

THE KWAJALEIN HOURGLASS

**Moving advice
from an expert.**

— Page 6

**(A diver photographs a World War II airplane that rests on
the ocean floor. For more on the wrecks in Kwajalein waters
see Page 4.)**

(Photo courtesy of Tom Krasuski)

Our parents were wrong, monsters do exist

Do you remember when you were a youngster and you'd have a nightmare, how your parents would say there was no such thing as monsters?

Well, our dear moms and dads were wrong.

There are indeed monsters and they walk the streets of American small towns and large cities.

If you don't believe it, then you haven't heard the news of 9-year-old Jessica Lunsford who was raped and murdered in Florida a few months ago or the more recent news of 8-year-old Shasta Groene and her brother Dylan, who is probably dead, in Idaho.

These children were abducted and sexually assaulted by men who had histories for the same type of crime dating back decades.

Those "men" had been in and out of prison most of their worthless lives and they were out yet again to commit the horrible acts against innocent little ones.

When I see and hear stories such as this, it bring tears to my eyes and rage to my heart.

And the question I ask is why does this keep happening.

How many times do innocent children have to suffer and be murdered before our government acts to protect them.

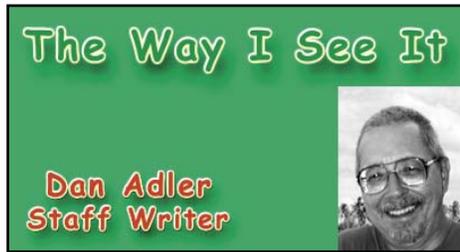
I don't really care why these people do what they do. I don't give a damn if they had tough lives. I don't care about the psycho babble used to explain their actions.

Other people have had tough lives but they don't go out and molest and kill children.

Monsters who are capable of committing such terrible crimes are not going to be rehabilitated or cured.

How many times have you heard some pompous psychiatrist say that a criminal was "cured" and no longer a threat, only to have the "cured" criminal commit another horrible act against an innocent person.

The president says that the most important job the government has is to protect American citizens.



What American citizens need protection more than our children?

Congress needs to pass a law making it a federal crime to commit an act of sexual molestation against a child with a mandatory life sentence with no possibility of parole. The president needs to sign such a bill and the courts need to uphold it. End of story.

Some lawyers and judges have

distorted the constitution to protect criminals long enough and it's time Americans take it back and make it work for the good it was intended. I'm sure the great men who wrote our constitution didn't mean it to protect child killers.

How many more stories will we hear of yet another child being abused and killed by yet another repeat offender our so-called justice system has put back on the street before something is done?

I don't know all of the statistics, but I hear that most crimes of this nature are committed by someone who has done it before and has been in prison and released.

There is a push to start a national registry of sex offenders so parents and communities will know if such a person is among them. That's ridiculous. The only place sex offenders (especially against children) should be is in prison until the day they die.

We have a congress that called a special session and passed a bill on behalf of a single individual and a president who flew from Texas to Washington D.C. to sign it. Surely they can do something on behalf of the thousands of children who have suffered at the hands of these monsters.

Americans have a short attention span. We stay outraged for a few days and then forget it. We can't forget this. We have to make our voices heard and demand the government do its job. Only then will there be the slightest chance that children might be safe from sexual predators.

What could be more important than the welfare and safety of the most innocent among us?

The Kwajalein Hourglass

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AFN Kwajalein new radio lineup



FM 99.9 Country
FM 101.1 Classic rock
FM 102.1 National Public Radio
AM 1224 Music, sports, news
For complete listings go to:
http://intranet/com/entertainment/afn_radio



Marshallese Word of the Day

jete - how many

Classified ads

are due for Wednesday's paper by noon, Saturday and for Saturday's paper by noon, Thursday. **Limit ads to 50 words.**

The *Hourglass* apologizes for having the incorrect movie listed for Sunday night. We regret any inconvenience.

Iraq War veteran takes a breather

By Nell M. Drumheller
Editor

"I'm here and I'm thinking 'is this a dream?'" Warrant Officer Mike Tracy asked earnestly.

After spending close to half a year in Iraq, the Hawaii Army National Guardsman is home on Kwajalein visiting his wife Lisa and two children, Ryan, 14, and Christine, 12, for his mid-tour rest and relaxation break.

Tracy is a Quality Assurance Analyst with Kwajalein Range Service and has been a member of the Guard for nine years. This is his first combat deployment.

In Iraq Tracy is a Battalion Maintenance Officer with his unit the 29th Brigade Combat Team. The unit is stationed at Camp Anaconda, Balad, approximately 68 kilometers north of Baghdad.

"It's surreal," Tracy said of adjusting to living in Iraq and being under fire. "First you heard the rockets and mortars. We were nervous," he admitted. But time and the repetitiveness of the constant fire made the attacks seem commonplace. In time he learned to wait for the all clear. "We get on our radios, find out what's going on and get back to work," he said.

It became routine, "a very different kind of normal," Tracy said while adding that he was always on edge, always alert. The work is never ending according to Tracy, who said that he was on the job every day. The state of alert stayed with him on his flight back home, "I came off the airplane and was still on edge, intense. The first couple of days I'd think, 'where's my weapon,'" he said, while patting his hip where he carried a 9 mm pistol in Iraq.

Tracy said he wasn't prepared for the poverty of the people of Iraq. "They are dirt poor. They live in mud huts," he said. He said that in the past all of the money, education and opportunity stayed with the elite. "A lot of the people can't read their own language," he said.

"Now they are getting an education," he said. Local nationals have jobs on Camp Anaconda and "work to sustain themselves, but are also learning trades."

The coalition forces are making a difference according to Tracy. "We're changing the attitudes."

Tracy describes the Iraqi people as seeming to like Americans, and that they are interested in Western ways.

Since returning to Kwajalein Tracy said he has been confronted by people who compare Iraq to Vietnam. He is adamant in his response. "It's not Vietnam," he insisted. He compared the battles in Vietnam where U.S. servicemembers would take a hill, only to have it overrun a few days later. In Iraq, he said the people have "their first chance to vote, to support themselves and have businesses. They are not under a dictatorship."

He admits that the insurgents are becoming more sophisticated. But says that the Iraqi people are making a stand. "Some small villages won't tolerate the insurgents. I believe that eventually the county is going to realize that they don't have to accept the insurgents."

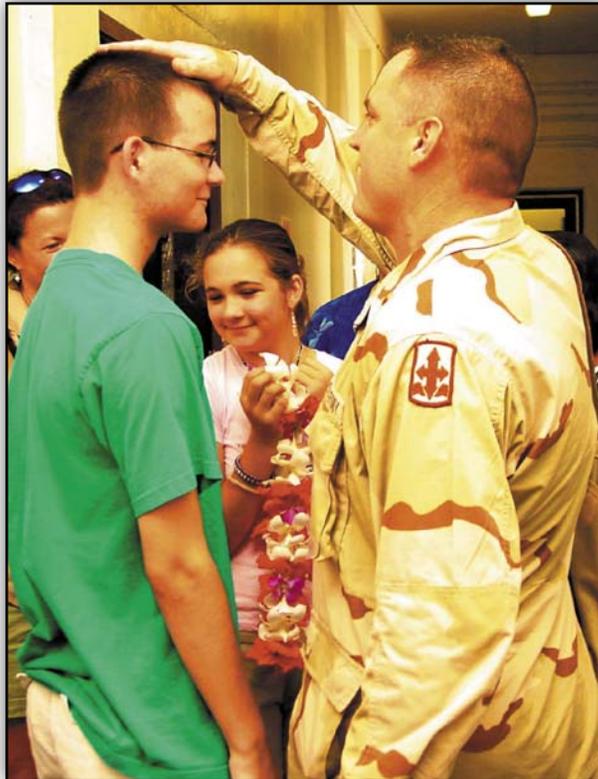
U.S. servicemembers in Iraq are a combination of active duty, Reserve and Guard forces. "The Reserves have changed," Tracy said. "We do deploy. We do the same things that the active duty [servicemembers] does," he added. Active duty and reservists are working together according to Tracy. Tracy said that the mix of active duty troops who are often younger than the reservists, with the Guard and Reserve contingents is working well. He said that more than 40 percent of the in-country Soldiers are reserve and guard troops. "Reservists use their non-Army skills to help the community," he said. He gave examples such as a reservist who is a tank mechanic in the Army but and electrical engineer in civilian life; the combination of skills and experience add to the effectiveness of the individual and his value within the Camp Anaconda community.

Tracy said that the Soldiers in the 29th went to Iraq thinking they would be transporting

