

THE KWAJALEIN HOURGLASS

Volume 40, Number 7

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U.S. Army Kwajalein Atoll, Republic of the Marshall Islands

Commander talks housing, budget during Town Hall

By KW Hillis

Housing will get a new facelift over the next seven years, according to Col. Gary K. McMillen, USAKA/KMR commander.

Addressing more than 100 residents during the first Town Hall meeting of the millennium Friday night, McMillen discussed housing, along with the budget reasons for recent price increases and what was in store for the Kwaj and Roi communities over the next 90 days.

McMillen informed the audience no funding is available for the multipurpose family housing project along Perimeter Road. Instead, old housing will be upgraded to include an additional bathroom and central air. This project will take place over a period of seven years. Then the rest of housing will be upgraded and the trailers slated for removal.

In answer to a question on renovation priorities, McMillen said he was focused on bettering the living conditions in the BQs for unaccompanied personnel. Slides of the Reef's living conditions underscored his emphasis on this priority.

Anticipating questions, McMillen brought up the recent price increases for recreational activities during his explanation of the budget.

After explaining the sources of a total profit of \$1.9 million from retail facilities and other sources that are deposited in the Morale Welfare Fund (MWF), the colonel detailed where the profits went. He explained the money is used for retail food service facilities and recreational activities, which still operate in the red even with the new user fees added. The total deficit

(See *FUTURE*, page 2)



CPN is able to monitor all of the AFRTS feeds that are beamed to Kwajalein via satellite. On Feb. 15 the Americas feed will go off the air. Most of the CPN programming will be replaced by the Atlantic feed, which will change the order of some of the programs.

Stay tuned

Channel 9 to undergo change

Story and photo by Peter Rejcek

The recent hand-over of the Panama Canal back to Panama is going to impact Oprah Winfrey, "General Hospital" and even the "Today Show." At least it will on Kwajalein.

As of Feb. 15, the satellite broadcast known as the Americas feed, which has provided the majority of broadcasting for channel 9 for nearly three years, will go off the air. In simplest terms, that means Oprah will be on in the morning and the "Today Show" will be switched to the afternoon.

"We're affected by the Panama Canal closing," explained Rich Feagler, CPN program director/operations chief. "There is no more audience in Central America to see this broadcast, so it's not needed."

The Armed Forces Radio and Television Service (AFRTS) broadcasts four major entertainment feeds — Americas, Atlantic, Korea and Pacific — to military bases worldwide via satellite. The Americas feed reached the military audience stationed at the Panama Canal. When the satellite system came into being in the fall of 1997, Kwajalein piggybacked onto the Americas feed. Until then, programming was limited to VCR tapes and was often delayed by months rather than days.

"The Americas Feed was a feed that wasn't even meant for us. We've been borrowing it for the last couple of years, using it as our primary source for channel 9," Feagler explained.

However, with the pullout of American forces from the Panama

(See *PANAMA*, page 2)

Panama Treaty cancels Americas feed to Kwaj ...

(From page 1)

Canal last year, the Americas feed lost its viewers. That means Kwajalein loses its Americas feed and must switch to the Atlantic feed, used primarily by European forces in Germany, for much of its programming.

"This is a loss for us," Feagler said. "The Americas was the best possible one for us. This is going to be inconvenient for us in a number of ways."

Time is the biggest problem. Instead of a seven-hour delay in programming, the CPN crew must now hammer out a viewing schedule that accounts for a 13- or 14-hour delay, depending on Daylight Savings Time. The other choice is to use the Pacific feed, which is three hours behind Kwajalein. That would require at least a 22-hour delay, which Feagler said is neither practical nor technically feasible.

"Our primary goal is to make sure prime time starts when prime time is suppose to start. That's the big block of the day," Feagler said. Prime time generally runs from 7-10 p.m. But prime time is not the primary difference in the upcoming switch, at

least from an audience perspective.

Come Feb. 15, soap opera fans will watch their programs in the morning, while the "Today Show" and other programs will appear in the afternoon, as they do in Europe.

"We're in a very inconvenient time zone," Feagler said.

Programming content is not expected to alter tremendously, particularly prime time shows, because all four major entertainment feeds show the same programs but at different times. However, the programming will require some puzzle skills on behalf of the CPN crew. That's because not all the programs on the Atlantic feed, such as 14-hour-old sporting events, will be shown on Kwajalein. In those cases, prime time programs from the Pacific feed or from Spectrum, which shows syndicated programs, will be taped and used.

