enjoy the variety of tropical plants here."

Sarah Stepchew, one of the principal GBR-P Radar Operators for the FTG-06 Mission said, "The gardens have always been a unique place to visit on Kwaj and to bring our island visitors to. It's disappointing to see that they are not currently being maintained. Our team clean-up effort was a good way to spend some time together away from our busy work schedule and to feel good about helping to restore some of the garden's charm. It would be

great if some of the other organizations on Kwaj would consider spending an afternoon a month to help maintain the gardens. Some water, gloves, sunscreen and a sense of community is really all you need. We had contacted Bob Butz with Community Activities and he was able to supply us with garden tools, bags and lawn mowers for the afternoon. At the end of the day we all felt a great sense of accomplishment (and exhaustion) as we stood back and admired our work and took a group photo in front of the large pile of garden debris we had hauled out.”

Jim and Eleanor Talich, who stayed with their on-island in-laws Russell and Selentina Beniamina said, “The garden is a good place to get some exercise and was one of our favorite spots on the island when we lived here before. We couldn’t finish the clean-up this trip. We left some work for others after we go home. Bring lots of water when you work down there, it takes about a gallon per hour.” Also, of note is that Jim, Eleanor, Russell and Selentina are expecting to be grandparents to twin boys in the near future. Jim is TDY

and provides all the GBR-P System Administration Support.

Lantagne, who is TDY and is the FTG-06 Assistant Test Director, said, “When I lived on Kwajalein, I would ride my bike past the Public Gardens every day on my way to and from work at GBR-P. It would often be a place I could take a break, or duck out of the rain, and I would appreciate the hard work others had put in to create and maintain the gardens. I thought it was time for me to help out as much as I could while I was here TDY.”

Chu is also TDY and making his second visit to Kwajalein. Chu said, “Akin to GBR-P extracting signals out of noise and clutter, our clearing of weeds out of flower beds and debris from the courtyard brought out the beauty of the three breadfruit trees in the botanical garden. I am glad to have been part of the team.”

Hartnett, GBR-P System Engineer said, “The Kwaj Community has served me in many ways — now as a TDY worker and before when I was a resident. The tennis courts, the marina, dinners at friends’ homes and the Kwajalein Gardens

— these and so many other ways have made my time on Kwaj more enjoyable and meaningful. If I can give back to the Community in some small way, then I’m happy to do it. A few hours cleaning up at the Kwaj Gardens only begins to repay the Community for all I have received.”

At the end of the day, there was much satisfaction and pride from the work completed and a closer knit team (Islanders and TDYers) as the launch approached, but more importantly the time spent to improve Kwajalein Garden left a strong feeling of fulfillment from all participants.

Wilson, GBR-P FTG-06 Test Director said, “Every community service moment is memorable, but this was personal. It was a message to the community of Kwajalein that the GBR-P Team thanks them for their hospitality, friendship, and continued support over the years. We have a stronger team consisting of our on-island team members, MDA and the Raytheon TDY support staff and we were able to gain an understanding about each other and a sense of community. A very good day indeed.”

*Softball Season*



*2010*

**Tuesday, Feb. 2**

WOMEN’S LEAGUE

Thumbs Up vs. Spartans II Girls: 14-8

MEN’S ‘A’ LEAGUE

Sunrise vs. Guppies: 8-3

MEN’S ‘B’ LEAGUE

Spartans I Boys vs. Lallop: 11-4

**Friday, Feb. 5**

MEN’S ‘B’ LEAGUE

Spartans I Boys vs. Wx Rats: 28-10

Lallop vs. Rf Hazards: 21-13

**Wednesday, Feb. 3**

MEN’S ‘A’ LEAGUE

Podunkers vs. Criminals: 13-3

MEN’S ‘B’ LEAGUE

USAKA vs. Wx Rats: 10-1

**Thursday, Feb. 4**

WOMEN’S LEAGUE

Good Times vs. Spartans I Girls: 13-9

MEN’S ‘A’ LEAGUE

Sunrise vs. Criminals: 11-10

Podunkers vs. Guppies: 16-4

MEN’S ‘B’ LEAGUE

Spartans II Boys vs. JDs: 11-5

| <b>Team Standings</b> |     | (as of Feb. 5)          |     |
|-----------------------|-----|-------------------------|-----|
| <u>WOMEN’S LEAGUE</u> |     | <u>MEN’S ‘A’ LEAGUE</u> |     |
| Good Times:           | 3-0 | Sunrise:                | 4-0 |
| Spartans I Girls:     | 2-1 | Podunkers:              | 3-1 |
| Thumbs Up:            | 1-2 | Guppies:                | 1-3 |
| Spartans II Girls:    | 0-3 | Criminals:              | 0-4 |