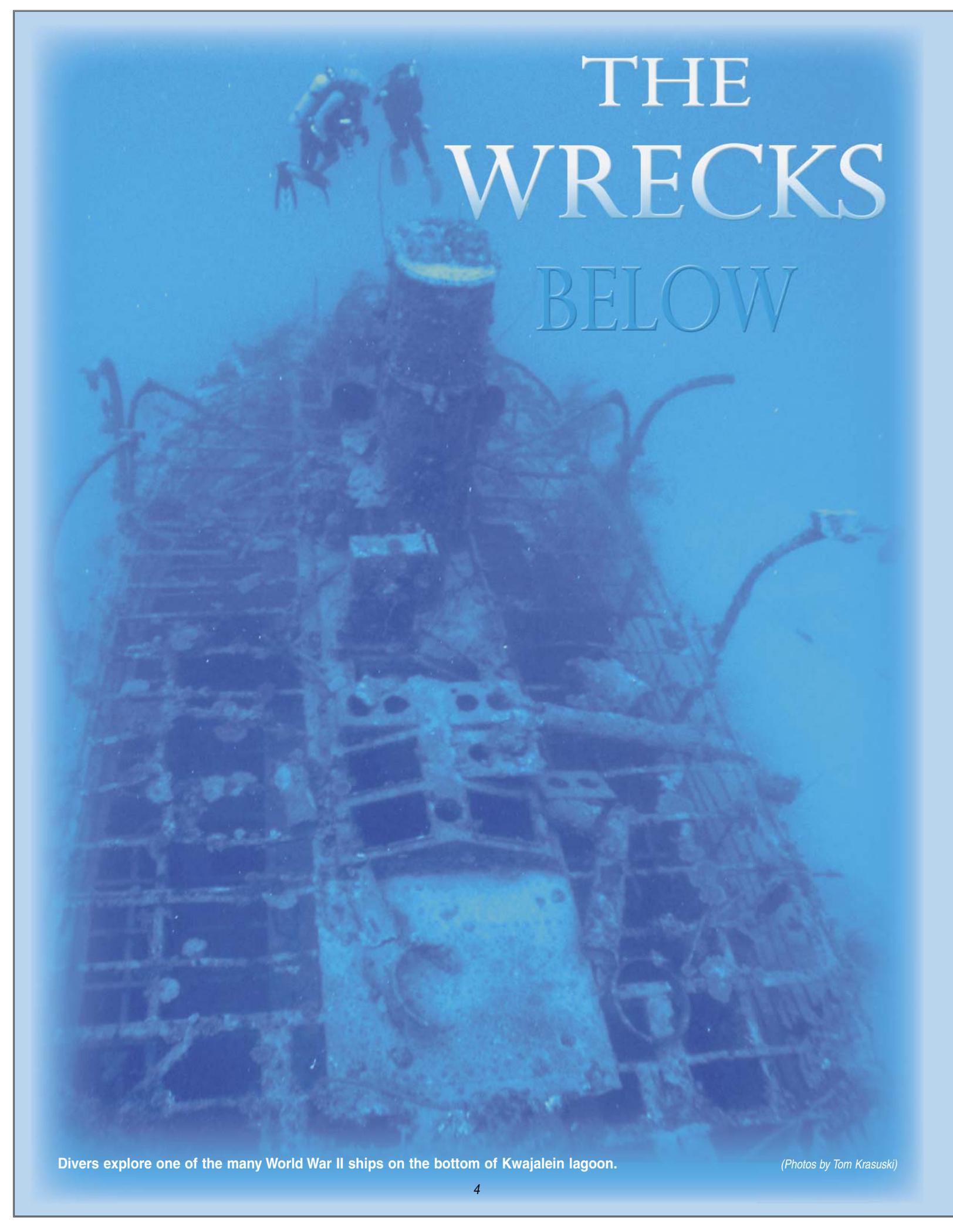
products and maintaining equipment but were given the additional responsibility of camp security. He said they met that challenge and exceeded.

"They're [the Hawaii Army National Guard] proud to do what they're doing. The teamwork is unbelievable," he said.

Tracy will be returning to Iraq soon to finish out his tour of duty. Leaving his family behind will be tough. "They're very supportive," he said of his family. "The community has been wonderful," he added about his neighbors on Kwajalein. Tracy said that the support of both KRS and the U.S. Army Kwajalein Atoll staff has made his deployment easier. "USAKA has been really great," he added.



Warrant Officer Mike Tracy checks to see how much son Ryan has grown in his absence as daughter Christine looks on. Tracy has been deployed to Iraq since Jan. 16. He will depart July 16 to return to Iraq to complete his deployment.

An underwater photograph of a large, rusted metal shipwreck, likely a World War II vessel, lying on the bottom of a lagoon. The ship's hull is heavily corroded and covered in marine life. Two divers are visible in the upper left, exploring the wreckage. The water is a deep, clear blue.

THE WRECKS BELOW

Divers explore one of the many World War II ships on the bottom of Kwajalein lagoon.

(Photos by Tom Krasuski)

WWII ships, planes rest beneath Kwaj waters making for a world-class dive site

By Elizabeth Davie
Reporter

Many things bring people to Kwajalein. Among the most popular is diving. So what is under the waves? Kwaj is rumored to have some of the best diving in the world.

According to Trace Fleming, Scuba Club Web master, there are between 60 and 80 wrecks scattered around Kwaj. Fleming said the diving here is defiantly world-class. "You can see nice coral lots of places, but to get the great coral and such a large collection of World War II wrecks, there is nothing like it," he said.

"The large ships are Japanese civil freighters that were pressed into service by the Imperial Navy. The large collection of aircraft near Roi-Namur were dumped from landing craft and barges by the U.S. military. The ships sunk near Roi-Namur were sunk by aerial attack in December 1943, with the exception of the *Eiko Maru*. The *Eiko Maru* was severely damaged in the aerial attack but eventually sunk while at anchor by a U.S. battleship's shore bombardment in January 1944," said Kyle J. Fischer, Kwajalein diving enthusiast and amateur adventurer.

According to Fleming the most famous wreck out there is the *Prinz Eugen*. She is a German heavy cruiser that lies near the north end of Ennubuj (Carlson) Island. The *Eugen* was an escort to the battleship *Bismarck* during battles in the North Atlantic. The *Bismarck* and the *Eugen* sank the British battle cruiser *Hood*, but the *Bismarck* was tracked down and sunk a few days later. The *Eugen* escaped and had further wartime adventures in the English Channel and North Sea. Captured at the end of the war, she was brought to Bikini Atoll for two nuclear tests in 1946. After the tests, the *Eugen* and the other surviving test ships were taken to Kwajalein. While awaiting her final fate, the *Eugen* developed a leak and began listing.

A decision was made to beach her to prevent sinking, but this all happened during a period of strong trade winds when Kwaj's larger tug was not in port. The small tug did not have the power to beach the

Eugen in the planned spot, so they tried to run her up on the downwind reef. The strong winds overpowered the tug, however, and the *Eugen* struck the reef off Ennubuj broadside, flipping over and sinking on Dec. 22, 1946. Today, a prop and rudder protrude from the water at low tide, while her bow rests approximately 110 feet below the surface.

Other wrecks include the *Akibasan Maru*, she is a 4,607 ton freighter measuring 389 feet in length with a beam of 50 feet. The ship is locally known as P-Buoy for the buoy that used to mark the wreck, even though the buoy is now long gone. This ship was sunk by U.S. aircraft on Jan. 30, 1944. The *Akibasan* was first dived by Navy divers soon after the capture of Kwajalein. The ships that went down were easy to find then due to the distinct oil slicks that marked their sinking places. These divers opened the ships' safes in search of war-related documents. In some cases, wrecks that reached too close to the surface had their shallow structures blown off to keep them from obstructing navigation.

The *Ikuta Maru* was a 2,968-ton freighter that carried considerable armament. It is locally called P-North due to its location to the north (and slightly west) of what was once P-buoy. She was originally located by anchor drag in January 1966. The ship lies facing northeast, with her side lying on a bottom as deep as 180 feet, although immediately under the bow, a rise

in the lagoon bottom brings it up to about 150 feet. Most of the ship, along with the main attractions, can be seen on dives that stay within the 130 foot sport-diving limit. The biggest attractions on the *Ikuta* are three big guns, one on each side in front of the bridge and one on the bow. Reported to be 5-inch guns, they actually appear to be a bit smaller. There are also machine guns on top of the bridge. The stern of this vessel was completely blown away, and its remains lie some distance behind the rest of the hull.

These and many other wrecks are near by. According to U.S. Army Kwajalein Atoll regulation all divers must have their advanced certification or be working towards it to dive in Atoll waters. Fleming said that



A coral encrusted ship lies on the ocean bottom.

See WRECKS, Page 7

Take it from an expert, moving can be a snap

By Nell M. Drumheller
Editor

What sort of training or experience makes someone an expert? Sometimes academic degrees denote expert knowledge. Others may be seen as having expertise because of their years on the job.

Karen Pickler is an expert when it comes to permanent change of station moves.

"Since John [Pickler, Kwajalein Ranges Services president] and I were married in 1965, we have moved 32 times," she said, establishing her expertise.

Summer is the moving season on Kwajalein. Karen has some advice for people who have less moving experience than her family.

"The most important thing is to make every move a complete family event, to let the children know that you are all in it together," she said.

She recommends parents let their children express their feelings and "don't discount them, but let them know that you will all help each other. You definitely need to express a positive attitude yourself about the move.

"If the parents demonstrate a positive attitude toward the move, the children are more likely to react favorably. We also helped the children stay in touch with the friends they had to leave behind--arranging summer visits whenever possible," she added.

Karen suggests that learning about your new 'home town' will make the move go more smoothly. "As soon as you know about a move, get as much information as possible about your new location. Get excited about the opportunities," she said.

Most Kwajalein residents will have many weeks to plan their moves. According to Robert Bills, KRS Human Resources manager, contracted employees typically know 60 to 90 days in advance that they are moving.

Karen's experiences, as the wife of a career Soldier, weren't always that predictable. "Practi-

cally speaking, I like to know about a move at least six weeks in advance. First, I send out change of address announcements, and then I start washing everything that is washable. When the packers come, I like everything to start out clean," she said.

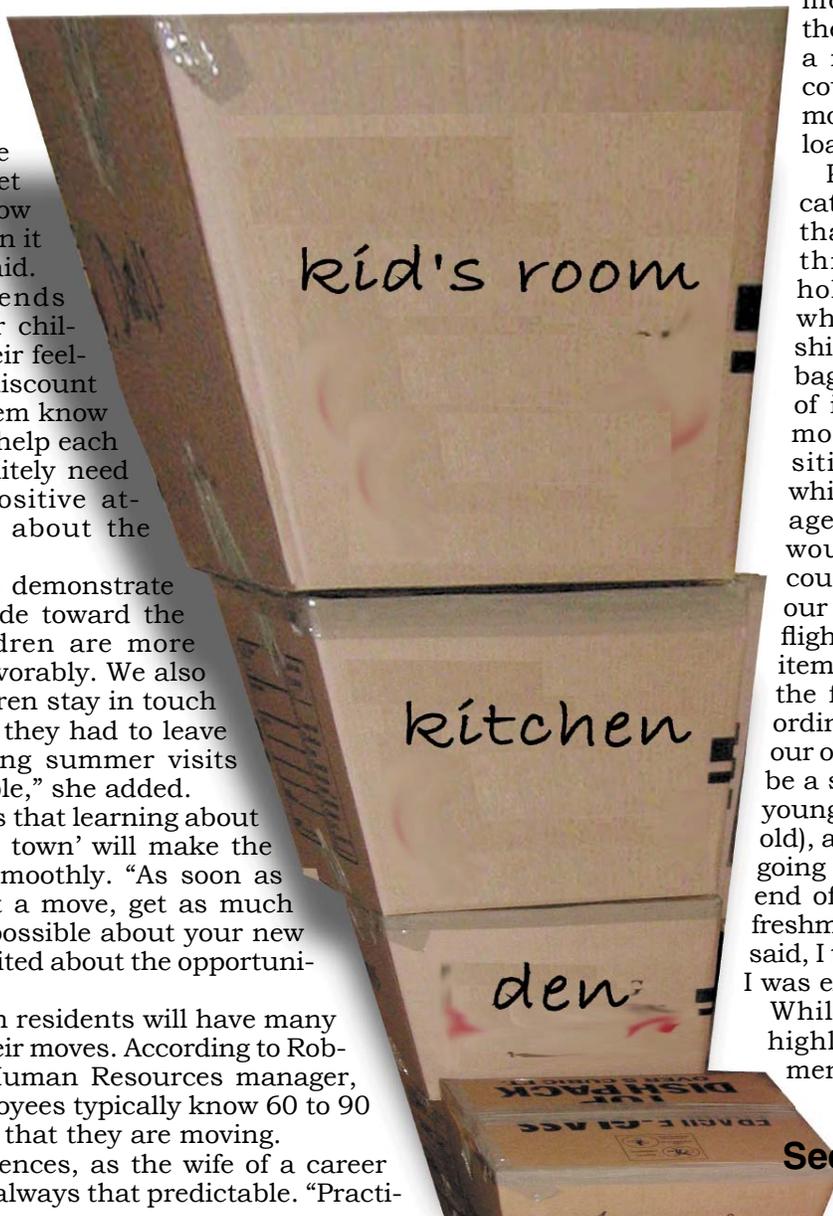
"Before the movers come, establish a "safe room"--a small room which is empty except for your suitcases and any items you will travel with.