"This is going to be a real challenge for us to make this thing work and look like it's meant for our time zone,"

Feagler lamented. "In order for me to patch things up, to make it look normal, Spectrum may have to come into play more often, otherwise there would be a sports event on that's 14 hours old and we can't have that."

Channel 13, which broadcasts sports and news live, will not be affected.

Craig McCarraher, chief engineer for CPN, said the switch will likely require the purchase of additional equipment. He noted, however, that Kwajalein was fortunate to have the choice between two channels.

"Many of the viewers in Europe who live off post only receive one channel," said McCarraher, who served with the Army in Germany for a number of years.

According to Feagler, Kwajalein is also lucky, not only because it has two channels to surf, but also because the programming offers a good deal of variety.

"People are getting a great selection of TV shows," he said.

Future promises visits by new RMI leader, Compact chief negotiator ...

(From page 1)

is estimated at over \$1.5 million.

An upgrade of the Ivey and Roi gyms is being funded by base support. Plans for future recreational services, if funds are available, include building a skating and skateboard park for Kwaj's youth; ensuring the reliability of the outboard motors at the Small Boat Marina (SBM); and adding a finger pier, along with water and electrical service, at the SBM for boat owners.

The next 90 days will include various ethnic observations; continuance of the paving project; a State Department visit by the chief negotiator for the Compact of Free Association; a Minuteman III launch; a visit by the new Marshallese president, Kessai Note, and cabinet members; a Peacekeeper shot; and Integrated Flight Test-5.

McMillen also covered the accomplishments of the last 90 days.

New construction — including

projects on Meck and Roi with a total budget of \$42 million, along with the Outside Cable Plant Replacement project slated to provide the island with additional phone lines — were some of the projects mentioned.

The Army Performance Improvement Criteria (APIC) was cited as the impetus behind a customer feedback sheet now accompanying lawn-mowers to residences.

Y2K and the Altair National Foreign Launch's 100 percent success rate were also mentioned. McMillen congratulated those who contributed to the range's support of the recent Integrated Flight Test-4 (IFT-4). He pointed out that out of "150 objectives, 149 objectives were successful."

Other issues covered: Window washing for BQ residents; pet maintenance and possible penalties for not cleaning up after them; and penalties for residents who smoke in a non-smoking BQ.

The Kwajalein Hourglass

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Baker journeys to higher certification

Sunrise's Long listed as one of 57 certified journey bakers nationwide

Story and photo by KW Hillis

The Sunrise Bakery really doesn't have to advertise on the *Roller* or in the *Hourglass*. The customers are notified by their noses that the bakery is open.

Just who is responsible for the delectable aromas that waft from the bakery, and why is there a clamoring for the pastries and bagels?

Ken Long, Sodexo Marriott Sunrise Bakery manager, is the one to thank. As for the clamoring, the skill shown in the creation of pastries on Kwajalein is not just a happy accident.

According to a Jan. 3 letter from The Retailer's Bakery Association (RBA), Long is one of only 57 people in the United States who has achieved the coveted title of certified journey baker.

"Quite the accomplishment to get [the certification] ... I would like people to know the level of competency of our staff," said Paul King, Sodexo Marriott Food Services general manager.

Long, who was a machinist in the Navy for 11 years, became frustrated when he "applied in San Diego to work at one of the power plants and was told I didn't have enough experience."

So he returned to school. But the school was not a machinist school. Instead, he studied cooking at the School for Culinary Arts in Atlanta.

"In the second semester they had a baking course ... I trained under an Irish master chef and he saw that I had an aptitude for baking. He made a recommendation," Long said.



Ken Long, Sodexo Marriott Sunrise Bakery manager, puts together a pastry. Long recently earned the title of certified journey baker.

The recommendation was for Long to attend Baltimore International College, where he studied under Jan Bandula. Bandula was one of only 13 certified master pastry chefs in the entire world.

The Navy's loss was Kwajalein's gain. Long, who moved here three years ago from Sodexo Marriott Corporate Headquarters in Washington D.C., has "worked in every food service facility except Roi."

Long applied to the RBA to take the test. King proctored the test. But the 100-question theory test was not the only requirement to become a certified journey baker.

"The guidelines are so stringent to be accepted [to take the test] ... It's based on working knowledge, your education, your test results. It's difficult to achieve," King explained.

When asked what the achievement would mean to his career, Long said, "It opens more doors. Any of the certifications tend to show a more professional attitude towards your career. That's why now that I'm done with this certification, I am working on my certified working pastry chef."