| <b>Team Standings</b>   |     | (as of Feb. 5) |     |
|-------------------------|-----|----------------|-----|
| <u>MEN’S ‘B’ LEAGUE</u> |     |                |     |
| USAKA:                  | 3-0 | Wx Rats:       | 1-3 |
| Spartans I Boys:        | 3-0 | JDs:           | 0-2 |
| Spartans II Boys:       | 2-1 | Rf Hazards:    | 0-2 |
| Lallop:                 | 2-1 | Monkubok:      | 0-2 |

# USAKA weekend safety message

The Presidents day holiday is upon us, our thoughts turn to recreational activities and possibly travel. I would like you all to remember that Personnel Safety is everyone's responsibility. The USAKA Command is committed to Safety. Remember to apply risk management to everything that you do [on duty and off duty].

The highest risk activities will be traveling away from Kwajalein in rental vehicles. The use of the Pre-Trip Risk Assessment through TRiPs, located at the Combat

readiness/Safety Center website at <https://safety.army.mil> is essential for all Soldiers driving on leave and/or TDY trips. Also check the weather, allow enough driving time and incorporate breaks, start any trip well rested, watch your speed, use your seat belts and do not drink and drive.

Enjoy your time off but control your activities with discipline, common sense and do not take unnecessary risks. My goal is not to lose one Soldier, civilian employee or Family member to accidents on or off duty.



Photo courtesy of Kurt Eulenfeld

The one that  
didn't get  
away

Botha Jitiam of KRS Public Works landed this 367-pound marlin on Feb. 7. It took an hour and a half to get it into the boat.

## Operation Security is everyone's responsibility

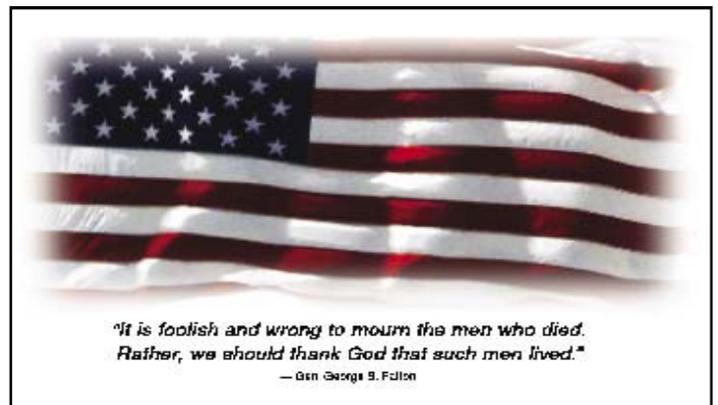
Be sure all classified documents and offices containing classified materials are secure. Practice good OPSEC.



# Six servicemembers die in Afghanistan, Pakistan

Two Soldiers died of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device Feb. 2 in Zabul province, Afghanistan. They were assigned to the 1st Battalion, 508th Parachute Infantry Regiment, 4th Brigade Combat Team, 82nd Airborne Division, Fort Bragg, N.C. Killed were: **Capt. Daniel Whitten**, 28, of Grimes, Iowa; and **Pfc. Zachary G. Lovejoy**, 20, of Albuquerque, N.M.

