

# THE KWAJALEIN HOURGLASS

Volume 40, Number 53

Wednesday, July 5, 2000

U.S. Army Kwajalein Atoll, Republic of the Marshall Islands

Coming in loud and clear



(Photo by Peter Rejcek)

Tommy Gann stands in a manhole, which allows access to conduits where new telephone cable is being installed. A three-year, \$9 million project called OSCAR (Outside Cable Plant Restoration) is expected to improve the quality and reliability of phone service on Kwajalein.

## New telephone cable expected to improve service

By Peter Rejcek

Remember that old stateside television commercial by a telephone company boasting its service was so good you could hear a pin drop at the other end of the line? Well, that has not exactly been the case on Kwajalein, unless you were dropping a B-boat next to the receiver.

But a three-year, \$9 million project to upgrade communications, Outside Cable Plant Restoration, should drastically improve the quality and reliability of on-island telephone and dial-up Internet service, according to Scott Harford, OSCAR project manager and chief engineer.

By the end of October, some 18,000 feet of cable, containing 3,600 wires,

(See *PROJECT*, page 2)

## Internet highway littered with its own potholes

From the Judge Advocate Office

Use of the Internet has expanded considerably in the past five years. The Internet can be helpful in many ways; however, there are two potential pitfalls for consumers.

### Identity theft

Army Legal Assistance is warning military installations about "identity theft." It occurs when someone steals your personal information without your knowledge and uses it to commit fraud.

Identity theft happens when someone co-opts your name, Social Security number, credit card number or some other piece of personal information for their own use. If your identity is stolen, there are three steps to take.

First, call the toll-free number of the fraud department of each of the three major credit bureaus: Equifax, 1-800-525-6285; Experian, 1-888-397-3742; and Trans Union, 1-800-680-7289. They should flag your file with a Fraud Alert/Victim Impact, a statement that creditors should call you for permission before they open any new

accounts in your name.

Second, contact the creditors for any accounts that have been tampered with or opened fraudulently. Ask to speak with someone in the security or fraud department.

Third, file a police report and keep a copy in case your creditors need proof of the crime. You can also contact the Federal Trade Commission directly through the FTC Theft Division at 1-877-438-4338 or through the Internet at [www.ftc.gov/ftc/complaint.htm](http://www.ftc.gov/ftc/complaint.htm) or [www.consumer.gov/idtheft](http://www.consumer.gov/idtheft).

### Internet scams

Shopping on the Internet can be very convenient, especially for those of us on Kwajalein who cannot just run down to the local hardware or drugstore to purchase items.

But be careful: Scam artists have also found ways to use the Internet to their advantage. Internet scams are similar to telemarketing scams.

Ways to avoid Internet fraud include:

(See *INTERNET*, page 2)



## Moderate exercise benefits arthritis sufferers

By KW Hillis

In less than a year's time, Kwajalein resident Elaine Holland has cut her arthritis medicine in half. She credits exercise for the dramatic change.

"A rheumatologist in Hono recommended that I take up swimming to help [my arthritis]. I do water aerobics and I bike because they both take the pressure off of my back," said Holland, who suffers from osteoarthritis of the back and neck. "Walking makes my back hurt worse."

Arthritis is joint inflammation — a deceptively simple definition. It is a general term used to describe 100 different diseases affecting joints, muscles, tendons, cartilage, blood vessels and internal organs.

According to Kevin Stanforth, Kwajalein physical therapist, Holland is doing the perfect type of exercises for osteoarthritis.

The Arthritis Foundation says that one in seven Americans have some form of arthritis. The Kwajalein Hospital Health Awareness committee declared July as Kwajalein Arthritis Month due to the pervasiveness of the disease, said Kathy Campbell, committee chairperson.

"Osteoarthritis, the kind of arthritis that Elaine Holland has and the most common form of arthritis, is the only type of arthritis I've seen on Kwaj," said Stanforth, sponsor of Kwajalein Arthritis Month.

Osteoarthritis is a degenerative joint disease, with feet, knees, hips and fingers the most common targets. The symptoms of osteoarthritis are pain, swelling, redness and stiffness.

"Sometimes I am in so much pain I can't move," Holland said.

Just when exercise can help the most, it hurts too much to exercise, but "if I don't exercise, I hurt more. I feel better here than in the states since I'm more active here," Holland said.

