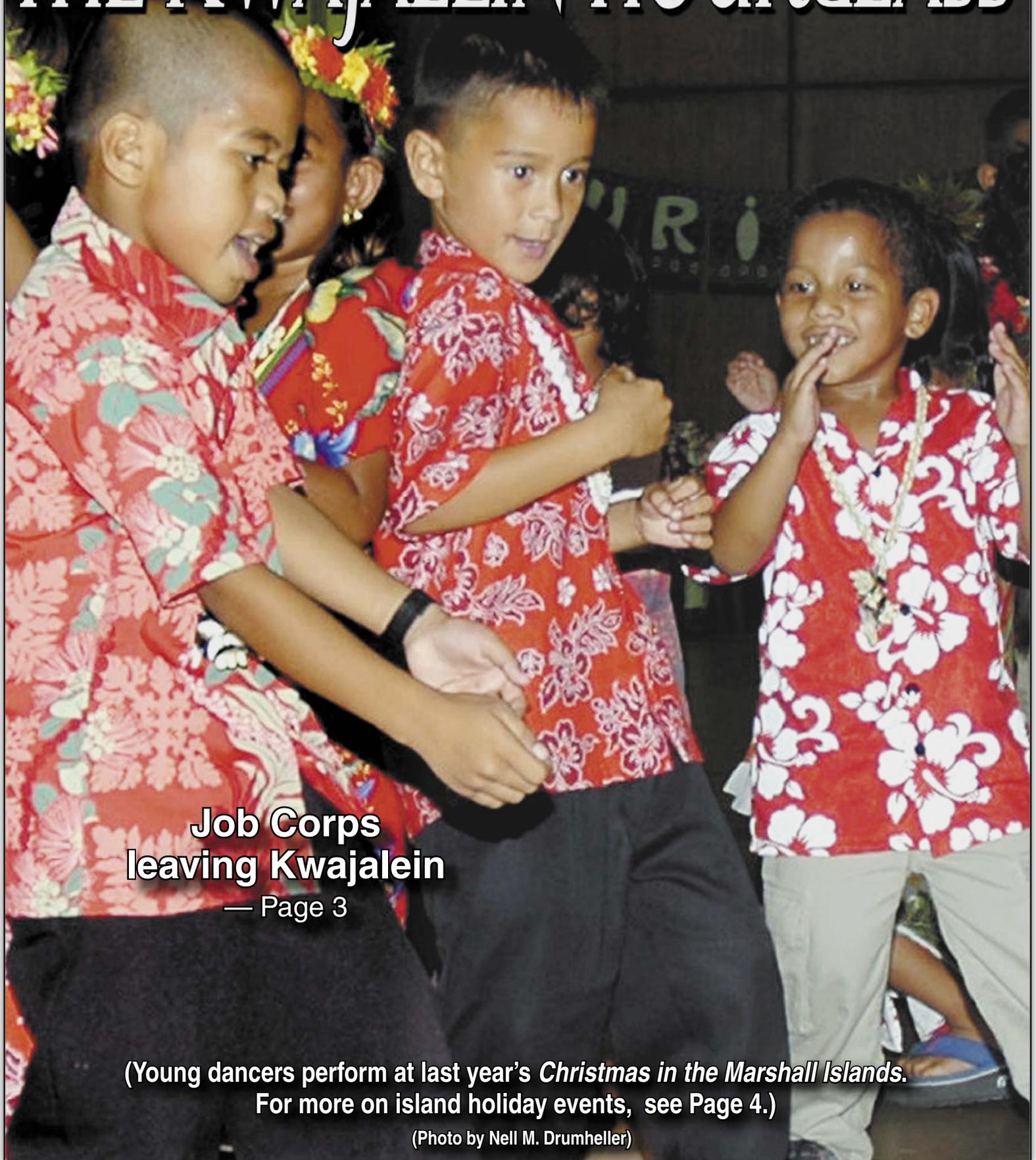


THE KWAJALEIN HOURGLASS



**Job Corps
leaving Kwajalein**

— Page 3

(Young dancers perform at last year's *Christmas in the Marshall Islands*.
For more on island holiday events, see Page 4.)

(Photo by Nell M. Drumheller)

Retirement will come ready or not

We've all seen the American Forces Network spots about choosing to save for retirement over and over again.

I wonder if those spots are shown on television stateside. If they are, a heck of a lot of people must be ignoring them.

According to what I've read and heard on the news, the average American family has more than \$4,000 in credit card debt and less than \$2,000 in savings. The total credit card debt in the United States is more than \$800 billion. The savings rate is next to nothing. Millions of workers don't even take advantage of company 401(k) plans. I know people on island who haven't signed up for the Kwajalein Range Services plan. Folks, that's just plain foolish.

I know that for a young family with children, choosing to save or taking money out of a paycheck for a 401(k) is easier said than done a lot of times. It seems like everytime an extra dollar shows up, something happens to make it go bye bye in a hurry. I've been there and done that. But if only \$10 a week can be squeezed out for saving, that's \$10 more you'll have some rainy day.

Some folks seem to have the attitude that the future will take care of itself. Well, all I can say is good luck with that.

Even workers whose companies have pensions can't be sure they will get them in the coming years. Just ask the 50,000 workers at Verizon whose pensions got cut by an estimated \$3 billion. And

Verizon is a profitable company with no financial problems.

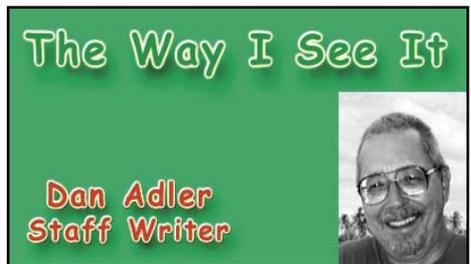
So even with sound companies, pensions may be a thing of the past. It's all just part of the new world of globalization.

My wife is vested in two pension plans with companies she used to work for. We were looking forward to that money supplementing our Social Security and savings in retirement. Now, one of those companies is making noises about cutting benefits. If they do, it will make retirement a little less easier than it would have been. We can only hope it doesn't happen.

But we knew a long time ago that nobody cares about us more than we care about us. If we didn't do anything to help ourselves, nobody else would either. So over the years, we've tried to take advantage of every savings opportunity that presented itself.

The place to start is by getting out of debt as much as you can. Even if you have to eat beans for breakfast, lunch and dinner. You can't save money if you owe money.

Most importantly, get rid of those #&%\$ credit card bills. They can eat you alive before you know it and if you pay the minimum monthly payment, you'll never get them paid off. That's the way they're designed to work. Credit card companies hate it when the total balance is paid. They can't charge interest on money you don't owe them.



The bottom line is you have nobody to depend on except you. If you've got a wealthy, sick, about-ready-to-go-to-the Pearly Gates relative who loves you, then maybe you don't have to worry.

But the rest of us who didn't have enough sense to be born into rich families are on our own.

We can't expect the government or employers to hold our hands and lead us gently into retirement. It ain't gonna' happen.

Remember, no matter what your age, it's never too early and never too late to start saving money. A couple of bucks here and there will add up.

It takes common sense and doing without some of those things you want but don't really need.

For you young folks out there, I'm here to tell you the years will fly by and before you know it, you'll be an old fud like me with retirement staring you right in the face. Be ready for it. Do yourself a huge favor. Pay attention to what the TV says and choose to save.

Letter to the editor

Christmas drop committee says thanks to community

On behalf of the Yokwe Yuk Women's Club Outer Island Christmas Drop Committee, I would like to thank the Kwajalein community for their wonderful spirit of giving they showed during our recent wish list collection. Many items were purchased and donated such as medical supplies, sporting equipment, games and over 200 flip-flops (enough for every child). I would also like to say thank you to the Boy Scouts and Daisy Girl Scouts who helped us with the

collections and a big thanks to Leonard Lollar, Mark, Brandon and Ashley Owens for helping transport all the donations to our warehouse. Because of the generosity of our community we will be able to deliver an awesome Christmas to the islands of Ebadon and Majetto.

— Sheri Davis
Christmas drop chair

THE KWAJALEIN HOURGLASS

The Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to USAKA. Contents of the Hourglass are not neces-

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Improved program

Kwajalein Job Corps moving to Maui, will provide more benefits

By Nell M. Drumheller
Editor

The Kwajalein Preparatory Program for Job Corps will move from the Republic of the Marshall Islands to the Island of Maui, Hawaii.

Brian D. Daher, acting regional director, San Francisco, and Helen Reed-Rowe, U.S. Embassy, deputy chief of mission, RMI, met with RMI, U.S. Army Kwajalein Atoll and Kwajalein Job Corps representatives Thursday. He said the move date is undetermined, but it will most likely happen in January.

"This is the only preparatory course in the entire Job Corps. The program itself is not changing," Daher said. The course on Kwajalein prepares students to be mainstreamed into the full Job Corps programs.

"The Army has been a great friend of the Job Corps on Kwajalein," Daher said. He added "U.S. Secretary of Labor [Elaine L. Chao] made the decision to move the program from Kwajalein to Maui."

He outlined benefits of having the campus on Maui versus Kwajalein:

- RMI students will now immediately begin their Job Corps education like all other Job Corps students, including those from other Pacific Islands and Puerto Rico, instead of experiencing a two-step process.

- Immediate immersion of students in an English-language environment will benefit their learning and increase their academic gains.

- Students will be 24-hour residents of the center, living two-to-a-room in a Marshallese only dormitory.

- The center will have 'senior' Marshallese students serving in a student government and will live at the end of the hall in each dormitory to assist in improving the comfort zone for the students in transition.

- Students will receive more comprehensive and easily accessed medical services and will enjoy an improved, modern living facility.

- Local employers work in conjunction with the Job Corps, providing part-time employment for students introducing them to the work force.

- Some students will receive their high school diploma when they finish the Job Corps program.

Daher said 55 percent of the students at the Maui campus are Marshallese. There are 220 students at the 20-acre campus. "It is a spacious, conducive-to-learning environment," he added.

Current program time is between three and six months. Daher said he believes the program time may be reduced since the Maui campus is a 24-hours-a-day

“**The Army has been a great friend of the Job Corps on Kwajalein. U.S. Secretary of Labor [Elaine L. Chao] made the decision to move the program from Kwajalein to Maui.**”

— Brian D. Daher, acting regional director, San Francisco



Members of Kwajalein Job Corps entertain at the Tree-Lighting Ceremony.

(Photo by Elizabeth Davie)

program and students will have more opportunities to learn and use their English language skills.

Daher recognized homesickness as the number one problem at all Job Corps campuses. He said Job Corps spends approximately \$10,000 on each Job Corps' student for travel expenses. "We have a commitment to the students to send them home for winter and summer breaks," he said.