Three Soldiers died Feb. 3 in Timagara, Pakistan, from wounds suffered when insurgents attacked their unit with an improvised explosive device. Killed were: **Sgt. 1st Class David J. Hartman**, 27, of Okinawa, Japan. He was assigned to the 96th Civil Affairs Battalion (Airborne), 95th Civil Affairs Brigade (Airborne), Fort Bragg, N.C.; **Sgt. 1st Class Matthew S. Sluss-Tiller**, 35, of Callettsburg, Ky. He was assigned to the 96th Civil Affairs Battalion (Airborne), 95th Civil Affairs Brigade (Airborne), Fort Bragg, N.C. and **Staff Sgt. Mark A. Stets**, 39, of El Cajon, Calif. He was assigned to the 8th Psychological Operations Battalion (Airborne), 4th Psychological Operations Group (Airborne), Fort Bragg, N.C.



**Sgt. Dillon B. Foxx**, 22, of Traverse City, Mich., died Feb. 5 in Bala Murghab, Afghanistan, of wounds suffered when enemy forces attacked his unit with an improvised explosive device. He was assigned to the 1st Battalion, 508th Parachute Infantry Regiment, 4th Brigade Combat Team, 82nd Airborne Division, Fort Bragg, N.C.

# “Get in the Mix” helps promote clubs, organizations, vendors and departments

## Hourglass Reports

“Get in the Mix” is back! After a brief hiatus, Community Activities is inviting all clubs, private organizations, vendors and departments to promote their group, service or activity at “Get in the Mix” from 6-8 p.m., Feb. 24, in the CRC gym.

This is a great opportunity for all clubs, departments and vendors to provide information on what your club or organization does, which activities and services are offered, what you have for sale and when, where and how often

you meet up.

“Get in the Mix” 2010 will feature trade-show style exhibits that can be as simple as a table with brochures but will also feature several interactive booths as well. So far, vendors, clubs and organizations that will be presenting their group include the Kwajalein Swim Team, YYWC, Scuba Club, dance classes, work out classes, KPD, the hospital and many more. Quality of Life purchased stainless steel water bottles will be distributed, one per unaccompanied resident, two per family. To get your

water bottle, attend the event.

If you would like to participate in “Get in the Mix” contact Community Activities, building 805, at 53331 for information and sign-up no later than Feb. 17.

“Get in the Mix” is open to everyone including families and children. There is no charge to participate or to attend the event.

It is easy for newcomers to miss opportunities and for old timers to forget they exist. Come refresh your memory and see what’s happening on Kwajalein at the 2010 “Get in the Mix!”



*DoD photo by Petty Officer 2nd Class Todd Frantom, U.S. Navy. (Released)*

## Compassion

A U.S. Air Force airman attached to the 436th Medical Operations Squadron treats a Haitian woman at an expeditionary medical facility in Port-au-Prince, Haiti, on Feb. 3. The Department of Defense and the U.S. Agency for International Development are in Haiti supporting Operation Unified Response, a multinational, joint-service operation to provide humanitarian assistance to Haitians affected by the 7.0-magnitude earthquake that struck the region on Jan. 12, 2010.

**KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at [www.krsjv.com](http://www.krsjv.com).**

NEED EXTRA MONEY? KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

**WANTED**

HAWAIIAN SLING. Call 55024.

INTERESTED IN DONATING sports equipment to youth teams on Ebeye? Teams are asking for volleyballs, softballs and a basketball net with hooks. Youth softball teams are also looking for bats, gloves and cleats for girls aged 11 to 14 and boys aged 14 to 16. Your donation would be greatly appreciated. Drop off equipment at Community Activities, building 805. For more information, contact 53438.

I AM MAKING a quilt for the YYWC Silent Auction Fall 2010. If you have a new t-shirt from a Kwaj organization you would like to donate, please contact Cindy at 52370.

**LOST**

BACKPACK, black, yellow and gray with goggles, towel and shorts left in cubby hole at Adult Pool. If

**Religious Services**

Catholic

5:30 p.m., Saturday, in Island Memorial chapel.  
9:15 a.m., Sunday, in Island Memorial Chapel.  
4:45 p.m., Monday & Friday, in Island Memorial Chapel.  
7 a.m., Tuesday & Thursday, in Island Memorial Chapel.  
11:40 a.m., Wednesday, in Island Memorial Chapel.  
Reconciliation half hour before all masses or by appointment with Fr. Poole at 5-3579/5-3767.

Protestant

Sunday  
8 and 10:45 a.m., on Kwaj and Roi-Namur service at 4 p.m.