Even the most seasoned movers can run into snags. "The most challenging move was the move we made in 1987, going from Fort Sill, Okla. to Baumholder, Germany," she said.

"It was our fourth overseas move, but other factors made it difficult. First, John was not in town for the moving process, because the Army scheduled him for a mandatory pre-command course during the time the movers would be packing and loading our possessions."

Karen added that complicating the event was the fact that they had to establish three shipments: Household goods (5,000 pounds which would be our main shipment to Germany), hold baggage (a smaller shipment of items which would arrive more quickly--basic necessities), and storage (items which would remain in storage for the three years we would be in Germany). "Of course, we also had to have our suitcases packed for the flight over - these clothes and items would be all we had for the first few weeks. I was coordinating packing for myself, our oldest son (who was going to be a senior in high school), our youngest son (who was 8-years-old), and our daughter (who was going to be coming back at the end of the summer to start her freshman year of college). Enough said, I think. At the end of all this, I was exhausted!"

While moving is considered highly stressful according to mental health professionals,



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WRECKS, from Page 5

divers are free to explore the wrecks as long as they have a clear path up. Penetration dives, going inside the vessel, are not allowed and nothing is to be taken from the site.

Fleming recommends Roi-Namur to divers who are burnt out on Kwaj wrecks while Fischer said "I have dived the legendary wrecks of the Bikini Atoll and would say while the historical significance of the Kwajalein wrecks are slightly less, they are quite interesting to see. I would, however, point out the wrecks in Bikini are in much better condition because divers are prohibited from removing any artifacts from the wrecks and the rule is strictly enforced. While on the wrecks of Bikini it is common to find intact port-holes, dishes, personal effects and instruments.

"You would be hard pressed to find many places

that offer so many attractions in a single place. Also, the water temperature and clarity is among the best in the world for diving," Fischer said. According to Fleming the temperature of the water is between 82 and 84 degrees year round, no matter what the depth is, and on a bad day the visibility around the Atoll is better than a good day stateside.

For more information on the wrecks near Kwaj visit www.kwajaleinclub.com. Fleming recently added a feature to the site, a map that shows a number of wrecks. The map also shows the global positioning system coordinates along with the depth, what it is and the local and/or proper name.

(Editor's note: Some information in this article was taken from www.geocities.com/uwkwaj/wreck/Ships.htm)

Make your home a safer place

By Richard C. Nugent, CSP

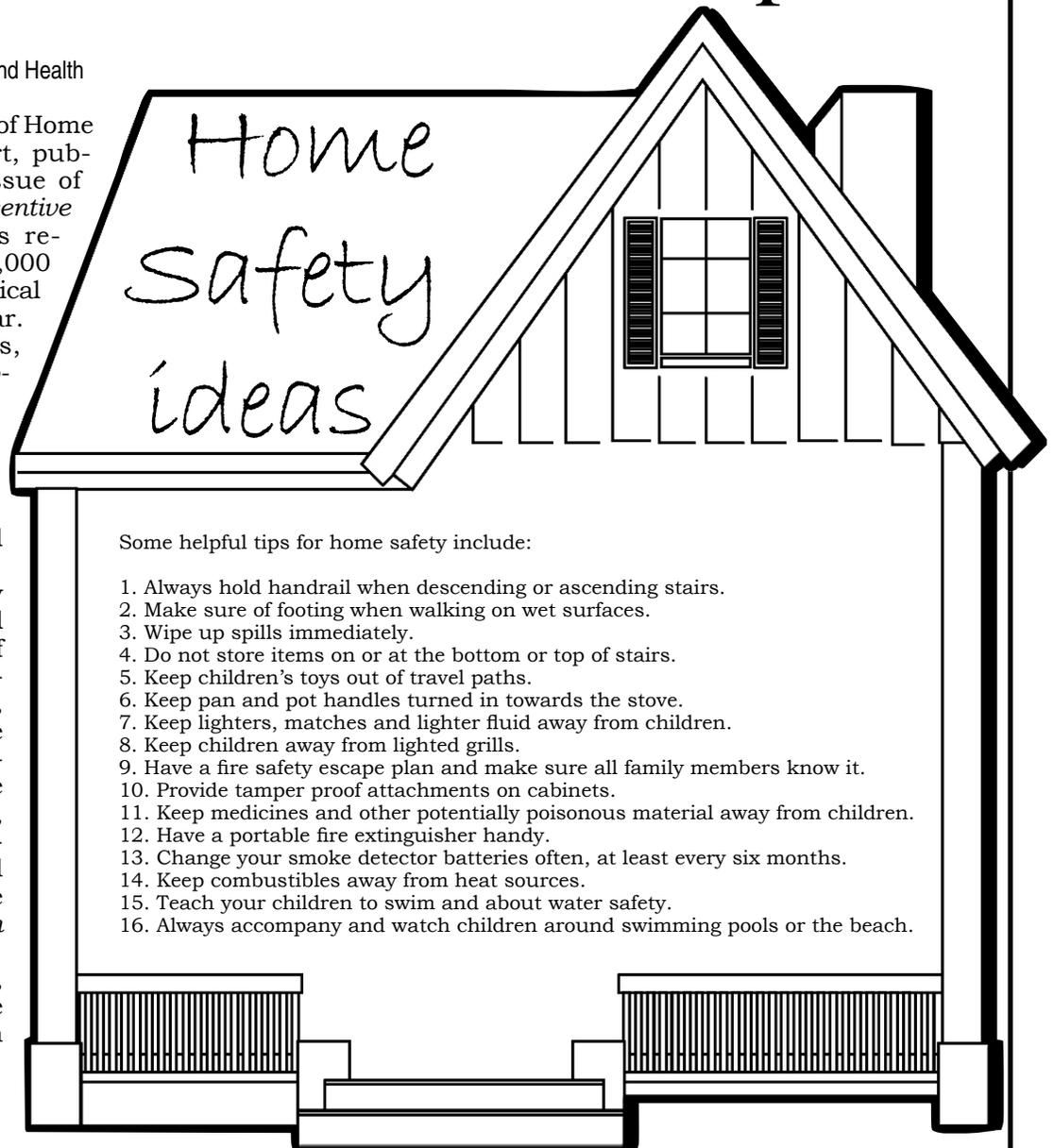
Manager, Environmental, Safety and Health

According to "The State of Home Safety in America" report, published in the January issue of *American Journal of Preventive Medicine*, home injuries result in approximately 20,000 deaths and 21 million medical visits in the U.S. each year.

The published findings, in the June issue of *Profession Safety*, show that the leading causes of home injury related deaths include falls, poisonings, fires and burns, choking/suffocation and drowning.

This report, generated by the Home Safety Council through the University of North Carolina Injury Prevention Research Center, also provides a Web site for gaining further information. Included in the information are safety tips, checklists, safety information, and a list of helpful resources. The Web site is WWW.homesafetycouncil.org.

For more information, visit the Web site above or contact the Kwajalein Range Services ES&H Department, Fire Department or Medical Staff.





WELCOME TO THE MOVIES

Tonight

7:30 p.m., Yuk — *The Upside of Anger* (R)
7:30 p.m., Rich — *Beauty Shop* (PG-13)
7 p.m., Roi — *Man of the House* (PG-13)

Sunday

7:30 p.m., Yuk — *Be Cool* (PG-13)
7:30 p.m., Rich — *Robots* (PG)
9 p.m., Rich — *Miss Congeniality 2* (PG-13)
7 p.m., Roi — *Coach Carter* (PG-13)

Monday

7:30 p.m., Yuk — *The Upside of Anger* (R)
7:30 p.m., Rich — *Beauty Shop* (PG-13)

Wednesday

7 p.m., ARC — *The Upside of Anger* (R)

All movies subject to change with shipments.
For updates, call the movie hotline at 52700.

The Upside of Anger. Two friends wonder if there might be more between them when their lives both take a left turn in this romantic comedy. Terry (Joan Allen) is a middle-aged housewife and mother of four teenaged daughters and gets the shock of her life when her husband, without a word of warning, leaves them behind to move to Sweden with his secretary. Going through a bender of depression and alcohol, Terry finds herself commiserating with Denny (Kevin Costner), a former baseball star turned unenthusiastic radio personality who was her husband's best friend and a frequent presence at the house. With both Terry and Denny feeling down in the dumps about recent events in their lives, the two find themselves drawn to one another, and while Terry fights the notion of a new romance, her daughters — Andy (Erika Christensen), Hadley (Alicia Witt), Emily (Keri Russell), and Lavender (Evan Rachel Wood) — have different ideas.