Although Stanforth recommends exercise to help arthritis symptoms, he said, "Exercise can actually be the reason people do not exercise on a regular basis. They overdo it. People who have not played sports since they were 15 come here and play like



(Photo by KW Hillis)

**Scarlett Scholte, far left, leads the morning water aerobics class at the Adult Pool. Elaine Holland, center, and Joanie Middleswart follow her example. Holland credits the exercise with helping ease her arthritis. The class meets every morning except Sundays and Wednesdays at 8 a.m., rain or shine.**

they were 15. Unfortunately, they're 30. Then the next morning they hurt and they get discouraged."

The Arthritis Foundation also warns that too much or too strenuous exercise aggravates arthritis. Overworking joints or muscles is a risk, too.

Rather than abandon exercise, Stanforth recommends exercise in moderation. Inactivity can accelerate osteoarthritis, he added, recommending a person who may be suffering from the disease be first diagnosed before starting any program.

"When someone comes into my office with 'joint mice' [cracking noises in a joint], I evaluate them," Stanforth said. "I look at the whole picture, including if they are overweight, if they have a sedentary lifestyle and if they have an unhealthy diet. Moderation is the key."

There is no cure for osteoarthritis, just treatment programs and some medications that help the pain and swelling, according to Stanforth.

"Once cartilage is damaged, it cannot be replaced, although some of the over-the-counter supplements are showing promise to actually grow back the cartilage," he said.

The National Institute of Arthritis



and Musculoskeletal and Skin Diseases concurs that "certain supplements can ease osteoarthritis pain and maybe even preserve joint cartilage." But it also warns that much is still unknown about these supplements.

Exercise can help arthritis sufferers immediately, Holland said.

"I found out what was wrong with me from a doctor and took his advice. I'm not even a swimmer; other people in the class aren't, either. The water resistance helps us get some great exercise," she said.

The water aerobics class meets at 8 a.m. every day, except Sundays and Wednesdays.

"I hope other sufferers will join us, it could help them too," Holland said.

Additional arthritis information is available on the bulletin board outside the Kwajalein Hospital pharmacy.

# Range Safety sets caution areas for upcoming IFT-5 mission

## From the Range Safety Office

A range operation is scheduled for Saturday, July 8. Caution times are 12:46 p.m. through 8:30 p.m.

In conjunction with this operation, a caution area will exist within Kwajalein Atoll, defined by the area bounded on the north by Boked Island on the east reef and Yabbernohr Island on the west reef, and bounded on the south by a line drawn north of Bigej Island on the east reef to a point at latitude 08 54.2N, longitude 167 45.8E, then to a point at latitude 08 52.8N, longitude 167 45.8E, and then to a point north of the high tide mark on Ninni Island on the west reef. See figure 2.

Bigej Island, including the inner reef, is specifically excluded and is not a part of the mid-atoll corridor. An additional caution area extending from Kwajalein Atoll north into the broad ocean area is defined in the map below (figure 4).

In order to ensure clearance of non-mission support personnel from the mid-atoll corridor by the window opening time, Kwajalein police island clearance procedures began at approximately 7:30 a.m. today and will continue until evacuation has been accomplished. Egress of all air and sea craft will be required when requested by authorized clear-

ance personnel. Subsequent to lagoon clearance, the hazard area will be in effect until mission completion.

In conjunction with this operation, a Kwajalein met rocket is scheduled as soon as possible after the launch from Meck Island on July 8. The caution areas are identified on the maps below (figures 1 and 3).

In the event of a mission slip, the caution times and areas will be in effect for the following days:

- 12:46 p.m. through 8:30 p.m. Sunday, July 9.
- 12:46 p.m. through 8:30 p.m. Monday, July 10.

Questions regarding the above safety requirements for this mission should be directed to the Command Safety Office, range safety officer, 51910.