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in Corlett Recreation Center, Room 3.

Jewish services

you have seen it or have any information, please call 53438.

**FOUND**

GOLD MEDAL, Dr. Eugene Clark Library "Sail Away with Books," Summer 2007. Call 52319.

**PATIO SALE**

MONDAY, 8 a.m.-noon, quarters 122-B. Multi-family sale. Laptop bag, books, travel iron, computer keyboard, clothes, crock-pot, toys, household and other items.

MONDAY AND TUESDAY, 8 a.m., quarters 473-A. Lots of miscellaneous items.

**FOR SALE**

SONY TRINITRON color TV, 27 inch, \$250; Sony color TV, 52 inch, \$350 and two speaker stands, \$20. Call 54784 or 58454.

SAILBOAT, 19 foot Cape Dory, in sailing condition, \$1,500 or best offer. Call 52319.

TWO PIECE SOFA sectional with recliner in each piece, beige with strips, very clean, \$400; Canon 3ccd video camera GL1 with underwater housing, includes battery with charger, red underwater filter, wide angle lens, all in excellent condition, \$1500; Scuba tanks, XS Worthington, 120 steel, two for sale, \$600 for both or \$350 each; leather recliner, excellent condition, very large, \$500; microwave, \$50; toaster, \$20 and coffee maker, \$20. Call 56725.

WHIRLPOOL DISHWASHER, works great, with fittings, free. Call Barb at 52262.

GIRLS CLOTHES, size 14-16, \$1; boys clothes, size 8-10, \$1; kids shoes, \$1; men's and women's clothes, \$2; kids Wii games, \$10; board games, \$2 and men's electric razor, \$5. Call 50165 or stop by dome 165.

**COMMUNITY NOTICES**

COUNTRY CLUB VALENTINE Buffet on Feb. 13 sold out; however, general public 21 years or older are invited after 9 p.m. for drinks and music by Ron Curtiss, Mark Pippitt, Billy DeCoster and Jamie Obst. Free bus service will be provided from the Ocean View Club. Questions, contact David Fearon at 53607.

PLEASE BE SURE TO JOIN us at Café Pacific for Valentine's Day Brunch on Feb. 14. Our chefs will be preparing an array of delicious items including carved steamship round of beef with ajuis, chicken cordon bleu, strawberry sweetheart crepes, Cajun crab puffs and eggs benedict. A variety of salads and delicious desserts also await. Our grill will be open as well for cooked to order eggs, omelettes and pancakes. Serving hours are 11 a.m.-1 p.m. We look forward to seeing you.

BI-ANNUAL INTAKE-PIPE cleaning has been rescheduled for Feb. 11-14. Both the Family Pool and the Adult Pool will be closed during this time. Questions, call Mandie at 53331.

VALENTINE'S COOKIE exchange will take place at 2 p.m., Feb. 15, in the Grace Sherwood Library. Come and find your sugar on this Hallmark holiday! Bring two dozen cookies (no creams, custards or fillings that can

Armed Forces  
Entertainment Presents:

**Jazz musician  
Jeffery Smith**

7 p.m., Feb. 14,  
Emon Beach

7 p.m., Feb. 15,  
Roi Scuba Shack

spoil) in a covered tray to the library to trade. Everyone is welcome, no sweetheart necessary. Sponsored by Community Activities, call 53331 for details.

LITTLE STEPS...BIG DIFFERENCE Ivey Gym demonstration will be at 11:45 a.m., Feb. 16. This event is worth 10 points.

SCHOOL ADVISORY COUNCIL meeting will be at 7 p.m., Feb. 17, in the Elementary School Coconut Room. The public is invited to attend. Your input is always appreciated.

KWAJALEIN COMMUNITY BAND will be in concert at 7 p.m., Feb. 18, in the Davye Davis Multi-Purpose Room on the high school campus.

A CDC Parent Advisory Committee meeting is scheduled for 5:30 p.m., Feb. 26, at the CYSS Central Registration Office in Fac. 356. Parents with children enrolled in the Child Development Center are encouraged to attend and share their thoughts and ideas about the CDC program. Contact Aimee Pang at 50730 with questions.