Be Cool. Gangster-turned-movie producer Chili played by John Travolta has grown tired of the screen trade, especially after his latest project turned out to be a box-office flop. Chili is looking for new horizons and thinks he may have found his niche when his close friend Tommy Athens (James Woods), a fellow mobster who runs an independent record label, is murdered by Russian gangsters. Chili takes over Athens' record company and begins courting Tommy's girlfriend, Edie (Uma Thurma). Edie is an experienced hand in record production, and together she and Chili spot what would seem to be the ideal act for their label — Linda Moon (Christina Milian), a beautiful young woman with a powerhouse voice. Linda is stuck, however, in a going-nowhere R&B trio managed by the monumentally sleazy Raji (Vince Vaughn). Chili isn't much concerned about Linda's contract with Raji, but Raji certainly is, and the manager soon takes out a contract on Chili with the same Russian hoods who killed Tommy. Soon Chili is facing all the action he can handle between the Russian gunmen, a music mogul named Nick Carr (Harvey Keitel) who wants Chili to stay out of the business, and Sin LaSalle (Cedric the Entertainer), a successful hip-hop producer who wants Chili to pay him the \$300,000 he is owed by Tommy.

Beware of strangers asking ABOUT OUR MISSION

Practice good OPSEC.

Be sure all classified offices and documents are safeguarded.



Global War on Terror

Honoring fallen heroes



"It is foolish and wrong to mourn the men who died. Rather we should thank God that such men lived."

— Gen. George S. Patton

The following 26 U.S. servicemembers have died in the Global War on Terrorism.

Spc. Rafael A. Carrillo, Jr., 21, of Boys Ranch, Texas, died June 28 in Baghdad, Iraq, where an enemy mortar detonated near his HMMWV. Carrillo was assigned to the Army's 1st Battalion, 64th Armor Regiment, 3rd Infantry Division, Fort Stewart, Ga.

Sgt. Manny Hornedo, 27, of Brooklyn, N.Y., died June 28 in Tikrit, Iraq, where a vehicle-borne improvised explosive device detonated near his HMMWV while conducting convoy operations. Hornedo was assigned to the Army National Guard's 1569th Transportation Company, New York.

Eight Soldiers and eight sailors were killed on June 28. The Soldiers, **Staff Sgt. Shamus O. Goare**, 29, of Danville, Ohio; **Chief Warrant Officer Corey J. Goodnature**, 35, of Clarks Grove, Minn.; **Sgt. Kip A. Jacoby**, 21, of Pompano Beach, Fla.; **Sgt. 1st Class Marcus V. Muralles**, 33, of Shelbyville, Ind.; **Master Sgt James W. Ponder III**, 36, of Franklin, Tenn.; **Maj. Stephen C. Reich**, 34, of Washington Depot, Conn.; **Sgt. 1st Class Michael L. Russell**, 31, of Stafford, Va. and **Chief Warrant Officer Chris J. Scherkenbach**, 40, of Jacksonville, Fla. were assigned to the Army's 160th Special Operations Aviation Regiment (Airborne), Hunter Army Air Field, Ga.

The sailors are **Chief Petty Officer Jacques J. Fontan**, 36, of New Orleans; **Senior Chief Petty Officer Daniel R. Healy**, 36, of Exeter, N.H.; **Lt. Cmdr. Erik S. Kristensen**, 33, of San Diego; **Petty Officer 1st Class Jeffery A. Lucas**, 33, of Corbett, Ore.; **Lt. Michael M. McGreevy, Jr.**, 30, of Portville, N.Y.; **Petty Officer 2nd Class James Suh**, 28, of Deerfield Beach, Fla. and **Petty Officer 1st Class Jeffrey S. Taylor**, 30, of Midway, W.Va. Healy, Patton and Suh were assigned to SEAL Delivery Vehicle Team One, Pearl Harbor, Hawaii. Fontan, Kristensen, Lucas, McGreevy and Taylor were assigned to SEAL Team Ten, Virginia Beach, Va. All 16 were killed while conducting combat operations when the MH-47 helicopter that they were aboard crashed in the vicinity of Asadabad, Afghanistan in Kumar Province.

Two sailors died while conducting counter-terrorism operations in Kumar Province. **Petty Officer 2nd Class Danny P. Dietz**, 25, of Littleton, Colo. Dietz was assigned to SEAL Delivery Vehicle Team Two, Virginia Beach, Va.

Lt. Michael P. Murphy, 29, of Patchogue, N.Y. Murphy was assigned to SEAL Delivery Vehicle Team One, Pearl Harbor, Hawaii. Coalition forces located the service members while conducting a combat search and rescue operation Monday in Kunar Province. Both sailors' whereabouts had been unknown since June 28.

Sgt. Chad M. Mercer, 25, of Waycross, Ga., died June 30 in Baghdad, where his M2A2 Bradley Fighting Vehicle rolled over while conducting combat operations. Mercer was assigned to the Army National Guard's 2nd Battalion, 121st Infantry Regiment, Fitzgerald, Ga.

Spc. Ryan J. Montgomery, 22, of Greensburg, Ky., died Sunday in Baghdad, when an improvised explosive device detonated near his HMMWV while his unit was conducting convoy operations. Montgomery was assigned to the Army National Guard's 1st Battalion, 623rd Field Artillery Regiment, Campbellsville, Ky.

Staff Sgt. Jeremy A. Brown, 26, of Mabscott, W.Va., died Sunday in Mosul Iraq, from injuries sustained earlier that day in Tal Afar, Iraq, where the HMMWV in which he was riding accidentally rolled over. Brown was assigned to the Army's 66th Military Intelligence Company, 3rd Armored Cavalry Regiment, Fort Carson, Colo.

Two Soldiers, **Staff Sgt. Scottie L. Bright**, 36, of Montgomery, Ala. and **Cpl. Lyle J. Cambridge**, 23, of Shiprock, N.M. died on Tuesday in Baghdad, when an improvised explosive device detonated near their HMMWV during patrol operations. Both soldiers were assigned to 3rd Squadron, 3rd Armored Cavalry Regiment, Fort Carson.

Spc. Christopher W. Dickison, 26, of Seattle, died Tuesday, in Baqubah, Iraq, when an improvised explosive device detonated near his patrol. Dickison was assigned to the Army's 2nd Battalion, 34th Armor Regiment, 1st Infantry Division, Fort Riley, Kan.

Pvt. Anthony M. Mazzarella, 22, of Blue Springs, Mo., died Tuesday, in Taji, Iraq, when the HMMWV in which he was riding accidentally rolled over. Mazzarella was assigned to the Army's 1st Battalion, 13th Armor Regiment, 1st Armor Division, Fort Riley.

All AFN programming is subject to change due to DS3 availability.

Sunday, July 10

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	WChannel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors				
12 a.m.	The Late Show	Tour de France	CNN Saturday AM	Roller	Late Night with Conan O'Brien	Movie: <i>(Continued)</i> <i>National Security</i>	Liberty Kids	Law & Order				
12:30 a.m.	The Late Late Show with Craig Ferguson	Stage 7 Primetime	Headline News		America's Most Wanted	Jaws	Spongebob	Headline News				
1 a.m.			CNN Saturday AM				Rocket Power					
1:30 a.m.	Big Idea With Donny Deutsch	SportsCenter	CNN Open House		WWE SmackDown!	The Mexican	Foster's Home	Saturday Night Live				
2 a.m.	Countdown With Keith Olbermann	The Outdoorsman	Bulls & Bears				Atomic Betty					
2:30 a.m.			Cavuto on Business				Jimmy Neutron					
3 a.m.	Access Hollywood	SportsCenter	Forbes on FOX		SportsCenter	Will & Grace	Zoey 101	Kickin' It				
3:30 a.m.		Cashin' In	That's So Raven									
4 a.m.	Headline News	ESPNews	CNN Live Saturday	Will & Grace	That 70's Show	Romeo	Tour de France					
4:30 a.m.	Entertainment Studios	This Week In Baseball	Weekend Live with Tony Snow			Breathing Space Yoga	Men In Black II	Best Friend's Date	Stage 8			
5 a.m.	Good Morning America	MLB Boston at Baltimore		Wall Street Journal	MLB Washington at Pittsburgh			Body Shaping	Sesame Street	Zooboomafoo	Raceline	
5:30 a.m.			Army Newswatch			Every Woman	Clifford					The Pulse
6 a.m.			Next @ CNN			Beautiful Homes	Funniest Animals					Headline News
6:30 a.m.			Miss Spider			Curb Appeal	Animal Videos					Hour of Power
7 a.m.	Lazy Town	MLB St. Louis at San Francisco	FOX News Live	Champions TOUR	Landscaper's Challenge	Heartbreak Ridge	Brandy & Mr. Wiskers	Celebration Of Victory				
7:30 a.m.	Foster's Home		Headline News	Ford Seniors Players Championship	Weekend Warriors	Movie: <:11> Misery	Maya & Miquel	Coral Ridge Hour				
8 a.m.							Atomic Betty	SportsCenter	BBQ with Bobby	Hi Hi Puffy Ami Yumi	Headline News	
8:30 a.m.	Jimmy Neutron		McLaughlin Group	\$40 A Day	Power Rangers	Pentagon Channel						
9 a.m.	Zoey 101		Horse Racing	Capital Gang	Saturday Night Live	Who's Wedding Is It Anyway?	Movie: Titanic	Dragonball GT	ESPNews			
9:30 a.m.	That's So Raven		NTRA Racing	Washington Week	Roller	101 Most...	Justice League	ESPNews				
10 a.m.	Best Friend's Date	Tour	Headline News	Biography		Judge Judy	Teen Kids News	NASCAR				
10:30 a.m.	Miracle Boy's	ESPNews	Headline News	Grand Ole Opry Live	Jurassic Park	Cyberchase	Craftsman Truck Series					
11 a.m.	Wild on the Set	PGA	Larry King Live	Star Trek: Voyager Basics (Pt. 1)		Blake Holsey High	Endurance	Built Ford Tough				
11:30 a.m.	Access Hollywood	John Deere Classic	AT Large with Geraldo Rivera	Ripley's Believe It Or Not	Movie: <:37> The Man From Snowy River	Funniest Animals	250					
12 p.m.	Weekend	Third Round	Dateline International #1	Fear Factor		Wild America	ESPNNews					
12:30 p.m.	America's Most Wanted	SportsCenter	Baseball Tonight	What Not To Wear	Movie: <:44> Snow Falling on Cedars	Discovery Kids	Suze Orman Show					
1 p.m.	Movie: <:13> Robin Hood: Men In Tights	Baseball Tonight	Big Story Weekend with Rita Cosby	Strong Medicine		Guide To Awesome	Hercules	WWE Smackdown!				
1:30 p.m.	Movie: <:41> Jaws	NFL Total Access	CNN Saturday Night	Live 8: A World Wide Concert Event	Office Space	Disney's Doug	Hey Arnold!					
2 p.m.	Movie: <:37> Jurassic Park	SportsCenter	Beltway Boys			Headline News	Will & Grace	Spongebob	MotorWeek			
2:30 p.m.	Good Morning Vietnam	Baseball Tonight	Big Story Weekend with Rita Cosby	Headline News	That 70's Show	Rocket Power	Ebert & Roeper					
3 p.m.	Movie: <:13> Robin Hood: Men In Tights	NFL Total Access	CNN Saturday Night	Black Forum	The Real World	Movie: Xena: Warrior Princess	Movie: Scooby-Doo and the Alien Invaders	The Contender				
3:30 p.m.	Movie: <:37> Jurassic Park	SportsCenter	CNN Saturday Night	Chris Matthews				Movie: Snow Falling on Cedars	Movie: The Scream Team	Stargate SG-1		
4 p.m.	Movie: <:13> Robin Hood: Men In Tights	NFL Total Access	CNN Saturday Night	Navy/Marine Corps	Strong Medicine	Snow Falling on Cedars	Movie: The Scream Team	Headline News				
4:30 p.m.	Movie: <:13> Robin Hood: Men In Tights	NFL Total Access	CNN Saturday Night	20/20				Will & Grace	7th Heaven	Primetime Movie: Armageddon		
5 p.m.	Movie: <:13> Robin Hood: Men In Tights	NFL Total Access	CNN Saturday Night	20/20	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
5:30 p.m.	Movie: <:13> Robin Hood: Men In Tights	NFL Total Access	CNN Saturday Night	20/20	Will & Grace							
6 p.m.	Bernie Mac	SportsCenter	Beltway Boys	Headline News	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
6:30 p.m.	Girlfriends	SportsCenter	Beltway Boys	Headline News	That 70's Show							
7 p.m.	George Lopez	SportsCenter	Beltway Boys	Headline News	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
7:30 p.m.	Half & Half	SportsCenter	Beltway Boys	Headline News	That 70's Show							
8 p.m.	Cold Case	SportsCenter	Beltway Boys	Headline News	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
8:30 p.m.	Cold Case	SportsCenter	Beltway Boys	Headline News	That 70's Show							
9 p.m.	Law & Order	SportsCenter	Beltway Boys	Headline News	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
9:30 p.m.	Law & Order	SportsCenter	Beltway Boys	Headline News	That 70's Show							
10 p.m.	Window on the Atoll	SportsCenter	Beltway Boys	Headline News	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
10:30 p.m.	Saturday Night Live	SportsCenter	Beltway Boys	Headline News	That 70's Show							
11 p.m.	Saturday Night Live	SportsCenter	Beltway Boys	Headline News	That 70's Show	Movie: The Peacemaker	Xena: Warrior Princess	Headline News				
11:30 p.m.	Saturday Night Live	SportsCenter	Beltway Boys	Headline News	That 70's Show							