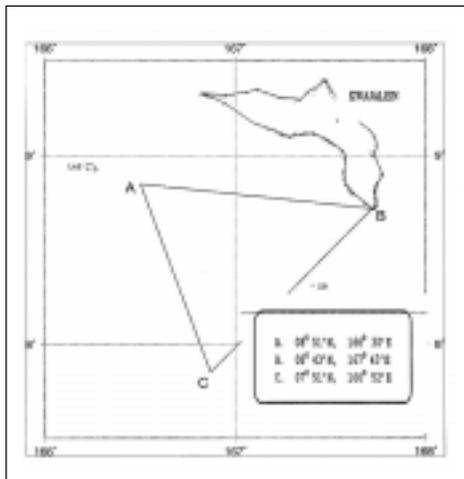


Figure 1: Met rocket caution area

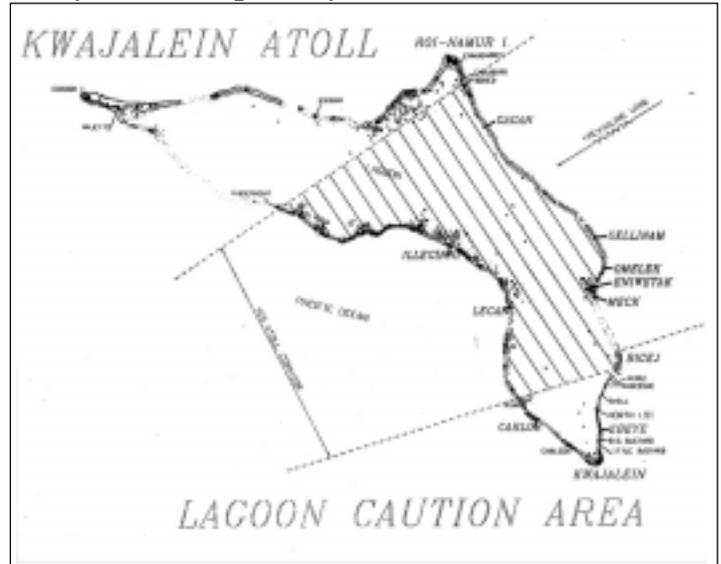


Figure 2: Mid-Atoll Corridor

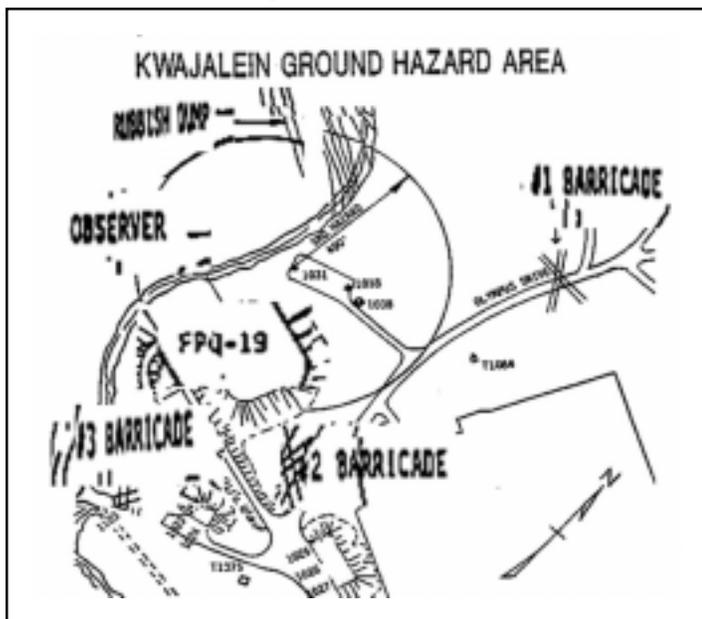


Figure 3: Kwajalein ground hazard area

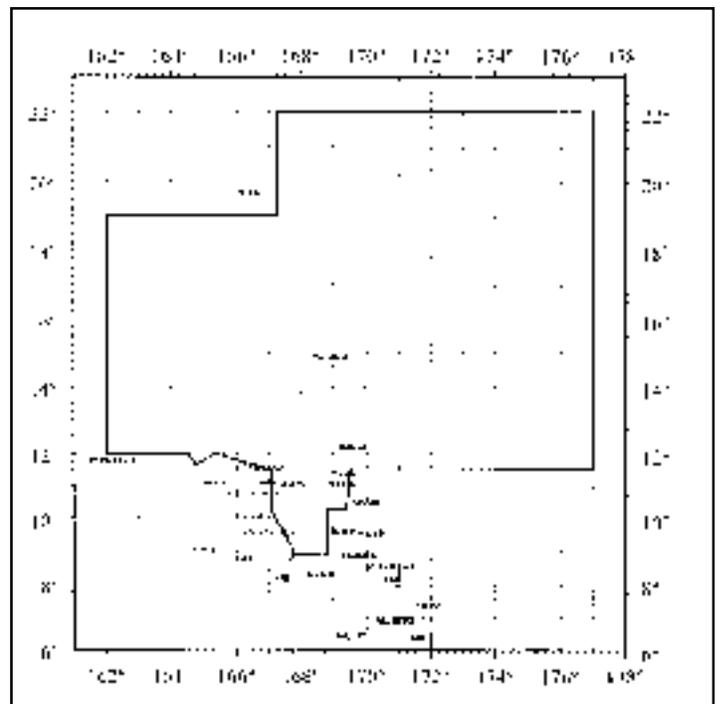


Figure 4: Surface and airspace caution areas for IFT-5

## Visiting author pans for readers with first novel

By Peter Rejcek

Ed Mitchell was in no rush to get his first novel published. But like a miner who sees the first glitter of a rich gold vein after years of back-breaking toil and sweat, the 53-year-old author began chipping away furiously at the obstacles in his way to get "Gold Rush 2000" on bookshelves after it was completed.

"The way [authors] climb out of obscurity is a handshake at a time, an interview at a time," reflected Mitchell, a vigorously animated man with a thick, dark mustache that seems characteristic of those 19th century gold miners who appear in black-and-white photos covered in a fine layer of dust and dirt.

On Kwajalein for a couple of weeks in conjunction with the July 8 National Missile Defense operation, Mitchell is taking the opportunity to promote his book, with a "meet-the-author" program scheduled for 7 p.m. tomorrow at Grace Sherwood Library.

The former Army officer, now rocket scientist, is certainly willing to answer the door when opportunity knocks. Since his book was published last June, he's made every effort to make sure the public becomes familiar with the name Ed Mitchell. Success in the publishing business does not happen overnight, he said.

"You better be in for the long haul," Mitchell noted.

Based on an idea generated nearly 20 years ago by an anecdote in a Naval post-graduate statistics class, "Gold Rush 2000" is about an everyman, Nolen Martin, who discovers a massive gold vein in northern California. Not only does the discovery attract the attention of a greedy and ruthless international conglomerate, but the FBI is after Martin in order to prevent a 21st century gold