AMERICAN LEGION Post 44's next monthly meeting is at 6 p.m., Feb. 19. All current and prospective members are highly encouraged to attend.

CAFÉ PACIFIC WILL BE offering an African American Heritage Picnic Brunch on Feb. 21. Our chefs will be preparing a variety of delicious entrees including maple glazed carved ham, crab benedict, Cajun riblets, vegetarian beans in broth, country fried chicken and biscuits with old fashioned gravy, macaroni and cheese, corn on the cob, potato salad and coleslaw. The brunch station will be open as well for those who would like eggs and omelets cooked to order. Brunch will be served from 11 a.m.-1 p.m. Menu is subject to

*Café Pacific*

| Sunday                     | Monday                     | Tuesday                    | Wednesday                  | Thursday           | Friday                 | Feb. 20            |
|----------------------------|----------------------------|----------------------------|----------------------------|--------------------|------------------------|--------------------|
| Carved round of beef       | Beef tips in burgundy      | Chicken/mushroom sauce     | Stuffed cabbage            | Minute steak       | Vegetarian lasagna     | Roasted Iowa chop  |
| Chicken cordon bleu        | Whole roast chicken        | Huevos rancheros           | Chicken pot pie            | Chicken stew       | Meat lasagna           | Sesame ginger tofu |
| Cajun crab puffs           | Ham marco polo             | Beef/peapod stir-fry       | Pasta ala pesto            | Scalloped potatoes | Beef/broccoli stir-fry | Chicken nuggets    |
| Grill: Brunch station open | Grill: Brunch station open | Grill: Brunch station open | Grill: Chuckwagon sandwich | Grill: N/A         | Grill: Tuna melt       | Grill: N/A         |
| Tonight                    | Sunday                     | Monday                     | Tuesday                    | Wednesday          | Thursday               | Friday             |
| Chicken fried chicken      | Spaghetti                  | Meatball stroganoff        | Sweet & Sour pork          | Carved round top   | Roast pork             | Pancake supper     |
| Parker ranch stew          | Whole wheat pasta          | BBQ chicken                | Chicken hekka              | Coconut chicken    | Beef fajitas           | Beef brisket       |
| Vegetarian beans           | Veal alfredo               | Spicy tofu & vegetables    | Korean beef steak          | Noodles romanoff   | Chicken enchiladas     | Vegetarian pasta   |

# TOWN HALL MEETINGS



**Col. Frederick S. Clarke**  
USAKA Commander

- **1 p.m., Feb. 17, at Island Memorial Chapel, for the Marshallese work force.**
- **1 p.m., Feb. 19, at Tradewinds Theater, for Roi-Namur work force.**
- **6 p.m., Feb. 19, at KHS MP Room, for Kwajalein Community.**
- **10:40 a.m., Feb. 20, at KHS MP Room, for Teen Town Hall.**

change due to availability.

VET'S HALL APPRECIATION Party sponsored by the Insane Gecko Posse will be Feb. 21. Band starts at 9 p.m. Male and female Horseshoe Tournament, sign-up at 7 p.m., contest begins at 8 p.m. with a \$50 prize for first place. Male and female Baggo Tournament. Free hamburgers served at 8 p.m. Outside bar with Ice-Luge shots. Goal is to set a record for the most chips given away for a single bell ring.

CYSS OPEN RECREATION event "Tennis" will be from 5:30-7:30 p.m., Feb. 23. Register at CYSS Central Registration Office between Feb. 11-18. Space is limited. Open Recreation Events are open to all K-6th graders with a current CYSS registration. For more information call Micah at the Central Registration office, 52158.

MANDATORY ISLAND ORIENTATION begins at 12:45-4:30 p.m., Feb. 24, in CAC room six, building 365. It is required for all new island arrivals. The island orientation is not recommended for dependent children under the age of 10. Questions, call KRS ES&H at 51134.

EOD/LAUNCH ORDNANCE personnel will be conducting explosive disposal operations from 9 a.m.-4 p.m., Feb 25, on Illeginni. A horizontal and vertical safety exclusion area of 4,000 feet, surface to air, is off-limits to all unauthorized personnel throughout the operation. Questions regarding this operation should be directed to the EOD/Launch Ordnance office at 51433.