All AFN programming is subject to change due to DS3 availability.

Monday, July 11

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
12a.m.	Kickin It	WNBA	Fox & Friends	MLS (Continued)	Mad TV	Movie: (Continued)	The Simpsons	Movie: (Continued)
12:30 a.m.		All-star Game				The Simpsons	The Peacemaker	Armageddon
1a.m.	The Color of War	East vs West	CBS News Sunday Morning	SportsCenter	Live 8: A World Wide Concert Event	Movie: <:17> Passenger 57	Movie: Scooby-Doo and the Alien Invaders	Headline News
1:30 a.m.				The Contender		Scrubs		
2a.m.	J.A.G.	The Sports Reporters	Face the Nation	The Contender	Concert Event	Office Space	King of the Hill	Access Hollywood
2:30 a.m.		ESPNews					Headline News	Stargate SG-1
3a.m.	Movie: Nine Months	Navy/Marine Corps	Late Edition With Wolf Blitzer	Champ Car World Series	Will & Grace	Office Space	Dawson's Creek	Ballroom Boxing
3:30 a.m.								
4a.m.	Headline News	PGA Preview Show British Open	FOX News Live	Tour de France	Breathing Space Yoga	Snow Falling on Cedars	Sesame Street	ESPNNews
4:30 a.m.					Baseball Tonight		Swamp Critters	
5a.m.	Hour of Power	PGA John Deere Classic Final Round	FOX News Live	Tour de France	Harvest	Movie: Little Women	Sylvester & Tweety	Countdown To Green
5:30 a.m.	Coral Ridge Hour				Swamp Critters		Extreme Life	Harvest
6a.m.	Lord Have Mercy	MLB Mariners at Angels	Meet the Press	Champions Tour Ford Senior Players	Real Videos	Movie: <:14> Dead Poets Society	Magic School Bus	USG Sheetrock 400
6:30 a.m.	Walking By Faith				FNS with Chris Wallace		Championship Final Round	
7a.m.	Seven Monsters	MLB Mariners at Angels	Meet the Press	Champions Tour Ford Senior Players	Urban Style	Movie: <:14> Dead Poets Society	House of Mouse	USG Sheetrock 400
7:30 a.m.					Sagwa		Tim Russert	
8a.m.	Movie: Spy Kids 2: Island of Lost Dreams	MLB Mariners at Angels	FNS with Chris Wallace	Championship Final Round	Roker on the Road	Movie: <:14> Dead Poets Society	Ed, Edd & Eddy	USG Sheetrock 400
8:30 a.m.					Walking By Faith		Tim Russert	
9a.m.	Motorweek	Baseball Tonight	People in the News with Paula Zahn	FLW Outdoors	Radical Sabatical	Movie: <:38> Coal Miner's Daughter	A Walk In Your Shoes	Emeril Live
9:30 a.m.					Ebert & Roper		Radical Sabatical	
10 a.m.	Movie: National Security	MLB Cardinals at Giants	This Week	Tour de France Stage 9 Primetime	The Suze Orman Show	Movie: <:38> Coal Miner's Daughter	NBA Inside Stuff	That 70's Show
10:30 a.m.					Motorweek		Radical Sabatical	
11a.m.	Ebert & Roper	Baseball Tonight	People in the News with Paula Zahn	FLW Outdoors	Radical Sabatical	Movie: <:38> Coal Miner's Daughter	NBA Inside Stuff	That 70's Show
11:30 a.m.					Motorweek		Radical Sabatical	
12p.m.	Movie: National Security	MLB Cardinals at Giants	This Week	Tour de France Stage 9 Primetime	The Suze Orman Show	Movie: <:38> Coal Miner's Daughter	Happy Days	Wheel Of Fortune
12:30 p.m.					Motorweek		Radical Sabatical	
1p.m.	Movie: <:41> Jaws	MLB Cardinals at Giants	Dateline International #2	CNN Sunday Night	Antiques Roadshow	Movie: <:03> The Last Emperor	Movie: Tarzan	Dr. Phil
1:30 p.m.					Motorweek		Radical Sabatical	
2p.m.	Movie: Jaws	MLB Cardinals at Giants	Dateline International #2	CNN Sunday Night	Do You Speak American?	Movie: <:03> The Last Emperor	Movie: Tarzan	Oprah
2:30 p.m.					Motorweek		Radical Sabatical	
3p.m.	The Contender	SportsCenter	CNN Presents	Meet The Press	Color of War	Movie: <:03> The Last Emperor	Movie: Halloween Town II: Kalabar's Revenge	Headline News
3:30 p.m.					Motorweek		Radical Sabatical	
4p.m.	The Contender	SportsCenter	CNN Presents	Meet The Press	Color of War	Movie: <:03> The Last Emperor	Movie: Halloween Town II: Kalabar's Revenge	Headline News
4:30 p.m.					Motorweek		Radical Sabatical	
5p.m.	Stargate SG-1	Baseball Tonight	Larry King Live	Headline News	J.A.G.	Movie: <:03> The Last Emperor	Disney's Doug	Charmed
5:30 p.m.					Motorweek		Radical Sabatical	
6p.m.	Headline News	Baseball Tonight	Larry King Live	Headline News	J.A.G.	Movie: <:03> The Last Emperor	Hey Arnold!	Charmed
6:30 p.m.					Motorweek		Radical Sabatical	
6:30 p.m.	Window on the Atoll	Baseball Tonight	Larry King Live	Headline News	J.A.G.	Movie: <:03> The Last Emperor	Hey Arnold!	Charmed
7p.m.					Motorweek		Radical Sabatical	
7p.m.	Movie: Armageddon	USA Women's Soccer Ukraine at USA	Beltway Boys	FOX News Watch	The Best Of	Movie: Nine Months	Spongebob	Ed
7:30 p.m.					Motorweek		Radical Sabatical	
8p.m.	Movie: Armageddon	USA Women's Soccer Ukraine at USA	Beltway Boys	FOX News Watch	Good Eats	Movie: Nine Months	Rocket Power	Star Trek
8:30 p.m.					Motorweek		Radical Sabatical	
9p.m.	Movie: Armageddon	USA Women's Soccer Ukraine at USA	Beltway Boys	FOX News Watch	My Wife and Kids	Movie: Nine Months	Animal Face-Off	Star Trek
9:30 p.m.					Motorweek		Radical Sabatical	
9:30 p.m.	The Simpsons <:35>	SportsCenter	Forbes on FOX	Window In Review 2000	Malcolm in the Middle	Movie: U-571	Joan of Arcadia	ESPNNews
10 p.m.					Motorweek		Radical Sabatical	
10:30 p.m.	Headline News	SportsCenter	Forbes on FOX	Window In Review 2000	C.S.I.: NY	Movie: U-571	Fresh Prince	60 Minutes
11p.m.					Motorweek		Radical Sabatical	
11:30 p.m.	Scrub	Baseball Tonight	Dateline NBC	Roller	Will & Grace	Movie: Jerry Maguire	7th Heaven	Las Vegas
11:30 p.m.					Motorweek		Radical Sabatical	
11:30 p.m.	Access Hollywood	Baseball Tonight	Dateline NBC	Roller	That 70's Show	Movie: Jerry Maguire	7th Heaven	Las Vegas
11:30 p.m.					Motorweek		Radical Sabatical	
11:30 p.m.	Access Hollywood	Baseball Tonight	Dateline NBC	Roller	Saturday Night Live	Movie: Jerry Maguire	7th Heaven	Las Vegas
11:30 p.m.					Motorweek		Radical Sabatical	
11:30 p.m.	Access Hollywood	Baseball Tonight	Dateline NBC	Roller	Saturday Night Live	Movie: Jerry Maguire	7th Heaven	Las Vegas
11:30 p.m.					Motorweek		Radical Sabatical	

All AFN programming is subject to change due to DS3 availability.