rush from exposing a clandestine government operation.

"My book centers around a cast of characters that are involved with gold, but there is a lot else going on," Mitchell explained. "The heart of the book is, could people today handle the type of challenges their ancestors, five generations ago, handled on a daily basis, that were just common challenges that were handed to them."

Mitchell outfitted his character to

to identify with."

Following the basic rule of writing what you know, Mitchell certainly drew upon childhood and military experiences, as well as his interest in gold mining, to write the novel, the first in a trilogy. An amateur prospector, Mitchell admitted panning for gold is in his blood. He also noted it can be a brutish and bruising occupation.

"Mining and prospecting is very hard," Mitchell said. "It's like working around here. It looks nice and sounds good, but then you get out here and you have to work outside, and you go, 'Hey, this is kind of hard.' Mining, prospecting is like that.

"If you can reach back and think about the emotions that went along with that, then when you write and piece that into the jigsaw puzzle to create a scene or a character, it makes it more realistic," he added.

A fan of John Steinbeck, particularly his classic novel, "The Grapes of Wrath," Mitchell said he tries to imbue the same kind of emotional intensity into his own work, with each passage intended to evoke a different reaction. "Gold Rush 2000" is not simply a mystery thriller, but a moral story.

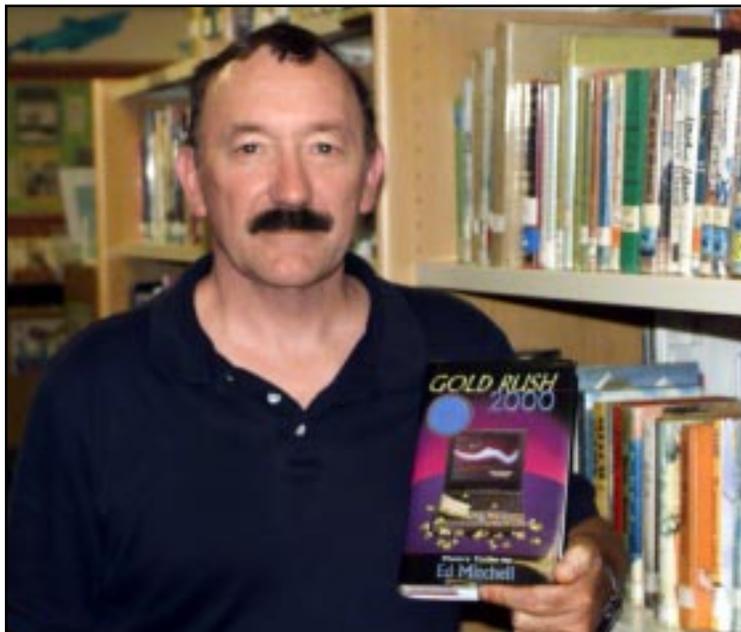
"It's not about greed, but about what motivates people ... The problem with finding a fortune — whether it's diamonds or oil or gold — is that great wealth is often times taken away from the people who found it," Mitchell noted.