In fact, Long's goal is to achieve master chef status in two areas, pastry and baking, over the next five years. Long will be working with two different culinary organizations to achieve this feat. RBA handles the master baker certification, while the American Culinary Federation certifies the final two pastry achievement levels — working pastry chef and master pastry chef.

It's not a piece of cake to achieve master status in both specialties. Not only do these goals mean a lot of focus on building skills and demonstrating those skills in competitions, but they

also mean a large monetary cost and stamina for the 10-day, hands-on final test for the master pastry chef certification.

"Five years ago, it cost over \$35,000 just to take the test for master pastry chef. I don't know what it costs now, but it must be more," Long explained.

The cost is for the ingredients used for the 10-day test performed for a panel of judges. Each ingredient is the best that money can buy. According to Long, the chocolate alone is worth its weight in gold.

It turns out that being a certified journey baker is also worth its weight in gold for both Kwajalein and Sodexo Marriott Corporation.

"To my knowledge, I know of no other [certified journey baker in Sodexo Marriott]. Not that there isn't, but I don't know of any ... It's a coup for our company," King said.

Guam — it seems familiar yet not quite the same



Story by Bob Fore

Photos courtesy of Guam Tourism

As you move about the island of Guam, you cannot help but be reminded of the states, whether it is the K-Mart store across the street or eating in McDonald's for lunch. But it would be a disservice to look at only those imports from stateside culture, since Guam has a thriving cultural identity of its own.

"The Guamanians have their own unique culture," said Vicki Gil of Continental Travel. "But it is harder to find today, in part due to the Americanization of the people."

The Chamorros, the indigenous population of this U.S. Territory, are in the majority, but substantial numbers of westerners, Japanese, Filipinos, Koreans, Thais and Chinese also make Guam their home.

The island is tropical in nature, with scenic views, waterfalls, lush jungles and secluded bays.

The wet season is from May through November, followed by cool trade winds from December through the spring.

The beaches on the west side of the island provide a safe place for water activities; the east side would be more to the liking of surfers, with higher waves, not to mention devastating typhoons that can come at any time of the year.

The U.S. Navy and U.S. Air Force have a substantial presence here, as a result of World War II and American governmental control for most of the period since the late 1800s.

History

It is known that the island of Guam was well populated at least 3,000 years ago, and was the major trade



Imalajan Bay, located on Guam's southeast coast, has a model Chamorro village that introduces tourists to the daily lifestyle, food and crafts of the local inhabitants. Other attractions nearby are the Malojloj and Talofofa falls.

and population center for the Mariana Islands.

It is believed that the Chamorro culture derived from the Malayo-Polynesian influence. Evidence points to contact with Asia, though the Chamorros were not from there.

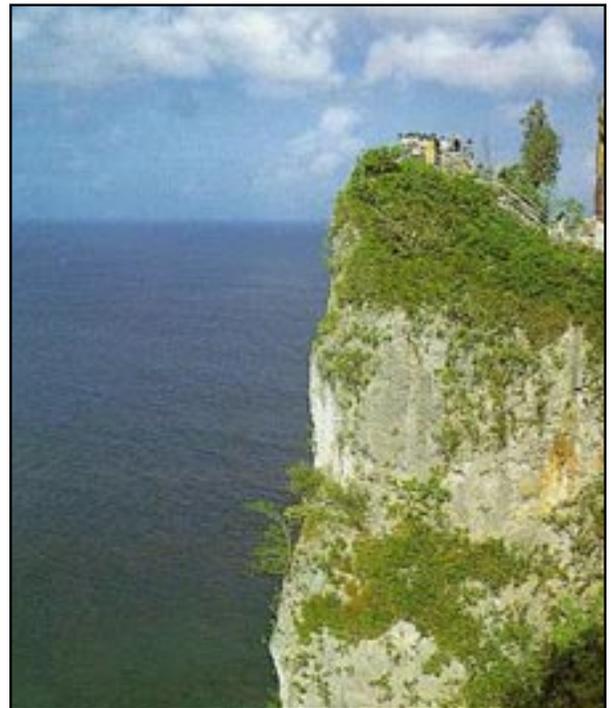
Western contact first came in 1521 with Ferdinand Magellan. The Spanish influence reached its pinnacle just before the Spanish-American War in 1898, when Spain surrendered its claims over Guam and the Philippines to the U.S.