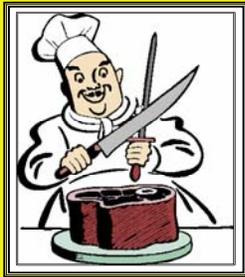
Tuesday, June 12

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
12a.m.	Access Hollywood	Tour de France <i>Stage 9</i> <i>Primetime</i>	American Morning	Roller	The X-Files	Movie: <i>(Continued)</i> <i>U.S. Marshals</i>	Rocket Power	E.R.
12:30 a.m..	America's Black Forum				Animal Face Off			
1a.m.	Passions					Pacific Report		
1:30 a.m..								
2a.m.	Third Watch	Costas Now	FOX News Live		Girfreinds	Movie: <:19> <i>Police Academy 4: Citizens on Patrol</i>	America's Funniest Home Videos	Tonight Show with Jay Leno
2:30 a.m..					The King of Queens		Everwood	The Late Show w/ David Letterman
3a.m.	Law & Order	SportsCenter			The Contender		Joan of Arcadia	The Late Late Show with Craig Ferguson
3:30 a.m..					C.S.I.: NY	Movie: <i>Jurassic Park III</i>		
4a.m.	The Simpsons				Will & Grace			
4:30 a.m..	Raymond	Baseball Tonight			That 70's Show	Movie: <:42> <i>Shakespeare In</i>	Fresh Prince	Big Idea with Donny Deutsch
5a.m.	Charmed		Dateline NBC		Breathing Space Yoga		Sesame Street	
5:30 a.m..		Lance Chronicles 11			Caribbean Workout	<i>Love</i>		Countdown with Keith Olbermann
6a.m.	Today	ESPNNews			Body Shaping		Mr. Rogers	
6:30 a.m..		54321			Tipical Mary Ellen		Clifford	Access Hollywood
7a.m.		The Hot List	Studio B with Shepard Smith					
7:30 a.m..		1st & 10		The View	True Hollywood Stories	Out of the Box	Headline News	
8a.m.	Wheel of Fortune	NFL Live	Your World with Neil Cavuto	Emeril Live	Hollywood Stories	Jo Jo's Circus	ESPNNews	
8:30 a.m..	Dr. Phil <8:26>	The Hot List			E.T.	Stanley	Headline News	
9a.m.	Oprah Winfrey	Around The Horn	Coast to Coast	30 Minute Meals	Movie: <i>Final Descent Family Accident</i>	Lazy Town	Good Morning America	
9:30 a.m..	<9:20>	PTI		Paula's Home Cooking		House of Mouse		
10 a.m..	Guiding Light <10:20>	SportsCenter	Headline News	Designer's Challenge		Jimmy Neutron		
10:30 a.m..			NBC Nightly News	Crafter's Coast to Coast	Movie: <:45> <i>Star Trek IV: The Voyage Home</i>	Jackie Chan		
11a.m.	General Hospital <11:10>	Baseball Tonight	ABC World News	The Soup		Scooby Doo	4 Qtrs	
11:30 a.m..			CBS Evening News	King of Queens		New Scooby Doo		
12p.m.	Bulletin Board	MLB 2005	The Newshour with Jim Lehrer	Bernie Mac		Fresh Prince	Tour de France	
12:30 p.m..	Judge Judy	Century 21	Hannity & Colmes	Girfreinds		Growing Pains	<i>Recap Show 1</i>	
1p.m.	Today	Home Run Derby		Charmed	Movie: <i>The Big Chill</i>	Funniest Animals		
1:30 p.m..						Little Bill		
2p.m.			MLB 2005 All-Star Softball Game	Fox Report with Shepard Smith	Ed		Dora The Explorer	
2:30 p.m..						Angelina	ESPNNews	
3p.m.	Pepper Ann	SportsCenter	Lou Dobbs Tonight	Passions	Movie: <i>The Dogs of War</i>	The Brady Bunch	ABC World News	
3:30 p.m..	Fairly Oddparents					That's So Raven	ESPNNews	
4p.m.	Mucha Lucha	Baseball Tonight	Larry King Live	Third Watch		Movie: <i>The Thirteenth Year</i>	CBS Evening News	
4:30 p.m..	Kim Possible	ESPNNews <:40>					NBC Nightly News	
5p.m.	Jeopardy	NASCAR Nation	Newsnight with Aaron Brown	Law & Order S.V.U.	Access Hollywood Weekend	Liberty Kids	Ed	
5:30 p.m..	Access Hollywood	NFL Live						
6p.m.	Window on the Atoll	SportsCenter	BET Nightly News	The Simpsons	E.T. Weekend	Spongebob	Star Trek	
6:30 p.m..	Navy M/Corps News		Tavis Smiley	Raymond		Rocket Power		
7p.m.	60 Minutes	Lance Chronicles 12	Hardball with Chris Matthews	Charmed	Movie: <i>The Gift</i>	Lizzie McGuire	Third Watch	
7:30 p.m..		Tour de France				The Brothers Garcia		
8p.m.	Las Vegas	<i>Recap Show 1</i>	O'Reilly Factor	Battlestar Galactia		Smallville	Jeopardy	
8:30 p.m..					Movie: <:58> <i>One True Thing</i>		Headline News	
9p.m.	E.R.		Nightline	The New Detectives		Boy Meets World	ESPNNews	
9:30 p.m..			Business Report	Will & Grace		Boy Meets World	Pacific Report	
10 p.m..	Pacific Report	SportsCenter	Fox & Friends	That 70's Show		Fresh Prince	7th Heaven	
10:30 p.m..	Tonight Show					My Wife and Kids	Movie: <i>Locusts</i>	
11p.m.	W/ Jay Leno	NASCAR Nextel	American Morning	That 70's Show	Movie: <i>Mission Impossible II</i>	7th Heaven		
11:30 p.m..	The Late Show	<i>USG Sheetrock 400</i>		Blind Date				

Wednesday, July 13

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors	
12:00AM	The Late Show	NASCAR Nextel	American Morning	Roller	Late Night with Conan O'Brien	Movie: <i>(Continued)</i> <i>Jerry Maguire</i>	Liberty Kids	Movie: <i>(Continued)</i>	
12:30AM	The Late Late Show	Cup					Spongebob	The Simpsons <:35>	
1:00AM	with Craig Ferguson	USG Sheetrock				Charmed	Movie: <:20> <i>Mo' Money</i>	Rocket Power	Pacific Report
1:30AM	Big Idea with	400 <i>(Continued)</i>						Lizzie McGuire	Tonight Show w/ Jay Leno
2:00AM	Donnie Deutsch	NFL Total Access	FOX News Live			Battlestar Galactia		The Brothers Garcia	
2:30AM	Countdown with Keith Olbermann							Smallville	The Late Show w/ David Letterman
3:00AM		SportsCenter				The New Detectives	Movie: <i>Anger Management</i>	Fresh Prince	The Late Late Show
3:30AM	Access Hollywood					Will & Grace		Boy Meets World	
4:00AM	Headline News	Baseball Tonight				That 70's Show	Movie: <:55> <i>U-571</i>	Boy Meets World	Big Idea w/ Donnie Deutsch
4:30AM	Entertainment Studios	ESPNNews <:40>				Breathing Space Yoga		Sesame Street	
5:00AM	ESPNNews	NBA Inside Stuff	Dayside with Linda Vester			Caribbean Workout			Countdown With Keith Olbermann
5:30AM	Headline News	MLB 2005				Body Shaping		Mr. Rogers	
6:00AM	Today	Century 21 Home	FOX News Live			Typical Mary Ellen		Clifford	Access Hollywood
6:30AM		Run Derby							
7:00AM			Studio B with Shepard Smith			The View	True Hollywood Stories	Out of the Box	Headline News
7:30AM		1st and 10					Hollywood Backstories	Rolie Polie Olie	Entertainment Studios
8:00AM	Wheel of Fortune	NFL Live	Your World with Neil Cavuto			Emeril Live	E.T. Weekend	Jo Jo's Circus	ESPNNews
8:30AM	Dr. Phil <8:26>	The Hot List						Stanley	Headline News
9:00AM	Oprah Winfrey <9:20>	Around the Horn	Coast to Coast			30 Minute Meals	Movie: <i>Perfect Body</i>	Lazy Town	Good Morning America
9:30AM		PTI				Sweet Dreams		House of Mouse	
10:00AM	Guiding Light <10:20>	SportsCenter	Headline News		Best For Less	<i>Hour</i>	Jimmy Neutron		
10:30AM			NBC Nightly News		Stripped	Movie: <44> <i>The Rookie</i>	Jackie Chan		
11:00AM	General Hospital <11:10>		ABC World News		E! News Live		Scooby Doo	MLB	
11:30AM		Lance Chronicles 12	CBS Evening News		King of Queens		New Scooby Doo	<i>All-star Pregame Show</i>	
12:00PM	Bulletin Board	MLB	The Newshour with Jim Lehrer		Bernie Mac		Fresh Prince	MLB	
12:30PM	Judge Judy	76th All-star Game			Girlfriends		Growing Pains	76th All-star Game	
1:00PM	Today	National League	Hannity & Colmes		Charmed	Movie: <i>Places In The Heart</i>	Funniest Animals	National League at American League	
1:30PM		at			Ed		Little Bill		
2:00PM		American League	Fox Report with Shepard Smith				Dora The Explorer		
2:30PM							Angelina		
3:00PM	Disney's Doug		Lou Dobbs Tonight		Passions	Movie: <:10> <i>State and Main</i>	The Brady Bunch		
3:30PM	Animaniacs	ESPNNews			Third Watch		That's So Raven	ESPNNews	
4:00PM	As Told By Ginger		Larry King Live				Movie: <i>Snow Day</i>	CBS Evening News	
4:30PM	Teen Kids News	Baseball Tonight			Law & Order S.V.U.	Access Hollywood Weekend		NBC Nightly News	
5:00PM	Jeopardy	ESPNNews	NewsNight with Aaron Brown		The Simpsons	Entertainment Tonight	Liberty Kids	Ed	
5:30PM	Access Hollywood	SportsCenter			Raymond	Weekend	Spongebob	Star Trek	
6:00PM	Bulletin Board		BET Nightly News				Rocket Power		
6:30PM	Pacific Report	NASCAR Nation	Tavis Smiley		The West Wing	Movie: <i>Office Space</i>	As Told By Ginger	Third Watch	
7:00PM	7th Heaven	Tuesday Night Fights	Hardball with Chris Matthews		C.S.I. Miami		The Amanda Show		
7:30PM			O'Reilly Factor					Everwood	Jeopardy
8:00PM	Movie: <i>Locusts</i>					Movie: <:44> <i>Snow Falling on Cedars</i>		Headline News	
8:30PM			Nightline				Sister, Sister	ESPNNews	
9:00PM		SportsCenter	Business Report		WWE Raw!		Sister, Sister	Navy/Marine Corps	
9:30PM	The Simpsons <:35>						Fresh Prince	Eve	
10:00PM	Pacific Report	MLB	FOX and Friends				My Wife and Kids	The Simple Life	
10:30PM	Tonight Show	76th All-star Game	First						
11:00PM	W/ Jay Leno	National League at American League	American Morning		The Daily Show	Movie: <i>Arachnophobia</i>	7th Heaven	Extreme Makeover Home Edition	
11:30PM	The Late Show				Blind Date				