"It's the story of a noble man accepting to take these challenges."

And that's certainly a subject Mitchell can write about from experience.

"I didn't start out, on day one, to get published," he mused.

To read chapter one and learn more about the author, check out the Website at [www.goldrush2000.net](http://www.goldrush2000.net).



(Photo by Peter Rejcek)

**Author Ed Mitchell hopes to strike it rich with readers as he promotes his first novel, "Gold Rush 2000," a mystery thriller based partly on his own military and prospecting experiences.**

meet those challenges without turning him into a superhuman hero, insouciant and headstrong. Instead, Martin was raised in a foster home (like Mitchell). He's a war hero (Mitchell, a West Point graduate, was an Army Airborne Ranger Infantryman), but not necessarily foolhardy.

"[The foster home] turned out to be useful in order to create a character with a certain characteristic, and it was new," Mitchell said. "This is not a character who is lily white. He isn't totally brave, he isn't dead handsome ... in the very first scene you know that the guy will take risks, but he gets scared. I think that makes him more human and easier for people

## Classified Ads and Community Notices

**Appointment of part-time U.S. Magistrate Judge for the District of Hawaii at Kwajalein Missile Range, July 2, 2000.**

The Judicial Conference of the United States has authorized the appointment of a part-time magistrate judge for the United States District Court for the District of Hawaii at Kwajalein Missile Range, on July 2, 2000.

The duties of the position are demanding and wide-ranging, and include: 1) the conduct of most preliminary proceedings in criminal cases; 2) the trial and disposition of misdemeanor cases; 3) the conduct of various pretrial matters and evidentiary proceedings on delegation from the judges of the district court; and 4) the trial and disposition of civil cases upon consent of the litigants.

The basic jurisdiction of the United States magistrate judge is specified in 28 U.S.C. Section 636.

To be qualified for appointment, an applicant must: 1) be, and have been for at least five years, a member in good standing of the bar of the highest court of a state, the District of Columbia, the Commonwealth of Puerto Rico, or the Virgin Islands of the United States, and have been engaged in the active practice of law for a period of at least five years (with some substitutes authorized), or have a degree from a college or university of recognized standing, with a minimum of 5 years of progressively responsible administrative experience in public service or business; 2) be competent to perform all the duties of the office; be of good moral character; be emotionally stable and mature; be committed to equal justice under the law; be in good health; be patient and courteous; and be capable of deliberation and decisiveness; 3) be less than 70 years old; 4) not be related to a judge of the district courts; reside on Kwajalein.

A Merit Selection Panel that includes attorneys will review all applicants and recommend to the judges of the district court in confidence the five persons it considers best qualified. The court will make the appointment, following an FBI full-field investigation and an IRS tax check of the appointee. An affirmative will be made to give due consideration to all qualified candidates, including women and members of minority groups.

The current annual salary of the position is \$3,275.

The term of office is four years.

More information on the magistrate judge position may be obtained from the clerk of the district court or the chairman of the selection panel.

Three (3) copies of a resumé must be submitted by interested persons and received by July 14, 2000. Resumés should be addressed to: Merit Selection Panel for United States Magistrate Judge - Kwajalein, United States District Court, 300 Ala Moana Blvd., Room C-338, Honolulu, HI, 96850.

All resumés will be kept confidential, unless the applicant consents to disclosure, and all applications will be examined only by members of the Merit Selection Panel and the judges of the district court. The panel's deliberations will remain confidential.

NOTE: Part-time magistrate judges are not normally tendered government-furnished chambers or office space. They are reimbursed for the actual and necessary expenses incurred in the performance of their duties (28 U.S.C. Section 635(b)).

**HELP WANTED**

**The following on-island positions are open with Raytheon. For more information or to submit a resumé or application, call HR employment, Nancy, 53705.**

**SECRETARY, GBR-P.** Part time. Individual will be responsible for general office duties. Good written and verbal communication skills required, as well as knowledge of MS Word and Excel.

**ADMINISTRATIVE COORDINATOR,** Medical Dept. Full time. Looking for responsible individual with MS Office experience. Knowledge of medical terminology and computer/billing spreadsheet a plus. Ability to speak and write fluent English required.