Japan took possession of the virtually defenseless island on Dec. 10, 1941. For the next 2½ years, iron-handed Japanese control placed a heavy burden on the local populace. Liberation by U.S. forces occurred in 1944 after a naval landing and month-long battle.

One tenacious Japanese survivor of the battle who believed the war was still going on remained hidden until he finally was found in January 1972.

Guam's inhabitants be-

came U.S. citizens in 1950. Today, the island remains a permanent, unincorporated territory of the U.S. Residents elect their own governor, legislature and a single non-voting congressman in Washington. Nearly half the people on Guam work for the



Two Lovers Cliff is fabled to be the place where two young lovers jumped to their deaths rather than be separated by their families.

government in one way or another.

Sights

An excellent time to experience the Chamorro culture is during village fiestas, which are held throughout the year. You can sample the food and meet friendly people in an informal atmosphere. The Guam Visitors Bureau can tell you when the next fiesta is to be held.

The center of prior Spanish influence can be seen in downtown Agaña. The Plaza de España, though mostly destroyed in WWII, has the ruins of the governor's palace, the arsenal arches and the "Chocolate House," the place where Spanish ladies gathered for afternoon tea.

The Guam Museum is located in the plaza, in a building which at one time was the Spanish guardhouse. Also here are the former stables, as well as the cathedral.

Close by is Latte Stone Park, which has monoliths that may have been foundation stones for ancient dwellings. Behind the park you can see caves where Japanese soldiers took up positions during the 1944 invasion.

Guam's highest peak, Mt. Lamlam, is located on the south end of the island among upland meadows and several ruins of old Spanish villages.

Magellan landed at Umatac in 1521, only to sail onwards to his death at Mactan Island in the Philippines two months later. A monument commemorates the site.

Glass-bottom boats make the trip to Cocos Island from Merizo, and a model Chamorro village has been set up to provide a glimpse into the food and crafts. North of Inarajan on the southeast coast are Malojloj and Talofofu falls. Malojloj Falls are the more accessible, requiring only a 10-minute hike, while Talofofu Falls takes about an hour to reach.

Still on the east coast is the Fine Arts Gallery, located at the Univer-

sity of Guam campus.

Much of the northern part of the island is restricted for use by U.S. military bases.

At Tumon, on the west coast, is Two Lovers Point, a 330-foot cliff, where tradition has it two young Chamorro lovers, their hair tied together, jumped to their deaths rather than face separation.

Dining and accommodations

"Guam has a reputation as being

the fast-food types, such as McDonald's and Pizza Hut, to fine dining establishments.

"We were surprised at the level of sophistication in dining, and were able to eat high-quality, mainland-type dinners," Horner said. "The hotels were a good value, and the service was excellent. I think even though the hotel we stayed in was high-end, it was still a better overall value than those in Honolulu."

Getting there

Continental Air Micronesia provides flights on Tuesdays, Thursdays and Saturdays to Kosrae, Pohnpei, Chuuk and then on to Guam. Return flights to Kwajalein are scheduled on Mondays, Wednesdays and Fridays.

Diving information

The diving may not be of the same standard as in Chuuk or Pohnpei, but there are dive sites for the beginning and the avid diver alike. Most reefs average 100 feet in depth, and there are more than 300 species of coral and 900 varieties of fish. Guam has good facilities to meet divers' needs.

There are numerous walk-in dive sites around the island, including Bile Bay, a Japanese Zero fighter at Umatac Point and the Blue Hole off Orote Point. The wrecks of two ships — the WWI German cruiser *Cormoran* and the WWII Japanese freighter *Tokai Maru* — are located in Apra Harbor.

Double Reef is Guam's most colorful dive attraction. It is located off Urono Point. Two parallel reefs, about 1,000 feet apart, are separated by a 50-foot-deep channel. Shark Grotto, two miles away, is also a favorite local spot.

Information sources

- *Micronesia Handbook*, David Stanley, ed.
- *Landfalls of Paradise* by Earl R. Hinz
- *Diver's Guide to Guam and Micronesia* by Tim Rock
- Guam Govt. web site at <http://www.gov.gu/visiting.html>



The view from Two Lovers Cliff provides a nice overview of Tumon Bay and the modern hotels concentrated there.

a bit down-trodden, so I was not expecting too much," said Kwajalein resident Greg Horner. "My most predominant impression was that it is a modern development with first-rate shops and hotels. I was able to access high-end shopping to meet our needs for Kwaj."

Guam is rather unique in its similarity to stateside living. Many amenities that most believe would require a trip to Hono are also available on this far-flung piece of America.