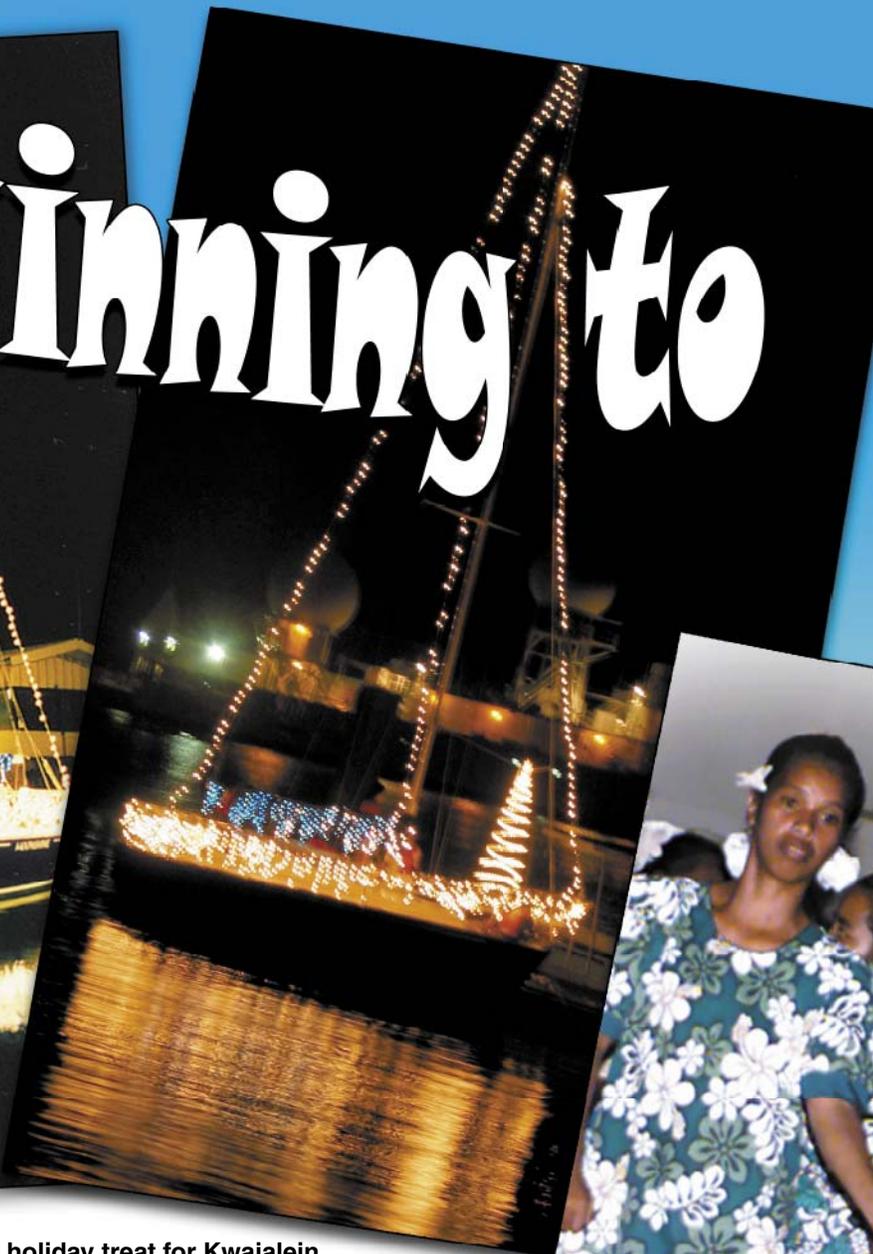
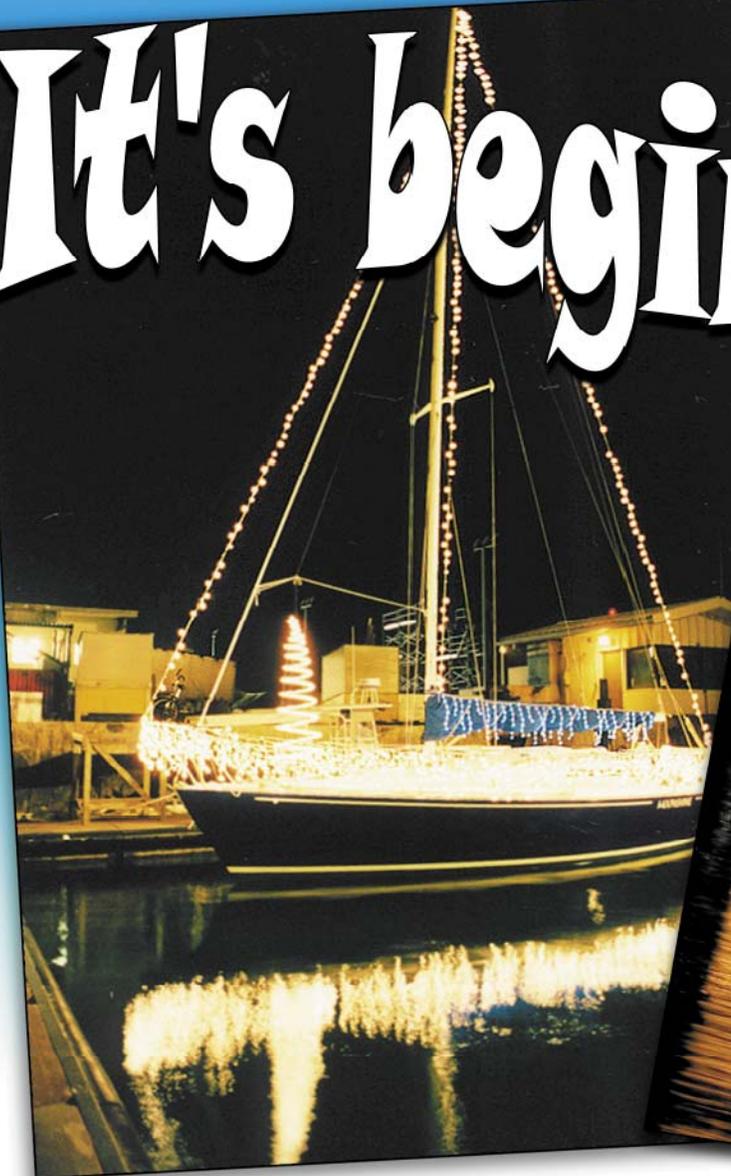
Daher said the enrollment is not at 100 percent. "We're not full. We're in the mid-90 percent of full," he said.

"We have a commitment to serve as many Marshallese as in the past," Daher said.

The criteria for attending the program will remain the same and Daher stressed the importance of continuing a strong recruiting process within the RMI. "The existing recruitment and referral arrangement for the RMI students consists of individuals working in schools and Marshallese government agencies who have been effective in processing and sending RMI students' applications to the Outreach and Admissions department of the Hawaii Job Corps Center," Daher said in a hand-out he presented to the members of the meeting. All Pacific outer-island applicant folders will continue to be processed through the Hawaii Job Corps Center OA contract. Once students are accepted in Job Corps, the majority of outer islanders are assigned to the Hawaii Job Corps Center. Of all outer-island recruitment from American Samoa, Republic of Palau, Northern Marianas and Micronesia, the Marshallese will continue to represent the majority of students recruited for the Job Corps program.

A concern identified at the meeting was the challenge of getting passports quickly for the Marshallese students in the program. Reed-Rowe said staff from the U.S. Embassy is working with the Marshallese government to expedite the passport process.

It's beginning to



Brightly lit sailboats take to the lagoon in an annual holiday treat for Kwajalein residents. The Parade of Lights is sponsored by the Kwajalein Yacht Club. (Photos courtesy of Bruce Premo)

Lights, dancing, diving *Island clubs, Ebeye neighbors work hard preparing events celebrating holiday season*

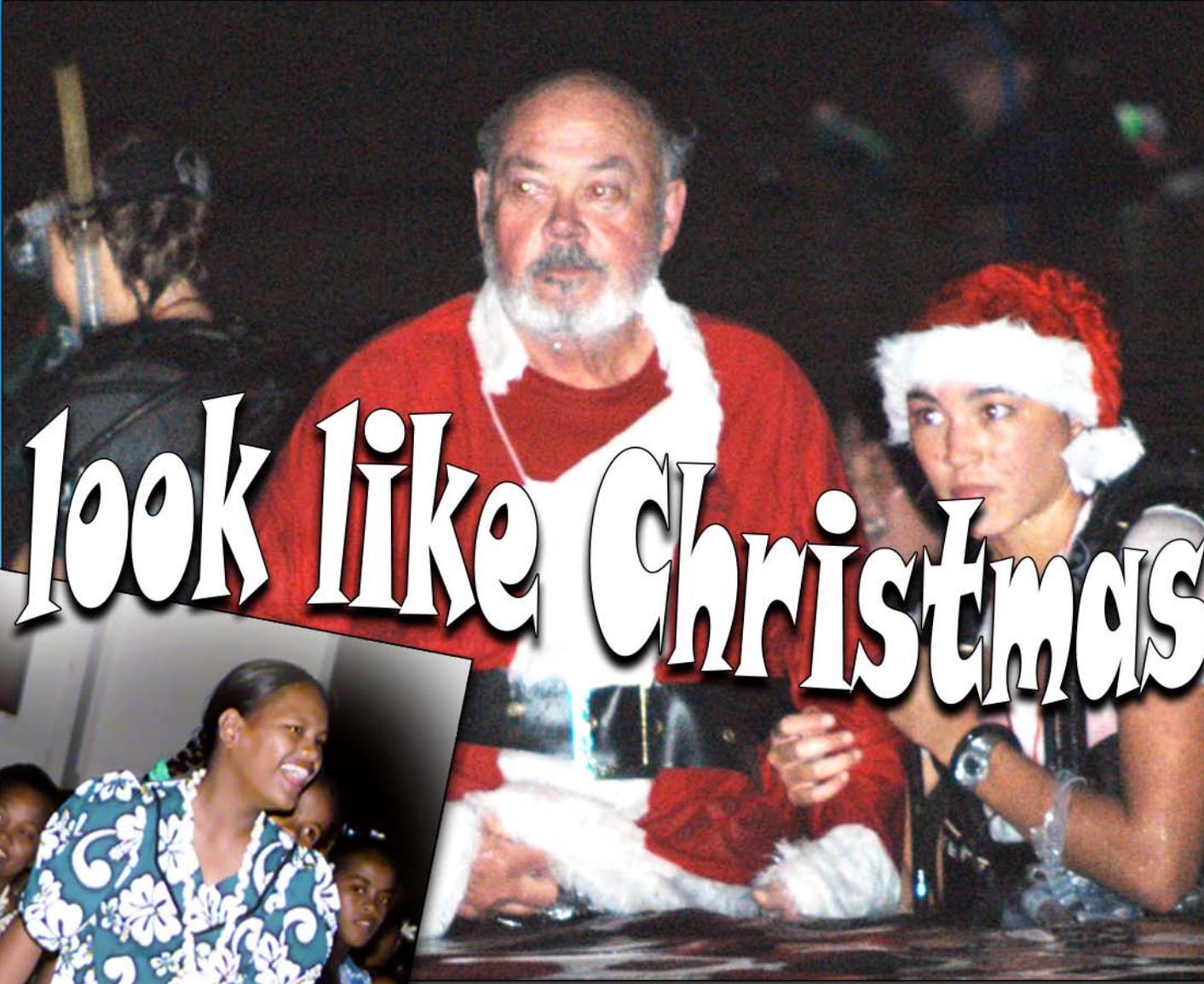
By Elizabeth Davie
Reporter

Some island residents may be wishing they were in the states this holiday season. Staying on Kwajalein may mean missing out on the holiday sales at the mall or ice skating in Central Park,