**LOGISTICS SUPPORT TECHNICIAN,** Meck Operations. Full time. Individual will be responsible for performing various duties to support mission requirements and operate a fork lift and various other vehicles.

**LIBRARY AIDE,** Grace Sherwood Library. Casual. Duties include data entry, shelving and checking out books. Basic computer skills necessary to use the automation system.

**SUPPLY CLERK.** Temporary. Responsible for preparing and processing basic supply transactions and documents and posting and maintaining related records, logs and files. Must be fluent in spoken and written English. Must know Word, Excel, Windows 95 and Gold+.

**RECEPTIONIST,** Surfside Beauty Salon. Temporary. Individual to answer phones and schedule appointments. Good verbal skills a must.

**Raytheon off-island positions are updated weekly in the Career Opportunities Book at the HR counter, Bldg. 700.**

**COLLEGE OF THE MARSHALL ISLANDS,** Business Dept. Teachers in accounting, management and economics for the fall semester. Minimum requirement is bachelor's degree. Call 51034 or 52188.

**WANTED**

VIDEO OF "Go Go Jonah." Call Emily, 52454.

BABY-SITTER, responsible and reliable, for Wednesday afternoons. Call Deb, 54728.

EDUCATION COORDINATOR for Kwajalein Art Guild. This voluntary position requires only a few hours per month to advertise classes and register students. Knowledge of MS Office and interest in obtaining instructors from the community desirable. Position can be shared or be for a limited time. For more information, call Dana, 54216.

HOUSE- and pet-sitter for one dog and one cat July 22-Aug. 11. Call 53759 after 6 p.m.

SUNFISH SAILBOAT. Call 59527.

**LOST**

PURPLE BOOK. Title is "Entering the Silence: The Journal of Thomas Merton." Edited by Jonathan Montaldo. Last seen at the Dock Security Checkpoint. Call 54163.

BIFOCAL READING glasses in blue case three weeks ago on Heliotrope or 5th and Lagoon. Call 52318W or 52530H.

LARGE SET of keys attached to large brass clip, including post office box key, between terminal and Emon Beach. Call 54316 or 54598.

SCUBA MASK and lime green snorkel at adult swimming pool June 21. Reward. Call 52033.

**FOUND**

CHILD'S SANDAL, size 7, in grass at Richardson Theater. Call 54186.

WOMAN'S WATCH near Pacific Club barbecue June 26. Call 50825.

NEW BEACH TOWEL, never used, at Emon Beach. Call 52661.

**GIVEAWAY**

ARCADE GAME. It's heavy; you will need a truck to haul it. Call 53749.

**SERVICES OFFERED**

SOMEONE TO take care of pets and plants. Call 51668.

**FOR SALE**

LA-Z-BOY sofa with reclining ends, only five months old, excellent condition, solid blue gray color, must sell, \$550. Call 52555.

WOMAN'S small bike, Kwaj-condition, \$30. Call 51710 days or 52636 nights.

DIGITAL CAMERA: Canon Powershot Pro-70, 1536 x 1024 resolution, 28-70 power zoom, dual memory card slots, 8 MB compact flash card, software, original manuals and box, like new, rarely used, paid \$1,200, will sell for \$650. Call 54827.

PLANTER POTS, plastic terra cotta: 24" large window box, \$3 each; 14" round, \$3 each; 11 1/2" round, \$2.50 each; 8" round, \$1.50 each; 6" round, \$1; 18 citronella candles in glass deco holders, used once, \$8 for all. Call 54879 evenings until 9 p.m. or weekends.

TWO SNORKEL VESTS, \$35 each; Riccar sewing machine and cabinet, \$75; Farmer

**Classified Ads and Community Notices**

John full wetsuit, medium, \$50; two burgundy rag rugs, \$10 and \$25; standing fan, \$15; swag lamp with shade, \$20; girls' wicker vanity with mirror and stool, \$60; plants. Call 52797 after 5 p.m.

JVC HR-D910U hi-fi stereo VCR with remote, including instructions and original box, \$130; 20" girls' Care Free bicycle with fun box, excellent condition, \$35; 16" girls' bike, good condition, \$15. Call 52602.