Restaurants of all types are evident as you drive around the island, from

Classified Ads and Community Notices

HELP WANTED

CALL ACCOUNTING CLERK, Finance Dept. Full-time position. Individual will be responsible for processing payments and check cashing for customers; issuing of TA tickets to people traveling to Roi; depositing daily drop at the bank; reconciling deposits made by various facilities on island; assisting in the month end close for the cash office and entering data into Oracle. Must have knowledge of MS Office and Oracle software. Submit resumé or application to HR, Nancy, 53705.

FILM TECHNICIAN, Photo Lab/Optics. Full-time position. Individual will be responsible for receiving and maintaining computer files on photographic job orders, as well as classified data products and preparing time and material expenditures for billing. Individual must be able to operate KMR digital archiving system, perform Adobe PhotoShop manipulations, and scan and archive mission and non-mission film data products. A top secret security clearance is required. Submit application or resumé to HR, Nancy, 53705.

SECRETARY, Community Activities. Part-time position. Looking for well-qualified, self-motivated individual who will be responsible for the development and maintenance of an administrative database, labor recording, supply requisitions, as well as other duties. Experience in Microsoft Office 95, filing systems, basic office organization and good interpersonal, oral and written communication a must. Submit application or resumé to HR, Nancy, 53705.

INVENTORY MANAGEMENT SPECIALIST, Supply and Transportation (non-stock supply). Temporary position. Individual will be responsible for assisting customers with supply orders; data entry and tracking in Gold+; processing and expediting orders with vendor purchasing; and reconciling

receipts and shipments with freight operations. Individual must have strong verbal and written communication skills and knowledge of MS Office. Submit an application to HR, Nancy, 53705.

ADULT NIGHT SUPERVISOR for evening recreation programs. This is a paid position and a great opportunity to get involved in community activities. Supervisor needed for softball, which begins Feb. 4. For more information, call Lynn, 53331.

ELECTRONIC TECHNICIAN, Aeromet Weather Station. Responsibilities include installing, maintaining, troubleshooting and repairing weather and weather-related systems throughout the atoll, as well as working rotating meteorological observer shifts. Specific job tasks include maintenance and repair of weather radar, weather satellite receiver, computer workstations and PCs, upper air sounding systems, wire and fiber communications and meteorological observing and recording systems. Knowledge of radar systems and calibration techniques is highly desired. Call Julie Rehman, 51508.

Raytheon postings for on-island positions are listed in the Hourglass. Off-island positions are updated weekly in the Career Opportunities Book at the HR counter, Bldg. 700.

WANTED

EXPERIENCED JUDO partner, green belt or above preferred. Call 54434.

SONY PLAYSTATION. Call Larry, 51441.

DO YOU KNOW someone in the community who volunteers his or her time above and beyond the call of duty? If so, drop that person's name along with a 25-word description of that person's contribution in the *Hourglass* drop box (Building 805, second floor).

LOST

GOLD and BLACK HAWAIIAN earring Saturday, Jan. 15, between Yuk Club and adult pool. It was a birthday present. Lots of sentimental value. Call Annette, 54561H or 52175W.

FOUND

PRESCRIPTION GLASSES with case at adult pool. Call Cpl. Warnke, 54452.

PAIR OF L.A. Tech sneakers in Scout Hut. Call 54364.

GIVEAWAY

OLD-STYLE BURLEY for parts. Call 53660.

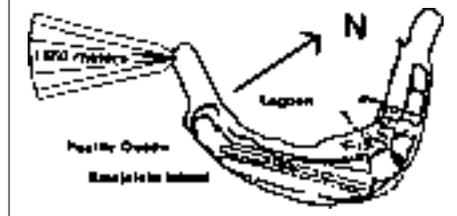
FOR SALE

BEAUTIFUL STRAW hats with tropical print sashes, \$10; golf shoes, like new, \$10; Yamaha keyboard, used less than six months, paid \$300, will sell for \$250; pasta maker, \$25; tulip glasses, \$2 each; platters and plates, \$2 each; silk rose bushes, still in package, \$5 each. Call 53532W or 53384H.

SEGA GAME GEAR system with nine game

Small Arms Range Notice

The small arms range will be in operation Wednesday, Feb. 2, 8 a.m.-noon. Avoid the hazard area shown below.



cartridges including "Sonic the Hedgehog," "MK II," "Ecco the Dolphin" and a padded carrying case, like new, \$140 for all. Call 52607.