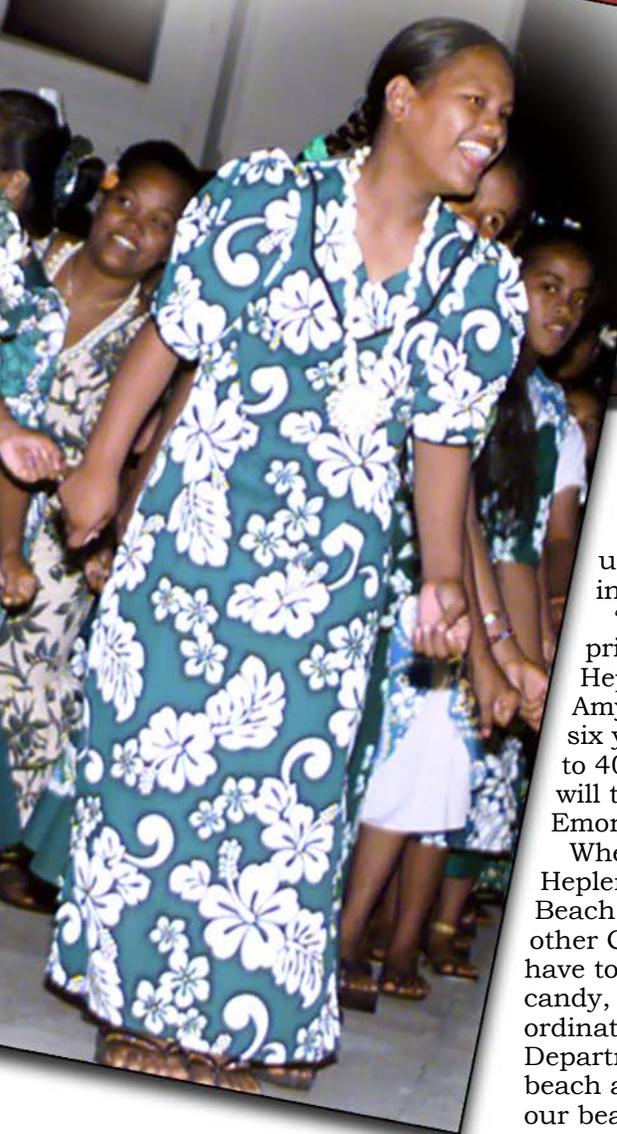
but staying on island presents unique opportunities that would be hard to find in the states.

Where else in the world can you see Santa come out of the ocean (or at least a lagoon)? Scuba Santa is a tradition

Members of an Ebeye *Jebta* entertain the crowd at *Christmas in the Marshall Islands*. Sponsored by the Marshallese Cultural Society.



look like Christmas



Scuba Santa, accompanied by his elves, emerges from the lagoon to greet boys and girls on Emon Beach. Scuba Santa is sponsored by the Kwajalein Scuba Club.

unique to Kwaj that was started in 1998.

“We prepare for many weeks prior to the event,” said Doug Hepler, who, along with his wife Amy, has coordinated this event for six years. Hepler expects from 200 to 400 spectators at the event that will take place at 7 p.m., Dec. 20 at Emon Beach.

When preparing for the event, Hepler said, “We decorate the Emon Beach dive gazebo with lights and other Christmas decorations. Supplies have to be ordered— chemical lights, candy, costume items, etc. We coordinate with KPD [Kwajalein Police Department] for crowd control on the beach and to use their bullhorn for our beach ‘cheermiester,’ Mrs. Marta

Geeslin. We purchase a live tree from the high school; decorate it with up to 75 chemical lights, for our tree team to light up underwater. We rig water hoses for the fountain team to put on the colored, lit water spray show. And, we obtain the services of a scuba-certified Santa.”

The event, which includes a live-lit tree coming out of the lagoon, a water show and Santa and his elves appearing from underwater, is instructed by Hepler to ensure the enjoyment of the on-shore observers. “We meet at 6 p.m. to gear up and go over what we will do and the assignments. At

See HOLIDAYS, Page 6

HOLIDAYS, from Page 5

about 6:45 p.m., we slip into the lagoon, as unobtrusively as possible. Mrs. Geeslin starts her Christmas carol sing-along with the crowd. At about 7 p.m., when it is finally dark, I give one loud underwater signal, and the tree team starts to pop the chem. lights on the weighted live tree underwater, which appears, to those on shore, to be magically lighting up underwater and the fountain team starts the light and water spray show. After about five minutes, I signal again, and the tree team emerges out of the water with the now-lit tree, to pose by the dive shack. Another five minutes, and I give the last signal, the fountain show stops and the underwater elves, all scuba-certified high school students, and I escort Santa out of the water. We drop our scuba tanks, and the two chief underwater elves pose with Santa for pictures and to greet the kids; the rest of the underwater elves go behind the fence of the dive gazebo and hand out candy and chem. lights to the children," he said.

When asked how they choose a Santa for the unique event he said, "we look for an older man, experienced with scuba, with white hair and a white beard, who is jolly and somewhat overweight."

Hepler and his wife put a lot of time and energy into this event. "I am involved in this for several reasons... loyalty to the Kwajalein Scuba Club, love of the Christmas season, the pleasure to see so many friends and neighbors have a good time, and the sheer joy of going underwater any time I possibly can for any reason," he said.

Hepler describes it as a unique one-of-a-kind family event not to be missed.

Another holiday tradition is the boat parade of lights. This Kwajalein Yacht Club event has been around since 1988. "Christmas boat parades are popular at many yacht clubs in the states and it was time to bring it to Kwajalein. Nate Jackson is credited with motivating the tradition at Kwajalein. Although there were only two or three cruising boats at Kwajalein, it was organized and held on Christmas Eve," Said Bruce Premo, yacht club member.

According to Premo, the tradition was held on Christmas Eve for a long time and only in this decade was it moved to the weekend before Christmas. The move was made based on the preference of the boat owners and for better participation. It also removes a conflict with Christmas Eve services and family traditions. This year's event will be held on Dec. 18. The people going out on the boats will begin meeting at the main marina piers around 6 p.m. The boats will leave the harbor around 6:30 p.m. and line up off Echo Pier to start the parade at 7 p.m.

Preparing to take part in this event can be tricky. "One of the special considerations is the number of lights that can be powered. The same lights used for house decorating are used on the boats and they need 115 volts. Most electrical systems on boats are 12 volts. So, either a power inverter must be used to convert 12 volts to 115 volts or a 115-volt generator must be used," Premo said, "If you simply put 10 strings of lights on your boat, you will need a continuous supply of 40 amps. The engines on most sailboats are not very large and have small 12-volt generators. The remaining power must come from batteries and when they run down the lights go out. I learned this the hard way the first year I did the boat parade with my boat, Moonshine, about six years ago. My engine and generator only put out about 15 amps and the batteries were a little old, so I could only power the lights for about 30 minutes."

Premo explained another task, mainly for sailboats, is to make sure the engine on the boat is in good working order. "Sailboats typically don't use an engine to get around and only need it when the winds are light or for bringing the boat up to the dock. The fact that they are small in size and not used very often can make them problematic for the event."

Once all the boats are decorated and ready the marine patrol boat leads the parade. "We normally line up behind the CIS patrol boat off the end of Echo Pier and start the first loop through the ski boat area around 7 p.m. The parade

makes three to four loops through the ski area. In past years, some boats, normally the bigger ones, opted to take the parade to Ebeye. Last year we traded Christmas songs back and forth with the Marshallese people that came down to the Ebeye pier to watch the parade.

When asked why he participates in this event every year he said, "I have been around water and sailing on boats since I was a kid and love to do any activity that involves being on or in the water, which probably is good since I live on a small island surrounded by lots of water. Like many other sailboat owners, I also take pride in my boat and love to share my excitement of the hobby with other people. It is very rewarding to know that decorating my boat and entering it in the parade will bring enjoyment to so many people."

Premo added the community is welcome to stop by the marina before or after the parade to get a closer look at the boats.

For something a little more native try checking out the *Jebta* Christmas performances on Ebeye this year. The *Jebta* begin to dance on Dec. 25 early in the afternoon. They will dance from then until 2 or 3 a.m. They will start again later on in the morning on Dec. 26 and dance until late in the afternoon, until all the *Jebta* have danced at all the churches.

In a previous *Hourglass* issue Rev. Elden Buck, who was the Protestant chaplain on Kwaj from 1968 to 1981, explained the tradition of *Jebta*.

A *Jebta* is a group that gets together to sing and dance. These groups are usually gathered around the landowner on whose land they live. According to Buck, everyone is involved in the singing groups, with old people and small children included in the same *Jebta*. On Ebeye, the groups may have as many as 40 or 50 members.

Buck went on to explain, all through November and December the *Jebta* rehearse almost every evening, meeting from about 9 p.m. until as late as 2 or 3 a.m., in schoolrooms, living rooms, on porches and even

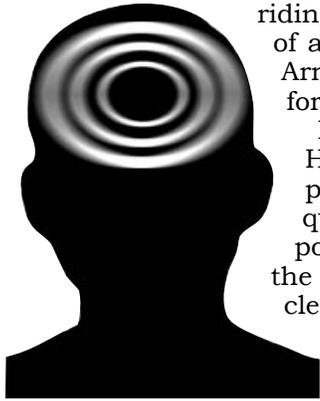
See HOLIDAYS, Page 16

Everybody gets them

Headaches can be mild to life-threatening

Hourglass reports

Riding a bike to and from work may sometimes seem like a hassle; especially if rain is pouring down. However, the exercise you get from peddling instead of riding in a vehicle and the lack of automobiles within the U.S. Army Kwajalein Atoll is good for your health.