PCS SALE. Beige recliner, \$125; Denim sofa with bed, \$500; Sharp Carousel microwave, \$85; Kenmore dishwasher, \$100; carpets; two ceiling fans; TV trays; patio chairs; backyard deck; blinds for 400-series housing; Little Tykes playhouse; yard gym; wagon; large picnic table; kitchen set; Barbie battery-powered Jeep. Call Rochelle, 52225W or 52675H after 5 p.m., or stop by Qtrs. 410-B.

DINING ROOM table with four chairs, \$150; baker's rack, \$60; complete comforter and sheet sets with fish print, twin \$55, double \$65; oak bookcase, \$35; secretary desk, white, \$25; two dressers, \$35 each; 12' x 18' carpet, \$ 30; two 5' x 7' rugs, \$7 each; wet suit, medium, \$15; suitcases and more. Call 52656 after 5:30 p.m.

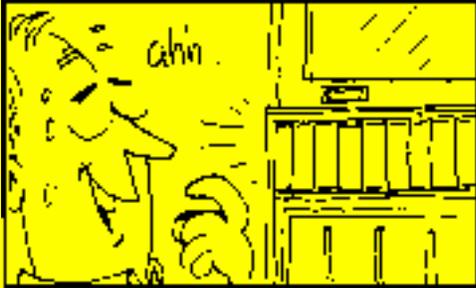
PCS SALE. 8' x 8' wood deck, \$100; propane barbecue grill, \$75; Sony 5-CD changer; Technics dual-cassette deck, make offer. Call Greg, 54518.

PCS SALE. 6' sofa, white, good condition, \$350; white leather recliner/rocker, \$150; Maytag dishwasher, one year old, \$350; geogazebo, new, \$100; 17" computer monitor, \$350; small and large plants for price of pot; patio furniture, make offer. Call 54641 or 54325.

MASK, FINS and snorkel, bright pink, brand new, \$55; 14-speed Oster blender, excellent condition, \$35; video tapes of stateside TV shows, with plastic cases, \$3 each. Call 54216 and leave a message.

**Keep cool under the collar**

**And avoid costly repairs**




**Keep your air-conditioner set to a higher temperature when your work or quarters are unoccupied. Avoid extra strain on it, and you won't be un-cool.**

25" TV, \$150; two twin-size loft beds made of sturdy wood on oversized platform, \$75 each. Call 53749.

GOLF CLUBS: Taylor Made driver, \$50; Olimar driver, \$100; Callaway putter, \$50; Mizuno XP driver, \$50; and more. Call 53759 after 6 p.m.

PCSSALE. TR. 663. Sofabed/loveseat, king-size bed and headboard, oak console TV, dressers with large mirrors, chests of drawers, bookcases, VCRs, 13" color TV, carpets, microwave, golf clubs, stereo system, mini-blinds, assorted curtain rods and hammock and stand. Call 52650.

**COMMUNITY NOTICES**

PREGNANT? For caring and confidential advice, call Carenet, 1-800-395-HELP.

KWAJALEIN PUBLIC GARDENS needs donations of plants, cuttings and plant pots. Call Roxana, 52927.

ELEMENTARY SCHOOL office will be

open Wednesday afternoons and Friday mornings through July 27. To leave a message, call 53601; for immediate assistance, call 51459.

CHURCH OF CHRIST Sunday, 9:30-10:30 a.m., in CRC Room 1. Bible class is Thursday, CRC Room 6, 7-8 p.m.

MARK YOUR CALENDARS! There will be a ribbon-cutting ceremony with Col. McMillen July 15, 5:30 p.m., at the Yokwe Yuk Club's new restaurant. We will be open for business then. Come and sample an item from our 27 menu selections.

YOKWE YUK dining room will close until special events begin in September. Join us for our farewell dinner July 9. To make reservations, call 58909.

THE CONTEST to name our new restaurant has officially begun. Grand prize is a \$150 gift certificate. For further information, see our insert or call Jewels, 58909.

KWAJALEIN FAMILY History Center will be closed July and August. It will reopen in September. New microfilm concerning inhabitants of Londonderry, New Hampshire, has come in. For appointments, call 53140.

U.S. GOVERNMENT property sealed bid sale will be conducted during the months of June and July. Items will be available for inspection through July 8 (except holidays), Tuesday through Friday, 8 a.m.-3:30 p.m., and Saturdays, 8 a.m.-3 p.m. and 4:30-6 p.m. July 8, at Raytheon Range Systems Engineering, DCCB, Facility 1520. Bids will be opened at 9 a.m., July 11. For additional information, call Raytheon Reutilization and Disposal, 51770 or 51076.