TAN and BEIGE queen-size duvet cover, new, with matching dust ruffle and two shams, paid \$150, will sell for \$100. Call 52713.

CAMBRIDGE Soundworks Centerstage center speaker, rated very good by Consumer Reports, \$200; two Acoustic Designs rear speakers, \$40. Call 54833.

TWO HUFFY 18-speed "Eagle Ridge" bikes including like new "no more flats" tubes, custom seat and rack, \$100 each. Call 55945.

SEVEN 400-SERIES blinds (white and off-white), \$25; two Jansport duffle bags, \$20 and \$25; lawn chair, \$10; Yamaha DS-55 five-octave keyboard, \$350 or best offer; two-way draw white curtain rod 86" x 150" (400-series bedroom), \$35; 5' x 8' powder blue bath rug, \$10; 4' x 6' white carpet, \$10; men's Spectrum BCD, black, size M, one year old, \$220; two Titan regulators with octopus, pivot matrix computer and compass, one year old, \$400 each; small BCD, blue, \$40; and miscellaneous dive gear. Call 54544 or 56588.

DRIFTWOOD pieces and killer clams, \$30; small shells, good for candle making; beading loom, \$3; Scuba regulator and backpacks, \$25; Cuisinart, \$30; two glass shelves, \$2; old records, \$1 each; garment bag, \$25; cookbooks, various prices; hard side Samsonite suitcase, \$15; back pillow, \$5; assorted curtain rods and sheers; shelving in assorted sizes; storage rack for pantry wall, \$15; bookcase, \$5; 2" x 12" redwood planks, \$10; six new cinder blocks, \$2 each; large plastic fishnet balls, \$2 each; small plants, \$1 each; two large ficus trees, \$10 each; outdoor cabinet, \$10. Call 52449 after 5 p.m.

LASER DISK, Pioneer model CLD-1070, works great, \$50. Call 54784.

WINDSURFING SAILS: North Prisma 5.0, simmer-style 5.0, North Zeta 5.0, North Prisma 6.0, Neil Pride V8 5.5 (ripped panel).

Ahoy, ya' swabs!
If it's a seafarin' lad
or lass yer wantin' to
be, then ye' be needin'
to be goin' to boat
drivin' school



The next boating orientation class is Wednesday, Feb. 9, and Thursday, Feb. 10, 6-8 p.m., in CRC Room 1. Attendance both nights is required. Contact the Small Boat Marina, 53643, or Community Activities, 53331, to sign up or for more information. Fee is \$20.

Classified Ads and Community Notices

Call 53698 after 5 p.m.

HAND-CUT GERMAN lead crystal, 12 hock wines, \$200. Call Jean, 54833H or 54274W.

MULTI-PURPOSE three-shelf utility cart on wheels, 3' high, 2' wide and 16" deep; white plastic five-shelf unit, 5' high, 2½' wide and 10" deep, excellent condition. Call 53698.

WOMEN'S BLUE HUFFY with saddle bag basket, large silver fenders, very little rust, \$70; Sony five-CD changer, \$100. Call Greg, 54518.

HI 8 VIDEO cassettes, six, 120 minutes, \$4 each; torque wrench, 0-250 foot pounds, \$5; heavy-duty tap and die set, \$5; drafter's compass set, \$1; three bicycle tires, 26" x 2.125, \$4 each. Call 52573.

FISHER-PRICE portable bassinet, like new, \$50; Perego stroller, good condition, \$60; Evenflo portable electric breast pump, can also be battery-operated, \$15; two heavy-duty luggage carriers, \$8 each. Call 52573.

TWO CURTAIN rods, 66"-120", \$10 each; runner, 26" x 72", beige and white, like new, \$20; rug, 4' x 6', beige with some blue, \$10; wicker cabinet, dark brown, \$5. Call 52573.

FORMAL DRESS, soft silver satin with simple beading around neckline, size 11, never worn, \$45. Call 51591.

MID-TOWER ATX computer case with 250-watt power supply, \$40 or best offer; DVDs, \$12 each; assorted VHS and software: *Jumpstart, Kindergarten, Jumpstart 1st grade, Jumpstart 2nd grade*, \$10 each; *Learn to Speak French*, \$20; California king-size mattress pad, \$10; patio furniture umbrella, \$10. Call 53062 or 51618.

HP LASERJET 4L printer for PC, includes manual, drivers and cables. Call 53368 after 5 p.m.