Dr. Jill Horner, Kwajalein Hospital, said headaches probably occur less frequently in the Kwajalein population than they do in the stateside population. "The clear air, lack of air pollution and less exposure to car fumes result in many people experiencing improvement in 'headache syndromes' when they move to Kwajalein," she said.

According to the National Institute of Neurological Disorders and Stroke there are four types of headache: vascular, muscle contraction (tension), traction and inflammatory.

The most common type of vascular headache is migraine. Migraine headaches are usually characterized by severe pain on one or both sides of the head, an upset stomach, and, at times, disturbed vision. Women are more likely than men to have migraine headaches. After migraine, the most common type of vascular headache is the toxic headache produced by fever.

Other kinds of vascular headaches include cluster headaches, which cause repeated episodes of intense pain and headaches resulting from high blood pressure. Muscle contraction headaches appear to involve

the tightening or tensing of facial and neck muscles. Traction and inflammatory headaches are symptoms of other disorders, ranging from stroke to sinus infection. Like other types of pain, headaches can serve as warning signals of more serious disorders. This is particularly true for headaches caused by inflammation, including those related to meningitis as well as those resulting from diseases of the sinuses, spine, neck, ears and teeth.

Is there any treatment?

When headaches occur three or more times a month, preventive treatment is usually recommended, according to sources from NINDS. Drug therapy, biofeedback training, stress reduction and elimination of certain foods from the diet are the most common methods of preventing and controlling migraine and other vascular headaches. Regular exercise, such as swimming or vigorous walking, can also reduce the frequency and severity of migraine headaches. Drug therapy for migraine is often combined with biofeedback and relaxation training.

What is the prognosis?

Not all headaches require medical attention. But some types of headache are signals of more serious disorders and call for prompt medical care. These include: sudden, severe headache or sudden headache associated with a stiff neck; headaches associated with fever, convulsions, or accompanied by confusion or loss of consciousness; headaches following a blow to the head, or associated with pain in the eye or ear; persistent headache in a person who was previously headache free; and recurring headache in children. Migraine headaches may last a day or more and can strike as often as several times a week or as rarely as once every few years.

Volleyball schedule/standings

Tuesday		Big Red	5 2 0
5:15 p.m.	Open B south tournament	Left Overs	4 4 0
6 p.m.	Open B south tournament	Kava'Ilyball	3 4 0
7 p.m.	Open A championship	Safe Sets	0 7 0
Wednesday		B league	
5 p.m.	Open B north championship	Spartans Co-ed Red	8 0 0
6 p.m.	Women's consolation	Spartans Co-ed Blue	7 1 0
7 p.m.	Women's championship	Huzzah	5 2 1
Thursday		Rejects	3 4 1
6 p.m.	Open B south championship	License To Kill	3 4 1
		Safe - Baller 1	3 4 1
		SDA Men	3 4 1
		Queen of Peace	1 6 1
		Spartans I	0 8 0
		Women's league	
Team	Record	Ri-Majolz.....	3 0 0
	wins losses games remaining	SDA	2 1 0
	A league	Spartans I	1 2 0
FISH	6 1 0	Spartans II White.....	0 4 0



WELCOME TO THE MOVIES

Tonight

7:30 p.m., Yuk — *Sky High* (PG)
7:30 p.m., Rich — *Red Eye* (PG-13)
7:30 p.m., Roi — *Deuce Bigalow- European Gigolow* (R)

Sunday

7:30 p.m., Yuk — *The Transporter 2* (PG-13)
7:30 p.m., Rich — *Valiant* (G)
9:30 p.m., Rich — *Charlie and the Chocolate Factory* (PG)
7:30 p.m., Roi — *The Cave* (PG-13)

Monday

7:30 p.m., Yuk — *Sky High* (PG)
7:30 p.m., Rich — *Red Eye* (PG-13)

Wednesday

7 p.m., ARC — *Sky High* (PG)

All movies subject to change with shipments.
For updates, call the movie hotline at 52700.

Sky High, An ordinary teenager finds out he's not so ordinary after all in this comedy-adventure. Will Stronghold (Michael Angarano) has his share of anxieties about starting high school, but once he arrives on campus, he discovers he's attending Sky High, a special learning facility for the children of superheroes. Will realizes his father is actually super-human crime fighter Captain Stronghold (Kurt Russell), while his mom is fellow champion Josie Jetstream (Kelly Preston). However, in Will's first few days at school, Coach Boomer (Bruce Campbell) is unable to discover any superior abilities in him, meaning that instead of joining the school's budding heroes, he's been relegated to the ranks of the lowly sidekicks.

Transporter 2, Driver and muscle for hire Frank Martin returns in this sequel to the 2002 box-office hit. Frank Martin (Jason Statham) is a former special-forces officer who will transport anything anywhere for a price, and his latest assignment is acting as chauffeur for Jack Billings (Hunter Clary), the young son of politician Jefferson Billings (Matthew Modine), who has garnered no small amount of controversy for his aggressive efforts to stamp out the trade in illegal drugs. One day, Frank is to take Jack to the doctor for a checkup while his mother, Audrey (Amber Valletta), sets up a birthday party for the tyke. However, Jack's doctor is not who he appears to be — he's actually Dimitri (Jason Flemyng), a Russian agent well versed in viruses who works with criminal kingpin Gianni (Alessandro Gassman). After a long and hard-fought chase with Frank, the bad guys get ahold of little Jack and hold him for ransom.

Movie ratings

G = general audiences, all ages admitted

PG = parental guidance suggested, some material may not be suitable for children.

PG-13 = Parents strongly cautioned, some material may be inappropriate for children under 13.

R = restricted, under 17 requires accompanying parent or adult guardian.

NC-17 = No one 17 and under admitted.



WELCOME TO THE MOVIES

Global War on Terror

Honoring fallen heroes

The following 19 U.S. servicemembers have died in the Global War on Terrorism.

Cpl. William G. Taylor, 26, of Macon, Ga., died Nov. 30 from small-arms fire while conducting combat operations against enemy forces in Fallujah, Iraq. He was assigned to 2nd Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Marine Staff Sgt. William D. Richardson, 30, of Houston, died Nov. 30 of wounds sustained from a non-hostile vehicle accident near Al Taqaddum, Iraq. He was assigned to Marine Wing Support Squadron-372, Marine Wing Support Group-37, 3rd Marine Aircraft Wing, Camp Pendleton, Calif. During Operation Iraqi Freedom, his unit was attached to 2nd Marine Aircraft Wing, II Marine Expeditionary Force (Forward).

Sgt. Grzegorz Jakoniuk, 25, of Schiller Park, Ill., died Nov. 30 in Taji, Iraq, from non-combat related injuries. Jakoniuk was assigned to the 4th Battalion, 3rd Aviation Regiment, 3rd Infantry Division, Fort Campbell, Ky.

Sgt. 1st Class Brent A. Adams, 40, of West View, Pa., died Dec. 1 in Ramadi, Iraq when an improvised explosive device detonated near his military five-ton truck during combat operations. Adams was assigned to the Army National Guard's 2nd Brigade Combat Team, 28th Infantry Division, Washington, Pa.

Ten Marines died Dec. 1 in Fallujah from an improvised explosive device while conducting combat operations against enemy forces. Killed were: **Staff Sgt. Daniel J. Clay**, 27, of Pensacola, Fla.; **Lance Cpl. John M. Holmason**, 20, of Surprise, Ariz.; **Lance Cpl. David A. Huhn**, 24, of Portland, Mich.; **Lance Cpl. Adam W. Kaiser**, 19, of Naperville, Ill.; **Lance Cpl. Robert A. Martinez**,

20, of Splendora, Texas; **Cpl. Anthony T. McElveen**, 20, of Little Falls, Minn.; **Lance Cpl. Scott T. Modeen**, 24, of Hennepin, Minn.; **Lance Cpl. Andrew G. Patten**, 19, of Byron, Ill.; **Sgt. Andy A. Stevens**, 29, of Tomah, Wis. and **Lance Cpl. Craig N. Watson**, 21, of Union City, Mich. The Marines were assigned to 2nd Battalion, 7th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Twentynine Palms, Calif. During Operation Iraqi Freedom, their unit was attached to 2nd Marine Division, II Marine Expeditionary Force (Forward).

Cpl. Jimmy L. Shelton, 21, of Lehigh Acres, Fla., died Dec. 3 in Baiji, Iraq when his forward operating base was attacked by enemy forces using mortars. Shelton was assigned to the 1st Squadron, 33rd Cavalry Regiment, 3rd Brigade Combat Team, 101st Airborne Division, Fort Campbell.

Two Soldiers died Sunday in Baghdad, Iraq, when improvised explosive devices detonated near their HMMWV during convoy operations. Both Soldiers were assigned to the Army National Guard's 1st Battalion, 147th Field Artillery, Yankton, S.D. Killed were: **Sgt. 1st Class Richard L. Schild**, 40, of Tabor, S.D. and **Staff Sgt. Daniel M. Cuka**, 27, of Yankton.

Spc. Brian A. Wright, 19, of Keensburg, Ill., died Tuesday in Ramadi when his HMMWV struck a mine during combat operations. Wright was assigned to the Army National Guard's 135th Engineer Company, Lawrenceville, Ill.

Pfc. Thomas C. Siekert, 20, of Lovelock, Nev., died Tuesday in Baiji from non-combat related injuries. Siekert was assigned to the 1st Battalion, 187th Infantry Regiment, 3rd Brigade Combat Team, 101st Airborne Division, Fort Campbell.

Christmas in the Marshall Islands

Songs and dances performed by our Ebeye neighbors, 7 p.m., Dec. 19, in Corlett Recreation Center gym.