Café Pacific



Lunch

Sun Country-fried chicken
New Zealand mussels
Heuvos rancheros
Chili Mac

Grill: Brunch station open
Mon Carved top round of beef
Cornish game hens
Three-cheese quiche

Tues Grill: Brunch station open
Breaded pork cutlet
Local boy chicken stew
Vegetarian stir-fry

Wed Grill: Giribaldi sub sandwich
Smoked barbecued briskit
Kun pao chicken
Broiled ono

Thur Grill: Buffalo burger
Charbroiled chicken
Beef tips in Burgundy

Fri Grill: Cheese sandwich
Maple-glazed pork loin
Baked spaghetti
Chicken peapod stir-fry

July 16 Grill: Mini taco bar
Japanese saimin bar
Teriyaki beef steak
Sweet-and-sour chicken
Grill: Teriyaki burger

Dinner

Tonight Turkey a la king
Local boy stew
Breaded mahi mahi
Veal cordon bleu

Sun Barbecued roast pork
Steamed cod
Thai chicken stir-fry

Mon Pasta bar
Italian sausage
Eggplant Parmesan
Chicken patties

Tues Hawaiian huli chicken
Five-spice pork roast
Korean spicy tofu/veggies
Fish and chips

Wed London broil
Pasta a la pesto
Chicken Monterey

Thurs Baked meatloaf
Chicken and dumplings
Blackened mahi mahi

Fri Herb baked chicken
Meatballs in teriyaki sauce
Tofu and eggplant stir-fry

HELP WANTED

KRS has the following job openings. For contract hire positions, call Sheri Hendrix, 50777. For all others, call Jack Riordan, 55154. Full job descriptions and requirements are on line or at Human Resources, Building 700.

HR ASSISTANT III, Chugach. Full time. HR Req. K030882.

MEDICAL OFFICE RECEPTIONIST, Medical Services. Casual. HR Req. K030880.

ADMINISTRATIVE ASSISTANT I, Chapel. Full time. HR Req. K030879.

RECREATION SPECIALIST I, Bowling Center. Casual. HR Req. K030878.

LOGISTICS CLERK, Supply. Full time. HR Req. K030874.

SYSTEMS ENGINEER I. Contract position. HR Req. 031003.

DRAFTSMAN III. Contract position. HR Req. 031009.

RECREATION AIDE I, Corlett Recreation Center. Two openings. Casual. HR Req. K030871.

RECREATION AIDE I, Ivey Gym. Two openings. HR Req. K030872 and HR Req. K030869.

DISPATCHER. Contract position. HR Req. 030746.

RECREATION AIDE I, Community Activities. Casual. HR Req. K030866.

LEGAL, INSURANCE ADMINISTRATIVE ASSISTANT, KRS Legal Department. Part time (32 hours per week). HR Req. K030863.

REGISTERED NURSE. Contract position. HR Req. 030989.

SUPERVISOR, Dental Office. Contract position. HR Req. 030979.

PUBLIC INTERNET ADMINISTRATOR. Contract position. HR Req. 030983.

PROPERTY MANAGER. Contract position. HR Req. 030991.

ELECTRICIAN III. Contract position. HR Req. 030740.

ADMINISTRATIVE SUPPORT. General clerical/administrative office work. Temporary positions only. Submit application to KRS Human Resources.

HELP DESK TECHNICIAN, Information Technology. RMI position. HR Req. K030859.

PROPERTY LEAD, assistant to Property Management supervisor. Full time. Contract position. HR Req. 030987.

CLERK, Administrative Support. Full time. HR Req. K030814.

MECHANIC III, Roi Power Plant. Full time. HR Req. K030820.

TRAFFIC AGENT I, Aviation Base Operation. Part time. 20 hours per week. HR Req. K030821.

TRAFFIC AGENT, Aviation Passenger and Cargo Service. Part time. 20 hours per week. HR Req. K030819.

RECREATION AIDE II Theater Operators. Two casual positions. HR Req. K030800-801.

RECREATION AIDE I. Five casual positions. HR Req. K030813.

EXECUTIVE ADMINISTRATIVE ASSISTANT, Information Technology. Full time. HR Req. 030807.

PETROLEUM, OIL and LUBE TECHNICIAN III. Contract position. HR Req. 030728.

LAUNCH ORDNANCE TECHNICIAN II. Contract position. HR Req. 030941.

SYSTEM ENGINEER IV. Contract position. HR Req. 030943.

RECREATION SPECIALIST I, Community Activities. HR Req. K030743.

SUPERVISOR, Medical Laboratory. Contract position. HR Req. 030881.

RADAR ENGINEER. Contract position. HR Req. 030875.

MAINTENANCE SUPERVISOR. Contract position. HR Req. 030871.

EQUIPMENT REPAIR TECHNICIAN III. Contract position. HR Req. 030873.

PROJECT CONTROLS ENGINEER II. Contract position. HR Req. 030662.

REGISTERED NURSE (2), casual positions, Kwajalein Hospital.

MECHANIC II, Full time, Kwaj Automotive Maintenance. HR Req. K030770.

CYS ACTIVITIES assistant director, part time, 20 hours per week, Education Dept. HR Req. K030697.

FIELD ENGINEER II, PLOPS. Contract position. HR Req. 030791.

Chapel Services

Protestant services
Sunday, 8 and 10:45 a.m.
Roi-Namur service at 4 p.m.
Sunday school for all ages
9:15 a.m., in the REB.

Catholic services
Saturday Mass,
5:30 p.m., in the main chapel
Sunday Mass
7 a.m., small chapel
9:15 a.m., main chapel
Mass on Roi at 11:30 a.m.

For more information,
call the Chapel, 53505.

THE COMMANDER, U.S. ARMY KWAJALEIN ATOLL,
ANNOUNCES THE
RONALD REAGAN BALLISTIC MISSILE DEFENSE TEST SITE

Change of Command

at which

Lt. Col. Anne R. Daugherty

relinquishes command to

Lt. Col. Justin A. Hirniak,

at 9 a.m., July 20, in Island Memorial Chapel.
Reception follows immediately at the
Religious Education Building.

Dress: Military, BDU
Civilian, casual



MECHANIC II. Full time. HR Req. K030642.

PRODUCTION CONTROL CLERK II On-island/RMI position. Full time. Adequate knowledge of KEAMS desired. HR Req. K030759.

ENVIRONMENTAL TECHNICIAN IV, contract position, HR Req. 030901.

SUPERVISOR DESKTOP support, contract position, HR Req. 030897.

HARDWARE ENGINEER III. Contract position, HR Req. 030993.

PAINTER II, Paint Shop, Roi Ops. Full time. HR Req. K030761. Enniburr residents should apply with Floyd Corder.

ACCOUNTANT II, CDC, contract position, HR Req. 030692.

SPORTS OFFICIALS. Three casual Roi Community Activities positions. Interested candidates should apply with Tim Lykes. HR Req. K030771-K030773.

COMMUNITY BANK:

FULL-TIME senior teller. Candidates should have previous banking, credit union or cash handling experience. Candidates must also have the ability to quickly and accurately handle transactions, communicate effectively and possess a strong desire to learn. For consideration, send resumé to Allison.Villarreal@bank-of-america.jp or call 52152. Community Bank is an equal-

opportunity employer.

SAN JUAN CONSTRUCTION:

MATERIAL TESTING TECHNICIAN needed to perform various lab and field tests including concrete, aggregate sampling and compaction density. Candidate should have strong math skills and be detail oriented. Job duration through August with possible extension for right person. Call Michael Saks, 53586 or 51006, extension 404.

GIVEAWAY

COPIES OF CHRISTMAS songs, some with music and words, some just words, great for Christmas caroling in a group. Call 52244.

WANTED

BIKE FOR small boy (4 years old) with or without training wheels. Call 51631.

READING TUTOR for third grader, 4:30-5:30 p.m., Tuesday-Saturday. Call David, 51564.

LOST

ISLAND SHELL necklace on Emon Beach. Call 53932.

OAKLEY WIRE frame sunglasses, silver with gray lenses, last seen at adult pool. Call Molly, 51103.

MARES DIVE MASK and purple snorkel, at Small Boat Marina. Call Frank, 54751.