COMMUNITY NOTICES

ROI HAIRCUT POLICY: Each week, on a rotational basis, the barber/beauty shop on Kwajalein will alternate sending a barber or a stylist to Roi. Price for a stylist cut will be \$12.50 — price for a barber cut will be \$6.50. The barber will only provide electric clipper cuts at the \$6.50 rate. The stylist will provide a combination of clipper and scissor cuts at the \$12.50 rate and is able to provide electric clipper cuts at the \$6.50 rate only when they have an opening in their schedule. This will be accomplished on a first-come, first-served basis. Roi residents will be allowed to make pre-appointments for both the barber and stylist at any time per the rotation schedule, i.e., stylist week — only stylist-cut appointments; barber week — only barber-cut appointments. Appointments may be made during normal business hours by calling Kwajalein Beauty/Barber Shop, 53319. Questions? Call Brenda, 53319, or Kathy, 53308.

KWAJALEIN ATOLL International

Sportfishing Club (KAISC) will be sponsoring the "Big Three" fishing tournament Sunday, Feb. 13. Rules and registration forms are available at Kwaj and Roi-Namur Small Boat Marinas.

KWAJALEIN CHURCH of Christ meets weekly for worship and fellowship. Join us Sundays, 10:45-11:45 a.m., in CRC Room 1. Bible study is Wednesdays, 7 p.m., in the Religious Education Center.

THURSDAY NIGHT Women's Bowling League is starting another bowling league Feb. 3. Bowling will be for 16 weeks. Anyone interested call Elena, 53397, or sign up at the bowling center.

SCHOOL ADVISORY COUNCIL will meet tomorrow, 7 p.m., in CRC Room 1. Public is invited. Questions? Call 53761.

NINE PIN "no-tap" bowling tournament will be Thursday, 6 p.m. Everyone is welcome to bowl with the women of the Thursday Night Women's Bowling League. Questions? Call Elena, 53397.

ATTENTION BOAT OWNERS on moorings: For tracking purposes only, Small Boat Marina will be numbering all moorings in the harbor and adjacent areas. Questions? Call Trea, 53643.

ART GUILD continues to discount selected art supplies. Hours are Sundays in January, noon-1 p.m., in the Art Annex. Questions? Call Dana, 54216.

KWAJ KWILTERS meet tonight, 7 p.m., in CRC Room 7. There will be a crazy quilt demonstration, Newcomers welcome. Questions? Call Alysse, 55601.

ISLAND ORIENTATION will be Wednesday, Jan. 26, 8:30-11:30 a.m., in CAC Room 6. All new island arrivals must attend. Dependents over 10 years of age are welcome.

NEW EMPLOYEE safety training will be Wednesday, Jan. 26, 12:30-3:30 p.m. New RSE employees must attend.

TICKETS FOR SCUBADOO are sold out. However, the public is invited to attend the party Jan. 30 after 8 p.m. at Coral Sands.

DO YOU NEED A KST swimsuit? Orders are being taken directly from vendor. Call Lee, 714-895-2444. Give payment and size information. Forms available at the family pool or call Laura Camden, 53887 or 57099. Deadline is Jan. 28.

WINTER BALL for 7th-10th grades will be Sunday, Feb. 13, 7 p.m., in the Yokwe Yuk dining room. Sponsored by the Teen Center Council. Get tickets from a council member. Tickets are \$10. Dress is island formal.

USASMD C Inspector General, Col. Janer, will be on island Jan. 25-27. He will be available for interviews on Kwaj Jan. 26 in the morning and on Roi in the afternoon. For appointments, call Cpt. Gandy, 53452 or 52101.

This week at the Yokwe Yuk Lounge

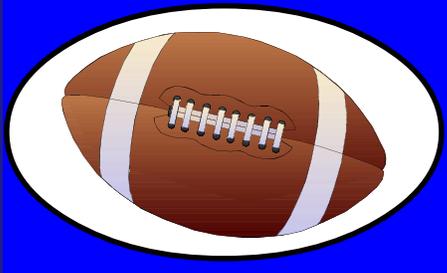
Tomorrow
Join us for a night of singing and dancing with your favorite karaoke MC, Harry Luckett, 7-11 p.m.



Friday
CPN radio DJ Chris Hale will be spinning the tunes for your dancing pleasure, 7-11 p.m.



Saturday
DJ Steve McGrew plays the best music from the '60s, '70s, '80s and '90s, 8 p.m.-1 a.m.