All AFN programming is subject to change without notice

Sunday



Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors	
midnight	The Late Show	SportsCenter	CNN Saturday AM	Roller/ Channel 9 programming if channel 9 is off-air	Late Night with Conan O'Brien	Movie: (cont.)	Wild Thornberrys	Law & Order	
12:30 a.m.	The Late Late Show with Craig Ferguson	NFL Live	Headline News		Lost	Movie: <:43>	American Dragon	Headline News	
1 a.m.		Pro Football Preview				CNN Saturday AM	The Fast & the Furious		Atomic Betty
1:30 a.m.	Big Idea with Donnie Deutsch	SportsCenter	Open House		NCIS	Coming Attractions		The Proud Family	Saturday Night Live
2 a.m.			Countdown With Keith Olbermann				Bulls & Bears	Even Stevens	
2:30 a.m.	Access Hollywood	PTI	Cavuto on Business		Judging Amy	Movie: Freaky Friday	Switched!	Kickin' It	
3 a.m.			Headline News				Forbes on FOX	Friends	Radio Free Roscoe
4 a.m.	Entertainment Studios	NFL Total Access	Cashin' In		Seinfeld	Movie: <:55>	Fresh Prince	The Entertainers	
4:30 a.m.	Good Morning America		College Basketball				CNN Saturday	Your Reality Checked	Hollywood Homicide
5 a.m.		The Pulse	Weekend Live with Tony Snow		Body Shaping	Mister Rogers'	College Football		
5:30 a.m.		College Basketball	Duke at Texas	Wall Street Journal	Every Woman	Zooboomafoo	Furma		
6 a.m.					FOX News Live	College Basketball	Homes Across USA		
6:30 a.m.	Koala Brothers	College Basketball	Headline News	Ohio State at St. Joseph's	Weekend Handyman	Funnest Animals	Appalachian State		
7 a.m.	Rubadubbers		Headline News	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.		Fix it Up	Disclosure	Amazing Animals	
7:30 a.m.	Wild Thornberrys	College Basketball	FOX News Live	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	BBQ with Bobby	Postcards	College Basketball		
8 a.m.	American Dragon		Kentucky at Indiana			Trading Spaces	\$40 A Day	Lilo & Stitch	Michigan at
8:30 a.m.	Atomic Betty	College Basketball	Headline News	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Jackie Chan	South Florida		
9 a.m.	Even Stevens					Headline News	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Before and After	The Fight Club
9:30 a.m.	Proud Family	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Da Boom Crew	College Basketball		
10 a.m.	Switched!					Headline News	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Weekend Handyman	Ninja Turtles
10:30 a.m.	Radio Free Roscoe	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Dragonball GT	Temple		
11 a.m.	World of Wildlife					Headline News	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Justice League
noon	Access Hollywood Weekend	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Teen Kids News	Wichita St.		
12:30 p.m.	America's Most Wanted					2005 Heisman Trophy Presentation	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	National Geographic	Tutenstein
1 p.m.	Blue Collar TV	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	The Saddle Club	Michigan St.		
1:30 p.m.	One on One					PRCA Rodeo: National Finals	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Grand Ole Opry Live	Funnest Animals
2 p.m.	Cold Case	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Wild America	RECON		
2:30 p.m.	Law & Order					PRCA Rodeo: National Finals	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Star Trek: Voyager	The Most Extreme
3 p.m.	Headline News	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Hercules	American Experience		
3:30 p.m.	Navy/Marine Corps					Pro Football Preview	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Rock Star: INXS	Disney's Doug
4 p.m.	Headline News	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Spongebob	MotorWeek		
4:30 p.m.	Headline News					Pro Football Preview	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Extreme Makeover	My Best Friends Wedding
5 p.m.	Headline News	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Wild America	RECON		
5:30 p.m.	ESPNNews					SportsCenter	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Fear Factor	Movie: Rat Race
6 p.m.	Blue Collar TV	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Survivor: Guatemala	Survivor: Guatemala		
6:30 p.m.	One on One					Duke at Texas	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	America's Most Wanted	Snow Day
7 p.m.	Cold Case	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Headline News	Headline News		
7:30 p.m.	Law & Order					Black Forum	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	WWE SmackDown	Movie: <:04> Galaxy Quest
8 p.m.	Headline News	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Chris Matthews	ESPNews		
8:30 p.m.	Headline News					Navy/Marine Corps	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	WWE SmackDown	Movie: <:04> Galaxy Quest
9 p.m.	Window on the Atoll	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Headline News	Smallville		
9:30 p.m.	Saturday Night Live					Oklahoma State at Gonzaga	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	The Real World	Movie: The Professional
10 p.m.	Headline News	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Dawson's Creek	Smallville		
10:30 p.m.	Headline News					Beltway Boys	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Pimp My Ride	Movie: The Professional
11 p.m.	Headline News	College Basketball	McLaughlin Group	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Trading Spaces	Xena: Warrior Princess	Smallville		
11:30 p.m.	Headline News					Fox News Watch	College Football NCAA Div. II Championship: N.W. Missouri St. at Grand Valley St.	Pimp My Ride	Movie: The Professional

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Monday



Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors				
midnight	American Experience	College Football	Fox & Friends	Roller/ Channel 9 programming if channel 9 is off-air	The Simple Life	Movie: (cont.)	The Simpsons	Movie: (cont.)				
12:30 a.m.		SportsCenter			Movie: <:47>	The Simpsons	Blue Collar TV					
1 a.m.		NFL Matchup			Midnight Run	Movie:	Headline News					
1:30 a.m.					Ultimate Christmas Present	Seinfeld						
2 a.m.	Secrets of War	2005 Heisman Trophy Presentation	CBS News Sunday Morning	America's Most Wanted	Meet The Press							
2:30 a.m.	JAG	Sports Reporters	Face the Nation	WWE SmackDown	Movie: Rat Race	Movie: Snow Day	Black Forum					
3 a.m.		SportsCenter					Access Hollywood Weekend					
3:30 a.m.	Winter Treats Unwrapped	NFL Countdown	Late Edition With Wolf Blitzer	NFL Sunday	Warehouse Warriors	Movie: <:04> Galaxy Quest	Dawson's Creek	ESPNNews				
4 a.m.	Headline News	NFL	Headline News				NFL TB Buccaneers at Carolina Panthers	House Hunters	Mister Rogers' Zooboomafoo	NFL Today		
4:30 a.m.											Hour of Power	Navy/MCorps News
5 a.m.	Word Network										Indy Colts	FOX News Live
5:30 a.m.	Coral Ridge Hour			at	Jax Jaguars	Travel the Road					Baby Looney Tunes	
6 a.m.	Word In the World	at	Real Videos	Magic School Bus								
6:30 a.m.	The Messenger	Dallas Cowboys	Latin Lifestyles	Book of Virtues								
6:30 a.m.	Seven Monsters	KC Chiefs	Urban Style	House of Mouse								
7 a.m.	Sagwa	at	Great Adventure	Animaniacs								
7:30 a.m.	Movie: Eloise at the Plaza	Dallas Cowboys	Roker on the Road	Weekenders								
7:30 a.m.		The Messenger	Arizona Cardinals	The Proud Family								
8 a.m.	Seven Monsters	NFL	FNS with Chris Wallace	Radical Sabatical	Drake & Josh							
8:30 a.m.	Sagwa		Meet the Press	American Festivals	Funnest Animals							
9 a.m.	Movie: Eloise at the Plaza		Tim Russert	The Blitz	Sleepless in Seattle							
9:30 a.m.	SpongeBob		CNN Sunday	The Suze Orman Show	NBA Inside Stuff							
10 a.m.	Motorweek	NFL Primetime	This Week	Happy Days								
10:30 a.m.	Ebert & Roper	NFL	Dateline International	Movie: <:05> What's Eating Gilbert Grape								
11 a.m.	Headline News	Detroit Lions	Dr. Sanjay Gupta Special	Movie: <:17> The Seven Little Foys								
11:30 a.m.	RECON	at	CNN Sunday Night	JAG								
noon	PRCA Rodeo: National Finals	GB Packers	Larry King Live	American Experience								
12:30 p.m.	Survivor: Guatemala	SportsCenter	60 Minutes	Secrets of War								
1 p.m.		NFL Primetime	FOX Report	Winter Treats Unwrapped								
1:30 p.m.	Fear Factor	SportsCenter	FOX Report	According to Jim								
2 p.m.		NFL	Wall Street Journal	George Lopez								
2:30 p.m.	Survivor: Guatemala	Detroit Lions	Face the Nation	Scrubs								
3 p.m.		at	This Week	Malcolm								
3:30 p.m.	SportsCenter	GB Packers	Window In Review 2002	Amazing Race								
4 p.m.	Survivor: Guatemala	SportsCenter	Roller/ Channel 9 programming if channel 9 is off-air	Barbra Walters: 10 Best People								
4:30 p.m.	Fear Factor	SportsCenter	Channel 9 programming if channel 9 is off-air	Friends								
5 p.m.	Headline News	NFL Primetime	Meet the Press	Seinfeld								
5:30 p.m.	Window on the Atoll	NFL Primetime	Dateline NBC	Saturday Night Live								
6 p.m.	Smallville	NFL Primetime	Survivor: Guatemala	Movie: Die Hard II								
6:30 p.m.	Smallville	NFL Primetime	Survivor: Guatemala									
7 p.m.	Smallville	NFL Primetime	Survivor: Guatemala									
7:30 p.m.	Movie: The Twelve Days of Christmas Eve	PRCA Rodeo: National Finals	Survivor: Guatemala									
8 p.m.	Movie: The Twelve Days of Christmas Eve	PRCA Rodeo: National Finals	Survivor: Guatemala									
8:30 p.m.	Blue Collar TV	PRCA Rodeo: National Finals	Survivor: Guatemala									
9 p.m.	Headline News	PRCA Rodeo: National Finals	Survivor: Guatemala									
9:30 p.m.	Headline News	PRCA Rodeo: National Finals	Survivor: Guatemala									
10 p.m.	Seinfeld	PRCA Rodeo: National Finals	Survivor: Guatemala									
10:30 p.m.	Meet The Press	PRCA Rodeo: National Finals	Survivor: Guatemala									
11 p.m.	Meet The Press	PRCA Rodeo: National Finals	Survivor: Guatemala									
11:30 p.m.	Meet The Press	PRCA Rodeo: National Finals	Survivor: Guatemala									