**Classified ad deadlines**  
Tuesday issue: noon Friday  
Friday issue: noon Wednesday



**Kwajalein Amateur Radio Club meets Friday, 7 p.m., in the Ham Shack on Ocean Road next to the adult pool.**

**See you at the movies!**

**Saturday**

**Blank Check (G)**

Eleven-year-old Preston Waters is the low kid on the family totem pole. But his luck changes when his bike is run over by an on-the-lam criminal, who hurriedly gives the youngster a half-blank check and flees the scene. It just so happens there's \$1 million in the crook's bank account, and Preston is going shopping. (Brian Bonsall, Miguel Ferrer) (100 minutes)

Richardson Theater, 7:30 p.m.

**The Hurricane (New Release, R)**

Based on a true story, Rubin "Hurricane" Carter is a top-ranked middleweight boxer in the 1960s who is accused of murder. A civil rights activist, Carter claims he is innocent, a victim of racism. He spends the next 20 years trying to regain his freedom. (Denzel Washington, Vicellous Shannon) (146 minutes)

Yokwe Yuk Theater, 8 p.m.

**Keeping the Faith (New Release, PG13)**

A priest and a rabbi find their friendship shaken when they meet a woman they both knew in childhood. A rivalry develops, as both men are infatuated with her but must deal with their religious convictions. (Ben Stiller, Edward Norton, Jenna Elfman) (127 minutes)

Tradewinds Theater, 8 p.m.

**Sunday**

**The Philadelphia Story (Classic, 1940)**

Philadelphia socialites scheme and backstab one another in this classic box-office success that's been called "bright, bubbly and witty." (Cary Grant, Katharine Hepburn, James Stewart, Ruth Hussey, John Howard) (112 minutes)

Richardson Theater, 7:30 p.m.

**Keeping the Faith (New Release, PG13)**

Richardson Theater, 9:30 p.m.

**The Hurricane (New Release, R)**

Tradewinds Theater, 7:30 p.m.

**Blank Check (G)**

Tradewinds Theater, 9:30 p.m.

**Monday**

**Blank Check (G)**

Richardson Theater, 7:30 p.m.

**The Hurricane (New Release, R)**

Yokwe Yuk Theater, 8 p.m.



(Photo by Jim Bennett)

**Foorreeth!**

William Beal, 4, takes a mighty swing at a mini-golf game during the holiday festivities at Emon Beach Tuesday. For complete Fourth of July coverage, see Friday's Hourglass.

**Rock-n-rollers Ravin to come to Kwajalein**

By Jim Bennett

Billed as the "Rockin'est, slammin'est and jammin'est band ever," Ravin will take the stage on Kwajalein this week.

The classic rock band will play Saturday, 5-7:30 p.m., at Emon Beach; Sunday, 8-11 p.m., at the Oceanview Club; and Monday, 7-10 p.m., at the Oceanview Club. After a day off, the three-member group will

fly to Roi-Namur for a concert there Wednesday, 7-10 p.m., at the Outrigger.

Ravin completed a tour in 1999 that included stops in Europe. This year, the group has visited the Middle East. Kwajalein represents the second stop on their Pacific tour this year, coming to the island from Johnston Atoll. They'll move on to Guam, Japan and South Korea.

**WEATHER**  
Courtesy of Aeromet

**Tonight:** Partly to mostly cloudy with widely scattered showers.  
**Winds:** East-northeast at 15 to 20 knots, with gusts to 30 knots near showers.  
**Tomorrow:** Partly sunny with isolated showers.  
**Winds:** East-northeast at 12 to 18 knots, with higher gusts near showers.  
**Temperature:** Tonight's low 77°  
 Tomorrow's high 85°  
**July rain total:** 1.38"  
**Annual rain total:** 36.32"  
**Annual deviation:** -4.07"

Call 54700 for continuously updated forecasts and sea conditions.  
 Forecasts available online: [www.kmr-wx.com](http://www.kmr-wx.com)



**Sun • Moon • Tides**



	Sunrise/set	Moonrise/set	High Tide	Low Tide
Wednesday July 5	0636/1913	0947/2232	0630, 5.9' 1902, 4.6'	0006, 0.9' 1301, 0.7'
Thursday July 6	0636/1913	1044/2321	0713, 5.5' 1950, 4.3'	0050, 1.2' 1346, 1.0'
Friday July 7	0636/1913	1138	0759, 5.0' 2044, 4.1'	0138, 1.5' 1434, 1.3'