LITTLE STEPS...BIG DIFFERENCE Wellness Seminar "Heart Healthy Living" will be at 6:30 p.m., Feb. 26, in the elementary school Coconut Room. This event is worth five points.

KYC COMMODORE'S BALL "Island Style" will be held on Feb. 28 at the Kwajalein Country Club. Cocktails will be served at 6 p.m. and a buffet dinner of chicken or beef is at 7 p.m. Entertainment by *Pure Polynesia*. Bus service will be available. Ticket prices are \$35

for members and \$45 for non-members. For tickets, contact Mark at 53244, Bruce at 52379, Jim at 53500, Denise at 53018 or Jennifer at 52965.

KALEIDOSCOPE OF MUSIC will be held on March 7. It is an evening showcasing the musical talent of Kwajalein, hosted by the Yokwe Yuk Women's Club. Proceeds enable the YYWC to provide scholarships for graduating seniors in recognition of outstanding community service. Tickets are \$15 which covers admission and the refreshments at intermission. Tickets will be sold on the AAFES porch from 10 a.m.-1 p.m., Mondays, Feb. 8-March 1. If you are interested in performing, please contact Janet Golly at 55519 or email [joyfulljo@hotmail.com](mailto:joyfulljo@hotmail.com).

CYSS YOUTH baseball, softball, tee-ball league registration open Feb. 9-March 13. Open to boys and girls in grades K-6. League dates are March 23-May 22. Volunteer coaching opportunities! Contact 52158 for registration information, building 356. Call 53796 for sports program information.

QUIT SMOKING CLINIC for Roi residents will be held March 10-April 7. Classes will meet at 10 a.m., every Wednesday, in the KEAMS room. This is a free clinic that also provided free Quit Smoking Aides. There is a limited class size. If you plan to attend this clinic, please call the Dispensary at 56223 and schedule your free physician's appointment prior to the first class. For sign-up and/or questions, call Marion at 55362.

KWAJALEIN POLICE DEPARTMENT would like to remind residents and workers that driving on USAKA is a privilege and a responsibility. Please obey all posted speed limits, which are strictly enforced. Per USAKA Regulation 190-5, penalties for speeding are generally 1-10 mph over the posted speed limit: 3 points on your USAKA license; 10-14 mph over the posted speed limit: 4 points on your USAKA license; 15-19 mph over the posted speed limit: 5 points on your USAKA license; 20 or more mph over the posted speed limit: 6 points on your USAKA license. In addition to possible other adverse actions. Questions, call 5-4445.

## President's Day Hours of Operation Tuesday, Feb. 16

### Kwajalein

|                               |                              |
|-------------------------------|------------------------------|
| Emon Beach.....               | 11 a.m.-6 p.m.               |
| All other beaches.....        | Buddy system                 |
| CRC/Raquetball Courts.....    | 1-9 p.m.                     |
| Golf Course (Kwaj & Roi)..... | Sunrise to sunset            |
| Driving Range.....            | Closed                       |
| Country Club.....             | Closed                       |
| Hobby Shop.....               | 12:30-5 p.m. & 6-9 p.m.      |
| Ivey Gym.....                 | Cipher lock                  |
| Library.....                  | Closed                       |
| Adult pool.....               | Buddy system                 |
| Family pool.....              | 1-6 p.m.                     |
| Skate Park.....               | Buddy system                 |
| Small Boat Marina.....        | 7:30 a.m.-6 p.m.             |
| ARC.....                      | noon-10 p.m.                 |
| Surfway.....                  | 11 a.m.-6:30 p.m.            |
| Shopette.....                 | 9 a.m.-4 p.m.                |
| Px and Pxtra.....             | 9 a.m.-4 p.m.                |
| AAFES Roi-Namur.....          | Closed                       |
| Laundry.....                  | Closed                       |
| Beauty/Barber.....            | 9 a.m.-6 p.m.                |
| Sunrise Bakery.....           | Closed                       |
| Ocean View Club.....          | 4:30 p.m.-11 p.m.            |
| Post Office Kwaj.....         | Closed Feb. 15, open Feb. 16 |
| Post Office Roi.....          | Closed                       |
| Community Bank.....           | Closed                       |
| Burger King.....              | 11 a.m.-5 p.m.               |
| Anthony's Pizza.....          | 11:30 a.m.-5 p.m.            |
| Subway.....                   | 11 a.m.-5 p.m.               |
| Baskin Robbins.....           | Closed                       |
| American Eatery.....          | Closed                       |