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Tuesday



Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
midnight	Black Forum	SportsCenter	American Morning	Roller <i>Channel 9 programming if channel 9 is off-air</i>	The X-Files	Movie: (cont.)	Crocodile Hunter	Survivor: Guatemala Reunion Show
12:30 a.m.	Access Hollywood				NFL Primetime	Scrub	Movie: <:11>	America's Funniest
1 a.m.	Judging Amy	NASCAR Year in Review	Malcolm			<i>Hangin' with the Homeboys</i>	Gilmore Girls	Tonight Show with Jay Leno
1:30 a.m.	Passions		MSNBC Live		Amazing Race			Joan of Arcadia
2 a.m.		ER			Golf: USGA Year in Review	Barbra Walters: 10 Best People	Movie: <i>Secret Santa</i>	The Waltons
2:30 a.m.	West Wing		SportsCenter			Friends		
3 a.m.		The Simpsons			NFL Monday QB	Carol Duval Show	<i>A Knight's Tale</i>	Barney & Friends
3:30 a.m.	Raymond		Connected: Coast to Coast			Room By Room		
4 a.m.		Today			Dateline NBC	Body Shaping	The View	Inside the Actor's Studio
4:30 a.m.	FOX News Live		FOX News Live			The Right Fit		
5 a.m.		Wheel of Fortune		1st & 10	Studio B with Shepard Smith	Paula's Southern Christmas	E.T.	Blue's Clues
5:30 a.m.	Dr. Phil <8:26>		NFL Primetime					Your World with Neil Cavuto
6 a.m.		Oprah Winfrey <9:20>		The Hot List	The Big Story w/ John Gibson	Coast to Coast	Movie: <:49>	
6:30 a.m.	Guiding Light <10:20>		Around The Horn					Headline News
6:30 a.m.		General Hospital <11:10>		SportsCenter	NBC Nightly News	Malcolm	JoJo's Circus	
7 a.m.	Headline News		Monday Night Countdown					ABC World News
7:30 a.m.		Judge Judy		NFL	CBS Evening News	Girlfriends	Movie: <i>Someone to Watch Over Me</i>	
8 a.m.	Today		NFL					The Newshour with Jim Lehrer
8:30 a.m.		Wild Thornberrys		<i>NO Saints at Atlanta Falcons</i>	Hannity & Colmes	Judging Amy	<i>Rocky</i>	
8:30 a.m.	Fairly Oddparents		Anderson Cooper 360					Anderson Cooper 360
9 a.m.		Mucha Lucha		SportsCenter	Larry King Live	ER	Growing Pains	
9:30 a.m.	W.I.T.C.H.		NFL Live					Rita Cosby: Live & Direct
10 a.m.		Jeopardy		NFL Live	Rita Cosby: Live & Direct	The Simpsons	E.T. Weekend	
10:30 a.m.	Access Hollywood		Outside the Lines					Headline News
11 a.m.		Window on the Atoll		SportsCenter	Tavis Smiley	The 4400	Movie: <:04>	
11:30 a.m.	Pacific Report		NFL					Hardball with Chris Matthews
12:30 p.m.		Survivor: Guatemala		NHL	O'Reilly Factor	24	Movie: <:04>	
1 p.m.	Pacific Report		<i>Pittsburgh Penguins at Detroit Red Wings</i>					Nightline
1:30 p.m.		Tonight Show		SportsCenter	Business Report	Seinfeld	Boy Meets World	
2 p.m.	W/ Jay Leno		American Morning					American Morning
2:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
3 p.m.	The Late Show		SportsCenter					American Morning
3:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
4 p.m.	The Late Show		SportsCenter					American Morning
4:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
5 p.m.	The Late Show		SportsCenter					American Morning
5:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
6 p.m.	The Late Show		SportsCenter					American Morning
6:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
7 p.m.	The Late Show		SportsCenter					American Morning
7:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
8 p.m.	The Late Show		SportsCenter					American Morning
8:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
9 p.m.	The Late Show		SportsCenter					American Morning
9:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
10 p.m.	The Late Show		SportsCenter					American Morning
10:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	
11 p.m.	The Late Show		SportsCenter					American Morning
11:30 p.m.		The Late Show		SportsCenter	American Morning	Blind Date	Movie: <i>Men In Black II</i>	

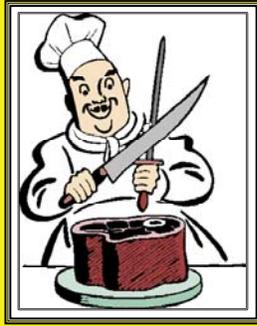
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Wednesday



Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors		
midnight	The Late Show	NFL Live	American Morning	Roller	Late Night with Conan O'Brien	Movie: (cont.)	SpongeBob	NFL		
12:30 a.m.	The Late Late Show with Craig Ferguson	NBA Fastbreak	MSNBC Live	Channel 9 programming if channel 9 is off-air	The 4400	Movie: <:42>	Fairly Oddparents	(Continued)		
1 a.m.		NBA				Fletch	Lizzie McGuire	ESPNews		
1:30 a.m.	Big Idea with Donnie Deutsch	Minnesota at Philadelphia			Stargate Atlantis	Coming Attractions	24	Movie: Rat Race	Boy Meets World	The Late Show w/ David Letterman
2 a.m.									Countdown with Keith Olbermann	Smallville
3 a.m.	Access Hollywood	ESPNNews			Connected: Coast to Coast	Carol Duval Show	Friends	Movie: <:04>	Boy Meets World	The Late Show w/ David Letterman
4 a.m.	Headline News	SportsCenter			Dayside	Room By Room	Seinfeld	Galaxy Quest	Fresh Prince	The Late Late Show
4:30 a.m.	Entertainment Studios	NFL Live				FOX News Live	Body Shaping	The View	Access Hollywood Weekend	Family Ties
5 a.m.	Headline News	NBA Fastbreak			Studio B with Shepard Smith	The Right Fit	Emeril Live			E.T. Weekend
6 a.m.	Today	NFL			Your World with Neil Cavuto	The Big Story w/ John Gibson	Holiday Cookie Party	Movie: A Memory in My Heart	Sesame Street	Countdown With Keith Olbermann
6:30 a.m.		NO Saints							The Hot List	Pocket the Difference
7 a.m.		at Atlanta Falcons	Guiding Light <10:20>	Headline News	Ambush Makeover	Reading Rainbow				
7:30 a.m.		Wheel of Fortune			PTI	NBC Nightly News	E! News Live	JoJo's Circus	Emeril Live	
8 a.m.	Dr. Phil <8:26>	NFL Live	ABC World News	Malcolm	My Wife & Kids	Movie: <:46>	Rolie Polie Olie	Good Morning America		
8:30 a.m.	Oprah Winfrey <9:20>	The Hot List	CBS Evening News	My Wife & Kids	Girlfriends	Coal Miner's Daughter	Lazy Town	America		
9 a.m.	General Hospital <11:10>	Around the Horn	The Newshour with Jim Lehrer	Judging Amy	Dawson's Creek	Movie: Cruel Intentions	Seven Little Monsters	PRCA Rodeo: National Finals		
9:30 a.m.		SportsCenter	Hannity & Colmes	Malcolm			Movie: <:44>			
10 a.m.	Headline News	Golf: Pres. Cup Official Film	Anderson Cooper 360	My Wife & Kids	Passions	Snow Falling on Cedars	Reading Rainbow	Emeril Live		
10:30 a.m.	Judge Judy	ESPNNews	Anderson Cooper 360	My Wife & Kids	ER	Snow Falling on Cedars	JoJo's Circus	Emeril Live		
11 a.m.		College Basketball	Hannity & Colmes	My Wife & Kids	Girlfriends		Reading Rainbow	JoJo's Circus	Emeril Live	
11:30 a.m.	Disney's Doug	Depaul at Wake Forest	Anderson Cooper 360	My Wife & Kids	Dawson's Creek	Movie: Cruel Intentions	JoJo's Circus	Emeril Live		
noon	Animaniacs	SportsCenter	Anderson Cooper 360	My Wife & Kids	Judging Amy	Movie: <:44>	Rolie Polie Olie	PRCA Rodeo: National Finals		
12:30 p.m.	All That!	SportsCenter	Larry King Live	My Wife & Kids	Passions	Movie: <:44>	Dora the Explorer	FIM Motocross		
1 p.m.	Teen Kids News	NFL Live	Rita Cosby: Live & Direct	My Wife & Kids	ER	Movie: <:44>	Blue's Clues	FIM Motocross		
1:30 p.m.	Jeopardy	NBA Fastbreak	Headline News	My Wife & Kids	The West Wing	Movie: <:44>	Blue's Clues	FIM Motocross		
2 p.m.	Access Hollywood	SportsCenter	Tavis Smiley	My Wife & Kids	The Simpsons	Movie: <:44>	Blue's Clues	FIM Motocross		
2:30 p.m.	ESPNNews	SportsCenter	Hardball with Chris Matthews	My Wife & Kids	Raymond	Movie: <:44>	Blue's Clues	FIM Motocross		
3 p.m.	Headline News	SportsCenter	O'Reilly Factor	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
3:30 p.m.	Smallville	SportsCenter	Nightline	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
4 p.m.	Movie: The Twelve Days of Christmas Eve	PRCA Rodeo: National Finals	Business Report	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
4:30 p.m.	Blue Collar TV	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
5 p.m.	Headline News	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
5:30 p.m.	Tonight Show W/ Jay Leno	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
6 p.m.	The Late Show	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
6:30 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
7 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
7:30 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
8 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
8:30 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
9 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
9:30 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
10 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
10:30 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
11 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		
11:30 p.m.	NFL Live	PRCA Rodeo: National Finals	American Morning	My Wife & Kids	Enterprise	Movie: <:44>	Blue's Clues	FIM Motocross		

Café Pacific



Lunch

Sun	Pot roast Herb-broiled chicken Ham Marco Polo Grill: Brunch station open
Mon	Beef tips in Burgundy Roasted Cornish hen Three-cheese pasta Grill: Brunch station open
Tues	Cajun spare ribs Red beans and rice Breaded clam strips Grill: Cheese sandwich
Wed	Spaghetti and meatballs Tortellini Alfredo Eggplant Parmesan Grill: Italian burger
Thur	Broiled pork chops Local boy stew Steamed ono Grill: Monte Cristo wrap
Fri	Roast beef Sicilian pan pizza Vegetarian pan pizza Chicken sukiyaki Grill: Corn dogs
Dec. 17	Baked meatloaf Spicy buffalo wings Macaroni and cheese Grill: Greek gyro bar

Dinner

Tonight	Barbecued chicken Swedish meatballs Italian pizza
Sun	Braised short ribs Chicken stew Baked red snapper
Mon	Salisbury steak Spicy chicken curry
Tues	Barbecued pork butt Beef pot pie Parmesan breaded cod
Wed	Chicken peapod stir-fry Carved London broil Chicken cordon bleu Three-cheese pasta Pork subgum chow mein
Thurs	Stir-fry to order Pork loin
Fri	Szechuan chicken Herb-roasted chicken Parker ranch stew

HELP WANTED

KRS has the following job openings. For contract hire positions, call Marie Dixon, 51300. For all others, call Jack Riordan, 55154. Full job descriptions and requirements are on line or at Human Resources, Building 700.