Jan. 31 is the Super Bowl Bash. Doors open at 9 a.m. with the YYC tailgate party and continental breakfast. Watch the game on the large screen TV and cheer your favorite team. \$5 cover charge includes breakfast.

See you at the movies!

Saturday

Doug's 1st Movie (G)

Based on the popular Saturday morning television cartoon series, Doug Funnie faces every teenager's dilemma — doing what is right or what is popular. (87 minutes)

Richardson Theater, 7:30p.m.

Summer of Sam (R, New Release)

Based on the famous summer of 1977, which produced the first serial killer in New York City's history. With the media playing a role in creating mass fear and paranoia, the whole city becomes a hot-bed of trepidation and panic. Directed by Spike Lee, this thriller captures human emotions at their most vulnerable. (John Leguizamo, Adrien Brody, Mira Sorvino, Jennifer Esposito, Anthony LaPaglia) (142 minutes)

Yokwe Yuk Theater, 8:00 p.m.

Blues Brothers 2000 (PG-13)

Upon his release, now-brotherless Blues Brother Jake Elwood puts the band back together with the help of a golden-voiced strip joint bartender and a 10-year-old orphan. There are good celebrity cameos by James Brown, Isaac Hayes and others. (Dan Aykroyd, John Goodman)

Tradewinds Theater, Roi-Namur, 8:00 p.m.

Sunday

Rope (Classic, NR, 1948)

Hitchcock's 'filmed play experiment,' shot in continuous 10-minute takes. Two school friends kill a man for the intellectual thrill of it, then hide the body in their apartment while giving a party. (Jimmy Stewart, John Dall, Farley Granger) (80 minutes)

Blues Brothers 2000 (PG-13)

Richardson Theater, 9:30 p.m.

Summer of Sam (R, New Release)

Tradewinds Theater, Roi Namur, 7:30 p.m.

Doug's 1st Movie (G)

Tradewinds Theater, Roi Namur, 9:30 p.m.

Monday

Doug's 1st Movie (G)

Richardson Theater, 7:30 p.m.

Summer of Sam (R, New Release)

Yokwe Yuk Theater, 8:00 p.m.



Alter Langrine, left, shows, from left, Elaine Holland and Brigitte Kennedy the finer points of local Marshallese roots in medicine.

Marshallese take medicine back to roots

Story and photo by Loren Lindborg

Did you ever wonder if those tales about traditional medicines that cured malnutrition, seasickness and headaches were true? Then you should have been at the Marshallese traditional presentation on Friday at 7 p.m. in the Religious Education Building. Sponsored by the Marshallese Cultural Center, the event focused on medicinal plants and roots and of their uses, along with childbirth practices.

Traditional medicines have been an everlasting and essential part to Marshallese culture. Yet as advances in technology are made and ancient healers are dying out, the use of traditional medicines is declining.

However, when Marshallese fall ill or become sick, they prefer to try traditional medicines to cure them, and if that doesn't work, then they will resort to a hospital, according to Marshallese in attendance.

The most popular plants used for treatment are *Nin* juices (*Moranda Citriflora*) and *Konat* leaves (*Scabiola*). These plants, among other things, are used to treat asthma, pneumonia and various skin diseases.

The importance of midwives in the Marshallese culture was also discussed. For example, pregnant women need to be cared for solely by their husbands until the time of birth, when the midwife begins care. Husbands also remain for the birth.

WEATHER
Courtesy of Aeromet



Sun • Moon • Tides



Tonight: Partly cloudy with a shower or two possible.
Winds: East-northeast at 14 to 18 knots. Higher gusts near showers possible.
Tomorrow: Partly to mostly sunny skies with isolated showers possible.
Winds: East-northeast at 14 to 20 knots, with higher gusts near showers.
Temperature: Tonight's low 78°
 Tomorrow's high 84°
Annual rain total: 10.06"
Annual deviation: +6.53"
 Call 54700 for continuously updated forecasts and sea conditions.
 Forecasts available online: www.kmr-wx.com

	Sunrise/set	Moonrise/set	High Tide	Low Tide
Tuesday January 25	/1853	2242/	1905, 5.3'	
Wednesday January 26	0710/1853	2241/1107	0732, 4.4' 1940, 4.8'	0128, 0.8' 1327, 1.3'
Thursday January 27	0710/1854	2330/1150	0812, 4.2' 2017, 4.2'	0203, 1.2' 1409, 1.7'
Friday January 28	0711/1854	0019/1232	0901, 3.9' 2102, 3.7'	0241, 1.6' 1502, 2.2'