## Café Roi

### Lunch

| Sunday          | Monday                 | Tuesday             | Wednesday          | Thursday      | Friday                | Feb. 20                   |
|-----------------|------------------------|---------------------|--------------------|---------------|-----------------------|---------------------------|
| Roast sirloin   | Patty melt with onions | BBQ spare ribs      | Spaghetti          | Sloppy Joe's  | Bacon cheeseburgers   | Corn dogs                 |
| Duck a l'orange | Corned beef            | Teriyaki chicken    | Mahi mahi          | Baked chicken | Turkey & dumplings    | Chicken/broccoli stir-fry |
| Salmon benedict | Brisket dinner         | Brunch station open | Fettuccine alfredo | Roast pork    | Mixed sausage & beans | Coconut curry pork        |

### Dinner

| Sunday                 | Monday               | Tuesday              | Wednesday       | Thursday           | Friday                 | Feb. 20           |
|------------------------|----------------------|----------------------|-----------------|--------------------|------------------------|-------------------|
| Spicy chicken stir-fry | Pot roast            | Pork chops           | Grilled steak   | Kal bi beef        | Cheddar bacon meatloaf | Whole short ribs  |
| Café Roi beef stew     | Poulet moutarde      | Sesame baked mahi    | Grilled chicken | Short ribs         | Turkey tetrazzini      | New Orleans pasta |
| Steamed sweet potato   | Chickpea veggie stew | Sweet & sour chicken | Baked potatoes  | Katsu pork cutlets | Combo pizzas           | Mahi mahi         |

# Safely Speaking

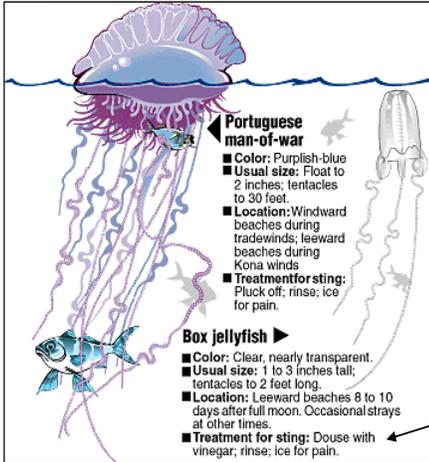


**WARNING**  
**MAN-O-WAR**  
STINGS ARE PAINFUL.

**Portuguese Man-o-war Stings**



DEDICATED TO SAFETY EXCELLENCE  
NO ACCIDENTS



Type typically seen on Kwajalein:



Note: Difference between treatment for jellyfish versus man-o-war

Recent injuries and sightings of Portuguese Man-of-War have been identified on Kwajalein, please consider the following man-o-war guidelines for your safety.

|   |  |
|---|--|
| <b>INJURY MECHANISM</b>   | Long blue, <b>threadlike tentacles.</b>  |
| <b>SIGNS AND SYMPTOMS</b>   | Stinging, burning, redness, swelling of lymph nodes. Long welt lines. <b>Severe reactions: difficulty with breathing and cardiac arrest.</b> |
| <b>IMMEDIATE FIRST AID ADVICE:</b>  |  |
| <p>1. Rinse the area liberally with seawater or fresh water to remove any tentacles stuck to the skin by rinsing with water (shower) or lifting them off with a credit card (do not rub into injury with a towel or use sand). <b>Do not apply vinegar.</b> A study shows that vinegar in these stings sometimes <b>makes the sting worse.</b> (Portuguese man-of-wars belong to a different family than <b>box jellyfish</b> [<i>Carybdea alata</i>] and therefore must be treated separately.)</p> <p>2. Try applying heat or cold, whichever feels better to the victim and if symptoms get worse or if the pain is severe seek medical attention as soon as possible.</p> <p>3. Few Portuguese man-of-war stings cause life-threatening reactions, but this is always a possibility. Some people are extremely sensitive to the venom; a few have allergic reactions. Consider even the slightest breathing difficulty, or altered level of consciousness, <b>a medical emergency.</b> Call for help and use automatic epinephrine injector if available.</p> |  |