NEED EXTRA money? KRS employment applications are continually accepted for the Community Activities and Food Services departments for casual and part-time positions. If you are interested in being a scorekeeper, sports official, recreation aide, recreation specialist, library aide, lifeguard, disc jockey, pizza delivery driver and catering/dining room worker. Please submit your application to the HR Department for consideration as positions become available. For more information, call the KRS HR Office at 54916.

ADMINISTRATIVE ASSISTANT I, Junior-Senior High School, Education Services. Full time. HR Req. K031024.

SECRETARY II, Communications Department. Full time. HR Req. K031027.

HUMAN RESOURCES ASSISTANT II. Full time. Requires strong computer and communication skills to process large volume of HR documents and spreadsheets. Previous administrative assistant experience required. Will interface with all levels of employees and management.

PRODUCTION CONTROL CLERK II, Automotive. Full time. HR Req. K030983.

ADMINISTRATIVE ASSISTANT II, Public Works. Full time. HR Req. K030992. Must be able to work independently with limited supervision providing direct administrative support to Public Works manager and his staff. Three years' administrative experience with a medium-to-large organization and proven skills in Word, PowerPoint and Excel desired.

MEDICAL BILLING SPECIALIST, Kwajalein Hospital. Casual. HR Req. K030982.

REGISTERED NURSE, Kwajalein Hospital. Casual. HR Req. K030935.

CDC AIDE, Child Development Center. Casual. HR Req. K030929.

MECHANIC I, Kwajalein Automotive. Two full-time positions. HR Req. K030332 and HR Req. K030641.

PRODUCTION CONTROL CLERK I, Kwajalein Automotive. Full time. HR Req. K030630.

AUTO BODY TECHNICIAN I, Kwajalein Automotive. Three full-time positions. HR Req.s K030640, K030783, K030883.

TOOL ROOM ATTENDANT II, Kwajalein Automotive. Full time. HR Req. K030895.

PAINTER II, Roi Operations. Full time. HR Req. K030761. Enniburr applicants should apply to Floyd Corder.

KRS CONTRACT POSITIONS

CONTRACT COMPLIANCE COORDINATOR. HR Req. 031209

FIELD ENGINEER II, HR Req. 031157.

PROPERTY MANAGEMENT MANAGER. HR Req. 031203.

ELECTRICIAN III. HR Req. 030854.

TEACHER, HR Req. 031169.

REGISTERED NURSE, HR Req. 031155.

COMPUTER TECHNICIAN II, HR Req. 031159.

FACILITIES ENGINEER II, MECHANICAL ENGINEER. HR Req. 030812.

HARDWARE ENGINEER II, Roi-Namur. HR Req. 031179.

MANAGER OPTICS/PHOTO, HR Req. 031177.

MISSION LOGISTICS COORDINATOR, HR Req. 031171.

CONTRACT PURCHASES SPECIALIST, CONUS, HR Req. 031185.

CONTRACT PURCHASES SPECIALIST. CONUS. HR Req. 031119.

HARDWARE ENGINEER II, HR Req. 031187.

FIELD ENGINEER I, HR Req. 031189.

SOFTWARE ENGINEER I/DATA ANALYST, HR Req. 031191.

COMMUNITY BANK

For consideration, submit your resume on-line at www.dodcommunitybank.com. For more information, contact the personnel department at employment@bank-of-america.jp or call the Banking Center manager at 52292/2142. Community Bank is an Equal Opportunity Employer.

TELLER, Part time. Successful candidates should have previous banking, credit union or cash handling experience. Candidates must also have the ability to quickly and accurately handle transactions, communicate effectively and possess a strong desire to learn.

UNIVERSITY OF MARYLAND

PART-TIME (20 hours) Field Representative, University of Maryland University College, Coral Bachelor Quarters Room 1. Duties include processing student registrations, coordinating classes, proctoring exams, office management. Qualifications: professional image, attention to details, excellent communication and organizational skills, basic computer knowledge, self-motivated. For more information, call 52800 or e-mail: sjones@asia.umuc.edu

WANTED

HOUSE SITTING for young missionary family from Ebeye for the last week in December. Call Leigh, 52342.

COUCH, call Charlie, 52217 and leave a message

DEHUMIDIFIER in working order. Call Leigh, 52342.

LOOKING FOR an artist(s) to paint some murals on

Chapel Services

PROTESTANT SERVICES
8 and 10:45 a.m., Sunday
Roi-Namur service at 4 p.m.
Sunday school for all ages
is at 9:15 a.m.

CATHOLIC SERVICES
Saturday Mass,
5:30 p.m., in the small chapel
Sunday Mass
7 a.m., small chapel
9:15 a.m., main chapel
Mass on Roi at 6:30 p.m.

**For more information,
call the Chapel, 53505.**

SANTA'S MAILBOX

Children of Kwajalein! Santa wants to get mail from you!
Mail your letters at Santa's mailbox located at the post office. Be sure to include your name and address so Santa can write back to you.

Hey boys and girls!

Scuba Santa

will arrive at 7 p.m., Dec. 20, at Emon Beach. Bring mom and dad to this great Kwaj holiday event.

the Roi-Namur Dolphins Scuba Club building. Three large walls to choose from. Artwork must be based on the marine/diving environment. The club will pay for all supplies and room and board while work is being done. All things are negotiable. Interested? Call 56734, after 7 p.m.

LOST

BEAUTIFUL BRITISH Columbia license plate, number GAL-302, very special to owner. Call Kate, 52302.

READING GLASSES in brown case, between multi-purpose room and North Point. Call Jane, 52379.

SWIM GOGGLES and snorkel, yellow, in water at Emon Beach. Call 53372 or 51375.

PRESCRIPTION gold-plated rims. Call Arsenio, 52729 or 52108.

FOUND

WATERPROOF, disposable camera near Building 1049. Looks as if about 10 shots were exposed. Call 50974

PATIO SALES

SUNDAY and MONDAY, 8 a.m.-3 p.m., Trailer 719. PCS sale. Everything must go. No reasonable offer refused.

MONDAY, 7 a.m.-noon, Quarters 118-F. Toys and plants.

FOR SALE

25-FOOT custom-built powerboat with twin 80 horsepower Yamaha four-stroke outboard motors, dual-axle trailer and a boathouse full of goodies. \$30,000 (negotiable). Call Greg, 56734, after 7 p.m. or leave a message anytime.

CHRISTMAS TREE, 6 feet tall with small colored lights, a box of ornaments and a 'real' tree stand. Setup so you can see it. \$25. Call 54507.

COMPUTER. Shuttle SFF, 2.8 GHz P4, 512 MB RAM, 80 GB hard drive, Radeon 9600XT video card, Audigy 2 sound card, DVD-RW, Windows XP, Microsoft

Works 8.0, \$400. Call 54507.

BIG SECTIONAL couch, \$500 or best offer; 53-inch big-screen TV, excellent condition - \$1,500 or best offer. Call 54116 or 51192.

FISHER PRICE Power Touch Learning System with two books, excellent condition, still in box, \$25. Call 54756.

ALUMINUM 18-SPEED road bike, great condition, \$250. Call 53217.

IPOD MINI 4 GB with Itrip transmitter and arm band, \$150;

SEALIFE 35 mm underwater camera with micro lens and padded hard waterproof case, \$150; Epson color printer with extra cartridges, \$75; 128MB compact flash card, \$25. Call 51683, home or 57197, work.

MICROWAVE, 1,200 watt. Call Chris, 52250 and leave a message.

TWO HARD-BOTTOM Burleys, one-year-old, \$100; four-speed men's Sun bike, one-year-old, \$100. All items available Friday. Call 54728.

CANON POWERSHOT S30 digital camera, \$95; underwater housing for S30/S40/S50, \$75 (both for \$150); Canon Powershot Pro IS 2.6 megapixel, 10x zoom, \$60; lens for Canon digital Rebel 20D, EF 18-55mm, \$75; HP Photosmart 1215 printer with spare cartridges, \$70; soccer shoes, men's size 10½, never worn, paid \$59, will sell for \$35. Call 52535, after 4:30 p.m.

WICKER ARMOIRE, \$800; futon couch, oversize, \$550; microwave, \$50; 6 by 9-foot rug, \$30; high chair, \$45; baby monitors, \$25; coffee pot, \$25; wooden toy chest, \$40; studio wall shelf, \$150; Burley, \$25; iron and ironing board, \$30; Pottery Barn lamp, 5 feet tall, \$40. Call 52275.

DISHWASHER, \$345; Rubbermaid extra-large outdoor shed, \$400; bed, \$250; wooden microwave cart, \$65; small computer desk with open hutch, \$45; black outdoor shelving unit, \$50; white wooden bath over tank storage shelving unit with two doors, \$75; green shelving unit, \$45; four-speed ladies' aluminum Sun bike, \$300. Call Maria, 53925, after 5 p.m., or Gloria, 52567, after 7:30 p.m.

RCA 5-Disc, MP3, compact disc and DVD, all-in-one player, \$200. Call Annette, 51393.

SCUBA GEAR, all new, never used, still in original packages, \$800 for all; plants, many sizes, make offer; almost new Karaoke machine, pedi-stool type with two microphones, one corded and one cordless, also has built-in video camera and TV monitor, \$150; gas powered weed whacker, runs great, \$75. Call 53693

COLUMBIA 26-FOOT SAILBOAT, fiberglass hull with five-horsepower Nissan outboard, cradle, mooring, boathouse, all contents and equipment, \$15,000. Call 54237 and leave a message.

COMMUNITY NOTICES

ATTENTION GOLFERS, in support of Kwajalein Golf Association's backward event on Monday, no non-event play will be available from 10 a.m. to 2 p.m. Questions? Call Bob Butz, 53768.

THE SCHOOL ADVISORY Council will meet at 7 p.m., Tuesday, in the elementary school music room. This is a change from the regular meeting date. The public is invited. Questions? Call 53761.

CUB SCOUT PACK 135 will sing Christmas carols, 7-8 p.m., Sunday in the new housing area.

ALL PARENTS are invited to an informational workshop, provided by Child and Youth Services, on how to deal with the stress of the holidays at 6:30 p.m., Thursday, in the elementary school music room. Questions? Call Amy, 53610

ALL MOTHERS of preschoolers are invited to a holiday tour of homes, 9-11 a.m., Thursday. Meet at the Religious Education Building. Karen Pickler will speak on holiday traditions followed by the tour. MOPS is sponsored by the Island Memorial Chapel. Childcare is provided. Questions? Please call Linda, 51175 or Jane, 54698.

FORCE PROTECTION BRAVO

FPCON BRAVO is effective 6 a.m., Monday and will remain in effect until further notice. All U.S. Army Kwajalein Atoll/Reagan Test Site mission and support personnel must have proper identification on their person at all times.