**Due to
Marine operation
requirements, the
recompression
chamber will
be unavailable
Tuesday - Friday.
Recreational diving
is limited to 50 feet
during this time.**

FOUND

POLARIZING lens filter on Emon Beach. Call 53932.

PATIO SALES

MONDAY, 6 a.m.-1 p.m., Trailer 525. Kitchen items, Christmas items, household items, fabric, plants, pots.

MONDAY, 6:30-11:30 a.m., Quarters 477-B (in back). Evening gowns, ladies' clothes, underwater cameras, books, compact discs, shoes, candles, pottery.

MONDAY, 7 a.m.-noon, Quarters 486-B. Aquarium, household items, bike parts, plants.

MONDAY, 7:30 a.m.-3 p.m., Quarters 116-F.

MONDAY, 8-11 a.m., Quarters 215-A. Clothing, books, videos, board games, household items, Christmas decorations. No early birds.

FOR SALE

PCS SALE. Ezzy 5.7, 5.3m sails, Starboard 88L board, NP carbon boom and mast; Panasonic five-disc compact disc player, \$75; Onkyo stereo cassette player, \$75; Onkyo compact disc player, needs alignment, \$25; computer desk and lamp, \$60; Aeroskin fleece dive skin, size small, \$75; Panasonic cordless phone/answering machine, \$60. Call 54254.

GOLF CLUBS with nice roller bag, \$100; 21 inch ViewSonic monitor, \$30; Microsoft certification text books, best offer; good computer desk chair, \$30; microwave, \$20. Call 59434.

PC COMPUTER GAMES: *Cold Zero*, *Desert Storm*, *Day of Defeat*, *Vietcong*, *Rainbow Six 3*, *Marine Sharpshooter*, *Commandos 3*, *Hidden and Dangerous 2*, *Indiana Jones (The Emperor's Tomb)*, and *Battlefield Vietnam*. Call 52161, after 4 p.m.

AREA RUG, 6 feet by 9 feet, blue, \$5; area rug, 6 feet by 9 feet, tan, \$15; 4 feet by 6 feet, beige, \$15; two ivory closet organizers, \$5 each; three shelves for pantry or under stairs, \$10 each; two wooden towel racks, \$5 each; wooden microwave table, \$35; Winsome wood table with fold-down leaf, two drawers, two stools, \$50. Call 52244.

Gimbel's will be closed Thursday and Friday for annual inventory and installation of the new register system. Gimbel's will reopen for normal hours at 10 a.m., July 16.

PCS SALE. Plants, garden tools, flower pots, one-speed Sun bike, foot pedicure spa, 6 feet by 10 feet carpet, 10 feet by 12 feet carpet, Kenmore bagless vacuum, Sony 5-compact disc player. Call 54313, evenings.

SHARP CAROUSEL microwave with solid oak stand, \$100 for both; four metal fold-up chairs, \$20; boy's 24-inch single-speed bike with basket, \$25; Kwaj-condition Burley, \$25; two full-length web-type beach floaties, \$5 each; multi-function laser printer with flatbed copier/color scanner, \$100. Call 52589, after 5:30 p.m.

COMPUTER DESK, black, \$50. Call 51192.

ZEAGLE free-dive fins, like new, size 9, \$65. Call 58751, after 6 p.m.

INFANT CAR seat, \$10; Pump in Style electric breast pump, \$90; crib bedding set by Cottontale, \$75. Call 52515.

COMPUTER MONITOR with Polk audio speakers, \$200 or best offer, Hewlett Packard printer with new color and black and white cartridges in box, \$85; Sony Playstation with eight games, \$70; ladies' mountain bike, \$50; two 27 inch aluminum tire rims, \$50; gas grill with tank, \$50. Call 52395.

COMMUNITY NOTICES

CHILD AND Youth Services will conduct a baby-sitter course July 13-14. To be eligible, youth must be 13 years by October. Certified baby-sitters will be placed on a referral list. Class size is limited. To sign up, call Joy, 53606, or Amy, 53610.

MONTE CARLO bowling night at the Bowling Center is Sunday. It's not too early to make your reservation. Call Thompson, 53320.

KWAJALEIN SCUBA Club meets Wednesday in Corlett Recreation Center Room 1. Underwater cameras and golden cowries will be on display at 6:30 p.m. The business meeting will be at 7 p.m. Sign up for the night dive trip to Gea. Vote on constitutional changes regarding compressor fees. Earn points for the Chuuck dive trip drawing.

THE OPTOMETRIST will be on island through July 22. To make an appointment, call 52223 or 52224.

KICKBALL IS BACK! Registration deadline is Thursday for the third annual Adult Kickball Tournament, July 17-24. The time has come to show your kickball skills. Don't worry, there are no captains to pick teams, so nobody

Marshallese Cultural Center



Hours are 3-5 p.m., Fridays and 4-6 p.m., Mondays.

Handicraft demonstrations are 4-6 p.m., Mondays.

Learn about the culture and traditions of our host country.

gets picked last. In order to play, you must get a coed team together and register at Community Activities. Cost is \$20 per team. A managers' meeting will be 5 p.m., Thursday, in the Community Activities office, Building 805. Questions? Call Billy, 53331.

FREE TELESCOPE VIEWING of the moon and planets will be 8:30 p.m., Thursday and Friday, at Emon Beach near the Kayak Shack (weather permitting). Open to all island residents. It's the last telescope night before we PCS. Questions? Call Bob Carson, 52244.

A CAPTAIN'S MEETING for the Kwajalein Atoll Pro Angler's Fishing Tournament will be 6 p.m., July 16, at Small Boat Marina. Open to all participants but captains should attend. Important tournament information will be discussed. Questions? Call Trudy Butler, 55987.

SIGN UP for Grace Sherwood Library's book draw for this month to win Olivier Dunrea's "Ollie" and "Ollie, the Stomper," plus Caroline Alexander's "The Endurance: Shackleton's Legendary Antarctic Expedition." Register now through July 24.

THE YOKWE YUK Club is looking for disc jockeys to play a wide array of music during

the weekend hours. Typical hours would be 9:30 p.m.-1:30 a.m. Hourly pay can be discussed. Theme nights will be introduced, along with holiday nights with specific music to be played. Call Bill Hahn, 53419, or page him at 53243, Pager number 0936.

IT'S NOT too late to join Camp Adventure. Register at Child Development Center, 7:30-11:30 a.m. and 12:30-4:30 p.m., Tuesday-Friday; 7:30-11:30 a.m., Saturday. Questions? Call Meghan McAndrew, 53796.

UNIVERSITY OF MARYLAND is pleased to announce the following courses: ASTR 100 Introduction to Astronomy (3), beginning Aug. 16. Classes will be 6-9 p.m., Tuesdays and Thursdays; ASTR 110 Astronomy Laboratory (1), beginning Aug. 17. Classes will be 7-10 p.m., Wednesdays. The instructor is Dr. Lisa Shier. Registration dates are Aug. 2-16. Register at the University of Maryland office, 1-5 p.m., Tuesday-Saturday, or call 52800 to make an appointment.

A U.S. GOVERNMENT property sealed bid sale will be conducted during July and August at Reutilization and Disposal. Items will be available for inspection July 21-Aug. 3. Hours are 8 a.m.-3 p.m., Tuesday-Friday and 8 a.m.-6 p.m., Saturday. All visitors must bring badges and wear closed-toe shoes to enter the building.

MOVING, from Page 6

it can also be fun and exciting according to this seasoned veteran. "The most fun of moving is the excitement and anticipation of going to new places and making new friends. There's always a sense of renewal. I also really enjoy the journey, itself, to the new location--it's always an adventure," Karen said.

She added that there aren't any tricks to a successful change of station. "Don't focus on the possible negatives. I know God has a plan for my life, so I find myself thinking, "Okay, God. What do you have in

store for me this time?"

From a practical standpoint, whenever possible, Karen tries to get a floor plan for the quarters to which she's moving. "If we are making a "full house" move, I will make a sketch of each room, showing where each piece of furniture is going to be placed in the new house. I will tape the sketch in the doorway of the room, for the movers to know where to place things as we're moving in. When the movers are packing your items, stick a sign on each room, giving each room a name," she

said. She added that it's a good idea to make sure that name, such as 'Andy's room,' is on each box packed from that room.

"As hard as it is, when that truck pulls away with your "stuff," remind yourself that is all it is--stuff. And as soon as you arrive at your new location start making a place for yourself--get involved," she said.

Even after more than 30 moves, Karen is open to options, "I think I'd like to live in Ireland. I've never been there, but the countryside is so beautiful."

GOLF NEWS



Two-person teams

Community Activities is sponsoring a two-person team modified best ball tournament with an 8:30 a.m. shotgun start, Aug. 1, at Holmberg Fairways. Open to all golfers who are current with greens fees. \$25 per person to cover beverages, prizes and buffet. Sign up at the Pro Shop.



Junior Golf Clinic

Community Activities is sponsoring a junior golf clinic, Aug. 8-29, at Holmberg Fairways. Open to all island juniors 6-17. Sign up at the Pro Shop.

Weather

Courtesy of RTS Weather

Tonight: Variably cloudy with scattered showers. **Winds:** ENE at 10-15 knots.

Sunday: Mostly cloudy with rain and showers likely. **Winds:** NE at 10-15 knots.

Monday: Mostly cloudy with showers likely through afternoon and scattered showers late. **Winds:** ESE at 10-15 knots.

Tuesday: Partly cloudy with widely scattered showers. **Winds:** E at 10 knots.

Annual rainfall total: 19.22"

Annual deviation: -21.20"

Call 54700 for updated forecasts or www.rts-wx.com



Sun • Moon • Tides



	Sunrise/set	Moonrise/set	High Tide	Low Tide
Sunday July 10	0636/1912	0921/2202	0610, 5.3' 1840, 4.2'	1240, 1.1'
Monday July 11	0637/1912	1006/2239	0650, 5.1' 1910, 4.2'	0300, 1.4' 1310, 1.2'
Tuesday July 12	0637/1913	1050/2316	0720, 4.9' 1950, 4.1'	0100, 1.6' 1350, 1.3'
Wednesday July 13	0637/1913	1219	0750, 4.6' 2030, 4.0'	0140, 1.8' 1420, 1.5'