**To report jellyfish sightings, call KRS ES&H at 51134.**



## Power outage

The following facilities will experience a two hour power outage from 9 a.m. to 11 a.m., Feb. 17:

- 398 (MUX 5)
- 399 (MUX 3)
- 424 (Vet Clinic / Physical Therapy)
- 503 (Lift Station)
- 563 (Coral BQ)

### FAMILY QUARTERS

|     |     |     |
|-----|-----|-----|
| 405 | 426 | 460 |
| 406 | 430 | 467 |
| 407 | 431 | 469 |
| 409 | 432 | 470 |
| 425 | 433 | 471 |
| 408 | 434 | 472 |
| 410 | 440 | 473 |
| 411 | 441 | 474 |
| 412 | 442 | 480 |
| 413 | 443 | 481 |
| 414 | 444 | 482 |
| 420 | 450 | 483 |
| 421 | 451 | 484 |
| 423 | 452 | 496 |
| 425 | 454 | 497 |

## Weather courtesy of RTS Weather

Sunday: Mostly sunny, 10 percent showers. Winds: ENE-E at 16-20 knots.  
 Monday: Partly sunny, 20 percent showers. Winds: NNE-ENE at 10-16 knots.  
 Tuesday: Partly sunny, 10 percent showers. Winds: NE-ENE at 12-17 knots.  
 Wednesday: Partly sunny, 20 percent showers. Winds: NNE-ENE at 14-20 knots.  
 Thursday: Mostly sunny, 10 percent showers. Winds: ENE at 17-22 knots.  
 Friday: Mostly sunny, 10 percent showers. Winds: NE-ENE at 18-23 knots.

Annual total: 5.59 inches  
 Annual deviation: -0.86 inches

Call 54700 for updated forecasts or visit [www.rts-ux.com](http://www.rts-ux.com).

### Sunrise/set Moonrise/set High Tide Low Tide

|           |                     |                       |                                      |  |
|-----------|---------------------|-----------------------|--------------------------------------|--|
| Sunday    | 7:10 a.m./6:52 p.m. | 11:33 p.m./10:49 a.m. | 10:13 a.m., 2.8'<br>10:40 p.m., 1.8' | 2:59 a.m., 1.0'<br>5:40 p.m., 1.5'     |
| Monday    | 7:10 a.m./6:52 p.m. | 11:36 a.m.            | 12:40 a.m., 2.8'                     | 4:34 a.m., 1.3'<br>8:21 p.m., 1.1'     |
| Tuesday   | 7:10 a.m./6:53 p.m. | 12:27 a.m./12:25 p.m. | 2:08 a.m., 1.9'<br>2:09 p.m., 3.1'   | 7:20 a.m., 1.3'<br>9:03 p.m., 0.7'     |
| Wednesday | 7:09 a.m./6:53 p.m. | 1:22 a.m./1:15 p.m.   | 2:57 a.m., 2.3'<br>2:54 p.m., 3.5'   | 8:27 a.m., 0.9'<br>9:30 p.m., 0.3'     |
| Thursday  | 7:09 a.m./6:54 p.m. | 2:15 a.m./2:06 p.m.   | 3:26 a.m., 2.7'<br>3:27 a.m., 3.9'   | 9:07 a.m., 0.5'<br>9:54 p.m., 0.0'     |
| Friday    | 7:08 a.m./6:54 p.m. | 3:08 a.m./2:58 p.m.   | 3:51 a.m., 3.1'<br>3:55 p.m., 4.2'   | 9:38 p.m., 0.1'<br>10:17 p.m., -0.3'   |
| Feb. 13   | 7:08 a.m./6:54 p.m. | 3:50 a.m./3:59 p.m.   | 4:15 a.m., 3.5'<br>4:22 a.m., 4.4'   | 10:07 p.m., -0.2'<br>10:45 p.m., -0.5' |