DURING BARGE operations, tentatively scheduled for Thursday and Friday, the Supply and Marine Department areas, between 6th and 8th Streets and Supply and Marine Roads, are off limits to pedestrian, bicycle and vehicle/equipment traffic. Only Supply and Marine Department personnel will be allowed access into these areas. Barricades/caution tapes will be erected at all of these points. If there are any questions, contact the Transportation Department at 52180, 53444 or 53430.

PUBLIC INTERNET ACCESS. Those who have not yet submitted their Public Internet user account, please do so by Friday. Temporary duty accounts will be available at the Kwaj Lodge starting Tuesday. The generic log-on server will no longer be active and access to the Public Internet will only be available through the new 53687 connection. Stop by the Information Technology Help Desk between 7 a.m. and 5 p.m., Tuesday through Saturday, to obtain an account. Having issues? Check out the 'How-To' section on the Intranet at <http://intranet.com/it> or e-mail pubnet@smdck.smdc.army.mil if you have any questions. Please ensure your new account is working by the Friday deadline.

CAFÉ PACIFIC welcomes you to our Christmas buffet on Dec. 25. Some of the many items featured will include carving station with herb-crusted prime rib of beef and rosemary-roasted rack of lamb, succulent roast turkey with all the trimmings, Virginia smoked ham, mussels ciappicciano, fettuccini with fresh asiago cream sauce, steamed vegetable potpourri, chilled seafood bar including "jumbo peel-and-eat shrimp, mussels on the half shell, smoked salmon and Cajun crawfish, international cheese bar, assorted salads, fresh fruits and a variety of delicious desserts. Families are welcome. Hours of operation are: Unaccompanied personnel, 11 a.m.-6:30 p.m. All other residents 1-6:30 p.m. Menu subject to change due to availability.

KWAJALEIN YACHT CLUB'S monthly meeting will be at 6:30 p.m., Dec. 29, at the yacht club. Pizza will be provided. Bring a salad or dessert to share. Bring a white elephant gift of \$25 or less for a Yankee gift exchange. For details, call Jim Stepchew, 53500.

HAPPY HOLIDAYS from Grace Sherwood Library. Come to the library to sign up for our December book drawing. Adults have the opportunity to win a trio of Christmas books by popular mystery writers. *Deck the Halls* by Mary Higgins Clark, *Skipping Christmas* by John Grisham and *Visions of Sugar Plums* by Janet Evanovich. Children could win a beautiful pop-up book edition of *The Night Before Christmas* by Clement Moore.

KWAJALEIN INTERNATIONAL Sport Fishing Club is sponsoring The Big Strike Fishing Tournament Jan. 16. For tournament rules and information, call Trudy Butler, Ed Bonham or Joe Coleman. Tournament rules are also available at the marinas on Kwajalein and Roi.

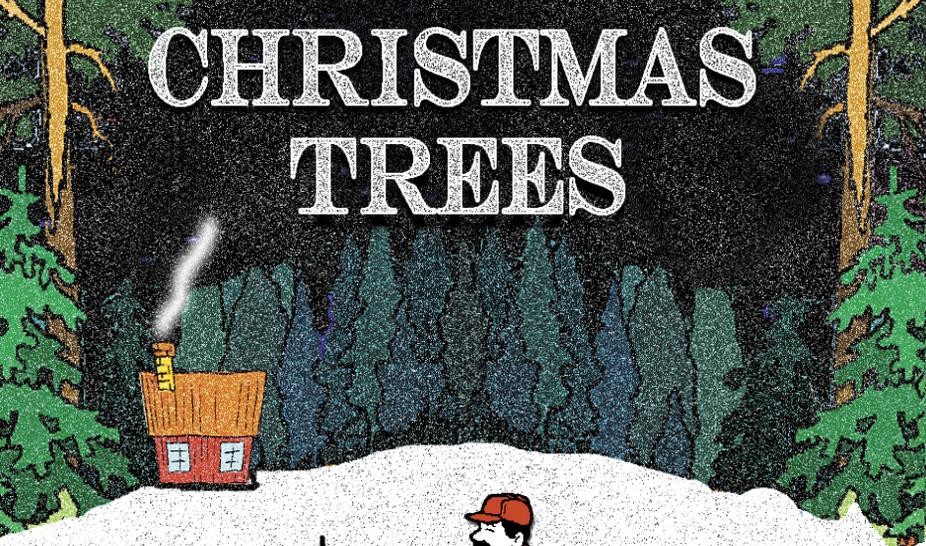
THE NAVY and Marine Corps veterans of Roi-Namur would like to extend our condolences to the United States Army, both active duty and veterans, for the severe whooping that the members of the United States Military Academy football team received at the hands of the Midshipman from the United States Naval Academy this past weekend. Better luck next year!

Saturday, Dec. 10, 2005



Tour of Homes

The Yokwe Yuk Women's Club Holiday *Tour of Homes* is Friday. Tickets will be on sale Monday on Macy's porch. For information or tickets, call Elaine at 54691 or Sandi at 54991.



CHRISTMAS TREES

Do you need a beautiful Christmas tree?

Real Christmas trees from Washington state will be sold 4:30-6 p.m., Thursday at the high school. K-badges are required. All trees are shaped, full-bodied Douglas firs and are between 5-6 feet tall. You can take the tree home yourself or have free delivery by Santa's elves. Office trees must be sprayed with fire retardant and paid for in advance by Wednesday. Pay at the high school office. Make checks payable to KHS.

outside.

Song selection for the performances is carried out in secrecy. Each group tries to have the best songs, and the more verses the better.

The *Jebta* draw straws for order of appearance. No *Jebta* wants to go first, the later the better.

On Christmas Day, the celebration begins after all the *Jebta* have gathered

at the church to hear the Christmas story. The celebration goes on until all the *Jebta* have performed. It is not unusual for the celebration on Ebeye to last two days.

These are just a few of the many holiday happenings on and around the island. Watch the *Roller* and *Hourglass* for more information on these events and more.

Range operations scheduled for Tuesday

A range operation is scheduled for Tuesday. Caution times are 1:01 p.m. from Tuesday through 2:01 a.m. Wednesday in conjunction with this operation; a caution area will exist within the Kwajalein Atoll. The caution area is bounded on the north by Boked Island on the east reef and Yabbernohr Island on the west reef. On the south, the area is bounded by a line drawn north of Bigej on the east reef to a point at latitude 08 54.2n, longitude 167 45.8e, then to a point at latitude 08 52.8n, longitude 167 45.8e, and then to a point north of the high tide mark on Ninni Island on the west reef. Bigej and the waters surrounding Bigej are off limits for this mission. An additional caution area, extending from the Kwajalein Atoll north into the broad ocean area, is defined in the attached map.

In order to ensure clearance of non-mission support personnel from the mid-atoll corridor by the window opening time, Kwajalein Police

Department island clearance procedures will continue until evacuation has been accomplished. Egress of all air and seacraft will be required when requested by authorized clearance personnel. Subsequent to lagoon clearance, the hazard area will be in effect until mission completion.

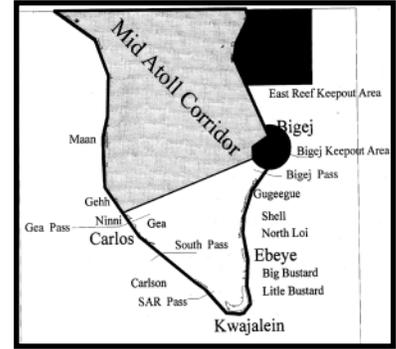
In conjunction with this operation, a Kwajalein met rocket is scheduled as soon as possible after the launch from Meck Island on Tuesday. The caution areas are identified on attached maps.

In the event of a mission slip, the caution times and areas will be in effect for the following days:

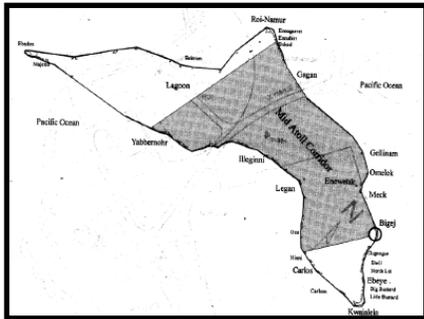
From 1:01 p.m. Wednesday through 2:01 a.m. Thursday

From 1:01 p.m. Thursday through 2:01 a.m. Friday

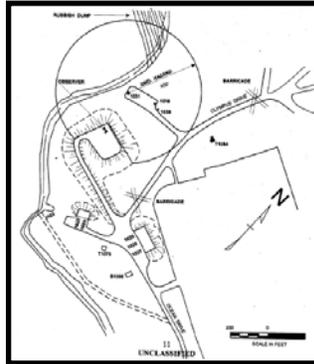
Questions regarding the above safety requirements for this mission should be directed to the Command Safety Office, Range Safety officer at 51910.



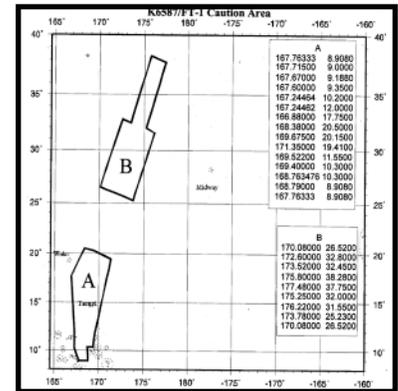
Bigej Island and waters surrounding Bigej are off limits Tuesday until FT-1 mission completion.



Mid-atoll caution area



Met rocket ground caution area



Air and surface caution

Weather Courtesy of RTS Weather

Tonight: Partly cloudy with widely scattered showers. **Winds:** NE-E at 15-20 knots.

Sunday: Mostly clear with scattered showers. **Winds:** NE-E at 16-22 knots.

Monday: Partly cloudy with scattered showers. **Winds:** NE-E at 16-22 knots.

Tuesday: Variably cloudy with scattered showers. **Winds:** ENE at 18-24 knots.

Annual rainfall total: 72.82 inches
Annual deviation: -21.95 inches

Call 54700 for updated forecasts or www.rts-wx.com

Sun • Moon • Tides

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday	0653/1831	1450/0237	0030, 4.1' 1320, 4.6'	0650, 1.5' 1940, 1.7'
Monday	0654/1831	1534/0328	0140, 4.2' 1410, 5.0'	0740, 1.3' 2030, 1.3'
Tuesday	0654/1832	1621/0421	0230, 4.3' 1450, 5.3'	0820, 1.2' 2120, 1.1'
Wednesday	0655/1832	1710/0515	0310, 4.3' 1530, 5.5'	0900, 1.1' 2150, 0.9'